

# The Fellrunner June 2000



## *Making a Splash!*

*Main picture: Yorkshire under 16's champion David Sugden of Holmfirth Harriers, leads Bradford Airedale veteran Richard Crossland at Bunny Run 4*  
Photograph: Peter Hartley

*Inset: Dave Scott (Clayton) crosses Ogden Clough at Half Tour of Pendle, followed by Andy Green (Bfd Airedale)*  
Photograph: Peter Hartley

*Under 14, Jack Weeden (Keighley and Craven) at The West Nab junior championship race.*  
Photograph: Dave Woodhead

*Jean Rawlinson of Rossendale dashes through Sladen Beck at The Stanbury Splash*  
Photograph: Peter Hartley



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### Sept 1st

Neil Denby, 13 Greenside, Denby Dale,  
W. Yorks HD8 8QY Tel/Fax: (01484 861812)

### Results and Race Reports to:

David Weatherhead, 16 Birchlands Grove,  
Wilsden, W. Yorkshire BD15 0HD (01535) 273508

### Advertising Copy to:

Tony Hulme, 5 London Road, Alderley Edge,  
Cheshire SK9 7JT 01625 58213

# Bit at the Front - Neil Denby

The Fellrunner has seen its fair share of controversy over the years.

When I first became involved with the committee, they were in the process of apologising for 'that' cartoon. Other cartoonists have come and, sadly, gone, but which ones would you like to see in print again? And what about those scurrilous 'Rumour has it's'?

Numerous articles revisit the same themes over and over again - on being at the back of the field; on recovering from injury; on enjoying a long day on the fells; on participation in this or that race or relay or round or record attempt. They all end up being original and interesting -

but which ones have really stood out for you? Damp Debut above Derwent; Five minutes on even the nicest mountain (is an awfully long time); When Rock and Run are not hard enough, then Row and Reach! We have also said farewell to many members and it is always sad to post yet another appreciation of a members contribution to the sport, club or the craic.

If there's stuff you'd like to see again (or think others might like to see for the first time) clip the item, (or photocopy it), and forward it. We'll do our best to reprint what we get in a bumper 30th anniversary edition.

## CONTENTS

### Regulars

2. Jos Naylor Lakeland Challenge
3. News and Views
4. Secretary's Corner
5. Calendar Update
9. Junior Training - Norman Matthews
18. Peter Travis' poem
28. Martin Stone's Long Distance News

### Features

6. Thirty Years Ago - Bill Smith

### Race Reviews

8. Northern Ireland World Trophy - William Magee
11. Chew Valley Skyline, a personal view - Allan Greenwood
15. British Championships Clachnaben Hill Race
16. Langdale Horseshoe - Brian Carey
19. Tail of the Chocolate Bunny - Dave Woodhead

### International

- 25 Grand Raid de Reunion - Mike Browell

### Extras

2. Appreciation Vinney Wathey - George Scott
14. Blazing Saddles - Helene Diamantides
22. FRA Relay details and entry form

## OFFICERS AND COMMITTEE MEMBERS 1999-2000

### Chairman

Richard Day  
27 St. Mary's Road  
Little Haywood  
Stafford  
ST18 0QG  
Tel: 01889 882238

### Assistant Secretary

JoAnne Prowse  
42 St James Road  
Ilkley  
West Yorkshire  
LS29 9PY  
Tel: 01943 602522

### Membership Secretary

Pete Bland  
34a Kirkland  
Kendal  
Cumbria  
LA9 5AD  
Tel: 01539 731012

### Champs Co-ordinator

Jon Broxap  
32 Castle Garth  
Kendal  
Cumbria  
LA9 7AD  
Tel: 01539 720149

### Statistician

Brian Martin  
5 Sutton Hill Road  
Bishop Sutton, Bristol  
BS39 5UT  
Tel: 01275 333482

### Secretary

Mike Rose  
15 New Park View  
Farsley, Pudsey  
Leeds  
LS28 5TZ  
Tel: 0113 2556603

### Treasurer

Tony Varley  
1 Kensington Drive  
Horwich  
Bolton  
BL6 6AE  
Tel: 01204 669570

### Fixtures Secretary

Dave Jones  
12 Victoria Avenue  
Cheadle Hulme  
Stockport, Cheshire  
SK8 5DL  
Tel: 0161 4851639

### Magazine Editor

Neil Denby  
13 Greenside  
Denby Dale  
West Yorkshire  
HD8 8QY  
Tel: 01484 861812

### Press Officer

Bill Waime  
36 Blandford Drive  
Coventry  
CV2 2JB  
Tel: 01203 603813

### Environment & Access

Chris Knox, 38 St. John's Street, Keswick, Cumbria  
CA12 5AG. Tel: 01768 772922

### Coach

Norman Matthews, 8 Snowdon Drive, Horwich, Bolton, Lancs.  
BL6 7DG. Tel: 01204 468390

### Junior Co-ordinator

Dave Richardson, Canny Brow Foot, Gatebeck, Kendal, Cumbria  
LA8 0HS. Tel: 01539 567132

### CLUB REPRESENTATIVES

Jaekie Smith	Will Brindle
140 Hunter House Road	30 Chorley New Road
Sheffield	Horwich, Bolton, Lancs.
S11 8TY	BL6 7QB
Tel: 0114 2664702	Tel: 01204 698739

Alan Barlow, 12 Redcar Close, Hazel Grove, Stockport  
SK7 4SQ Tel: 0161 4839330

### MEMBERS REPRESENTATIVES

Brett Weeden	Linda Hannah
3 Dale View, Silsden	84 Ramsey Avenue
Keighley	Bacup, Lancs
West Yorks BD20 0JP	OL13 9PJ
Tel: 01535 654928	Tel: 01706 875899

Peter Dyke	Neil Taylor
13 Falkland Road	10 King Street
Sheffield	Cononley, Keighley
S11 7PL	BD20 8LH
Tel: 0114 2662807	Tel: 01535 631237

### DELEGATES TO ATHLETICS ASSOCIATION

AAA of England	North of England AA
Richard Day	Mike Rose
27 St. Mary's Road	15 New Park View
Little Haywood	Farsley, Pudsey
Stafford ST18 0QG	Leeds LS28 5TZ
Tel: 01889 882238	Tel: 0113 2556603

### Midland Counties AA

Bill Waime  
36 Blandford Drive  
Coventry  
CV2 2JB  
Tel: 01203 603813

### South of England AA

Sam Kirkpatrick  
35 Courtman Road,  
Mallows Grange, Stanwick  
Northants, NN9 6TG  
Tel: 01933 625309

### DELEGATE TO WORLD MOUNTAIN RUNNING ASSOCIATION

Norman Matthews, 8 Snowdon Drive, Horwich, Bolton  
BL6 7DG. Tel: 01204 468390

### OTHER ASSOCIATIONS

### NORTH OF ENGLAND DELEGATE TO FRA COMMITTEE

Roger Lawton, 5 Jim Lane, Marsh, Huddersfield  
HD1 4QS. Tel: 01484 536066

### ATHLETICS UK, POLICY AND SUPPORT TEAM

Robin Morris, 33 Morningside Road, Edinburgh  
EH10 4DR. Tel: 0131 4478846

### N. IRELAND FELL RUNNERS ASSOCIATION

Ian Taylor, 52 Bladon Drive, Belfast BT9 5JN  
Tel: 01232 280790

### SCOTTISH ATHLETIC FEDERATION HILL RUNNING COMMISSION

Elsbeth Scott, 11 The Meadows, Peebles, EH45 9HZ  
Tel: 01721 724474

### SCOTTISH HILL RUNNERS

Mark Rigby, 332 Crow Road, Glasgow, G11 7HT  
Tel: 0141 3340442

### ATHLETICS ASSOCIATION OF WALES,

Adrian Woods, 11 Pen-y-Graig Terrace, Pontypool, Gwent  
NP4 5JS. Tel: 01495 758141

### WORLD MOUNTAIN RUNNING ASSOCIATION

Danny Hughes, Hallsteads, Gosforth, Cumbria  
CA20 1BJ. Tel: 01946 725366

## Data Protection Act

The Data Protection Act requires us to tell all members that their addresses, dates of birth and club names will be maintained on a computer.

This allows us to send you an FRA calendar and three magazines each year. You have the right to request that your name be removed from the computer database and you should contact the Membership Secretary if this is your wish.

Unless your details are kept on a computer we will be unable to send you an FRA calendar, the magazine or an annual membership renewal form.

## COMPUTERS

Please provide copy on floppy, wherever possible. ASCII., WORD, WRITE, RTF, MAC OS, even RISC OS will do.

Even if it's a weird format, send the disc with the printout anyway, it may save us TIME and FRA MONEY !!!

# Vinney Wathey An Appreciation

Sunday 13th February 2000

It is with great sadness I confirm the death of Vinney Wathey who passed away quietly whilst sleeping at home in Glossop, Derbyshire.

Having been taken ill over Christmas Vinney made the most of his final weeks, ensuring he saw as many friends as humanly possible in the short time available. He escaped from Tameside General Hospital on a number of occasions and spent some very memorable times frequenting local Public Houses, not least Sunday 6th February when many Pennine Club Members visited The Commercial Inn on Manor Park Road Glossop. As always Vinney was in fine form and was very pleased to be in the company of so many friends who shared his passion for Fell running.

His running career started in the early eighties following a fun run around New Mills representing the Howard Arms of Glossop. We were serious drinking partners and one Saturday night being slightly worse for wear we were asked by John Bradley, the publican, if we fancied running for the Pub in a charity event. Seemed like a good idea at the time especially as alcohol was being offered as an enticement. So next morning off we jolly well went to be overtaken by 6 and 7 year olds. Impressive stuff eh? Not daunted we volunteered for the next event, and the next! Now it was 12 and 13 year olds who were passing us! Not to mention the odd Granny in a wheelchair of course. Then things started to get really serious when John Bradley entered us and other unsuspecting alcoholics, to represent the Howard Arms in the Glossop Midco Half Marathon. 'So how far is that then?' was asked. 'How far? 13.1 miles - don't be stupid, only fools run that far' So on a bright sunny day sometime in May a long time ago off we jolly well went with lots of other fit and determined athletes. Now we both knew about Padfield Main Road but had only ever gone up it in a motor vehicle. After leaving Glossop and jogging 4 miles we wanted to go home, well back to the Howard Arms. But we knew if we didn't finish there would be no free booze, so onwards we went all the way round. Yes folks all the way. Somehow I don't think the world record was threatened but I do know lots of fun was had.

Somewhere along the way Vinney met up with a real athlete called Paul Richards. Now Paul was at the time a mean and lean running machine. Weighing in at 9.5 stones, wet, he had completed one of the earliest London Marathons in 2 hours 36 minutes. Now Paul was also a keen Fell runner, a founder member of Pennine and somehow enticed Vinney on to the Fells. The rest is

History, well almost. At his best Vinney could probably have achieved stardom in the Fell Running World. He had a natural ability yet worked extremely hard to ensure he always beat as many Pennine Club members whenever possible. Along the way he discovered Jura, the real love of his life. He visited Jura 10 times and managed 9 outings. I don't think he ever beat 4 hours but I bet he came close to it on a number of occasions. His story of running with the famous Jos Naylor was repeated over and over again, yet never seemed to lose its special place in his heart. It was Vinney who convinced me and many other unsuspecting Fell Runners to enter Jura and in 1993 and I too fell in love with the place. Needless to say the visit by many Pennine Fell Runners this year will be very special.

No doubt many will have special memories of Vinneys friendship. He was a Gentleman and rarely had a bad word for anyone. He could make you laugh until your sides felt as though they were splitting and like the rest of us could talk running all day, all night and more besides. No matter what happened you could always rely on Vinney to let you know 'It'll be all reet!'

Vinney's funeral was a fitting and grand affair with many true and fine words being spoken by and behalf of his many friends. The Church, All Saints of Glossop was full to capacity with standing room only. His following Wake gave us all the opportunity to share our special memories of a person who has a special place in all our hearts.

To have known Vinney is to have loved him. He touched so many lives and the World was a better place for his existence. He will be missed by many. Buried in Glossop Cemetery and overlooked by the Fells he loved so much may he rest in Eternal Peace.

*George Scott  
Pennine Fell Runners*



*Fellow Glossopdale member Sally Newman, on her way to winning the Ladies Race at The Three Peaks. Photo: Peter Hartley*

## JOSS NAYLOR LAKELAND CHALLENGE.

The year 2000 is the 10th Anniversary of Joss's inaugural run to set up his Lakeland Challenge for fellrunners over 50. In 1990, aged 54, he was accompanied throughout by his ex-son-in-law Colin Dulson, with Chris Brasher and Ken Ledward carrying drinks to selected spots.

Food, apparently, was not required. The weather was atrocious, with heavy rain and strong westerlies all day. Despite this, Joss's time was 11 hours:30. To-day's M50s are allowed 30 minutes extra on that and it is of no surprise that requests for an intermediate time from those aged 55 have fallen on stoney ground! It's no good, fellas - just train well and study the Lakeland mountain forecasts. 18 and 24 hours may seem generous for v60s and 65s, but they have to be still fit and in training in those age groups.

The 5th Presentation Dinner was held in March and 40 runners and their guests had a splendid evening at Santon Bridge. Sunday morning's walk with Joss was in exceptionally fine conditions. Some wonder why it's 10 years but only 5 Dinners. It took 5 years to find out who were the early runners and to collect their details. Next year sees the 10th anniversary of the first runner to succeed, but that story will wait. Perhaps we should have 2 dinners a year to catch up! Charity money has risen to a pleasing £9,500 now.

Before listing the tankard presentations I must apologise to Wade Cooper. His name was left off the list last October and because I failed to notice and he didn't complain, it wasn't there in February either!

Some runners would have shot me on sight, but Wade is generosity personified.

Information, SAE please:  
Monica Shone,  
Swyny Gwynt, Penmynydd,  
Porthaethwy, Ynys Mon.  
LL61 5BX.  
Tel: 01248 713 789

\*\*\*\*\*

### TANKARDS AWARDED MARCH 2000.

Jack Escritt	M65	May 22
Jan Atkins	W50	June 12
George Foot	M60	June 21
Ron Smith	M60	June 26
Wade Cooper	M60	June 26
Leo Pollard	M65	Aug. 14

## KINABULU

Dear Sir,

I thoroughly enjoyed the article about the Mount Kinabalu race in the February issue but unlike the writer I do not deplore the lack of media coverage.

Fell running is a truly amateur sport and I do not need to tell your readers why they engage in it and enjoy it.

It will not be the same if the media afford it a modicum of their attention.

When did you last see much in the way of sportsmanship in any sport widely reported in the media?

No, let full runners continue to compete on friendly terms and willingly surrender an advantage to help a fellow competitor in need of help.

Yours sincerely

*Derick Jewell  
Dark Peak F R*

## LEAVE IT

Dear Sir,

On the question of feedback concerning "the best time to bring out the Calendar, may I stay on the side of 'status quo'".

I realise that from the point of view of the organisers there must be some difficulties around Christmas, especially where deadlines for printing and posting clash with such horrendous national holiday periods.

However, from the perspective of your average fellrunner, the fresh appearance of the Calendar on the coffee table over Christmas and the New Year, can help to enthuse good resolutions and what better time for planning the next 12 months schedule of runs than during the long holiday between the holly and Hogmanay.

I vote 'no change'.

*John Devlin*

Dear Sir

## SURVEY

Please can I remind all the runners who have taken a B.G. survey form, try and remember to return them back to me. As without the forms I cannot build up a database. Thank you for your co-operation.

**P.S.** There is a Bob Graham website at [www.42peakschallenge.bun.com](http://www.42peakschallenge.bun.com) for anyone thinking of having a go, with lots of advice and information.

*Yours in Sport.  
Mike Sadula*

## THANKS

Dear Sir,

We are writing to express our gratitude to all those members of Achille Ratti and fellow competitors for making our first run in the Old County Tops so enjoyable.

The organisation was slick and all marshals were positive and encouraging. The light refreshments mentioned in the race information consisted of copious amounts of jam sarnies, oat biscuits, bananas, tea etc. I know people who would do the event for the food alone!

Why then were the runners outnumbered by the marshals manning the checkpoints and providing radio cover? We know there were several other events in the calendar, but the Old County Tops is a grand day out and worthy of greater support. We'll certainly be back next year.

Yours faithfully

*Ian Shadden & Peter Brittleton  
Howgill Harriers*

## THANKS

Dear Sir,

Could I use the pages of 'the Fellrunner' to convey my thanks to all those who assisted me with my book on distance running in Keighley. The book has actually taken less time to compile than originally intended, thanks in no small part to those groups and individuals who went to great lengths to find missing results and the like. Without them I could never have completed the project, which has proved a labour of love over the past 18 months or so. Without the likes of Allan Greenwood and Eileen & Dave Woodhead, among others, to whom I am greatly indebted, the book would still be in its formative stages.

Despite having a successful background in road running, turning to the fells (albeit with no success at all!) has enabled me to appreciate just how much those involved in the sport look after and support each other.

Yours

*Rob Grillo*

*Details of book on 01535 644519  
e-mail: [rob@rgrillo.freeserve.co.uk](mailto:rob@rgrillo.freeserve.co.uk)*



*Allan Greenwood pictured at The Three Peaks. Thanks to Allan for his invaluable assistance in helping with the lay-out of the past few magazines. Photo: Steve Bateson*

## Committee Meeting, The Travel Inn, Cheadle on 12 February 2000.

1. Discussed distribution of calendar, finances, car stickers, 30th Anniversary T-shirts, National Country Access Forum.
2. Barry Johnson and Jacky Smith appointed Assistant England Team Managers.
3. Effective from 2000, the UK Athletics Policy and Support Group (PST) is responsible for the British Fell/Hill Relay Championships. Noted this year's relay is being organised by Dark Peak FR and likely venue is Edale.
4. FRA Website now in operation and will be particularly useful for current championship tables.
5. Guidance Notes for race organisers are now available on request from the fixtures secretary, Dave Jones.
6. The revised Constitution of the South of England AA delegates the Management of Fell Running to the FRA similar to the North of England AA. Nine years after the formation of BAF (now UK Athletics) we are still hoping the Midland Counties will fall into line and contribute to the management of fell running.
7. Noted that information about NEAA Registration Scheme has been circulated to all clubs. The scheme becomes effective 1 May 2000 and it is understood the registration fee will be £1 for all athletes aged 11 or over.
8. Championships races are decided around July/August each year. Having agreed a date with the organiser of Wrekin Race for inclusion in the championships information, it is frustrating when details of the event are not received in time for the calendar. And we are far from happy when the late details show a new date for the race, which clashes with the weekend of the Pendle Race and our April Committee Meeting.

## Committee Meeting, Barley Village Hall, 1 April 2000.

1. Discussed Annual Presentation Dinner, (details elsewhere), AGM venue, Internationals, finances and website.
2. Noted UKA Fell/Hill Relay 2000 is being organised by Dark Peak FR and will be based on Edale. Entry form in this issue.
3. The Government has published the long awaited White Paper on Access to the Countryside, a copy has been ordered but is still awaited. Initial information suggests organised competition will not fall within access rights, thus requiring specific permission, which could lead to more frequent requests for payment. We do not want this Bill to undermine the de facto access enjoyed by many fell races for many years. Chris Knox is liaising with other similarly affected organisations, and if the small print is not in our interests, it may be necessary to ask members to lobby MPs.
4. Agreed to produce T-shirts for sale in celebration of 30th Anniversary.
5. We would like the October magazine to be a special Anniversary Issue, but this can't be done without the help of the membership. Articles, ideas and suggestions asked for.
6. A small sub-committee will organise the Juniors Home International to be hosted by England, probably at Sedbergh. Offers of help will be welcome.
7. Agreed elite juniors training weekend at Sedbergh in April, and an open training weekend in the Autumn.

*Mike Rose,  
General Secretary.*

## NOTICE OF ANNUAL GENERAL MEETING.

The Annual General Meeting for **The Fell Runners Association** will take place on Saturday 18th November 2000 at 2.30pm at **Barley Village Hall**, Barley, Lancs, following the Tour of Pendle Race.

1. **Motions for the Agenda** must be notified to the Secretary by Friday, 8th September 2000. Details of the Agenda and Motions will be published in the October issue of **The Fell Runner**.
2. **Election of Executive Committee.**
  - a) Nominations for Officers must be notified to the Secretary by Friday, 8th September 2000.
  - b) Nominations for Club Representatives (four seats) must be notified to the Secretary by Saturday, 4th November 2000.
  - c) Nominations for Membership Representatives (four seats) may be made at the meeting.

All members of the Executive Committee must be members of English Clubs affiliated (for Fell Running) to one of the UK Athletics Regions.

### 3. Voting.

- a) Individual members of the Association who are present at the meeting have one vote each.
- b) UK Athletics affiliated clubs which are represented at the meeting are entitled to two votes each. Club appointees for this purpose must be notified in writing to the Secretary by Saturday, 4th November 2000.

4. An **Open Discussion** follows the formal business and is an opportunity to express views on any aspect of our sport.

*Mike Rose,  
General Secretary.*

### Date 'corrections' for two Scottish Races.

1. **Yetholm (Scottish Championship).** This should be 11th June not 4th June.
2. **Two Breweries (British and Scottish Championship).** This should be Saturday 23rd September not Sunday 24th. (This mistake has been pointed out to the organisers in the expectation they would publish a correction in the February or June Fellrunner, but they don't seem to have done so – unless you know otherwise!)



Rossendale Way Relay. The start from Marl Pits, Rawlins Hall. Photo: Peter Hartley

## Fixture lists and the Internet - Important Notice

Would the authors, or 'Webmasters' of internet websites which include fixture lists of running events please contact the organisers of fell races for permission before including details of their races.

# CALENDAR UPDATE

Not too many, this time. As ever, in the date order that they will now take place.

WED.MAY 31/WED.JUNE 28/WED.JULY 26/WED.AUGUST 23. HARROCK HILL RACE SERIES. BS.

A series of four races on the dates given - all four have the same details. BS. 7.30 p.m. 5m/900' from 800 yards from the registration venue at the Farmers Arms, Bispham (GR 497130 on OS Sheet 108). £2.50 on night only. PM. Over 15. Details: Andy Quickfall.

Tel: 01257 450339.

Email - andy@fellrunner.freeserve.co.uk.

SAT.JUN 3. KELBROOK FELL RACE.

BS. 2.00 p.m. 3m/700' from Kelbrook Parish Church, near Barnoldswick, Lancashire (GR SD903447). £3/£4 (not sure what this bit of information means !!). PM. Over 16. Also junior race;

8-16 years; 2m.; 1.15 p.m.; £1 on day only. Records: 17.14 M.Aspinal 1986; f. 21.21 K.Drake 1991. Qualifying race for the Burnley and Pendle Grand Prix Series. Details: Ian Ramsay, 21 Quernmore Drive, Kelbrook, Barnoldswick, Lancashire, BB18 6TX. Tel: 01282 843867.

SAT.JUN 24. COTSWOLD WAY RELAY. CL. 7.00 a.m. 105m/10,000' from Chipping Campden. £45 per team of ten to organiser. LK/NS. Over 18. Please note there are no toilet facilities at the start venue. Ten-stage relay along the Cotswold Way. Each leg begins as a mass start as the winner of the previous leg finishes. Records: 11.55.00 Stroud A.C. 1995; f. 15.19.33 Mendip Mudlarks 1996.

Details: Dave Rose, 5A Sydney Wharf, Bath, BA2 4EF.

Tel: 01225 461354.

TUE.JUL 25. ROBIN HOOD

"MONUMENTAL" FELL RACE. BS. 7.30 p.m. 5m/875' from the Robin Hood Inn, Baslow, Derbyshire (GR 280721). £2.50 on night only. PM. Over 16. Details from Pete or Bridget at the Robin Hood Inn - 01246 583186.

WED. 26 JULY. BATCH BASH. Registration is at the Yew Tree, All Stretton, not the Ragleth, Little Stretton.

SAT.JUL 29. HEADS OF THE VALLEYS FELL RACE. AL. 1.00 p.m. 13m/4500' from the Great Western Hotel, Blaengwynfi, off the A4107 road between Port Talbot and Treorci at GR SS895963. ER/LK/NS. £3 in advance or on the day. Details: Martin Lucas, Chestnut View, St.Brides Major, Vale of Glamorgan, CF32 0SY. Tel: 01656 880009. Email - mrlucas@valeofglamorgan.gov.uk.

THURS AUG 3rd BROWN CLEE CHALLENGE BS 6.45pm 5m/1100' From the Ludlow car park of Burwarton show OS 622867 Off the B4364 Bridgnorth to Ludlow road at Cleobury North

£2.50 in advance £3 on day PM. First time run no records Details : P Everton 1 Burwarton, Bridgnorth, Shropshire WV16 6QG phone 01746 787671 e-mail

philip@aeverton.freeserve.co.uk

FRI.AUG 4. LOWTHER RUN. The race will be held on this date and NOT, as stupidly and inexcusably stated by me in the Calendar, on Sunday 4th.June. Apologies to Ian Tyler.

WED.AUG 9. BRADWELL FELL RACE.

The race will now be held on this date and NOT on August 2nd. - all other details as in the Calendar.

SAT.AUG 19/SUN.AUG 20. BRUCE'S CROWN. AL. 9.00 a.m. A two-day event of 42m/13000' from Caldots Campsite, Glentool, Galloway (GR NX402789). £10 on official form only by 06/08/2000 - no late entries or entries on the day. Teams free. ER/NS. Over 18. Records: 11.09.00 M.Hartell 1998; f. 16.23.00 I.Blunk 1996. Entry fee includes refreshments en route, food and hot drinks at the finish, showers, parking, results and report. Telephone enquiries to Colin Butler on 01671 403459. Details: Glyn Jones, The Bing, Kirkinner, Wigtownshire, DG8 9BZ.

SAT.AUG 19. HEART OF GRANITE. AL. 9.00 a.m. 20m/6400' from Caldots Campsite, Glentool, Galloway

(GR NX402789). £6 on official form only by 06/08/2000 - no late entries or entries on the day. Teams free. ER/NS. Over 18. Records: 5.02.00 A.Davies 1996; f. 7.18.00

H.Diamantides 1998. Entry fee includes refreshments en route, food and hot drinks at the finish, showers, parking, results and report. Telephone enquiries to Colin Butler on 01671 403459. Details: Glyn Jones, The Bing, Kirkinner, Wigtownshire, DG8 9BZ.

SAT AUG 26. PENDLETON. This race will incorporate The Lancashire Fellrunning Championships.

SUN.AUG 27. Y CNICTH. AS. 11.00 a.m. 4.5m/1850' from Croesor, Gwynedd (GR 631447). £3 on day only. ER/LK. Also junior race; 11-14 years; 2m/700'; £1.50. Records: 32.32 C.Donnolly 1994; f. 37.45 A.Brand-Barker 1988. Details: Dei Jones, Nythfa, Muriau Estate, Criccieth, Gwynedd, LL52 0RU. Tel: 01766 522206.

SAT.SEP 16. PERIS HORSESHOE MOUNTAIN RACE. AL. 11.00 a.m. 17.5m/8500' from Llanberis Community Centre. £3.50 (includes food & results) to organiser by 13th.September. Teams free. ER/LK/NS. Over 18. Records: 3.02.49 G.Bland 1994; f. 3.28.14 M.Angharad 1996. Details: Alan Williams, Ty'n Lon, Rhostryfan, Caernarfon, Gwynedd, LL54 7NE. Tel: 01286 831085.

SUN.SEP 24. STANAGE STRUGGLE. This race will now be held on this date and NOT on Wednesday 24th.May. The start time will be 11.00 a.m. - all other details are as in the Calendar.

SUN.OCT 1. BUTSER HILL CHALLENGE. AS. 11.30 a.m. 4.5m/888' from Queen Elizabeth Country Park, off the A3 road four miles south of Petersfield, Hants. £5 on day only. Teams free. Over 16. Also junior races; 10.45 a.m.; 11-13 years and 13-15 years; 1.5m; £2.50. Details: Danny Heggs, 85 Green Lane, Clanfield, Hants, PO8 0LG.

Email - fit4it@yahoo.com.

SUN.OCT 15. PENTLAND SKYLINE HILL RACE. AL. 11.00 a.m. 16m/6200' from Hillend, Edinburgh

(GR 244668 on OS sheet 66). £3 on day only. Teams free. ER/LK/NS. Over 18. Records: 2.22.40 A.Kitchin 1994;

f. 2.47.06 A.Mudge 1998. Details: Richard Robertson, 6 Pomathorn Road, Penicuik, Midlothian, EH26 8LT.

Tel: 01968 672532.

SAT. OCT 21st. WOUND WITHER WOOD WELAY WACE. Now from the Denby Dale Pie Hall (our new home) therefore new course. Details: Neil Denby, 13 Greenside, Denby Dale. HD8 8QY.

TUE.DEC 26. DEVILS CHAIR DASH. AS. 11.00 a.m. 3m/800' from the Stiperstones Inn, near Minsterley, Shropshire (GR 005365 on OS Landranger 126). £1 on day only. PM. Details: John Sproson, Stiperstones Inn,

near Minsterley, Shrewsbury, SY5 0LZ. Tel: 01743 791327.

### DATE CHANGE RYDAL ROUND

Thursday. August 3rd - Not 27th July as shown in FRA Calendar. All other details as per FRA Calendar.

Details, Pete Bland Sports 34A Kirkland, Kendal, Cumbria LA9 5AD  
Tel: 01539 731012

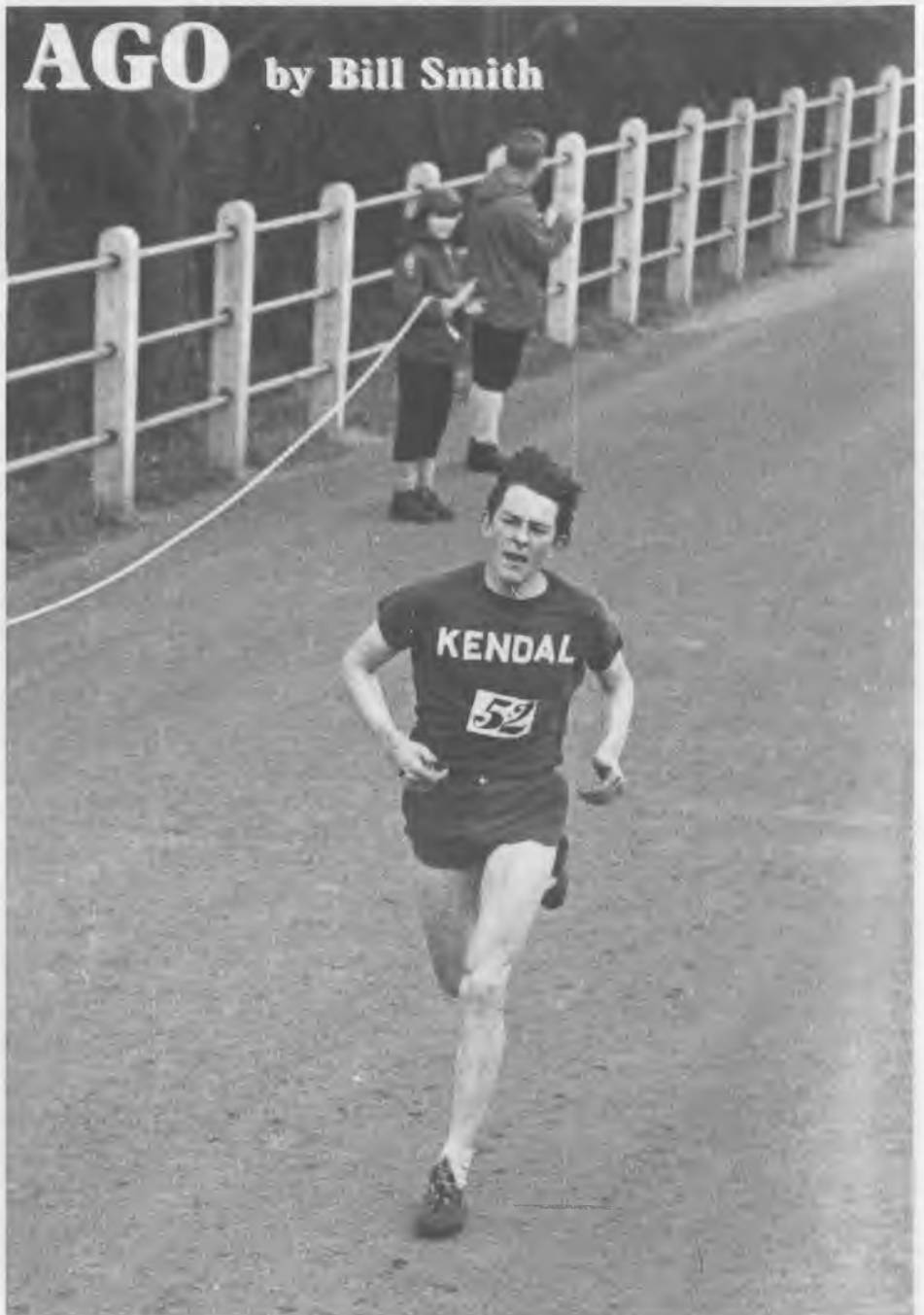


# 30 YEARS AGO by Bill Smith

**Saturday, April 4th:** After finishing 2nd to local star Ron McAndrew (then a member of Reading AC) at Rivington Pike the previous weekend, 17-year-old Dave Cannon (Kendal) won the Pendle Fell Race at his first attempt, taking the lead at the summit and extending it on the steep descent of the "Big End" and over the long cross-country section beyond to return to the Bay Horse Inn at Roughlee with a time of 43.12. Peter Rawnsley (Skyrac) was 2nd in 44.48, followed by 1969 winner Pete Watson (Pudsey & Bramley) in 45.01 and Dave Spencer (Barrow) in 45.12, the latter having achieved four consecutive Pendle victories between 1958 and 1961, including three new records. Harry Walker (Blackburn), the previous year's runner-up, finished 7th on his return to competition after resting a sprained ankle. Others that made the first 20 who are still active today included Any Harmer (Lancaster & Morecambe) 10th, Pete Duffy (Aberdeen) 15th, and Dave Hodgson (Leeds City) 18th. 111 finished.

**Sunday, April 12th:** Up in Northumberland, the local press had tipped 1968 winner Mike Davies (Reading), one of the outstanding fell runners of the '60s, to again triumph in the Chevy Chase, with Clayton-le-Moors' long-distance specialist, Alan Heaton, as probably his strongest contender. The eventual results were a little different, however. The fells were plastered with deep snow, with mist on the summits, and the intense cold caused a competitor in the junior race, John Hogg (Barrow), to collapse from exposure 300 yards from the Cheviot summit, from where he was escorted down by Mountain Rescue personnel and taken to Berwick Infirmary where he eventually recovered.

In the senior race, Pete Duffy was leading at the first checkpoint at Broadstruther, on the way up to Cheviot, from Mike Davies, Newcombe of Stafford AC, and Jeff Norman (Altrincham), but faulty route-finding beyond here resulted in a bunch of eight approaching Cheviot summit together. While most of them floundered in the snow here, Jeff Norman cannily utilised a path blazed by walkers which enabled him to reach the checkpoint with a clear lead. This he extended over Hedgehope and Langlee Crags to arrive back at Wooler with a time of 2.37.30, 20.20 outside Mike Davies' record – a telling reflection of the conditions. Trevor Proctor (Rochdale) was runner-up in 2.44.47, with George Rhodes (Stafford) 3rd: 2.45.52, W. Halliday (Heaton) 4th: 2.52.56, Mike Davies 5th: 2.53.26, and Harry Blenkinsop (Sale) 6th: 2.53.35 out of 26 finishers. Jeff Norman completed a hat-trick of victories over the next two years. Two Gosforth lads, N. Canham and J. Hampson, were joint-winners of the junior race.



*A 17 year old Dave Cannon winning the 1970 Pendle fell Race at Roughlee. Photo: Paul Livesey*

**Sunday, April 26th:** There was snow on all three summits for the Three Peaks Race, again making for difficult conditions. Starting from the Hill Inn at Chapel-le-Dale, a quartet of rivals reached Ingleborough together, with Trevor Proctor leading Jeff Norman at the checkpoint, closely followed by guides racer Fred Reeves of Coniston (formerly of Barrow AC) and Steve Edmunds (Sale). Steps had to be kicked in the steep snow adorning Penyghent's intimidating western slopes, reached across the intakes from Horton, and Norman was first to scramble up between the summit crags and check in at the control one minute ahead of Proctor, with Pete Watson now occupying 3rd place.

Norman was running in road shoes, however, which was proving a liability

over both snow-covered and boggy terrain, enabling Watson to almost catch him up, with another Yorkshireman, Alan Spence (Bingley), reaching Ribbleshead in 4th place behind Proctor. The ascent of Whernside proved to be the decisive factor, however, and Norman here opened up a commanding lead to romp home to the first of his six successive victories in 2.48.11, followed by Watson in 2.53.41, Spence 3rd: 2.55.21, Martin Cranny (Wirral) 4th: 3.01.13, George Rhodes 5th: 3.02.56 and Trevor Proctor 6th: 3.04.06. The junior race up Whernside was dominated throughout by Dave Cannon, whose winning time of 40.08 was 2.39 faster than that of runner-up Harry Walker, while 3rd place went to John Hogg, none the worse for his Cheviot experience in 44.22.





*Jos Naylor contouring Haystacks in the Ennerdale Horseshoe. Photo: Tommy Orr*



*Kendal AC runners Danny Hughes, Allen Walker, Jos Naylor and Jim Strickland. Photo: Tommy Orr*



*Trevor Procter (Rochdale) begins the climb up the 'Big End' at Pendle. Photo: Paul Livesey*

**Sunday, May 2nd:** Norman and Cannon reached Nab Scar together in the Fairfield Horseshoe, closely followed by Proctor, Watson and Dave Spencer. Cannon approached Fairfield summit with a 100 yard lead over Proctor but then missed the checkpoint in the misty conditions, while Proctor also went wrong up here and led Norman astray before the alert Altrincham man realised and corrected his error. These navigational blunders allowed Spencer and Watson to get back into contention, and this quartet (including Proctor) battled it out down the eastern ridge of the Horseshoe. In the end, Norman managed to withstand Spencer's unyielding challenge to win by the narrow margin of one second in 1.17.08, 1.38 inside the previous year's record set by Andrew Ladro (Kendal). Watson claimed 3rd place in 1.17.30, with Proctor 4th in 1.18.18, Pete Duffy 7th and Harry Walker 8th out of 56 finishers.

**Saturday, June 13th:** Jos Naylor (Kendal) led the way round the Ennerdale Horseshoe to achieve the third of his nine consecutive victories in the event and lower his 1969 record by 15.05 to 3.53.20. Apart from a strong challenge by Chris Fitt (Kendal) and Mike Davies in the inaugural 1968 event, Jos was never really troubled in the Ennerdale race till Mike Short (Horwich) ran him to within eight minutes in 1974, whereas he usually finished around 20 minutes clear – and over half-an-hour on one occasion (1969); Dennis Weir, representing Pendle Forest Orienteers this time out (and both the Rucksack Club and Sale Harriers in future years), was runner-up for the first of four consecutive Horseshoes in 4.12 40, 2.20 ahead of the Lakeland 24 Hour Record holder, Alan Heaton, who was the first veteran home. Naylor's Kendal AC clubmate and Karrimor partner, Allen Walker from Whitehaven, was 4th while Mike Cudahy (Manchester & District), later to build his own reputation as an ultra man of the mountains, came in 5th. There was no junior race at Ennerdale till the following year when Dave Cannon beat Denis Bland, Pete's younger brother, over a course taking in Great Bourne, Red Pike and Gillerthwaite, prior to the inauguration of the Crag Fell Race in 1972.

**Sunday, July 5th:** A windy day saw Trevor Proctor put in some powerful front-running out of Fitz Park, Keswick, up Jenkin Hill and along the ridge in the Skiddaw Fell Race. Jeff Norman had settled into 2nd place ahead of Dave Cannon, but had opened up a considerable lead over him on arrival at the summit, where he was only a few yards behind Proctor. On the return run, Norman passed Proctor on the descent from the summit ridge towards Jenkin Hill and retained his lead all the way back to Keswick to reduce his own 1969 record by 1.50 to 1.03.05, with Proctor also breaking the old record by 58 seconds to claim 2nd place. Cannon, who had triumphed in the short Pennine races at Harden Moss and Musbury Tor the previous month, finished 3rd, almost a further two minutes adrift, with Harry Walker 4th, Dick Tinlin (Newcastle University), that year's Ingleborough winner, 5th, and Colin Robinson (Rochdale) 6th. The junior race up Latrigg wasn't introduced till 1973.

**Acknowledgements:** My thanks to Dave Cannon, Jeff Norman and Harry Walker for their help in compiling these reports. Late season events from 1970 will be covered in the October issue of *The Fellrunner*.

*Jeff Norman on his way to victory in the Skiddaw Fell race.  
Photo: Tommy Orr*



## NORTHERN IRELAND WORLD TROPHY REPORT

The Northern Ireland team, which travelled to Borneo for the 15th World Trophy Mountain Races, was composed of a useful blend of experienced and inexperienced participants. The experience was provided by Brian Ervine and Jim Patterson who were taking part in their 12th consecutive World Trophy race. In contrast, eight of our team of fifteen were attending their first World Trophy.

The 26 hour journey coupled with an eight hour time loss and just two days to acclimatise was not the best preparation for our runners, nevertheless the team had one of our most successful, and enjoyable World Trophy Events. Successful in terms of individual placings and enjoyable due to the excellent organisation by the Malaysian organisers; this was enriched by the friendlies afforded by the local people.

The climate was, as expected, very hot and humid but thankfully on the day of the race a covering of cloud made for very favourable conditions for our runners.

First to compete were the Junior ladies running a single lap race of 4.1km. Valiene Murney had an excellent debut finishing in 18th place.

Janine Munnis also ran well to secure 29th place. The girls combined to finish eighth team from the ten nations competing.

The Junior men ran next over a two-lap course of 7.8km. As always at this level the competition was of high standard. David McNeilly in his last junior race at these championships was our leading individual placing 36th. Robert Neil was second in 50th place with Simon Taylor in 53rd place. The team members were disappointed with their 14th and last placing.

The senior ladies ran the same course as the junior men. Tricia Sloan ran a great race to claim her highest placing at this level, 25th. Jenny Walker, who had not been feeling well beforehand, was our second finisher in 55th place, with Shileen Donnelly and Anne Sandford close behind in 57th and 59th places respectively. Jenny had to be taken to hospital following the race where the doctor diagnosed a severe throat infection. The ladies team was placed 12th from the 16 competing nations.

The senior men had three laps in their 12.5km race. Brian Ervine and Neil Carty led our challenge with never more than a few seconds separating them and each leading the other at various stages. Neil was the stronger at the end finishing in 52nd place with Brian just behind in 53rd place. These were the best finishing positions in a World Trophy race for both Neil and Brian. Geoffrey Weir and James Logue had a similar tussle with Geoffrey having the edge to claim 84th place and James 85th. Jim Patterson, the oldest man in the field, showed some of his younger opponents a clean pair of heels on his way to 89th position. Raymond Brown, who like Jenny, was feeling uncomfortable prior to the race nevertheless ran courageously to finish in 97th place. Raymond was later diagnosed as having a chest infection and also received treatment. The team was placed 13th from the 15 teams competing.

The commitment, teamwork and good humour demonstrated by all the team members whilst travelling and during our stay in Malaysia made my job as manager very rewarding.

We were also fortunate to have Gina Ervine, Jeanette McClughan, Donal O'Kane and my wife, Marielle, in the party and their collective support to the teams and to me was invaluable. My thanks in particular to Marielle for her assistance to me before, during and following the World Trophy.

*William Magee  
Team Manager*

# JUNIOR TRAINING LOADS

The key to a successful running performance has many facets, and for progression in performance to be continuous the body has to be repeatedly stressed to develop its energy making systems. When working with junior runners this requirement for maintaining a progressive training programme and at the same time keeping a balance with good recovery periods needs much more control than with senior runners. Although most juniors seem to have endless energy, they can easily be over-trained, especially when in the growth phase, and when school exams loom to add to the pressure.



This is the time when training discipline is needed. The ability to stick to a personalised training schedule that has been created specifically to counter all the pressures the junior has to face, and at the same time establish a programme that stretches the mind and body safely, cannot be done by the junior alone.

Junior athletes need help and guidance with their training programmes, parents and coaches alike have a responsibility to personalise each junior's workload, and to ensure that good communication exists so that regular assessment of how the junior is feeling is appreciated.

The proliferation of Child Protection policies in athletics is on the increase, and it may be of interest to note that one such policy, under the definition of "Physical Abuse" states:

*'Physical abuse may also be deemed to occur if the nature and intensity of training disregards the capacity of the child's immature and growing body, or predisposes the child to injury resulting from fatigue or overuse.'*

Similarly under 'Emotional Abuse' the following definition applies:

*'Emotional Abuse occasions when adults fail to show children due care and attention or threaten, use sarcasm, taunt or shout at a child causing him/her to lose self confidence or self esteem and become nervous or withdrawn. These may also occur when an adult repeatedly ignores or fails to respond to a child's efforts or progress, or places the child under unrealistic pressure to perform to high expectations constantly.'*

Anyone under the age of eighteen is considered a junior under this policy.

This trend in establishing policies and ethical codes is to ensure that all juniors within our sport are able to fully participate in an environment, that is safe from neglect and physical, sexual, and emotional abuse.

I am sure that there are many parents reading the above, who are possibly not aware that at times their encouraging shouts to their children may have had other parents gritting their teeth. Enthusiasm can be a powerful motivator if used right, but success in a race has to be measured more by the enthusiasm of the athlete than that of the parent - or occasionally the coach.

Instances of this or not rare, I personally know of several cases where juniors have been diagnosed asthmatic and had inhalers prescribed. On closer examination the difficulty experienced with their breathing was a direct result of restricted breathing caused by emotional stress creating an oxygen debt. At no other time other than racing was there a problem. In three such cases involving junior girls this has been a common theme connecting them, in so much that they become emotionally upset within a race situation resulting in a tightening of the chest restricting their breathing. This then develops into the domino effect where lack of oxygen creates even more emotional panic creating even more distress. The main cause of this upset - which usually develops into sobbing making inhalation difficult just at a time

*The Elite England Juniors after they had completed a hill rep session at Sedbergh. Also in the shot are Junior co-ordinator Dave Richardson plus Neil Wilkinson. Michael Cayton and Sarah Young - who came as International runners for a question and answer session. The Juniors attending were: Kate Rogan, Natalie White, Lisa Richardson, Sarah Gatford, Katie Ingram, Helen Booth, Lucy O Gorman, Kelli Roberts, Stuart Read, Jon Parker, James Mason, George Crayston, Lee Siemaszko, Alex McVey, Ray Edgar and Chris Doyle.*

*Photo: Norman Matthews.*



*Kate Bailey (Staffs Moorlands) on her way to winning the U20 and the senior race at West Nab. Photo: Allan Greenwood*



Jonathon Parker (Owls) - second w/18 in the English Championship Race at West Nab. Photo: Allan Greenwood

## S.E.A.A. Fell Race Championship 2000

Will be held in conjunction with the Isle of Wight Fellrunning Series.

The championship comprises 3 races over the two days of Saturday the 23rd and Sunday the 24th of September 2000.

Races are:-

- 1) St. Boniface Fell Race, 3 Miles, 775 Feet ascent (A.M. Saturday)
- 2) Ventnor Horseshoe, 7 Miles, 1500 Feet ascent (P.M. Saturday)
- 3) The Wroxall Round, 13 Miles, 1500 Feet ascent (A.M. Sunday)

All races start from and finish at Ventnor. All races are under F.R.A. Rules and are pre-entry only. (The I.O.W. series can be entered on the day)

For Entry Forms:-

Mrs. B. Lawson, 32 South Street, Ventnor, Isle of Wight, PO38 ING

For all S.E.A.A. Enquiries:- Sam D. Kirkpatrick (01933 625309)

This will be the second ever that this championship has been held in the Southern Counties. Last year's was a great success. Thank you very much to the organisers and for the welcome by the people of that fair island.

Last Year's Results for the S.E.A.A. Fell Race Championship are:-

Mens Team		Worthing Harriers Keith Masson John Lowden James Priest
Womens Team		Worthing Harriers Maureen Stephens Jill Child Sue Bartrum
Men	1st	Keith Masson (Worthing Harriers)
	2nd	John Lowden (Worthing Harriers)
	3rd	James Priest (Worthing Harriers)
Women	1st	Christine Daniells (Milton Keynes A.C.)
	2nd	Maureen Stephens (Worthing Harriers)
	3rd	Sue Bartrum (Worthing Harriers)
Man	1st o/40	Stephen Powell (Worthing Harriers)
Woman	1st o/40	Jill Child (Worthing Harriers)
Man	1st o/50	David Barry (Worthing Harriers)
Woman	1st o/50	Christine Daniells (Milton Keynes A.C.)

I look forward to seeing all the defending champions and many other competitors on the weekend of the 23rd and 24th of September.

Sam Kirkpatrick.

when exertions are usually at their highest - are their expectations in performance, which can either be self imposed or by parents and coaches. It is surprising how many adults have little awareness of the pressures applied to young athletes by their well-intended shouts of encouragement. Encouragement is one thing but adults have to be sensitive in what they say to youngsters when racing. The pressure can start long before a junior arrives at a race with comments meant to motivate them in to trying harder than the week previous. Most juniors do give of their best, and undue pressure to do better is usually counter productive. In the situations I refer to the girls did not live up to the pre-race position they had expected, and usually at a time when being overtaken by a known competitor they then experience breathing difficulties. I dont expect all parents to be sports psychologists, and I admit that there is a considerable increase in the amount of alleged asthma sufferers about, so by all means get a junior checked out at the Doctors if you think there is a breathing problem. What is important is to understand that the expectations of the junior athlete should be based on realistic goals set by their current form, and not the expectations of others on where they would like them to finish!

Another problem for juniors is that of training in groups. It is not uncommon to

see a whole group of juniors training together with some youngsters giving more in percentage terms than others. With a little imagination, and a good handicap system all juniors in a group can have a workload matched to their current ability.

When training outside a group - without the expertise of a coach - it is important for parents to ensure that their youngsters are following a planned schedule, and not running haphazardly. - School sporting activities have to be taken into account when working out the training programme.

It is also important for juniors to have an easy week every month with reduced mileage and eased sessions.

Fluctuations in pulse levels can be a good guide for interpreting the youngster's current physical condition, but it does require experience to evaluate this with juniors.

In general, it is the responsibility of parents, coaches, and club administrators alike to ensure that each junior is enjoying the sport, and is training, and racing at a level that is commensurate with their age and ability, and that sufficient time is given in allowing the youngsters the opportunity to discuss their training on a regular basis.

# The Chew Valley Skyline race,

a personal view

For many of the runners who lined up outside Dove Stones sailing club hut for a fell race on March 5th, it would have been 'just like old times' - except perhaps for the weather...

Over 230 runners toe'd the line for the Chew Valley Skyline race at Greenfield near Oldham that sunny and bright Sunday morning, for an outing over the original 13 miles and 2000 foot course of unforgiving Saddleworth moorland.

But of course, this was to be much more than just a fell race.

Likewise, it was to be much more than an occasion to mark the 21st anniversary of the first of the original decade of Skyline races back in 1980.

It was to become a day when we would celebrate the life of Frank Sykes, organiser of countless superb Saddleworth races, whose vision, boundless energy and enthusiasm for our sport brought so much pleasure to so many hundreds of fell runners who have visited this area, to run in Saddleworth Fell Runners' promotions over more than two decades.

Frank had run in many races while competing for his former club, East Cheshire Harriers, some very good, but some poorly organised ones and knew that he could do a better job. He always believed in looking after the runners who had taken the time and trouble to travel over to his event, insisting on value for money as the keywords.

## A classic

A dictionary definition of a 'classic' is "the standard by which all others are judged". For those readers who do not remember, or never ran the Chew Valley race, this is indeed a fitting description. The weather undoubtedly played an important part. Almost always poor, regularly miserably, often foul.

Mist, rain or snow were a regular feature of the race. Frank would always make a comment about it in his race reports...

"For a large proportion of this years runners it was not so much a fell race, but more of a moorland mystery tour..." he wrote after the murky and misty 1982 race, which drew in excess of 300 starters.



Lucy Whittaker, first lady at the Chew memorial and a Saddleworth member, climbs Ravenstone Brow. Photo: Keith Lodge

Five times Skyline ladies' winner Sue Parkin (then of Airedale and Spen Valley AC, former name of the Bradford Airedale club, but who now runs for Kendal) was quoted the following year...

"I thought it was going to be another Chew Valley epic, peering through the windscreen as we crawled over the Isle of Skye..." with reference to the high moorland road between Holmfirth and Greenfield.

A year later, it was Geoff Read who provided the comments..." A snake of people with John Baston at the front veers to the right. But what do these winners of the Karrimor know? I 'know' we should be more to the left..... Eventually the twentieth century intrudes on our primeval wanderings and we reluctantly head towards the sound of car engines. A mile or so down the road we turn laughing up to the checkpoint, having dropped from 15th (place) at Broadstone to 356th in the meantime."

And 1986, the year it snowed, deep drifts on the wild moorland and a frozen solid reservoir didn't deter 317 hardy souls from completing the course. Afterwards, Frank wrote, "...in the finish funnel, one ice-crusted competitor with bleeding shins asked, "Is it true that if you don't hand this disc in you'll be banned for life?"

"Yes you will."

"Good, I'll keep the bloody thing then!" - incidentally, the very same man ran this year's memorial race.

## The 21st race

Saddleworth runners are to be highly commended on their organisation of this year's event - every last detail, of course, inspired by Frank.

On arrival at the Sailing Club, marshals lined the driveways, parking competitors cars in regimented fashion. A park and ride system had been set up to bring others from the overspill areas to registration - very impressive.

Once inside the club hut, registration was clearly set out, tables in alphabetical order, with mandatory kit checks in operation.

Sponsors' advertising banners and information leaflets were on display, and three masseurs (Nigel, Adrian and Karen of the Massage and Reflexology Centre at Mossley - [01457 - 835491], ...there.. I have paid for my back massage !!) gave free treatment to runners who wanted it, working in an area set out over to one side.

Afterwards, the free tea and hot food was served up cheerfully and plentifully.

As the runners lined up at the start, Roger Devy raised a peal of laughter when he announced 'conditions underfoot are firm and dry' - a reference to the traditional foul Chew weather we always used to rely on - creating just the right mood to start us off for "Frank's race".

Twenty eight of the 'original line up' from 1980 joined the throng for a famous double, as Roger commented, "they're still as bloody daft after all these years...!"

## A fitting tribute.

Checkpoint two is at the summit trig point on Broadstones Hill. Had it not been for Frank, the trig wouldn't be standing there.

Vandals had caused the pillar to be dislodged from it's seat and kicked over



Andy Trigg - a regular at the Chew valley event and winner of the memorial race. Photo: Keith Lodge

onto the rough grass, but Saddleworth Runners, under the direction of Frank their chairman, resited and painted it, mounted an engraved plate on the West face to commemorate the deed, then inscribed the newly cemented base with "SR '98" and a studded shoe print !

As recorded in the super little booklet sent out with race information, "We would have simply carried on running past, shaking our heads in dismay, but not doing anything..."

It was while out on a regular Sunday morning run which visits Broadstones, that Frank tragically collapsed and died on 23rd May 1999. At a moving ceremony on the eve of the Skyline race, a gathering of around forty of Frank's many friends drank a toast and witnessed the unveiling of a plaque - mounted on a rock near to the pillar - containing a few very fitting lines of verse.

FRANK SYKES 1943 - 1999

AT THESE STONES WE REMEMBER OUR FELLOW RUNNER, FRIEND AND INSPIRATION.

"I climb the hill: From end to end of all the landscape underneath, I find no place that does not breath some gracious memory of my friend"

SAFE PASSAGE -  
SADDLEWORTH RUNNERS

It was quite touching to witness during the Skyline race, the runners who removed their hats as a sign of respect as they passed by the summit trig point.

### Inspiration

Frank was quite simply a great bloke. I raced against him many times and always tried to get over to run in his superb races. He had an effect on everyone who he came into contact with. I always felt like a better person on the way home, after spending time in his company.

The more I think about it, the more I realise what an influence he had on the way I organise my own races.

While typing out advertising leaflets for my winter race I have copied his style with, "...if you can get here, the race is on..." and after a particularly poor race day, I have used the phrase, Friday's weather was fine, so was Sunday's, whatever happened to Saturday ?..." in my race report.

You see, I couldn't phrase it better.

The certificates I have printed for some of my races were inspired by the similar Chew Valley memento, and I have always



Frank Sykes Photo: Peter Hartley



The Frank Sykes Memorial Plaque at Broadstones Moor Photo: Allan Greenwood

tried to keep accurate race accounts as Frank did, though not always with his degree of success !!

As I said to Wendy Dodds after the race, "I thought beforehand that I might spare a few thoughts as I reached the second checkpoint, but, you know, I never stopped thinking of the man all the way round".

I could hear his gentle mocking laughter as I stumbled around on the rough moorland traverse to Chew Reservoir and on the plod out to Featherbed Moss. As I reached the descent down the final fields,

I imagined him standing at the gate wearing his cap, clasping and rubbing his hands, with a grin from ear to ear.

Frank Sykes was, I am in no doubt, watching over proceeding at Sunday's race. There was a fair degree of mud, marsh and some frozen ground, just to make the race tough enough, but I don't remember visibility being better. He cared so much about all our welfare on those fells, and so sent us a grand day.

Cheers Frank.

Allan Greenwood

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“This book is something the sporting world has needed for years. For any athlete it is an absolute must”

Pete Read (Senior coach with the Association of British Cycling Coaches)

# The 'DO'

December 2nd

## Shap Wells Hotel

Details Wynne Cliffe 01455 202365

Paddock View,  
Frolesworth Rd  
Leire  
Leicestershire  
LE17 5HJ

The junior 'Do' is not yet finalised.  
Juniors can get details from the junior co-ordinator nearer the Autumn date. It will be publicised in the October mag.

# Blazing Saddles

(A beginner's eye view of the Polaris)

by Helene Diamantides



The rolling hills of the Edale Valley.

The Polaris this year took place around the Edale Valley. It is a commercial event, organised for profit. You pays your money ....

First answer these 3 simple questions:

1 Standing in the queue for the toilets at the start of day two on a long event do you:

- (a) Hop anxiously from one foot to the other as you inch painfully from 143rd to 142nd in line?
- (b) Nonchalantly adjust your shades discussing the merits of alloy Vs aluminium?

2 On arrival at the overnight camp do you:

- (a) Disappear into your pit and eat pasta?
- (b) Find a good hill to walk up to get a good reception for your mobile phone?

2 Which bothers you most:

- (a) Your calorific intake?
- (b) Your colour co-ordination?

How did you score?

Mostly A's.... stick to doing the KIMM

Mostly B's.....are you sure I didn't see you on the Polaris?

Not that the event isn't fast, furious and frenzied at the front of the field, it is just that the Polaris is able to accommodate a broader spectrum of abilities and does so without any fuss or condescending to a 'Z' class.

So it was I found myself puffing and grunting up ANOTHER hill with a large lump of metal wondering why I didn't just fling it into the nearest bush and run for the top unencumbered. The answer comes at the summit. The lifeless hunk turns into a flying machine and attempts to rattle the teeth from your head, your eyeballs from your skull and blast your senses with the sheer exhilaration of speed. Attempting to remain in contact with the retaliating machine, now seemingly intent on returning the favour of the abuse, the thrill is addictive.

The Polaris is simply the long score of the KIMM with bikes. However there are more tea shop and pub and chippies options that never exist in the bogs and bleakness of the Karrimor terrain, with many partaking of such civilised options. It certainly doesn't detract from the

day with a much happier and better-fed population chatting at the overnight camp. By definition "Wilderness" is not permitted to bikers and the next best thing turns out to be surprisingly good, hard fun with a high crash and burn potential squeezing the adrenal gland perfectly adequately for my requirements!

The bath chair proportions of my saddle created endless comment as I see (and feel) no need to sit on a razor blade. The mirth diminished as I was one of the few left able to sit down to eat my Wilf's Surprise (another plus over the KIMM as he provides a yummy hot, filling and savoury meal at the

end of the 2 days). Large pink helmets, I also found, are rare. They may be a fashion statement and they may be cheap, but mine was the only one on the whole event ... as was pointed out to me at frequent intervals. In fact this was usually the sequel in the conversation once all the saddle jokes had been exhausted. Therefore other novices take heed - what you wear is obviously more important than what you can do when it is on. Wear black darlings and you'll be fine.

Kit, kit and more kit - you can't have too many branded labels and price IS everything. Unfortunately it is also true that your performance will be partly determined by the depth of your pocket rather than your lungs/legs/navigation ability. A fixed gear cast iron frame will leave you out of the top 50, but more worryingly in Polaris terms, a laughing stock.

I was surprised to meet such a large bunch of hill runners on the event, and made new friends with more outdoor enthusiasts. I will certainly play again ... and soon. Don't be put off by the apparent unfamiliarity of the whole concept, it is a well organised, bone cracking fun day out for the not-so faint hearted....just do it!

## DATE CHANGE - RYDAL ROUND

### Thursday, August 3rd

not 27th July as shown in FRA Calendar. All other details as per FRA Calendar.

Details: Pete Bland Sports

34A Kirkland, Kendal, Cumbria LA9 5AD

Tel: 01539 731012



# Results & Reports



*Yorkshire under 18 gold medallist James Mason of Bingley (main picture) along with Tony Hesketh (top) Ian Powell (middle) and a group on Fairfield (bottom) share their descending techniques. Races - West Nab; Three Peaks, Fairfield. Photographers: Allan Greenwood, Steve Bateson, Peter Hartley.*

## CAFOD GRISEDALE HORSESHOE

Cumbria  
AM/10m/5000ft 4.9.99

A well attended race. Scorching conditions did not allow any records to be broken. Mark Roberts led all the way with team mate Andrew Schofield, taking second place. Many runners suffered with heat exhaustion and dehydration.

Louise Osbourn ran well in the ladies race to finish first lady and thirtieth overall. Eight runners retired.

A big thanks as usual to all who helped to support the race marshals, RAYNET and sponsors, also Lowe Alpine who generously donated prizes.

### Colin Jones

1. M. Roberts	Borr	1.51.30
2. A. Schofield	Borr	1.55.40
3. S. Livesey	Clay	1.58.30
4. N. Sharp	Keswick	2.01.10
5. G. Schofield V	Horw	2.09.40
6. L. Orr	Bow	2.10.15
7. L. Warburton V	Bow	2.10.48
8. M. Davies	Unatt	2.11.25
9. M. Seddon	Gloss	2.12.06
10. W. Sullivan	Unatt	2.13.19

### VETERANS O/40

1. G. Schofield	Horw	2.09.40
2. L. Warburton	Bow	2.10.48
3. T. Houston	Bow	2.15.09
4. K. Delaney	Unatt	2.18.42

### VETERANS O/45

1. L. L'Anson	Borr	2.18.54
2. H. Nicholson	Clay	2.23.06
3. P. O'Hara	Kesw	2.27.20
4. P. Booth	Clay	2.28.07
5. N. Hambrey	Kend	2.31.11

### VETERANS O/50

1. J. Hope	AchR	2.23.50
2. M. Crook	Horw	2.28.22
3. B. Martin	Amble	2.32.29
4. G. Breeze	Skyrac	2.34.54
5. N. Hambrey	Kend	2.31.11

### VETERANS O/55

1. B. Martin	Amble	2.32.29
2. T. Peacock	Clay	2.37.55
3. D. Gibson	Sadd	2.52.25

### VETERANS O/60

1. W. Smith	Clay	2.56.00
2. B. Leathley	Clay	3.01.36
3. K. Gresty	Wesh	3.05.58

### LADIES

1. L. Osbourn	Kesw	2.12.56
2. V. Peacock O/40	Clay	2.30.15
3. D. Thompson O/40	Kesw	2.43.32
4. K. Mather	Sadd	2.47.15
5. W. Dodds O/50	Clay	2.56.45
6. J. Robertshaw	Spec	3.21.03

## FESTIVAL OF SPORT FELL RACES

Cumbria  
BS/3m/787ft 4.9.99

Excellent turnout for both male and female, very hot day. All competitors enjoyed the gruelling event set out by the Leisure Links staff. From the feedback given over the full weekend, we are hoping and looking for record entries next year.

### John McNamee

1. A. Bowness	19.25
2. B. Taylor	21.18
3. D. Allaway	21.36

### LADIES

1. S. Carson	23.27
2. T. Woodford	25.03
3. D. Kitchen	28.23

## BEN NEVIS RACE

Highlands  
AM/10m/4400ft 4.9.99

1. I. Holmes	Bing	1.28.14
2. R. Jebb	Bing	1.28.56
3. S. Booth	Borr	1.31.19
4. J. Davies	Borr	1.32.12
5. G. Bland	Borr	1.32.59
6. J. McQueen	Rhed	1.36.09
7. E. Roberts	Rhed	1.36.29
8. J. Bland	Borr	1.36.56
9. M. Kinch	Bing	1.37.50
10. D. Rodgers	Loch	1.38.04
11. M. Hayman	DkPk	1.39.32
12. D. McNeilly	N'castle	1.41.51
13. S. Jackson	Horw	1.42.15
14. J. Hepburn	Loch	1.42.20
15. R. Gallagher	W'lands	1.42.57
16. M. Holroyd	Borr	1.43.15
17. R. Cant	Loch	1.43.29
18. L. Taggart	Bux	1.43.34
19. S. Hicks	Borr	1.43.46
20. J. Wright	Tod	1.43.57
21. M. Donnelly		1.44.06
22. A. Craig	Loch	1.44.35
23. A. Keith	Unatt	1.44.39
24. S. Bottomley	Eccles	1.44.48
25. J. Stewart	Loch	1.45.18
26. S. Macina	Eccles	1.45.56
27. A. Beaty	CFR	1.46.05
28. G. Gough	Clay	1.46.47
29. S. Fairmaner	Traff	1.47.26
30. D. Duxbury	Amble	1.47.29

### LADIES

1. M. Creber	Carn	1.59.21
2. A. Reid	Loch	2.03.58
3. B. McWade	Clay	2.06.32

### FIRST LADY VETERAN

1. K. Beaty	CFR	2.09.08
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### FIRST VETERAN O/40

1. E. Roberts	Rhed	1.36.29
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### FIRST VETERAN O/50

1. K. Carr	Clay	1.50.07
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## BULLOCK SMITHY

Cheshire  
BL/56m/7000ft 4.9.99

On possibly the hottest weekend in the Bullock Smithy Hike's 24 year history, the traditional anvil was struck by Group Scout leader, Brian Dooley, in Hazel Grove, Stockport, at noon on Saturday 4 September to start one hundred and fifty two runners on the fifty six mile cross country event. The heat in the early stages took its toll with a number of retirements, but in the evening and through the night the conditions were excellent, resulting in a less than average failure rate.

Congratulations to all who completed the route through the Peak District check points at Bow Stones, Chinley, Edale Cross, Edale, Castleton, Peak Forest, Millers Dale, Near Chelmerston, Earl Sterndale, Axe Edge, Cat & Fiddle, Pym's Chair and Moorside returning to Hazel Grove.

The Group Scout Leader, Brian, not only started the event, he then walked in a pair of boots purchased the day before!, and arrived back in Hazel Grove in plenty of time to present the awards and certificates. Well done Brian and thanks to his wife Val for dispensing rice pudding and other goodies at Edale. Our thanks to all the many helpers, over 100 including the ATC, who helped to make the weekend such a success. During the presentations Dave Barry, a BS walker, spoke for a couple of minutes about the Ribbon of Light and presented candles to those assembled.

A record. The ladies record, standing since 1990 was smashed by thirty one minutes by Helen Diamantides, to take the Chinley Trophy. Tony Okell (fastest man) for the second year running, won the Bullock Smithy Trophy. Windgather Trophy for the fastest open team going to Dark Peak Fell Runners.

The fastest scout was Mark Bradbury from the 25<sup>th</sup> Huddersfield to win the Shining Tor Trophy and with fellow scouts, Matthew Dempsey and Matthew Mills, won the Axe Edge Trophy for the fastest scout team. Local scout,

Christopher Lincoln, from 2<sup>nd</sup> Hazel Group Scout Group won the Bullock Smithy Cup. Congratulations to all who completed the course, commiserations to those who had to retire but do not despair, better luck next year!

Next year will be our twenty fifth and we are planning some changes to the route so are marketing the millennium event as 'The New Bullock Smithy' - 2/3 Sep 2000.

### Peter Wood

1. T. Okell	08.45
2. H. Diamantides	09.21
3. M. Hartell	09.35
4. P. Rushworth	11.52
5. S. Jackson	11.56
6. C. Wood	12.43
7. K. Murtagh	12.50
7. M. Cochrane	12.50
7. P. Elliot	12.50
8. J. Matuszewski	13.56
8. R. Hampton	13.56
8. R. Clarke	13.56
8. M. Brown	13.56



Gavin Bland, fifth at the Ben, pictured at Clachnaben. Photo: Ewen Rennie



Richard Shuttleworth, who gained an under 9 place at Bradley, finishes carrying a shoe at Stanbury Photo: Woodhead

## BRADLEY FAMILY DAY FELL RACE North Yorkshire BS/4.5m/675ft 5.9.99

Birthday boy, Colin Shuttleworth, had double reason to celebrate. He chalked up his forty first birthday and clocked up fell race success with another veteran, Ilkley's Robert Hamilton, being his closest challenger.

Runners wilted in temperatures into the late 70s but women's race winner, Helen Johnson of Cononley, just lapped it up. The Ilkley club runner is off to Malaya in the next fortnight to run for her country so she needs all the heat she can get!

Helen bettered Carol Greenwood's two year old record by two seconds in finishing seventh overall.

Victory in three of the four other races went outside the area - Johnny Walker won the under 9s, and then upped and did the under 12s, coming seventh.

1. C. Shuttleworth	Prest	27.10
2. R. Hamilton	Wharf	27.21
3. P. Brannon	Clay	27.31
4. R. Waddington	Sils	27.39
5. C. Miller	H'gate	27.55
6. M. Keegan	Clay	29.04
7. H. Johnson F	Ilkley	29.10
8. R. Grillo	Kghly	29.52
9. J. Wootton	Unatt	30.32
10. N. Bush	G'houses	30.36

### U/17

1. J. Carter	Spenn	26.20
2. M. Cherryholme	Spenn	26.21
3. C. Baxter	Unatt	31.25

### U/14

1. R. Whitaker	Nelson	12.07
2. S. Watson	WMarton	12.32
3. S. Hunn	Skip	12.38

### U/12

1. C. Wetherell	Cowl	05.50
2. J. Walker	Kesw	05.55
3. M. Parker	Cross Hills	06.20
4. J. Darling	Cowl	06.30
5. J. Kelly	Skip	06.35

### U/9

1. J. Walker		04.10
2. E. Thompson		04.30
3. A. Rutherford		04.35
4. R. Shuttleworth		04.40
5. F. Hamilton		04.45

## BARREL INN FELL RACE

### Derbyshire

BS/5.5m/900ft 5.9.99

A very hot eighty degrees with a field of eighty. Eight Kimberworth runners ran the Totley Terminator in the morning, and our fell in the afternoon. Also three runners ran the Chesterfield Half Marathon and our run.

#### John Fox

1. B. Charlton	40.52
2. A. Duceley	43.40
3. J. Chambers	44.02
4. R. Marlon	44.50
5. R. Wilson	44.58

#### FIRST VETERAN O/40

1. K. McGrath	46.59
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#### FIRST VETERAN O/50

1. R. Marlow	47.10
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#### LADIES

1. J. Smith	47.25
2. L. Whittaker	52.10

#### JUNIORS

1. B. McDonald	54.37
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## SHELF MOOR FELL RACE

### Derbyshire

AS/5.9m/1500ft 5.9.99

A very hot day and a congested fixture list resulted in a lower than usual turnout for this years race. However, the Yorkshire contingent ensured that it would be tough for anyone who might have been hoping for a more relaxed outing.

The two Garys, Oldfield and Devine were together at the Shelf Moor trig point. Oldfield got away on the descent to win the race, with Devine finishing thirty eight seconds later, giving him his second victory on the bounce. Nicholas Bassett finished well in third place, improving over is sixth place last year.

Glossopdale local Sally Newman won the ladies trophy with an excellent thirteenth place overall in a time of fifty two minutes and fifty seconds, nearly five minutes ahead of Lisa Lacon in second place.

The team prize was wrapped up very convincingly for Pudsey and Bramley by Boff Whalley, who finished in seventh place. Boff's race entry was snapped up afterwards by one of the organisers in an unlikely item of rock/pop memorabilia. Now, if anyone has any swaps.....

The day was not one for the record book, and times were well down on previous year. Colin Donnelly's record of thirty nine minutes and forty five seconds set in 1989 easily survived its tenth anniversary. The heat was clearly too much for some finishers. The stream next to the finish provided welcome respite from the sun and the opportunity to join members of the creche in watersports.

1. G. Oldfield	P&B	44.06
2. G. Devine	P&B	44.44
3. N. Bassett	Staffs	47.00
4. M. Fowler	Salf	47.23
5. G. Watson	Alt	48.32
6. G. Bergin	Spec	48.46
7. B. Whalley	P&B	50.24
8. S. Burthem	Spec	50.37
9. B. Johnson	Macc	51.40
10. D. Collins V	Tod	52.05

#### VETERANS O/40

1. D. Collins	Tod	52.05
2. S. Wyatt	Penn	52.15
3. K. Bowskill	P'stone	53.00
4. J. Reeve	Kend	53.50
5. C. Gilmour	Ross	54.29

#### VETERANS O/50

1. J. Leary	ManYMCA	62.02
2. A. Stafford	Kend	62.12
3. G. Wilson	Spec	64.15
4. M. Morrison	Gloss	66.47
5. D. Cartwright	P'stone	67.33

#### VETERANS O/60

1. D.O'Leary	ManYMCA	80.04
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#### LADIES

1. S. Newman	Gloss	52.50
2. L. Lacon	Holm	57.40
3. J. Burthem	Warr	59.27
4. K. Forester	Spec	63.59
5. R. Hilton	Macc	67.42
6. A. Jorgensen O/40	Penn	67.55
7. D. Madden O/50	Gloss	70.08
8. A. Lindop O/40	P'stone	72.14

## LARA CHEVIN FELL RACES

### Derbyshire

BS/3m/600ft 7.9.99

Junior International, Daniel Yates, looked so smooth as he ran away from the field on the popular Chevin Hill course in Milford, Derbyshire.

Yates eventually won the Chevin three mile race in eighteen minutes and eleven seconds, just ten seconds ahead of the 1998 Champion, Steven Penney.

#### David Denton

1. D. Yates	Matl	18.11
2. S. Penney	C'field	18.21
3. J. Chambers	NthDerby	19.04
4. J. Selby	Matl	19.11
5. K. Spare	D&CAC	19.15
6. P. Hands	Leic	19.31
7. J. Wainwright	D&CAC	19.58
8. A. Roberts	Derby	20.10
9. A. Metaxax	Matl	20.24
10. D. Corner	L Eaton	20.44

#### VETERANS O/40

1. K. Spare	D&CAC	19.15
2. P. Hands	Leic	19.31
3. P. Pittson	E'wash	21.37
4. N. Lander	E'wash	22.27
5. P. Walters	L Eaton	22.28

#### VETERANS O/50

1. R. Marlow	DkPk	21.27
2. B. Warwick	Derwent	24.33
3. H. Pymm	C'ville	25.00

#### VETERANS O/60

1. B. Howitt	Matl	24.56
2. A. Bourne	Staffs	29.57
3. T. Long	RR	30.03

#### LADIES

1. L. Tomaney	C'wood	23.08
2. L. Pymm	C'ville	23.21
3. R. Heath	C'wood	25.09
4. A. Crouch	C'wood	25.55
5. L. Lohman J	Macc	27.08
6. F. Flavin	Derby	28.18
7. A. Read O/40	Shelton	29.06
8. D. Armstrong	Derby	31.12

#### JUNIORS

1. J. Selby	Matl	19.11
2. C. Young	Matl	20.48
3. L. Lohman	Macc	27.08



Gary Devine, second at Shelf Moor but pictured winning Bouldsworth Photo: Peter Hartley

**HADES HILL RACE**  
Lancashire  
BS/5m/1200ft 9.9.99

1. S. Hawkins	Bing	28.44
2. D. Lewis	Ross	29.00
3. M. Kinch	Bing	30.03
4. G. Patten	P&B	30.57
5. M. Lee	Ross	31.26
6. S. Fairmaner	Traff	32.03
7. N. Hatchard	Ross	32.05
8. D. Keeling	Traff	32.44
9. R. Griffiths V	Holm	32.50
10. A. Maloney	Roch	32.57

**VETERANS O/40**

1. R. Griffiths	Holm	32.50
2. J. Hargreaves	S'port	34.35
3. I. Aitchison	Roch	34.49
4. K. Delaney	Unatt	36.50
5. K. Masser	Ross	36.52

**VETERANS O/45**

1. C. Davies	Sadd	34.28
2. B. Waterhouse	Sadd	34.48
3. A. Ratcliffe	Sadd	35.02
4. D. Beels	Roch	35.13
5. I. Holloway	Roch	36.34

**VETERANS O/50**

1. N. Griffiths	Spec	38.38
2. M. Standring	Roch	40.11
3. M. Sadula	Roch	40.27
4. D. Banks	Mid'ton	41.15
5. B. Grant	Unatt	41.28

**VETERANS O/55**

1. J. Nolan	RR	38.10
2. T. Peacock	Clay	40.05
3. G. Royle	Sadd	40.18

**VETERANS O/60**

1. G. Arnold	Preston	44.21
2. A. Campbell	RR	46.19
3. B. Pycroft	Unatt	47.38

**LADIES**

1. V. Peacock O/45	Clay	35.48
2. L. Whittaker	Sadd	38.18
3. K. Mather	Sadd	39.08
4. K. Rogan U/18	Wharf	39.15
5. G. Cook O/45	Roch	39.24
6. S. Whilde	Roch	39.28
7. J. Rawlinson O/45	Ross	41.04
8. C. Ashton	Unatt	41.43

**JUNIORS U/18**

1. L. Leishman	Ross	37.32
2. I. Harvey	Tod	40.31
3. A. Godwin	Ross	41.21

**HODDER VALLEY SHOW  
FELL RACE**  
Lancashire  
BM/6.5m/800ft 11.9.99

This year's Hodder Valley Show Fell Race from the picturesque village of Slaidburn was very well attended with one hundred and thirty nine finishers out of one hundred and forty one.

This year's winner, in what will go down as a record time of forty seven minutes and forty one seconds, was International runner Dave Lewis, showing that he can do the business on the fells too.

The winner of the Ladies race was Gill Robinson in a time of sixty four minutes and twenty seconds. Jill was also first lady over forty.

Thanks to all the marshals for turning out, and giving up their time and opportunity to race. Also thanks to the local landowners for allowing the race to cross their land.

Next year's race is from Dunsop Bridge, we hope to put on something special for the Millennium Show, so see you all there - FRA Calendar for details.

*Alex Livesey*

1. D. Lewis	Ross	47.41
2. C. Roberts	Kend	49.21
3. S. Scott	NFR	51.14
4. A. Black	Clay	51.17
5. W. Sullivan	Clay	51.28
6. S. Sweeney	Bow	51.39
7. I. Greenwood	Clay	52.52
8. J. Wright	Tod	53.20
9. G. Cunliffe V	Clay	53.36
10. P. Taylor V	Ross	53.45

**VETERANS O/40**

1. G. Cunliffe	Clay	53.36
2. P. Taylor	Ross	53.45
3. R. Griffiths	Holm	53.50
4. N. Holding	W.Penn	57.03
5. D. Collins	Unatt	57.09

**VETERANS O/50**

1. B. Schofield	Tod	55.51
2. Bramham	Kly&C	59.03
3. A. Mellor	Tod	60.44
4. N. Bush	Wharf	61.26
5. B. Barlow	Tod	64.32

**VETERANS O/60**

1. A. Shaw	Tod	64.00
2. J. Dearden	Helsby	67.59
3. B. Smith	Clay	70.43

**LADIES**

1. J. Robinson O/40	Garstang	64.20
2. B. McWade	Clay	65.02
3. A. Rees O/40	Tod	65.16
4. A. Martin	Clay	66.51
5. A. Smith	Clay	69.05
6. K. Taylor O/40	Ross	69.16
7. K. Thompson O/40	Clay	69.23
8. L. Richardson	B'burn	70.9

**CHELMORTON CHASE**  
Derbyshire  
BS/5m/1000ft 11.9.99

1. R. Crossland	B&A	35.34
2. P. Clapham	Unatt	35.56
3. D. Tait	DkPk	37.19
4. A. Brentnall	Penn	37.26
5. C. Speight	Kend	37.46
6. A. Rowfree	Unatt	38.47
7. J. Coates	RR	38.53
8. S. Wyatt	Penn	39.05
9. P. Leech	DkPk	39.13
10. E. Batt	Bux	40.316

**LADIES**

1. P. Leech	DkPk	39.13
2. E. Batt	Bux	40.16
3. J. Phizackelea	Bux	44.34
4. A. Brentnall O/35	Penn	48.26
5. S. Taylor	Cheadle	53.05

**PENGWELY ROUND THE  
RESERVOIRS**  
Shropshire  
CM/6m/700ft 11.9.99

Good day for weather, kinder than in 1998. The entry slightly down owing to other events on same weekend all fairly local. See you all in the Millennium.

*Doug M*

1. R. Edwards	Bangor	38.40
2. J. Rogers	Bristol	39.48
3. H. Jones	W'pool	40.10
4. S. Bellis V	Wrex	40.22
5. G. Norgrove	Wrex	42.00
6. T. Rogers	Unatt	42.07
7. G. Manson V	OswOly	42.36
8. N. Jones V	Shrews	43.47
9. I. Hayes	Eryri	43.51
10. M. Cortvriend V	Macc	44.24

**VETERANS O/40**

1. S. Bellis	Wrex	40.22
2. N. Jones	Shrews	43.47
3. D. Jenkins	FRA	46.01
4. M. Cook	ShropSh	50.46

**VETERANS O/45**

1. G. Manson	OswOly	42.36
2. M. Cortvriend	Macc	44.24
3. D. Owen	ShropSh	45.46

**VETERANS O/50**

1. L. Stephenson	Kend	45.56
2. R. Frost	Wrex	46.41
3. D. Ormerod	MDC	47.01

**VETERANS O/55**

1. B. Jackson	BrodiSyn	48.44
2. J. Buckley	W.Brom	63.55

**VETERANS O/60**

1. P. Norman	Wrex	48.50
2. K. Mathews	Shrews	52.04

**LADIES**

1. W. Walton	ShropSh	46.39
2. E. Teece	Telf	48.38
3. T. Turner	Unatt	49.27

**JUNIOR LADY**

1. L. Lohman	Macc	57.46
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**CREG-NY-BAA FELL RACE**  
Isle of Man  
AM/10m/2700ft 11.9.99

Island Fell Champion, Tony Rowley, brought the curtain down on the 1999 Isle of Man fell running season, with victory in the Creg-Ny-Baa race, so enabling him to retain his title. Conditions for the ten mile race were quite frankly dreadful, dense thick mist, accompanied by the frequent onslaught of heavy showers. Full credit therefore to all those hardy souls who competed the distance. It soon became clear after the first climb of Snaefell that the Onchan Man was in no mood to hang around, quickly opening up a comfortable lead over the chasing field. Despite the continued bad weather, there was no stopping Rowley as he eventually came home over five minutes clear.

The runner up spot went to Phil Cain, the forty three year old postman, shaking off the challenge from visiting athlete, Kendal's John Quine and fellow veteran Dave Young.

Congratulations must go to Lonan's Rose Hooton who, like Cain, claimed her first ever Manx Fell crown.

*Philip Cain*

1. T. Rowley	MFR	1.20.28
2. P. Cain	NAC	1.25.42
3. J. Quine	Kend	1.26.10
4. D. Young O/40	MFR	1.26.14
5. I. Ronan	MFR	1.29.57
6. R. Moughtin O/40	WAC	1.34.42
7. D. Corrin O/50	MH	1.38.16
8. A. Postlethwaite O/50	NAC	1.38.19
9. A. Bagley O/40	MH	1.41.36
10. R. Callister O/50	MFR	1.48.23

**FIRST VETERAN O/60**

1. I. Chrystal	MFR	1.57.32
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**FIRST LADY**

1. R. Hooton	NAC	1.51.11
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Vanessa Peacock, Ladies winner at Hades Hill Photo: Peter Hartley

## LAKE DISTRICT MOUNTAIN TRIAL

### Cumbria

#### O/20m/8000ft O/14m/5500ft

### 12.9.99

This year's Lake District Mountain Trial was the first with a new sponsor - The Climbers Shop - Ambleside. Start and finish for the three courses was the Grasmere Sports Field. A marked route led to Silver Howe where course details were revealed. In addition to the two classic courses for men and women, last year's experimental Open Trial for novices and veterans was retained. The courses covered a good variety of terrain, the savagery of Nethermost Cove contrasting with the gentle grassy descent from Fairfield. While the womens and open courses were about the expected length, the planner's desire to give value for money perhaps resulted in a slightly overlong course for the men. The fact that it was only eighteen miles straight line proves that straight line distances mean little.

Route choices presented themselves immediately, with some going below Blindarn Moss (Joss Naylor), some returning to Grasmere and Easedale and the leaders staying high over Silver Howe. Then for the Women and Open over Calf Crag or more direct by Far Easedale and Greenburn. Surely Calf Crag is better. The final stage from Deepdale or Link Cove was also crucial: Martin Stone (open course) finding what looks a good traverse line below Great Rigg. Sue Parkin had a runaway win - her seventh Womens Trial victory.

For the men there was a superb tussle between Gavin Bland and Andrew Davies. Not much in it to Dunmail, except that Gavin gained a bit by going down into Langstrath immediately on leg 2/3. His over the top route to Nethermost was clearly better (for him!), and they were almost together at the checkpoint. Andrew's round-the-coves route to Link Cove gained him back eight minutes over Gavin's Fairfield route. The rest is history and we were treated to the most exciting finish for several years.

The finish for all courses from Alcock Tarn to the sports field via the guides race route provided good spectacular interest.

Instigator of the Open course, Chris Brasher, supplied prizes for men and women under 21's and veterans. The Open course was as for the Womens, but missing control four - Link Cove.

*Dick Courchee & Tony Richardson*

#### MENS COURSE

1. G. Bland	Borr	4.42.43
2. A. Davies	Borr	4.46.28
3. A. Schofield	Borr	5.01.14
4. J. Smallwood	Unatt	5.18.21
5. N. Bunn	TVOC	5.31.11
6. L. Warburton O/40	Bow	5.35.56
7. A. Powell	P&B	5.39.04
8. A. Miller O/40	Kend	5.39.08
9. S. Birkinshaw	WCOC	5.39.59
10. R. Woods	DkPk	5.47.04

#### OPEN COURSE

1. P. Edgerton	Rucsac	3.22.21
2. M. Stone	Unatt	3.53.20
3. B. Martin	Amble	4.06.54
4. J. Armistead	DkPk	4.21.00
5. D. Pasley	DkPk	4.23.48
6. A. Kitchener	Unatt	4.26.20
7. A. Lowe	Chor	4.32.14
8. M. Cudahy	Unatt	4.35.19
9. E. Swift	Horw	4.43.06
10. P. Hamilton	Kesw	4.43.07

#### WOMENS COURSE

1. S. Parkin	Kend	3.57.54
2. E. Moody	WCOC	4.28.52
3. S. Chaffey	DVO	4.37.43
4. M. Edgerton	Unatt	4.38.32
5. W. Dodds	Clay	4.42.55
6. J. Ligema	LOC	4.47.10
7. I. Blunk	Rucsac	4.47.34
8. C. McNeill	Amble	4.48.33

## HOLLINGSLOUGH FELL RACE

### Derbyshire

#### BS/4m/700ft 12.9.99

In contrast to the gentler rolling hills surrounding Hollingsclough, Chrome Hill is a jagged spike of limestone which draws increasing numbers of fell runners from near and far to battle up the rugged path to its imposing summit. The race commences from the Sheepdog Trials showground, and this year right from the start, eighteen year old Daniel Yates charged ahead of the field, opening up a substantial lead within the first half mile. He later explained that he was trying to burn out the chasing pack, but his brave attempt failed with a clutch of more experienced runners pulling him back before the top of Chrome Hill. Lloyd Taggart finished very strongly over a minute ahead of Dale Gartley who outsprinted Andy Whittingham to the line while Nick Bassett in fourth place might have done even better had he not tried to find a more direct downward route (vertical?!). The dry conditions ensured records in both male and female categories, Liz Batt being pushed by Lisa Lacon into breaking her previous record by over a minute. Meanwhile the regular diehards are praying for a return to the thick boggy conditions of previous years!

#### Martin Cortvriend

1. L. Taggart	Bux	28.19
2. D. Gartley		29.29
3. A. Whittingham	Bux	29.32
4. N. Bassett	Staffs	29.47
5. G. Morson O/40	Bux	30.08
6. D. Yates	Matl	31.00
7. M. Beecher O/40	Bux	31.06
8. A. Metaxas	Matl	31.08
9. I. Warhurst O/40	Penn	31.09
10. C. Fray O/40	Penn	31.16

#### VETERANS O/50

1. G. Revell	Brad	36.23
2. R. Campbell	Chead	40.37
3. M. Edwards	Burton	40.39

#### VETERANS O/60

1. B. Howitt	Matl	38.59
2. P. Grundy	Bux	41.57
3. A. Bourne	Staffs	49.25

#### LADIES

1. E. Batt	Bux	33.28
2. L. Lacon	Holm	33.39
3. J. Phizacklea	Bux	37.07
4. D. Madden O/50	Gloss	42.15
5. J. Morson O/40	Bux	44.44
6. Y. Morson	Bux	45.10
7. C. Fordham	Ivanhoe	45.23

#### JUNIORS U/16

1. M. Hudson	Goyt	33.00
2. N. Morson	Bux	36.31
3. L. Orritt F	Bux	49.59

## LYON EQUIPMENT

### WHERNSIDE FELL RACE

#### North Yorkshire

#### AM/11.6/3000ft 12.9.99

Beautiful weather on the day was only marred by the low turnout - eighty two started with last years winner, Paul Sheard, again always in the leading group. Paul came home to win for the second year running in a new course record. Second place man, G.Patten, also came in under the old record.

Former joint winners, Gary and Steve Oldfield, yet again had an excellent run coming third and fourth respectively.

Pudsey and Bramley took the team prize, packing eight out of the first ten places. The organisers can state now that this race will revert to its old tried and trusted date of the last Sunday in September.

#### Colin Gardner

1. P. Sheard	P&B	1.27.26
2. G. Patten	P&B	1.28.01
3. G. Oldfield	P&B	1.29.36
4. S. Oldfield V	BradAire	1.30.30
5. S. Neil	P&B	1.34.04
6. G. Devine	P&B	1.34.14
7. S. Green	P&B	1.35.06
8. G. Ayers	CFR	1.36.02
9. J. Deegan	P&B	1.36.15
10. J. Hemsley	P&B	1.36.26

#### VETERANS O/40

1. S. Oldfield	BradAire	1.30.30
2. T. Taylor	Ross	1.44.42
3. P. Tuson	Kend	1.46.31
4. J. Griffin	Unatt	1.51.22
5. J. Fisher	Howg	1.53.55

#### VETERANS O/45

1. J. Winder	CalderV	1.43.36
2. H. Nicholson	Clay	1.48.08
3. V. Peacock	Clay	1.48.08

#### VETERANS O/50

1. J. Coulson	H'gate	1.43.30
2. K. Taylor	Ross	1.47.15
3. G. Howard	Ilkley	1.49.34
4. J. Hoffman	BradAire	1.51.30
5. G. Houghton	CalderV	1.52.21

#### LADIES

1. H. Bransby	Unatt	2.09.58
2. S. Jollie	Eccles	2.26.27
3. S. Perry	CFR	2.35.04
4. R. Duncan	Unatt	2.35.53

## YORKSHIREMAN OFF ROAD MARATHON

### West Yorkshire

#### CL/26m/3000ft 12.9.99

#### MALE INDIVIDUALS

1. A. Meskimmon	3.24.32
2. S. Shoesmith	3.28.42
3. F. Makin	3.34.22
4. N. Rickard	3.38.13
5. J. Marsh	3.38.21
6. M. Wittering	3.43.19
7. E. Cusack	3.47.54
8. M. Springer	3.48.49
9. G. Williams	3.55.57
10. R. Burton	3.58.18

#### FEMALE INDIVIDUALS

1. J. Orritt	4.29.13
2. S. Finnerty	4.37.48
3. G. Markham	4.40.55
4. F. McArthur	4.41.31
5. S. Wade	5.38.41
6. J. Koman	6.22.27
7. E. Parker	8.07.49
8. M. D'Souza	9.14.10

#### MALE PAIRS

1. Shuttleworth/Nixon	3.37.08
2. Sykes/Harbisher	3.37.40
3. Grant/Healey	3.43.41
4. Atkinson/Boynton	3.43.54
5. McArthur/Hill	3.47.44
6. Beasley/Ferris	3.55.16
7. Thompson/Helliwell	3.56.22
8. Duxbury/Richardson	3.58.18
9. Ely/Harland	3.58.53
10. O'Callaghan/Hurn	4.00.15

#### MIXED PAIRS

1. Green/Dennison	3.44.14
2. Hesketh/Jones	3.59.00
3. Baxter/Baxter	4.14.11
4. Watson/Mannion	4.28.16
5. Wright/Watson	4.29.35
6. Cook/Atkinson	4.31.11
7. Croasdell/Hayles	4.32.00
8. Greenwood/Beaconsall	4.38.00
9. Fryer/Crabtree	4.39.55
10. Sharples/Barrett	4.40.11

#### FEMALE PAIRS

1. Kent/Harley	3.56.43
2. Kaiser/Wilde	4.05.20
3. Green/Smith	4.09.50
4. Newman/Glover	4.17.10
5. Gooch/Liuba	4.32.57
6. Bletcherwick/Slight	4.33.46
7. Lawton/Molyneux	5.08.51
8. Burnell/Didcock	5.23.22

## LOW FELL Cumbria AS/2.5m/900ft 16.9.99

This race forms part of the annual Loweswater Show, a traditional Lakeland agricultural show, which is very well supported by both the local community – the village school being given the day off. The race has a fast start and finish over country lanes and fields with a steep climb through bracken and heather to the summit of Low Fell. Rain in the morning resulted in slippery conditions underfoot, particularly on the descent, and in general times were slower than last year.

*Lyn Thompson*

1. J. Bland	Borr	19.53
2. R. Lawrence	Bing	21.08
3. S. Savage	Amble	21.20
4. J. Archbold	CFR	22.04
5. C. Taylor	Merc	22.19
6. A. Life	Clay	22.31
7. M. Litt V	CFR	22.34
8. A. Brand-Barker	Kesw	23.14
9. J. Slater	WCOC	23.16
10. C. Flower	Unatt	23.23

### VETERANS O/40

1. W. Rawling	Derwent	25.08
2. S. Kempt	Kesw	25.13
3. W. Harrison	CFR	25.20

### VETERANS O/45

1. M. Richardson	Amble	23.25
2. I. Block	CFR	23.39
3. S. Butler	W'field	24.44

### VETERANS O/50

1. M. Litt	CFR	22.34
2. J. Knox	Teviot	23.57
3. D. Bridge	Borr	25.05

### VETERANS O/55

1. B. Johnson	CFR	29.36
2. J. Knox	C'mouth	32.36

### LADIES

1. A. Brand-Barker	Kesw	23.14
2. D. Thompson O/40	Kesw	28.22
3. M. Bridge O/50	Kesw	30.25

## THREE SHIRES RACE Cumbria AL/12m/4000ft 18.9.99

Bad weather forecast : good turnout : classic race. Jim and Andrew Davies finished well clear of the field in conditions which were not as bad as they were supposed to be. So the 'Three Shires' good weather record goes on!

First 'non-baldy' was Nick Sharp and Cumberland Fell Runners won the team prize on countback.

As we now have more veterans than seniors in the race, next year we will have a veterans team prize. Willy Bell finished a couple of minutes clear of Richard Crossland and Allan Miller for the individual prize. Nicola Davies got in front of Jenny Rae on the descent of Blisco to win the Womens Race.

There were not many juniors but they all ran well and took a race mug home for their trouble.

*Selwyn*

1. J. Davies	Borr	1.51.30
2. A. Davies	Borr	1.51.40
3. N. Sharp	Kesw	1.56.49
4. A. Kitchen	L'ston	2.01.07
5. M. Amor	CFR	2.02.25
6. D. Duxbury	Amble	2.02.40
7. J. Hunt	CFR	2.03.22
8. W. Bell V	CFR	2.03.40
9. D. Nuttall	Clay	2.03.54
10. P. Singleton	Amble	2.03.57

### VETERANS O/50

1. J. Hope	AchRat	2.15.25
2. J. Nuttall	Clay	2.18.29
3. R. Futrell	Holm	2.25.17
4. G. Breeze	Skyrac	2.27.06
5. T. Peacock	Clay	2.27.38

### VETERANS O/60

1. K. Gresty	Wesh	2.56.14
2. P. Knott	B'pool	3.04.17
3. L. Pollard	AchRat	3.05.21



*Steve Oldfield, winner at Widdale, pictured at the Ian Roberts Relay Photo: Allan Greenwood*

### LADIES

1. N. Davies	Borr	2.14.29
2. J. Rae	Amble	2.20.19
3. L. Osborn	Kesw	2.27.17
4. K. Beatty V	CFR	2.29.42
5. T. Ambler	P&B	2.29.53
6. S. Ratcliffe V	Sadd	2.30.03
7. L. Cowell	Kesw	2.36.31
8. S. Clough	Amble	2.37.56

## WIDDALE FELL END Cumbria AS/4m/1540ft 18.9.99

1. S. Oldfield	BfdAire	33.47
2. S. Livesey	Clay	35.03
3. M. Walsh	Kend	36.28
4. G. Moffat	Howg	37.21
5. C. Seddon	Horw	38.44
6. A. Sheard	Sett	39.49
7. F. Livesey	Howg	40.48
8. P. Brittleton	Howg	41.45
9. A. Haynes	Kend	42.03
10. J. Fisher	Howg	42.39

### FIRST VETERAN O/50

1. P. Jackson	Tod	44.12
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### LADIES

1. P. Oldfield	BradAire	46.58
2. J. Hindle	Clay	51.44

## SIMONSDALE FELL RACE Northumberland BM/6.75m/1200ft 18.9.99

In spite of the advent of the quad bike, Coquetdale is still producing its own heroes. Neil Dunn, Brian Robson and David Milburn have been up there with some of the best fell runners in the north, but in the history of the race we have never had a local placed, until this year with twenty one year old Daniel Wood at third!

Saltwell have been great supporters of our race and it was good to see their John Larkin as a deserved winner. John was leading the field to the Top Road, but coming up to the summit crags, Andy Green pipped him to the top. Paul Taylor a veteran, had been number two most of the ascent and was still third at the summit. As always the courage needed for a fast descent adds a new factor to the race. By Little Church, Andy was in the lead with Daniel Wood, the new local hero asserting himself as second. John and Paul were still very much in contention. By Great Tossion the race was decided as

John took the lead to the finish with Andy and Daniel second and third. Paul had run a powerful race to finish first veteran and fourth overall.

The first women Karen Robertson was a creditable winner at 22<sup>nd</sup> overall! She maintained this position throughout the race. Alison Raw also had a constant position and although she kept Karen in her sights she could not close the gap. Further down the field a private womens race was going on for third place. This was between Susan Milburn, Sian Porteous and Marian Fletcher, but it was Jane Saul that carried the day. Eileen Armstrong deserves a special mention as not only our very first women veteran over sixty ever to run, but in an excellent time of sixty four minutes and fifty three seconds.

The running legend Martin Hyman is a much valued supporter of the Simonside and usually brings some surprising protage from Livingston. This year it was a spectacular winner of the under 16's race, Iain Donnan, a lad with a great future ahead of him.

In spite of the dire forecast we had another great race which was the centre point of Throptons great show.

*Ian Webb*

1. J. Larkin	Salt	44.26
2. A. Green	Tyne	44.58
3. D. Wood	Unatt	45.18
4. P. Taylor O/40	Sunder	45.57
5. J. Blackett	Mand	46.03
6. I. Twaddle	N.Shlds	46.26
7. P. Gaines	Tyne	47.12
8. M. Broadhurst O/40	Tyne	47.34
9. P. Milburn O/40	NewAyc	47.50
10. B. Johnson	CalderV	47.57

### VETERANS O/50

1. B. Lowdon	NFR	61.58
2. P. Lancaster	N.Shlds	53.50
3. D. Cockburn	Morp	56.17
4. W. Campbell	NFR	56.31
5. R. Hayes	NFR	57.47

### LADIES

1. K. Robertson	NFR	51.19
2. A. Raw	Darl	52.29
3. J. Saul	NFR	60.58
4. S. Milburn O/40	NewAyc	61.58
5. S. Porteous	Morp	62.10
6. M. Fletcher O/40	Unatt	62.22
7. B. Renwick	Saltwell	64.45
8. E. Armstrong	Blay	64.53

### INTERMEDIATES U/18

1. A. Wilson	Unatt	53.49
2. T. Burden	Unatt	56.12
3. Alex Watson	Unatt	62.06

### SHORT COURSE - BOYS U/16

1. I. Donnan	L'ston	44.10
2. P. Larkin	G'head	56.24
3. J. Wilson	Unatt	58.30
4. A. Cann	NFR	58.39
5. J. Hunter	Aln	64.43

### SHORT COURSE - GIRLS U/16

1. L. Hamilton	Unatt	95.02
2. A. Porteous	Morp	95.08

## LANTERN PIKE FELL RACE

### Derbyshire

#### BS/5m/1050ft 18.9.99

Once again two hundred runners gathered at the annual Hayfield Sheep Dog Trials and Show and with wrist watches clicking into action the race scampered out of the arena, down the field and through the wasp swamp, crossed the road and settled into the long climb up the road hill – this is where the race tends to get sorted out. With a good battle for the lead taking place the view from the arena is of a long procession of colours strung out for the whole length of the hill. We next see the race stretch along the skyline with reports of a 'Pennine' rest in the lead, but who? Other names follow, Simon Fairmanner, Stephen Penny, Dale Gartley: but who is leading? – as they disappear past the wood and round the back of 'the Pike' the elastic band of runners is stretching over the skyline, will we see both leaders and tailenders at the same time?

Not to be, as the last group having their own tussle disappear, the leader pops over the top – who will it be? Its still Pennine, but who? With the finish set up and officials in place I rush over to the last gate, I see the Pennine West still in the lead, as they get closer the shouts and cheers are for Phil Winkill, in what I believe is his first fell race victory.

Thanks to the landowners, marshals and helpers. Year 2000 race is on Saturday 23 September 3 00 p.m.. Juniors 2 00 p.m.

Mel

1. P. Winkill	Penn	33.19
2. S. Penny	C'field	33.28
3. S. Fairmanner	Traff	33.59
4. M. Leigh	Alt	34.10
5. D. Gartley		34.35
6. G. Morson	Bux	34.41
7. R. Griffiths O/40	Holm	34.58
8. D. Yates	Matl	35.06
9. A. Wittingham	Bux	35.12
10. G. Davies	Salf	35.13

#### FIRST VETERAN O/40

1. R. Griffiths	Holm	34.58
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#### FIRST VETERAN O/45

1. G. Morson	Bux	34.41
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#### FIRST VETERAN O/50

1. A. Brentnall	Penn	37.53
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#### FIRST VETERAN O/55

1. J. Hewitt	Barns	43.00
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#### FIRST VETERAN O/60

1. B. Hewitt		45.30
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#### LADIES

1. E. McGuire	Stock	38.22
2. P. Leach	DkPk	38.51
3. K. Drake	Spenn	40.30

#### JUNIORS

1. A. Marr	Wirral	13.38
2. J. Crook	Wirral	14.18
3. N. Morson	Bux	14.52

## DALEHEAD RACE

### Cumbria

#### AS/4.5m/2210ft 19.9.99

Despite the awful weather there was still a good turnout of runners and excellent runs by Nicola & Ben together with Jon & Scoff meant a clean sweep by Borrowdale Fell Runners on home territory. Thanks to everyone who turned up and those who helped in any way. See you next year.

Billy & Ann Bland

1. B. Bardsley	Borr	43.58
2. J. Bland	Borr	45.40
3. A. Schofield	Borr	46.30
4. D. Troman	Kesw	47.04
5. N. Sharp	Kesw	47.34
6. S. Jackson V	Horw	49.54
7. S. Collett	Borr	50.17
8. M. Melvor	Kesw	50.24
9. S. Hicks	Borr	50.48
10. A. Kitchen	L'ston	52.04

#### VETERANS O/40

1. S. Jackson	Horw	49.54
2. A. Beaty	CFR	52.20
3. D. Allen	DkPk	53.06
4. C. Speight	Kend	53.49
5. R. James	CFR	54.18

#### VETERANS O/50

1. D. Spedding	Kesw	56.15
2. M. Litt	CFR	57.29
3. D. Milligan	Solway	57.57
4. D. Bridge	Borr	60.56
5. I. Charlton	Kesw	61.11

#### VETERANS O/60

1. K. Gresty	Wesh	72.05
2. H. Blenkinsop	Kesw	91.27

#### LADIES

1. N. Davies O/40	Borr	56.30
2. L. Osborn	Kesw	60.17
3. K. Beaty O/40	CFR	66.36
4. K. Hoffman	Unatt	70.09
5. L. Back	Kend	70.51
6. S. Leyland O/40	Unatt	73.08
7. M. Bridge O/50	Kesw	77.38
8. D. Madden O/50	Gloss	83.33

#### INTERMEDIATES U/18

1. B. Marsh	Teviot	66.08
2. W. Clark	Grasmere	67.37

## PASSING CLOUDS FELL RACE

### Staffordshire

#### BM/9m/1800ft 19.9.99

The morning of the race started wet and miserable and got progressively worse. Despite the weather there was an increase in entries – eighty five runners taking part.

Dave Neill and Barry Charlton set the early pace with Charlton fading after three miles to allow Neill to pull away. Lloyd Taggart was able to overhaul Charlton to take second place. Phil Bratby was first veteran over fifty finisher for the third year in a row.

There was a new course record in the ladies' race with Christine Cresswell finishing well clear of last years winner, Joanne Phizacklea.

Host club Staffordshire Moorlands AC won the men's team event with Buxton taking the ladies team award.

Thanks to Barry and Teena at the Winking Man for providing facilities for entries and the presentation.

Special thanks to all the marshals and helpers who endured the foul weather throughout the race.

#### N.Heath

1. D. Neill O/40	Merc	1.06.44
2. L. Taggart	Bux	1.10.23
3. B. Charlton	Merc	1.12.23
4. N. Bassett	Staffs	1.13.38
5. S. Barlow	ManYMCA	1.14.31
6. K. Webster	Matl	1.14.46
7. A. Carruthers	Crawl	1.14.46
8. B. Willis O/40	Roy's	1.14.48
9. C. Fray O/40	Penn	1.17.14
10. B. Carr	Cong	1.17.29

#### VETERANS O/50

1. P. Bratby	Cong	1.18.42
2. T. Hulme	Penn	1.19.41
3. R. Marlow	DkPk	1.21.26

#### LADIES

1. C. Cresswell	Nott	1.26.15
2. J. Phizacklea	Bux	1.29.40
3. R. Cole	Bux	1.31.13
4. H. Bloor O/40	DkPk	1.32.55
5. J. Gardner	Bux	1.40.36

#### FIRST LADY O/50

1. E. Brown	Warr	2.05.52
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## SANDSTONE TRAIL RACES

### Cheshire

#### RaceA CL/16.5m/1750ft RaceB CM/9.5m/950ft 19.9.99

Even at 9.45 a.m. on the morning of the race, people were telling me that it never rained actually during the race and as I walked up to start the 'A'Race, I could have been convinced it was going to brighten up. Not so! Things started wet and got wetter. From the comments and enthusiasm of many of you I can only assume it was more fun running the race this year than trying to produce results. As my printer went up in smoke and we reverted to the manual system, my stress levels were rocketing. At this point I must apologise to members of Helsby AC and Vale Royal. I was determined that prize-giving should still take place at reasonable time on the day and, in the 'B' race, failed to notice that the first three home from Vale Royal pipped Helsby by a little minute – thus Helsby AC were

wrongly announced as 'B race' team winners on the day and Vale Royal were denied their moment of glory.

This was not a year for records; the undergrowth on the first few miles of the A Race route got a second life about three weeks before the race and conditions underfoot were progressively harder for everyone. Nevertheless, there were some excellent performances and some close fought competition in both races. The leading group of four through Beeston had split up just a little by the time they reached Rock Farm, Mathew Lynas from Thames Hare and Hounds had a six second lead over Philip Nichol but it was not enough and Philip finished strongly, thirty four second ahead, in a time of one hour fifty two seconds and thirty four minutes. In the over fifty category, Neville Griffiths was tussling with Brian Russell but couldn't quite match the pace and finished just under two minutes down. Tattenhall provided both lady and lady veteran winners, Sarah Hammond and Sandra Owen respectively, and neither looked threatened.

In the B Race, two people broke the hour which is particularly good in the conditions. For the Over 40 category, Geoff Rawlinson had traded down from the A Race this year, but there are probably a few who wished he hadn't as positions 6,7,8,9 and 10 were all over forty and were having a fine battle. In the ladies, Heather Johnson was initially right up there with Birgit Eyke challenging for first lady but slipped back a little to finish just over a minute down.

On the day, I kept the presentations as short as possible due to the weather but I would like to record here the efforts of the many many people who help to make this race possible and to offer them thanks on your behalf. Mr Bennett who provides the B Race parking, Mr Ryder who provides the B Race start, moves stock and turns off the electric fences! The National Trust at Beeston Castle and on Bickerton (Dave Morris) for removal of the gates, three police forces who provide manpower for the A-road crossings, Raynet and St John for our safety systems, around fifty members of Deeside for all the support jobs on the day, Chester County Council and Forest Enterprise for facilities at the finish.....even now I have probably forgotten a few.

Mark Hartell

#### - A RACE

1. P. Nichol	Alt	1.52.34
2. M. Lynas	TH&H	1.53.06
3. M. Hinson	Hels	1.53.30
4. P. Frodsham O/40	Hels	1.54.23
5. S. Burthem	Spec	2.00.46
6. J. Norgrove	Wrex	2.02.02
7. A. Gething	Dees	2.03.56
8. I. Lancaster O/40	Tatten	2.04.30
9. P. Thornton O/40	K'minster	2.04.47
10. A. Clague	W.Chesh	2.05.065

#### VETERANS O/50

1. B. Russell	Tipton	2.08.05
2. N. Griffiths	Spec	2.09.57
3. M. Whiteside	Hels	2.14.28
4. T. Burke	PLS	2.16.11
5. B. Hastings	W.Chesh	2.23.26

#### LADIES

1. S. Hammond	Tatten	2.17.05
2. R. Isaacs	Pensby	2.21.03
3. S. Owen O/40	Tatten	2.29.03
4. J. Jackson	Warr	2.38.22
5. A. Pritchard O/40	Spec	2.44.41
6. E. Corbett O/40	Unatt	2.46.04
7. L. Arrowsmith O/40	Tatten	2.48.37
8. J. Searle O/40	Unatt	2.52.16

#### - B RACE

1. J. Duncan	Warrior	0.58.42
2. M. Crosby	Alt	0.59.23
3. G. Rawlinson O/40	Warr	1.01.07
4. J. Kettle	ValeRoy	1.02.35
5. J. Edwards	Alt	1.03.07
6. M. Jones O/40	HercWim	1.03.13
7. R. Wood O/40	Hels	1.03.39
8. P. Maher O/40		1.04.26
9. R. Stradling	Hels	1.06.02
10. M. Walker O/40	Hels	1.06.02

#### VETERANS O/50

1. M. Griffin	Tatten	1.08.50
2. J. Dobie	Pemb	1.09.14
3. F. McHale	Tatten	1.12.08
4. L. Crawley	Warr	1.14.07
5. G. Large	N.Vets	1.14.44

#### LADIES

1. B. Eyke	Alt	1.20.07
2. H. Johnson O/40	Alt	1.21.20
3. S. Ellis	Tatten	1.23.43
4. R. Bailey O/40	Tatten	1.23.44
5. L. Dobson	Hels	1.26.08
6. C. Hill	Dees	1.27.17
7. K. Proctor O/40	Unatt	1.30.19
8. A. Talbot	Osw	1.31.28

## BLACK MOUNTAINS

Gwent

AL/17m/5200ft 25.9.99

The usual hectic registration saw myself running in the race on time with help from Mrs Rick Ansell and John Sweeting with computer. Past winner Julian Bass likes the race so much that he won again. Second place Ifor Powell getting fit for the forthcoming Karrimor. First veteran Adrian Orringe was third, followed by first lady Helen Diamantides who I think could break the ladies record. Yiannis Tridimas won again the over fifties' prize and our own Cledwyn Jones with 'ice axe' won the over sixties. Unlimited tea and biscuits for afters dished out by Sue, Marisa and Nan, topped up by drinks at the 'Red Lion' Inn. Thanks again to all the marshals and other helpers. I will have to take on board more water next year.

*Out of Steam - Puffing Billy (W J Darby)*

1. J. Bass	FofD	2.41.40
2. I. Powell	W'bury	2.44.10
3. A. Orringe O/40	MDC	2.52.25
4. H. Diamantides	Carn	2.55.33
5. J. Whitaker	Eryri	2.58.09
6. A. Duncan O/40	Bowl	2.58.34
7. C. Kelsey O/40	Wells	2.59.02
8. P. James	MDC	2.59.40
9. J. Darby O/40	MDC	2.59.50
10. R. Ansell	DkPk	3.00.17

### FIRST VETERAN O/50

1. Y. Tridimas	Unatt	3.19.16
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## LORDSTONES, WAINSTONES - NORTHERN RUNNER WINTER SERIES 14.11.99

A fascinating day's racing with Robin Bergstrand retaining his title and breaking his own record by three minutes. Morgan Donnelly ran him close all the way dropping Joe Blackett in the mist just after the half way stage as they ran through heather looking for the ridge path to Cold Moor. As the pair descended into view at the finish they were neck and neck, but Robin used all his experience international running to out pace Morgan on a very slippery final section.

In the women's race it was the Cold Moor section which threw a spanner into the works, K. Robertson had a two and a half minute lead over last years winner and record holder, Alison Raw. Unfortunately the leader missed the crossing point over to the Wainstones and ran to the top of the moor to take the alternative path. She now found herself some thirty seconds behind the new leader although she may not have been aware of the precise situation at this point. Having given Alison her head she now moved away to win by over a minute and break her own course record.

*David Parry*

1. R. Bergstrand	Mand	89.18
2. M. Donnelly	Tyne	89.31
3. J. Blackett	Mand	92.31
4. A. Ward	DkPk	98.29
5. J. Rogers	E.Hull	98.40
6. J. Dickinson O/40	Tyne	98.55
7. P. Buckley O/40	Mand	99.03
8. M. Wynne	Salt	99.06
9. G. Burnip	Mand	99.38
10. P. Kelly O/40	Darl	101.03

### VETERANS O/50

1. R. Firth	Mand	104.50
2. R. Dawson	NFR	108.58
3. M. Brooks	R&Z	121.10

### VETERANS O/60

1. R. Sherwood	NMH	122.14
2. A. Menarry	Carn	126.35
3. B. Hood	Mand	133.08

### LADIES

1. A. Raw	Darl	108.42
2. K. Robertson	NFR	109.52
3. S. Pike	T&S	113.50
4. P. Munroe	Abbey	116.51
5. R. Fletcher O/45	NFR	123.58
6. A. Hayward O/40	T&S	123.59
7. K. White	Morp	125.00
8. J. Lumsden	NFR	131.43

## ROWBOTHAMS ROUND

ROTHERHAM

South Yorkshire

CL/50m/500ft 11.12.99

One hundred and thirty runners, walkers and relay runners set off on a somewhat mild December morning with a hint of heavy rain to come. Conditions underfoot were atrocious, very muddy and sticky, preventing any records being broken this year. Last year's winner, Tony Okell, failed to make the start and Martin Gaynor took full advantage leading the race for forty five miles. Unfortunately the fast pace, dehydration and exhaustion prevented Martin from maintaining his lead for the last five miles and he was overtaken. Eventual winner, Andy Brooks, who improved on last years time by one hour.

A disappointed Martin Gaynor finished in second place with Ken Book in third. The ladies' race was won by the present record holder, Sharon Gaynor, followed in by Kendra White and last year's winner, Julie Bushell in third place.

The eight leg relay which covers the same course as the main race was won for the third year in succession by Rotherham Harriers male veterans in five hours thirty minutes and thirty five seconds narrowly failing to beat their 1997 record of five hours and eighteen minutes.

*Sharon Burton*

1. A. Brooks	Shelton	7.15.22
2. M. Gaynor	Kimber	7.20.56
3. K. Bootz	Roth	7.25.05
4. I. Anderson	RRC	7.26.56
5. B. Berzins	DkPk	7.50.30
6. M. Hartell	Macc	8.06.10
7. E. Grant	Unatt	8.06.32
8. J. Lawrenson	DkPk	8.17.03
9. S. France	Kimber	8.20.37

### LADIES

1. S. Gaytor	NewMske	8.09.00
2. K. White	Quakers	8.51.43
3. J. Bushell	Yk Acorn	9.29.56
4. B. Soakell	Kimber	10.11.00

## GUISBOROUGH WOODS HILL RACES - NORTHERN RUNNER WINTER SERIES 27.12.99

An excellent day's racing with some helpful conditions considering the previous day was sheet ice on a number of part of the course. Slightly milder weather and a fairly sunny setting allowed a little bit of give in the ground. At two miles, Charles Stead led from Robert Cole with a gap of about ten seconds. In turn Robert headed a group of four athletes including K. Newton, Merv and Rob Burn and Joe Blankett. At four miles Rob Cole had taken a comfortable lead of about thirty seconds with K. Newton moving into second place with Merv Burn in close attendance. They consolidated these positions by the race end giving Robert Cole his first senior fell race victory.

In the women's event Alison Raw continued her excellent form having won a road race the day before to take the lead from the outset and hold this through to the finish. In second place Sue Yardley did extremely well with little training, showing good form to win the women's veteran section.

Bob Firth continued a good winters work to win the over fifty's and Ron Sherwood kept up his record of winning the over sixty's throughout 1999. Maureen Gibbs continued her winning way in the women's over fifty's.

*Dave Parry*

1. R. Cole	Mand	38.08
2. K. Newton	B&H	38.34
3. M. Burn	T&S	38.45
4. C. Stead	Salt	39.06
5. J. Blackett	Mand	39.08
6. R. Burn O/40	T&S	39.28
7. I. Ellmore O/40	Scarb	42.00
8. P. Larkin	Salt	39.47
9. M. Wynne	Salt	40.11
10. P. Buckley O/40	Mand	40.33

### VETERANS O/50

1. R. Firth	Mand	43.43
2. M. Hetheron	Nestle	47.40
3. L. Stephenson	Kend	48.00

### VETERANS O/60

1. R. Sherwood	NewMske	48.40
2. B. Hood	Mand	52.18

### LADIES

1. A. Raw	Darl	45.41
2. S. Yardley O/40	H'pool	48.32
3. S. Burton	Roth	50.50
4. K. White	Morp	52.31
5. M. Gibbs	T&S	53.13
6. J. Burge	T&S	55.46

### JUNIOR RACE

1. R. Hughes	Mand	13.49
2. S. Thompson	M&C	13.50
3. A. Dent	Mand	15.19
4. S. Lewis	Mand	15.48
5. K. Shaw	Mand	15.49
6. P. Larkin	G'head	17.22
7. J. Larkin	G'head	17.32
8. C. Maynard	Mand	17.33
9. A. Bedwell	MJS XCC	19.10
10. B. Libby	Unatt	21.25

## SLIEAU - WHALLIAN FELL RACE Isle of Man 1.1.00

Island Champion, Tony Rowley, made a record-breaking start to the new millennium, claiming victory in the annual St. John's Fell Race. A record field of fifty three hardy souls lined up on New Year's Day, to tackle the nine hundred foot ascent to the summit of Slieau-Whallian, including a number of juniors. As expected the 'main players' forged their way up through the plantation on to the fell, alongside Rowley was track man Paul Clarke and former Stockport Harrier, Tony Okell. It was on the final climb that the thirty nine year old Onchan man made his winning move, maintaining and extending his advantage on the rapid descent back to the football pitch. New resident, Okell, gave an impressive performance to secure the runner-up spot ahead of Douglas 'Postman' Clarke. Local farmer Keith Callister took the veterans award and best over fifties was David Young.

The Ladies title went to former Olympic cyclist, Marie Noon, showing her obvious talent. Junior winner was Paul Renshaw, from sixteen year old Christian Varley, while Sarah Walker set a new girls record, one place ahead of Mum, Brenda, the former Island Champion making a rare outing.

*Phil Cain*

1. T. Rowley	Manx	23.58
2. T. Okell	Stock	24.42
3. P. Clarke	Manx	24.50
4. K. Callister O/40	Manx	25.37
5. I. Ronan	Manx	25.45
6. D. Young O/50	Manx	26.15
7. P. Cain O/40	NAC	27.14
8. S. Stigant	Manx	27.35
9. P. Renshaw	Manx	27.40
10. B. Cannon	NAC	27.50

### LADIES

1. M. Noon	IOMV	29.49
2. R. Hooton	NAC	30.21
3. A. Cain	Manx	36.34
4. B. Walker	Manx	37.45
5. D. Watson	Unatt	41.53

### JUNIOR BOYS

1. P. Renshaw	Manx	27.40
2. C. Varley	Manx	28.30
3. M. Kelly	NAC	38.21

### JUNIOR GIRLS

1. S. Walker	Unatt	37.45
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Victoria Musgrove, winning lady at Llangynhafal Loop  
Photo: Andy Todd

## CAPTAIN COOK'S NEW YEAR'S DAY RACE 2000 North Yorkshire BS/5.5m/750ft 1.01.00

Well, another fantastic day's racing with the sun bright, beer cold and clear blue skies. A frost overnight made the ground conditions firm, the only problem being some slippy patches of sheet ice on the descents, particularly at the back of 'The Monument'. The leaders went off at a cracking pace and I have a report that there was an early leader some two hundred yards clear at one mile. I have had it confirmed that Robin Bergstrand and Paul Lowe were some one hundred yards clear of Rob Cole at Captain Cooks Monument. Robert did not lose his head however, despite the two in front holding the fastest and second fastest times for this course. He gradually reeled his two club colleagues in to move past them in the final mile to win by a reasonable comfortable margin of five seconds. One up for the Junior Men!

In the women's race it was a similar scenario with Catherine Hare, Karen Slater and Alison Raw all within a few seconds of each other at 'Cooks', with Catherine Hare gradually moving ahead of Karen Slater and holding her off in the final stages with an excellent finish. One up for the Junior Women!

It was a real pleasure to see both races won by talented Juniors. This gives Catherine thirty points in the N.E. Counties Junior Fell Championships 2000. In fact this was the first race on the first day of the year, as we began the inaugural N.E. Counties first ever Junior Fell Running Championships.

David Parry

1. R. Cole	Mand	31.17
2. P. Lowe	Mand	31.29
3. R. Bergstrand	Mand	32.01
4. M. Burn	T&S	32.28
5. R. Burn O/40	T&S	32.34
6. A. Bissell	K'mire	32.58
7. R. Hall	T&S	32.59
8. P. Buckby O/40	Mand	33.05
9. J. Blackett	Mand	33.15
10. M. Pattinson O/40	R&Z	33.21

### FIRST VETERAN O/50

1. R. Firth	Mand	35.48
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### FIRST VETERAN O/60

1. R. Sherwood	NMH	40.20
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### LADIES

1. C. Hare	Loftus	36.06
2. K. Slater O/40	Kly&C	36.17
3. A. Raw	Darl	37.37
4. C. Lowe	Mand	40.07
5. A. Hayward	T&S	41.00
6. S. Yardley O/40	HBR	41.28
7. S. Milburn O/45	NewAyc	42.08
8. L. Laird	Elvet	42.22

### JUNIOR RACE

1. A. Dent	Mand	17.42
2. K. Shaw	Mand	17.43
3. J. Jackson	NewMske	17.44
4. J. Rafferty	Mand	18.41
5. R. Hughes	Mand	18.42

## THE SIXTEENTH TRIG POINT RACE

### Staffordshire

CL/15m/1500ft 8.01.00

The Sixteenth Trig Point saw blue clear skies and a field of ninety eight assemble. Last year's winner, Marcus Scotney, was out to prove a point and took the race by storm and led from start to finish. At the first road crossing he was two minutes ahead of Geoff Framer, three months away from his fiftieth birthday, and by the time they had returned, Marcus had pulled forward a further three minutes. At the finish Marcus was a clear winner and slightly disappointed that he had not taken the record which has stood for ten years. He admitted that he had a stitch on the return at Marquis Drive and a cold earlier in the week, which, he felt, had prevented him from taking the record. Geoff Farmer finished in second place and first veteran.

An exciting race pursued for third place between Matthews Clewes and Paul Cadman, locked together until the final half mile when Matthew was the stronger and took third place (and second veteran) with Paul Fourth.

The Ladies race was a forgone conclusion with a very 'in form' Polly Gibb taking the lead right from the start and was never challenged. Too much christmas pudding was her excuse for not being closer to the ladies record.

The race went very smoothly which again is all credit to the helpers who, once again, did a brilliant job. Thankyou.

Richard Day

1. M. Scotney	DkPk	1.32.36
2. G. Farmer O/40	Chase	1.37.44
3. M. Clewes O/40	Merc	1.41.17
4. P. Cadman	Merc	1.42.01
5. B. Carr	Congle	1.42.12
6. P. Vale	Merc	1.42.21
7. P. Martin	Merc	1.42.39
8. S. Feltbower	EdinUni	1.42.43
9. A. Cooper O/40	Chase	1.42.52
10. S. Ruane	Staff	1.43.01

### VETERANS O/50

1. D. Tait	DkPk	1.46.16
2. J. Coombes	Merc	1.50.06
3. P. Bratby	Congle	1.50.11
4. P. Sarsons	Staff	1.50.17
5. D. Gillick	Merc	1.55.29

### LADIES

1. P. Gibb	Merc	1.55.28
2. N. Barton	Staff	1.59.40
3. V. Musgrove O/35	Eryri	2.04.37
4. J. Franks	Nun'ton	2.12.44
5. M. Barlow O/35	Sarn	2.16.33
6. L. Godfree O/40	Derwent	2.16.40
7. J. Feltbower O/35	Oct'Droo	2.18.58
8. J. Taylor	L&M	2.19.14

## PINCHINTHORPE PLOD

### Cleveland

BM/7.5m/1200ft 9.1.00

This was the inaugural event and as was fitting the overnight frost made the going very quick and the bright sunshine made the atmosphere a continuation of the festive period. What with another local race and no 'Fell Fixture' lists having arrived at a lot of running households, the numbers were a bit down (at least twenty five percent) but the quality was still high! Robin Bergstrand having his second outing in just over a week managed to reverse positions with Paul Lowe from last week. The winner of last week could only look on this time. Robin set the inaugural record which was very fast at about five minutes and fifteen seconds per mile overall. Alison Raw was again outstanding and added another record to her collection with this, the first record for women in this event. I was pleased to hear a very positive response to this new route as nearly all found that they had enjoyed the challenge. Many thanks for co-operation and support from Redcar and Cleveland Borough Council, Forestry Commission, The National Trust and Race Sponsors - New Balance and Northern Runner.

Dave Parry

1. R. Bergstrand	Mand	36.10
2. P. Powe	Mand	37.08
3. M. Wynne	Salt	37.25
4. J. Blackett	Mand	38.03
5. P. Buckby V	Mand	38.49
6. D. Gamble	Mand	38.54
7. R. Harrison	R&Z	39.22
8. K. Carter V	Mand	39.32
9. C. Choules	T&S	39.38
10. J. Sage	Hul	39.52

### VETERANS O/40

1. P. Buckby	Mand	38.49
2. K. Carter	Mand	39.32
3. R. Pollard	Mand	40.50
4. D. Collett	Mand	41.26
5. K. Richardson	Swale	44.32

### FIRST VETERAN O/50

1. R. Firth	Mand	42.28
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### FIRST VETERAN O/60

1. R. Sherwood	NewMske	46.28
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### LADIES

1. A. Raw	Darl	43.44
2. A. Hayward O/40	Thirsk	48.07
3. S. Gayter	NewMske	50.44
4. M. Gibbs O/50	Thirsk	51.05
5. S. Kempson	NewMske	52.46
6. J. Sexton	NewMske	56.58
7. G. Buck O/50	Rich	60.01
8. J. Brown O/50	Unatt	60.03

## LLANGYNHAFAL LOOP

### Denbighshire

AS/4.5m/1500ft 15.01.00

A new course and a new time of year, but not a new venue, as the Golden Lion at Llangynhafal has been host to races on a number of occasions.

The weather for race day was good with some sunshine after wet weather during the week, leaving the lower reaches very wet but with some snow on the tops adding interest.

James McQueen led from the start and was never troubled, similarly fifty six year old Don Williams was never challenged for a tremendous second place, however, the race for third was very close with Hadyn Jones ten seconds behind at the summit, gradually closing on Russell Mapp to 'edge' the place on a sprint to the finish.

My thanks to the race sponsor - G.E.Tools Ltd, Rhyl, also the Golden Lion Inn; Running Bear; all who donated prizes; marshals and officials; and of course, the runners for supporting the event. The race made one hundred and ten pounds for St. Kentigern's Hospice, Llanelwly.

Brian Evans

1. J. McQueen	Eryri	36.40
2. D. Williams O/50	Eryri	41.08
3. H. Jones	Merc	42.00
4. R. Mapp	Merc	42.01
5. E. Evans O/40	Eryri	43.56
6. D. Jones	Eryri	44.01
7. O. Mullarkey	Hels	44.12
8. A. Williams	Eryri	45.11
9. D. Thomas O/50	Eryri	45.45
10. G. McCara O/40	Hels	46.34

### VETERANS O/60

1. P. Norman	Wrex	54.20
2. S. Winstanley	Eryri	51.20
3. P. Burden	Anabasis	58.35

### LADIES

1. V. Musgrove O/40	Eryri	50.39
2. G. Roberts O/40	Merc	58.35
3. S. Lloyd O/50	Eryri	68.21

### JUNIORS

1. T. Rice-Owen	Eryri	51.12
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## BOULSWORTH HILL FELL RACE

### Lancashire

#### BM/6.5m/1200ft 15.1.00

A special Millennium prize of two thousand pence to any man or women setting a new course record proved to be out of reach in the heavy underfoot conditions and two inches of snow on the summit.

In near perfect (by Boulsworth standards) running conditions – cool/clear/dry/no wind, Gary Devine took the race on right from the start. A spirited chase by Karl Smith taking second place with Dale Gartley just edging Graham Schofield out of third position (and first veteran) over the last few fields and 'the wall'. In the Ladies race, Helen Johnson finished an excellent twenty ninth out of one hundred and fifty five finishers, to see off her nearest rival, Lisa Lacon, by over four minutes.

1. G. Devine	P&B	50.43
2. K. Smith	Tod	51.19
3. D. Gartley V	Gloss	51.40
4. G. Schofield V	Horw	51.48
5. C. Seddon	Horw	51.54
6. J. Helmsley	P&B	52.19
7. S. Neill	P&B	52.52
8. S. Bottomley	P&B	53.08
9. S. Macina	P&B	53.13
10. J. Feeney	Bing	53.25

<b>VETERANS O/40</b>		
1. D. Gartley	Gloss	51.40
2. G. Schofield	Horw	51.48
3. M. Broadhurst	Tyne	55.03
4. S. Addison	Clay	55.20
5. R. Hamilton	Wharf	55.54

<b>VETERANS O/50</b>		
1. D. Tait	DkPk	55.47
2. B. Rawlinson	Ross	63.41
3. R. Hall	Bing	63.51
4. D. Leaf	St.The	63.54
5. S. Batley	Skyrac	64.07

<b>LADIES</b>		
1. H. Johnson	Bing	57.45
2. L. Lacon	Holm	61.58
3. J. Keddie	Bing	64.55
4. A. Sull	Bing	67.09
5. J. Smith	Bing	67.30
6. J. Rawlinson O/45	Ross	70.17
7. R. Sharples	Kly	70.20
8. T. Hyde O/40	Calder	71.20

## THE LAMBS LEG

### Derbyshire

#### AS/2.75m/900ft 16.01.00

Not a bad day for January, good visibility and record turnout of sixty one runners. A close contest at the front end of the race. With Ged reaching the top of the final climb, just in front of Alan and Bash and descending confidently to victory, in a new route record of twenty three minutes and thirty three seconds. A very strong run gave Liz Batt twelfth place overall and first lady over this new course.

This will now be the official route of the race to comply with the wishes of the National Trust (got to keep 'em happy). Many thanks to loyal supporters, marshals and runners – see you next year.

1. G. Cudahy	Stock	23.33
2. A. Kirk	Gloss	23.41
3. B. Hussein	Stock	24.23
4. G. Morson O/45	Bux	25.12
5. R. Taylor O/50	Penn	25.32
6. D. Soles	DkPk	25.58
7. C. Moriarty	Penn	26.03
8. M. Beecher O/40	Bux	26.03
9. T. Hulme O/50	Penn	26.32
10. J. Batt	Bux	27.08

<b>FIRST VETERAN O/55</b>		
1. M. Morrison	Gloss	32.59

<b>FIRST VETERAN O/60</b>		
1. P. Grundy	Bux	38.22

<b>LADIES</b>		
1. L. Batt	Bux	27.08
2. L. Lacon	Holm	28.11
3. M. Edgerton	Penn	30.10
4. H. Hargreaves	Penn	31.31
5. A. Brentnall	Penn	31.32
6. J. Phizacklea	Bux	32.19
7. E. Wharton	Bux	36.26
8. J. Barber O/40	Penn	36.39



Derek Clutterbuck (Rochdale) heads a group crossing Turnhole Clough - Boulsworth Photo: Peter Hartley

## ASHURST BEACON RACE

### Lancashire

#### BS/5.9m/950ft 22.1.00

The fence builders have been busily at work over the last year or two with the result that parts of the course are unrecognisable from a few years ago. There have also been a few vehicle access tracks laid along the public footpaths followed by the course, improving the ground and making for faster going. To compensate, those fences also involve more gates, which were mostly locked shut this year, so you had to use the stiles. I hope nobody queued too long.

Thirty eight different people got prizes (over twenty five percent of entries), including spot prizes (t-shirts) right down the field – but if you didn't stay for the prize giving, or get a friend to collect for you, then spot prizes were re-allocated to somebody else. Tell your friends to come next year – the more people enter the more prizes there will be.

Many thanks to all those people that helped on the day – without you there wouldn't be a race at all. Thanks to Alan Williams, landlord of the Prince William (and staff) and to Burtonwood Brewery for their sponsorship. Finally a big thanks to all you runners – I hope you enjoyed it!

#### Andy Quickfall

1. M. Laithwaite	WigPhx	37.02
2. C. Seddon	Horw	38.09
3. S. Sweeney	Bow	38.31
4. N. Ashcroft	Amble	38.52
5. P. Minshull	N'burgh	39.33
6. B. Whalley	P&B	39.36
7. C. Reade	Bow	39.39
8. A. Eccles	WigPhx	39.53
9. S. Boulby	Denby	40.15
10. C. Pedder V	N'burgh	40.27

<b>VETERANS O/40</b>		
1. C. Pedder	N'burgh	40.27
2. D. Fleming	GMC Fire	42.49
3. G. Finch	Horw	42.51
4. T. Jackson	N'burgh	43.24
5. B. Davey	S'port	43.43

<b>VETERANS O/50</b>		
1. P. Lyons	Ross	41.40
2. J. Hope	AchRat	42.38
3. P. Jepson	Ross	44.27
4. M. Crook	Horw	44.50
5. D. Lee	Chor	45.27

<b>VETERANS O/60</b>		
1. H. Johnson	N'burgh	53.09
2. J. Townson	Chor	53.14
3. R. Moulding	Blk	54.23

<b>LADIES</b>		
1. V. Peacock O/45	Clay	43.40
2. S. Sammie O/40	Blk	44.49
3. K. Forster	Spec	49.15
4. K. Thompson O/45	Clay	49.34
5. L. Unsworth	Chor	51.09
6. C. Murphy	WChesh	51.46
7. H. Sandelands	N'burgh	52.11
8. N. Fellowes	N'burgh	52.38

<b>INTERMEDIATES U/18</b>		
1. B. Finch	Horw	45.18
2. T. Cochrane	MEROC	51.07
3. T. Wakeford	AchRat	55.12

## LACKENBY LIMP

### Cleveland

#### BM/6m/1200ft 23.1.00

Another experience when the motorbike trialists could not get it right! The first thing to note is that now Robin Bergstrand has decided to train hard again he is coming quickly into form. Both Robin and the women's winner, Alison Raw, posted new records for the course on a miserable day with sleet, hail and a bit of mist and fairly wet going particularly in the forestry section. On completion of the moorland section Robin was clear by about forty seconds and went on to win comfortably. Alison Raw continues to improve, her main challenger was Sue Webb who managed to 'tag' her on the climb but fell away on the moorland section. The main confrontation of the day saw Ron Sherwood finally have to give up a winning sequence of sixteen races when he was narrowly beaten by P Lancaster in the over sixty's section.

1. R. Bergstrand	Mand	32.33
2. P. Lowe	Mand	33.27
3. M. Wynne	Salt	33.53
4. M. Burn	T&S	33.59
5. R. Harrison	R&Z	34.02
6. B. Roberts V	Mand	35.07
7. K. Carter V	Mand	35.20
8. J. Blackett	Mand	35.21
9. J. Sage	Hull	35.56
10. P. Kelly	Darl	36.20

<b>FIRST VETERAN O/50</b>		
1. M. Shaw	Mand	41.44

<b>FIRST VETERAN O/60</b>		
1. P. Lancaster	N.Shlds	39.37

<b>LADIES</b>		
1. A. Raw	Darl	38.17
2. S. Webb	Horw	41.38
3. S. Kempson	NewMske	45.41
4. S. Jemson O/45	NewMske	47.57
5. J. Sexton	NewMske	50.01
6. P. Cooper	N'land	51.31



British quadrathlete champion Mark Laithwaite, Ashurst winner Photo: Bill Smith



James Carter (Spenn) and Paul Hindle (K&C) on the climb up to the White House, Stanbury Photo: Peter Hartley

## SOREEN STANBURY SPLASH West Yorkshire BM/7m/1200ft 23.1.00

After completing his fifth consecutive victory at this the 17<sup>th</sup> running of this popular fell race over the Haworth moorland; we can divulge the secret to Ian's success. "I always have slices of Plum Loaf, Soreen of course, for breakfast especially on race days. I find the spiced loaf gives me plenty of energy, and prepares me well for the race plus it tastes really good!"

Certainly he had plenty of energy to spare as he left the other 280 competitors well behind. So the first question on the runner's lips after they finished the Soreen Stanbury Splash was "who was second?" The answer was veteran Steve Oldfield, and he was almost 3 minutes behind the invincible Holmes. That's not to say it wasn't a good field because current British and English champion, Gavin Bland, could only finish 6<sup>th</sup>, another minute behind the 43-year old, Oldfield.

"I felt quite good the whole way. I wasn't aiming for the record, but I knew I was running well and quite fast, so I just pushed it. I thought I'd be pretty close, but was surprised in the end as I was tiring in the closing stages," said the 34-year old Bingley Harrier, who in clear crisp conditions succeeded in slicing almost a minute off his 3-year old record of 44-22.

Probably the surprise of the day, was that current British and English champion, Gavin Bland, could only finish 6<sup>th</sup>, some 4 minutes adrift of Holmes, who will be challenging Bland for his titles this year.

Holmes wasn't the only male record breaker. Both V40 and V50 marks were reduced by Steve Oldfield and English V50 champion Tony Hesketh; Steve however celebrated his hat trick of veteran titles.

At last, after years of dogged determination Colin Moses finally got his hands on the prestigious locals trophy, just edging away from rival Ian Ferguson, who has been the proverbial stone in Moses' shoe. Moses returned Ferguson's compliment of last year by 'mooning' at the top of the quarry finish, as a gesture of finally being triumphant.

Now running in the blue and white hooped vest of Bingley Harriers, ladies winner Helen Johnson finished 39<sup>th</sup> overall, and recorded the 3<sup>rd</sup> fastest time ever over this undulating course. Her 5-minute margin of victory indicated that she was never under pressure, and bodes well for her championship season. Helen's diet also contains, you've guessed, malt loaves. She reckons it's an ideal foodstuff for the bumbag when running long distances.

Last year's winner, Lisa Lacon, was nudged out of second spot by up and coming Lucy Whittaker who, with the right inspiration and guidance, could develop into a potential candidate for international honours, like Lisa and Helen have achieved. That's not to say Lucy hasn't had some domestic success, Giants Tooth, Ilkley Moor and a very nostalgic win at the Frank Sykes Memorial Chew Valley Skyline race.

The only record breaker in the ladies was Elizabeth Tomes in

the V40 category; she hacked more than a minute off Oley Becker's 6-year-old time. Elizabeth finished 4<sup>th</sup> overall and led her team Keighley and Craven to lift the Soreen team trophy, ably helped out by Rachel Sharples in 10<sup>th</sup> and Christine Preston 11<sup>th</sup>. Both mums Elizabeth and Rachel had earlier seen their offspring competing in the junior race. Alice and Jonathon Tomes, both under 9, finished 37<sup>th</sup> and 41<sup>st</sup> respectively whilst Emmy (under 12) and Laura Sharples (under 9) finished 31<sup>st</sup> and 43<sup>rd</sup> respectively in a record turnout of 51 juniors.

On a day of thrilling competition, one other performance remains worthy of a mention. 13-year old Anne Smith of Park High school, Colne, repeated her feat from last December's Stoop race, as she succeeded in beating all the boys once again. On this occasion Anne outsprinted under 12 boy Mark Addison to win by 2 seconds with under 14 Mark Thwaites finishing a further 11 seconds behind in 3<sup>rd</sup>. A very talented Anne, the Lancashire schools cross country champion, was only introduced to the fells last July at the Barnoldswick Weets race, since then Kelbrook, the Stoop and now Stanbury have got her hooked into the sport. She intends competing in the FRA English Junior Championship events this season, and also the Trials. On this form, who would bet against her? Certainly her coach Mike Hindle, a retired PE teacher from Park High, and her mum, Karen, have steered her the right course so far. To her own admission Karen, although an ex cross-country champion at school herself, states "that is where their similarities end. I was a lazy runner, Anne definitely doesn't take after me!" said a proud mum.

A big thank you to Warburton Soreen for their continued support. Certainly it's the unique memento of every finisher receiving a malt loaf for their running exertions which makes this event so popular on the fell runners' calendar.

### Darby and Joan

1. I. Holmes	BfdA	43.35
2. S. Oldfield	BfdA	46.23
3. R. Hudson	Unatt	46.30
4. S. Willis	Tod	46.49
5. J. Wright	Tod	47.45
6. G. Bland	Borr	47.45
7. G. Oldfield	P&B	48.02
8. J. Hemsley	P&B	48.26
9. C. Loftus	Kghly	49.14
10. C. Seddon	Horw	48.45

### VETERANS O/40

1. S. Oldfield		46.23
2. J. Butler	Kghly	49.14
3. R. Haworth	Middle	49.25
4. J. Jackson	Horw	50.24
5. R. Crossland	BfdA	50.50

### VETERANS O/50

1. T. Hesketh	Horw	50.51
2. K. Taylor	Ross	51.48
3. P. Bramham	Kghly	54.44
4. H. Dowdell	NiddV	57.21
5. G. Howard	Ilk	57.52

### VETERANS O/60

1. R. Jaques	Clay	61.30
2. L. Sullivan	Clay	62.27
3. R. Mason	Totley	67.02
4. P. Newsome	Kghly	67.37
5. B. Thackery	DkPk	67.38

### LADIES

1. H. Johnson	Bing	52.52
2. L. Whittaker	Saddle	57.30
3. L. Lacon	Holm	57.47
4. E. Tomes O/40	Kghly	59.32
5. L. Bland O/35	DkPk	62.24
6. J. Smith O/40	Bing	62.52
7. P. Oldfield O/40	BfdA	63.07
8. S. Norris O/40	Horw	64.00

### LOCAL

1. C. Moses	Bing	51.31
2. I. Ferguson	Bing	51.38

### JUNIOR U/18

1. J. Carter	Spenn	58.15
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### JUNIOR RACE U/9, U/12, U/14

1. A. Smith GU/14	PkHigh	6.01
2. M. Addison U/12	Unatt	6.03
3. M. Thwaites U/14	Skyrac	6.14
4. S. Thwaites U/12	Skyrac	6.18
5. K. Turner U/14	Clay	6.22



Ladies winner at Stanbury, Helen Johnson Photo: Dave Woodhead

## HOLYHEAD MOUNTAIN RACE Anglesey AS/3.6m/1050ft 6.2.00

A very disappointing turnout but those who ran enjoyed the route, which was just over a mile longer than last year, and including a steep climb from North Stack to the Old Telegraph Station which took a few by surprise. Very windy in some places, with clag thrown in!

A splendid performance by sixteen year old Tom Rice-Owen who had a race to the line with fifty year old Oilly Burrows. Gwyn Williams (fifteen years), ran to the summit and back in a very quick time, almost catching the timekeepers unawares, to win the Junior two mile race.

With a better turnout next year, I hope the race can survive. Many thanks to all the runners, marshals and helpers and to the RSPB for their permission.

### Steve Pilbeam

1. A. Haynes O/40	Eryri	31.50
2. E. Evans O/40	Eryri	32.11
3. G. Fielding O/50	Unatt	33.18
4. C. Jones	NWP	34.40
5. T. Rice-Owen	Eryri	35.49
6. O. Burrows O/50	Eryri	35.51
7. D. Frith O/40	Eryri	40.02
8. E. Dunnington	Eryri	41.50
9. P. Hadley O/40	Cybi	42.28
10. B. Evans O/60	Eryri	42.39
11. S. Bennell O/40	Eryri	49.12
12. L. Tristram O/40	Eryri	55.39

### JUNIOR RACE - 2 MILES

1. G. Williams	Eryri	17.45
2. G. Jones	Unatt	22.42

## CHARNWOOD HILLS RACE

### Leicestershire

CL/12.5m/1200ft 6.2.00

The race was well supported by the local running clubs with the race limit of three hundred runners. The going this year was firm, the previous two years being very wet and a very muddy start and finish. The course was a little longer this year due to alterations by the Bradgate Park Trust, the route through fields, Bradgate Park, footpaths to Beacon Hill and back.

Richard Whitelegg took the lead from the start but was caught on Beacon Hill by Michael Munday. The lead then kept changing until Munday had the lead into the playing fields to the finish, but Whitelegg outsprinted him to finish five seconds in front. Ishtaq Ahmed coming in third. Nicky Lee had a comfortable win in the ladies race with a five minute cushion over Wendy Roethenbaush.

A big thank you must go to members of the Bowling Climbing Club who put the race on and provided all marshals and logistical support.

1. R. Whitelegg	Hink	85.53
2. M. Munday	R Hoggs	85.58
3. I. Ahmed	Birst	88.06
4. M. White	Hunc	88.24
5. P. Warden V	Birst	88.55
6. J. Blackett	Mand	89.49
7. P. Mann	Ivan	90.12
8. A. Brutnall	Owls	90.29
9. A. Dickenson	DkPk	90.33
10. P. Hamms V	Corinth	90.53

#### VETERANS O/40

1. P. Warden	Birst	88.55
2. P. Hamms	Corinth	90.53
3. G. Pettingill	Stilton	92.28
4. A. Jones	Beau	93.19
5. A. Kine	Charw	93.29

#### VETERANS O/50

1. J. Heywood	Hunc	95.11
2. R. Britton	Staffs	95.46
3. P. Pittson	Ere	97.36
4. M. Jelly	Stilton	98.08
5. R. Grove	Stilton	100.05

#### LADIES

1. N. Lee	Hunc	97.46
2. W. Roethenbaush O/35	Stilton	102.35
3. L. Wutt O/35	Shepshed	106.01
4. J. Rollins	Rugby	110.25
5. A. Powell	Carn	110.42
6. M. Mills O/35	Holme	112.03
7. D. Shaw O/35	Beaum	113.42
8. J. Payne O/35	Shepshed	113.48

## TIGGER TOR FELL RACE

### Derbyshire

BM/9.5m/1700ft 13.2.00

A sunny forecast, a new club house and a new start route with no road, provided a great day for the fifteenth Tigger to Higger Tor Fell Race, from Sheffield Tigers Rugby ground at Door Moor.

The start was delayed for a few minutes due to late arrivals blocking the field exit with cars and a few runners failing kit check.

We were soon off with three hundred and forty one runners testing their legs around the very soggy top rugby pitch and then across the water jump onto the new field route to the fell gate. This proved very fast with Mark Hayman (Dark Peak) stretching the front runners. No stiles this year to slow anyone down, and no time for a chat further down the field! Hayman led all the way to Stanage Trig with newcomer Neil Reynolds just behind. The two battled together all the way up the very steep and peaty climb to Higger Tor, then against the strength sapping final climb over very soft peat and moss on to Burbage Edge. On the final lap of the new rugby pitches Reynolds managed to edge in front of Hayman to win in a new course record time of one hour eight minutes and forty six seconds, just five seconds ahead.

Dark Peak were again out in force, winning all the team prizes. Finally, a big thank you to everyone who helped on what was the busiest race we have ever had. The new facilities were great, but we kept losing people, several of the runners never found the free tea and biscuits available in the results room (a tip for next year).

Hope you all enjoyed it, See you next year.

Don Longley

1. B. Reynolds	TH&H	1.08.46
2. M. Hayman	DkPk	1.08.51
3. S. Penney	C'field	1.09.10
4. K. Webster	Matl	1.11.02
5. R. Davison	DkPk	1.11.23
6. D. Gartley V	Gloss	1.11.24
7. M. Jubb	DkPk	1.12.15
8. S. Gregory	HolmeP	1.12.21
9. B. Edwards	DkPk	1.12.43
10. N. Bassett	Staffs	1.12.54

#### VETERANS O/40

1. D. Gartley	Gloss	1.11.24
2. D. Allen	DkPk	1.13.23
3. M. Salkild	DkPk	1.14.51
4. C. Fray	Penn	1.15.36
5. M. Beecher	Bux	1.16.49

#### VETERANS O/45

1. A. Watson	Ere	1.17.31
2. K. Holmes	Unatt	1.17.53
3. A. Bocking	Penn	1.19.11
4. C. Barber	DkPk	1.19.32
5. F. Fielding	Gloss	1.20.52

#### VETERANS O/50

1. D. Tait	DkPk	1.14.21
2. P. Pittson	Ere	1.15.57
3. R. Britton	Staffs	1.16.50
4. A. Harmer	DkPk	1.18.33
5. T. Hulme	Penn	1.19.08

#### VETERANS O/55

1. B. Toogood	DkPk	1.14.49
2. R. Titchmarsh	Unatt	1.24.10
3. A. Yates	DkPk	1.25.04

#### VETERANS O/60

1. B. Thackery	DkPk	1.30.41
2. R. Mason	Totley	1.34.23
3. C. Henson	DkPk	1.37.50

#### LADIES

1. P. Leach	DkPk	1.23.36
2. S. Gilliver	Penn	1.24.20
3. C. Cresswell	Notts	1.27.12
4. J. Wilson	Hallam	1.28.24
5. J. Smith O/45	DkPk	1.28.42
6. L. Bland	DkPk	1.28.59
7. K. Harvey O/40	DkPk	1.30.28
8. J. Mellor	Penn	1.31.50

## DANBY BEACON

### North Yorkshire

BM/8m/1200ft 13.2.00

It was the usual sunshine for this race. We seem to be getting better weather in February when in this area than in the summer! A superb race with a number of people telling me after the event that they wished they had competed as the conditions turned out to be so pleasant. We have renamed the event as 'Not the Danby Beacon Race'. This was a joint decision by the organisers following a few grumbles through the year by different athletes that they did not enjoy the road section up to the Beacon itself. We therefore simply cut out this section which seems to be to the approval of competitors generally. I stated at the start that I was happy to answer questions about the route after the race and was approached by six or seven athletes/groups and thought 'hello' I could be in for a long constructive discussion here. It was noticeable that no one wanted to debate the matter, (perhaps it was the call of the beer!) but accepted the reasons given, generally stating it was a good idea. The new route is therefore about seven and a quarter miles with one thousand one hundred foot of climb. Athletes should be warned however that there will be another slight detour next year just before the beck crossing. This is to do with land drainage schemes and an effort on behalf of the organisers to meet landowners half way in an area where we are off the public right of way due to a whole range of sensible reasons, not least of which is that there are many stiles and gates on the public path, but this way we get the excitement of the open moor.

Back to the race! It was noticeable that after three miles as athletes reached the second moor that there were five athletes still in contention, Paul Lowe just behind Matty Wynne, with Merv and Rob Burn in close attendance. As they crossed the main moor the string began to stretch out with an interesting battle between the front two whilst Rob Burn was tracked by Peter Buckley in the over forty's.

In the women's race Shelley Kempson had a comfortable lead over the chasers led by Sandra Jemson. In the over fifty's Geoff Coulson was just ahead of Bob Firth. As the race developed Paul lost out in the final stages due to wrong

selection in route during the later stages. Rob Burn ran on very strongly to win the over forty's. Shelley managed her first win in the series which was pleasing for everyone as we need young people to come through. In the over fifty's Geoff just kept his lead despite missing the final descent and having to cover extra ground..

A most enjoyable day's racing. If this had been a track and field meeting and we had encountered one or two of the problems outlined above I guess we'd still be there arguing the toss! Which just goes to show how sensible fell/hill runner are.

1. M. Wynne	Salt	53.38
2. P. Lowe	Mand	53.50
3. R. Burn O/40	T&S	54.00
4. M. Burn	Thirsk	54.04
5. J. Blackett	Mand	54.19
6. P. Buckby O/40	Mand	54.31
7. K. Carter O/40	Mand	55.19
8. R. Harrison	R&Z	55.50
9. P. Kelly O/40	Darl	56.28
10. J. Sage	Hull	56.45

#### VETERANS O/50

1. G. Coulson	H'gate	57.48
2. R. Firth	Mand	58.07
3. L. Stephenson	Kend	64.46

#### FIRST VETERAN O/60

1. P. Lancaster	NSP	61.43
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## TITTERSTONE CLEE RACE

### Shropshire

AS/2.5m/750ft 19.2.00

Andrew Carruthers of Halesowen demonstrated his qualities of descending by making up a fifteen second deficit at the summit, the highest point in Shropshire, to win by six seconds in a fast time of just over twenty minutes. Conditions were heavy under foot but the clear skies and spring like conditions meant that, unlike last year, runners were able to see where they were going and pick a fast line through the bracken and the rocks to and from the summit ridge. Pete Vale of Mercia was fourth at the summit but also made up ground to finish second in a sprint finish with eighteen year old David Tarvey, also of the Halesowen club.

In the women's race Polly Gibb on her first outing over the Titterstone course was an easy winner finishing twenty second overall.

1. A. Carruthers	H'owen	20.06
2. P. Vale	Merc	20.12
3. D. Tarvey	H'owen	20.12
4. P. Cadman	Merc	20.16
5. J. Bass	FoD	20.20
6. R. Lamb	Merc	20.22
7. M. Foschi O/40	Penn	20.44
8. C. Taylor O/40	Merc	21.02
9. B. Dredge O/40	Merc	21.09
10. M. Ligema O/40	CftAmb	21.18

#### VETERANS O/50

1. T. Thompson	Merc	24.50
2. I. Marshall	Camb	24.53
3. D. Tull	Camb	25.07
4. T. Davies	CftAmb	25.43
5. J. Richards	Unatt	25.54

#### VETERAN O/60

1. K. Westly	W,Brom	41.58
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#### LADIES

1. P. Gibb	Merc	22.54
2. A. Cooke	H'ford	26.26
3. G. Evans	Shepshed	28.00
4. M. Spurling	ShropShuff	30.40
5. S. Dredge J	Merc	32.15
6. J. Heather O/40	Reig	33.21
7. A. Lewis	Telf	34.32
8. H. Walker O/40	S Stdrs	39.28

#### JUNIORS

1. D. Tarvey	H'owen	20.12
2. B. McDonald	Telf	22.00
3. S. Dredge	Merc	32.15



Climbing at Titterstone Clee Photo: Andrew Brown

## WADSWORTH TROG West Yorkshire BL/20m/4000ft 19.2.00

After a week of heavy rain and snow, one hundred and three runners set off on a glorious sunny day. It didn't turn out to be such a wonderful day for Mike Wallis who had a good five minute lead at High Brown Knoll but he must have had a brain storm (or maybe it was sunstroke) as he totally missed the Sheepstones checkpoint allowing Joe Blackett to take first prize. Jane Smith had a good strong run taking the ladies prize pushing last year's winner, Sue Beaconsall into second place. Sue had a bad fall coming off Sheepstone's but still managed to limp home. Well done to one and all. Hope this run of good weather for the the Trog continues as it's the tenth anniversary next year. Hope to see you there.

### Thirza Hyde

1. J. Blackett	Mand	2 58.32
2. W. Sullivan	Clay	2.59.31
3. A. Smith	Holm	3.00.30
4. M. Wallis V	Clay	3.07.01
5. D. Horsfall	Bing	3.07.22
6. S. Gregory	HolmeP	3.07.38
7. R. Glover	Tod	3.09.02
8. S. Bourne	Alt	3.17.28
9. B. Johnson	CalderV	3.17.44
10. J. Rank	Holm	3.21.27

### VETERANS O/40

1. M. Wallis	Clay	3 07.01
2. P. Browning	Clay	3.22.59
3. A. Duncan	Bow	3.26.11
4. J. Winder	Calder	3.27.03
5. H. Nicholson	Clay	3.31.21

### VETERANS O/50

1. J. Coulson	H'gate	3.22.48
2. J. Marsh	TarHen	3.29.26
3. R. Futrell	Holm	3.34.10
4. Y. Tridimas	Bow	3.35.14
5. S. Moss	Spenn	3.40.59

### VETERANS O/60

1. R. Jaques	Clay	3.44.43
2. B. Leathley	Clay	4.17.18

### LADIES

1. J. Smith O/40	Bing	3 48 16
2. S. Becconsall O/40	Tod	4.05.09
3. J. Moppet	Ross	4.08.04
4. L. Hainsworth	Tod	4.09.43
5. C. Roberts O/40	CalderV	4.13.22
6. W. Dodds O/40	Clay	4.14.45
7. C. Preston	Kghly	4.16.50
8. G. Geddie	Bing	4.28.18

## "TISO" CARNETHY FIVE HILL RACE Midlothian AM/6m/2500ft 19.2.00

What a glorious day it was for the 30<sup>th</sup> Carnethy 5 Hill Race. The previous Saturday was a terrible day and even the day before was sleeting and raining as the course was put out but looking out in the morning to a completely blue sky we knew we were in for a special day.

There was a record entry of 536 runners (and it could have been more but we turned down people after reaching the number) and 444 of them completed the course (another record) with all runners and helpers receiving a 30<sup>th</sup> anniversary mug.

There were still snow patches on the hills when the race started making an interesting combination of frozen ground and very muddy (where the sun had reached). Jon Duncan, who had finished second three times behind John Brooks led from the gun and was never headed, although was two minutes outside the record. British Champion and course record holder, Gavin Bland, chased hard and was in second place until near the top of Carnethy when he faded to finish fourth. However, he still had the consolation of leading Borrowdale to the team title with close packing in fourth, fifth, sixth and seventh places! So, the famous Claymore Trophy heads south of the border.

In the ladies' race, it was no surprise that Angela Mudge continued her winning streak to win for the fourth year in a row. This time, however, unlike last year when she was "resting" for the Intercounties Cross Country Championships, she actually tried and knocked two minutes from her record in the less than ideal underfoot conditions. Having just as good a run was Helene Diamantides, who also stormed round to be a minute inside the old record, so helping the Carnethy ladies to easily win the team. There were an incredible 96 ladies out of the 444 finishers. Is this one of the highest ever percentage of ladies in an open fell race?

### Andy Spenceley

1. J. Duncan	Cosmic	48.53
2. A. Milligan	Fife	49.40
3. M. Rigby	Amble	49.41
4. G. Bland	Borr	50.08
5. A. Schofield	Borr	50.15
6. J. Davies	Borr	57.53
7. A. Davies	Borr	50.35
8. D. Whitehead	Cosmic	51.09
9. J. McQueen	Eryri	51.27
10. S. Stainer	Amble	51.32

### VETERANS O/40

1. S. Oldfield	BfdA	51.37
2. R. Gallagher	W'lands	53.14
3. S. Hicks	Borr	56.08
4. B. Proctor	Kend	56.41
5. E. McKay	Ochil	56.59

### VETERANS O/40

1. S. Oldfield	BfdA	51.37
2. R. Gallagher	W'lands	53.14
3. S. Hicks	Borr	56.08
4. B. Proctor	Kend	56.41
5. E. McKay	Ochil	56.59

### VETERANS O/50

1. J. Knox	Teviot	59.18
2. R. Wilby	H'landHR	59.45
3. S. Balfour	Liv	59.56
4. R. Dawson	N'land	62.01
5. B. Waldie	Carn	62.12

### VETERANS O/60

1. B. Waldie	Carn	62.12
2. D. Amour	H'landHR	70.48
3. R. Haynes	N'land	72.39

### LADIES

1. A. Mudge	Carn	55.09
2. H. Diamantides	Carn	56.14
3. C. Miller	Cosmic	60.41

### LADIES VETERANS

1. D. McDonald O/40	HBT	75.53
2. S. Hay O/50	Carn	76.39
3. A. Nimmo O/40	Carn	76.49

### JUNIORS U/20

1. J. Seeley	Fife	56.45
2. Campbell	GeorgeH	59.15

## WINTER HILL Lancashire AM/11m/2750ft 20.2.00

For the second successive year that this race has been run in February, the weather in the weeks leading up to it was very wet. However, a hard frost the night before did help to improve the underfoot conditions.

Todmorden Harriers, who picked this race in their club championship, took the first three places, led home by a previous winner, Andy Wrench. The team prize, however, follows the FRA format of five to count and Horwich just took it on account of their fifth counter. I will probably change to teams of three next year.

The first Veteran, Graham Schofield, is also a previous winner of the race.

The first man and lady received a pair of PBs supplied by Walsh Sports and every finisher received a can of beer.

### Tony Varley

1. A. Wrench	Tod	1.40.55
2. K. Smith	Tod	1.41.05
3. J. Wright	Tod	1.41.08
4. M. Laithwaite	WiganP	1.41.32
5. G. Schofield	Horw	1.41.46
6. D. Townsend	Horw	1.41.58
7. S. Jackson	Horw	1.42.28
8. D. Hinchcliffe	Longw	1.43.26
9. C. Reade	Bowland	1.43.46
10. A. Hesketh	Horw	1.43.58

### VETERANS O/40

1. G. Schofield	Horw	1.41.46
2. N. Holding	WPenn	1.50.09
3. A. Alty	Chor	1.52.42

### VETERANS O/45

1. S. Jackson	Horw	1.42.28
2. C. Davies	Saddle	1.49.10
3. D. Bateson	AchR	1.59.20

### VETERANS O/50

1. A. Hesketh	Horw	1.43.58
2. K. Taylor	Ross	1.47.59
3. M. Walsh	Kend	1.56.31

### VETERANS O/55

1. J. Morris	Penn	1.59.48
2. P. Murray	Horw	2.06.26
3. A. Peacock	Clay	2.08.38

### VETERANS O/60

1. A. Wright	Warr	2.18.21
2. K. Gresty	Wesham	2.33.32
3. D. Clutterbuck	Roch	2.35.53

### LADIES

1. H. Johnson	Bing	1.56.46
2. J. Rawlinson O/45	Ross	2 11.08
3. S. Jones	Horw	2.16.59
4. M. Dixon	WPenn	2.19.36
5. H. Smith	Lost	22.37.42
6. C. Rogers	Tod	2.33.08
7. H. Wilson	Tod	2.48.26
8. J. Coleman O/40	Chor	3.08.32



Caroline Rogers, Todmorden, at Winter Hill Photo: Dave Woodhead

## BLEASDALE CIRCLE

### Lancashire

AS/5m/1250ft 4.3.00

Thanks to everyone for turning out because without runners there wouldn't be any race. Many more thanks to the landowners and marshals.

We were blessed with a fine day for this year's race, in stark contrast to last year's snow showers. The early leaders missed the tape just before the Circle, which meant they were running round in circles. A local runner put them back on track and all was well. Most runners elected to take the straight up route to the summit of Fairsnape, except this year's winner, Marc Laithwaite, who took the tapped track, he then led to the finish. Vanessa Peacock won the ladies' race and was also first Veteran O/40.

Everyone seemed to agree that Bleasdale is a lovely secluded part of Lancashire and a good venue for a race, apart from the muddy field before the finish - we hope to see you all next year.

#### Leslie Orr

1. M. Laithwaite	WiganP	37.39
2. S. Sweeney	Bowland	38.34
3. G. Schofield	Horw	39.00
4. D. Hope	AchR	39.34
5. C. Reade	Bowland	40.06
6. D. Nuttall	Clay	40.16
7. S. Wadsworth	Wharfe	40.19
8. A. Payne	Ross	40.22
9. L. Dowthwaite	Bowland	40.34
10. L. Aspin	Clay	40.43

#### VETERANS O/40

1. G. Schofield	Horw	39.00
2. R. Hamilton	Wharfe	41.57
3. L. Warburton	Bowland	42.27
4. R. Lamb	LancsM	43.00
5. A. Duncan	Bowland	

#### VETERANS O/50

1. J. Hope	AchR	43.06
2. J. Nuttall	Clay	44.43
3. G. Newsham	Clay	45.36
4. E. Stewart	Prest	53.28
5. P. Edge	LancsM	53.40

#### VETERANS O/60

1. G. Arnold	Prest	54.37
2. J. Amos	Clay	58.06
3. B. Smith	Clay	58.33

#### LADIES

1. V. Peacock O/40		44.58
2. J. Robinson O/40	Garstang	51.11
3. J. Hindle O/40	Clay	51.57
4. D. Thompson O/40	Kesw	52.44
5. M. Hobrey	Felland	56.17

## OSSY OIKS

### North Yorkshire

BM/9m/1800ft 5.3.00

It was an excellent day for running conditions and times proved to be fast with Alison Raw breaking the ladies' record by a clear margin and Matthew Wynne failing by just 18 seconds. It was an excellent turnout despite the absence of a large group going to the NYSD cross-country meeting.

The race turned out to be very competitive with Matty Wynne leading almost from the start. Navigational corrections and route choice, however, particularly on the Oakdale/Black Hambleton approach and descent meant that there was much change in the relative closeness of the leading five. Although Matty stayed out front, he was hunted down by Merv Burn in particular, who managed to close it down to 12 seconds at the finish despite being well back at Black Hambleton. So, with two wins on the trot, Matty has strengthened his position in the overall series.

In the ladies' race Alison Raw was a clear winner setting another record to add to her collection. It was nice to see Marie Stansmore who prefers the more straightforward cross-country events, supporting the event even though she was just wanting a training run. It was also good to see Sandra Jemson coming back to some running form after a lot of illness this winter, to win the ladies' veterans' section.

David Parry

1. M. Wynne	Salt	53.20
2. M. Burn	ThirskS	53.32
3. R. Burn	ThirskS	53.55
4. P. Buckley	Mand	54.23
5. B. Roberts	Mand	54.56
6. P. Kelly	Dar	55.11
7. K. Maynard	Quak	56.10
8. C. Choules	ThirskS	56.34
9. J. Sage	HullSpr	56.58
10. A. Henderson	Quak	58.34

#### VETERANS O/40

1. R. Burn	ThirskS	53.55
2. P. Buckley	Mand	54.23
3. B. Roberts	Mand	54.56

#### VETERANS O/50

1. G. Howard	Ilk	60.21
2. R. Firth	Mand	61.06
3. M. Hetheron	Nestle	63.48

#### VETERANS O/60

1. R. Sherwood	NMarske	66.29
2. B. Hood	Mand	72.10

#### LADIES

1. A. Raw	Darl	61.07
2. M. Stansmore	MiddCl	65.39
3. S. Jemson O/45	NMarske	79.18
4. P. Cooper O/40	NFR	86.22
5. L. Bayes O/45	Scar	86.44
6. J. Howarth	Quak	86.53

## RAAS VING VRAADA

### Isle of Man

AL/15m/4100ft 5.3.00

Following on from his victory in the Greeba race, the in-form Tony Okell took the honours in the annual 15-mile Bradda Fell Race, held over the southern peaks of the island.

From the outset, it was clear that the former Stockport man meant business, stringing out the field with only Paul Clarke, defending champion, prepared to take up the challenge.

Okell moved clear on the steep climb from Fleshwick, reaching half distance at South Barrule with a lead of some four minutes over Clarke who, in turn, had a comfortable margin on his pursuers, which included regular visitor, Albert Sunter.

At the front, Okell was showing no signs of slowing as he increased his lead, eventually arriving back at the Bradda Glen finish with a ten minute advantage over second placed, Clarke. Third spot and the leading veteran went to the impressive Brian Osbourne, the ex-island footballer, judging his race to perfection, overhauling Over 50s' winner, Dave Young, in the final half mile of the race.

Only one lady ran this year's event, Rose Hooton, who ran her usual steady race beating some of the more established athletes en route.

Phil Cain

1. T. Okell	ManxH	2.13.40
2. P. Clarke	ManxH	2.24.07
3. B. Osbourne	ManxFR	2.30.08
4. D. Young	ManxFR	2.32.47
5. A. Sunter	Horw	2.36.14
6. R. Moughtin	Western	2.41.18
7. D. Corrin	ManxH	2.41.19
8. R. Stevenson	ManxFR	2.41.22
9. J. Crellin	ManxH	2.43.50
10. P. Cain	NthnAC	2.49.51

#### VETERANS O/40

1. B. Osbourne	ManxFR	2.30.08
2. P. Cain	NthnAC	2.49.51
3. A. Bagley	ManxH	3.14.13

#### VETERANS O/45

1. R. Moughtin	Western	2.41.18
2. R. Stevenson	ManxFR	2.41.22
3. J. Crellin	ManxH	2.43.50

#### VETERANS O/50

1. D. Young	ManxFR	2.32.47
2. D. Corrin	ManxH	2.41.12
3. T. Coleman	NthnAC	3.11.20

#### VETERANS O/60

1. B. Baxter	ManxFR	4.40.00
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#### LADIES

1. R. Hooton	NthnAC	3.01.19
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## MOEL Y CI

### Gwynedd

AS/2.3m/775ft 11.3.00

1. G. Williams	Eryri	21.13
2. P. Evans	Eryri	22.43
3. T. Jones	Eryri	22.55
4. A. Haynes	Eryri	23.09
5. D. Williams	Eryri	23.28
6. J. Williams	Eryri	25.01
7. C. Jones	NWP/Police	25.09
8. A. Treweeke	Eryri	25.40
9. S. Jones	Eryri	25.48
10. C. Near	Eryri	25.52

#### VETERANS O/40

1. A. Haynes	Eryri	23.09
2. J. Williams	NWP/Police	25.01
3. S. Jones	Eryri	25.48

#### VETERANS O/50

1. D. Williams	Eryri	23.28
2. E. Davies	Eryri	26.37
3. M. Williams	Eryri	27.50

#### VETERANS O/60

1. D. Roberts	Eryri	29.31
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#### LADIES

1. J. Lloyd	Eryri	26.04
2. E. Dunnington	Eryri	30.47
3. P. Phillips	Eryri	31.36
4. S. Bennell O/45	Eryri	35.32
5. M. Bowker O/40	Southp't	36.50
6. S. Hughes O/40	Eryri	37.05



Crossing Ogden Clough on the Half Tour Photo: Peter Hartley

## HALF TOUR OF PENDLE

Lancashire

AM/9m/2250ft 11.3.00

In all the years I've organised the Half Tour, we've never yet had poor weather which, for Lancashire in March, isn't bad! Right - having ruined next year's race - on with this year's report!

In good visibility and with a larger than usual field - just short of 250 - the race was in danger of being a procession.

However, a wet winter combined with the laying of boulders on a notoriously boggy section, meant a number of possible route choices from Checkpoint 1 to Ogden Clough.

My spies on the hill tell me that Robert, Siggy and Simon were together until the climb onto Spence Moor from Churn Clough Reservoir, where Simon was dropped to leave Robert and Siggy to fight it out over the run to Barley.

Mike Wallis retained the Veterans' category, matching last year's fifth position overall in an almost identical time. Tony Hesketh was third Veteran overall winning the Over 50s' category.

The ladies' race was between Vanessa Peacock and fellow Clayton runner and last year's winner, Kath Wallis. Vanessa ran out winner over her fellow Veteran despite Kath's cunning ploy of wearing her number 86 upside down to confuse the race officials!

Talking of race officials, I'm indebted to all the helpers on this and previous years, both on the course and in Barley village. At the risk of boring readers, many thanks to Judy, Jane, Mary, Mick and Peter in Barley; to Geoff, Mark, Jim, Peter, Alan and Stan on Pendle and especially to Barrie for his help over the years.

### K. Thompson

1. R. Hope	P&B	66.49
2. S. Gould	Leeds	66.56
3. S. Thompson	Clay	67.58
4. K. Smith	Tod	68.38
5. M. Wallis	Clay	68.45
6. D. Flatley	Horw	69.13
7. J. Wright	Tod	70.31
8. N. Sharp	Kesw	70.32
9. R. Thomas	Darwen	71.05
10. S. Sweeney	Bowland	71.51

### VETERANS O/40

1. M. Wallis	Clay	68.45
2. C. Shuttleworth	Preston	72.37
3. T. Hesketh	Horw	74.17
4. S. Haylock	Stock	75.06
5. K. Taylor	Ross	76.00

### VETERANS O/45

1. T. Hesketh	Horw	74.17
2. K. Taylor	Ross	76.00
3. J. Holt	Clay	76.58
4. M. Targett	Clay	77.16
5. P. Booth	Clay	79.01

### VETERANS O/50

1. T. Hesketh	Horw	74.17
2. K. Taylor	Ross	76.00
3. J. Holt	Clay	76.58
4. M. Targett	Clay	77.16
5. B. Mitchell	Clay	79.46

### VETERANS O/60

1. R. Jaques	Clay	91.22
2. F. Makin	HolmePP	102.27
3. T. Aspin	Clay	106.23

### LADIES

1. V. Peacock O/35	Clay	83.07
2. K. Wallis O/35	Clay	87.11
3. S. Taylor	Bing	89.17
4. J. Rawlinson O/35	Ross	89.42
5. D. Thompson O/35	Kesw	96.32
6. N. Fellowes	Newburgh	97.13
7. K. Thompson O/35	Clay	98.15
8. A. Green	Spen	98.22

## SLIEVE GULLION

Northern Ireland

AS/3.5m/1000ft 12.3.00

The mens race was a two man duel between North Belfast man Neil Carty, and Ballydrains, David McNeilly. Carty led at all three checkpoints and was two seconds clear of Mcneilly at the North Cairn which he increased to five seconds at the South Cairn with the third runner veteran Jim Patterson, thirty seven seconds, back. At the return check on the North Cairn, Cary was still leading by five seconds and Patterson still held third place in fifty seven seconds down.

It was on a relatively short descent from the North Cairn that the action really stepped up with Mcneilly completing the descent in seven minutes dead, winning in a sprint finish by just two seconds. Carty took seven minutes and seven seconds from the North Cairn to the finish losing not only his seconds advantage but conceding those vital two winning seconds. Third placed Stephen Linton improved throughout the race from sixth at the first checkpoint to fourth before the final descent where his downhill time of seven minutes and thirty nine seconds took him through to third. Jim Patterson lost his overall third on the final downhill charge taking eight and ten seconds, but the amazing fact about Jims performance was that Jim was running in the over fifty section and that he has won the British Over fifty Fell Running Championships for the last three successive year, so his fourth place overall gives some food for thought as to the calibre of the man at fifty four years of age.

Shileen Donnelly for the BARF Club improved the women's record at ST Gullion by no less than one minute and twenty seconds for a figure of forty minutes and four seconds. The old record was held by Annd Sandford of Ballydrain.

Simon Taylor won the junior race with sixth places overall marking his emergence as one of the top junior fell runners in the country. Simon ran a great race throughout improving from 10<sup>th</sup> at the first checkpoint

1. D. McNeilly	B'drain	31.02
2. N. Carty	N.Belf	31.04
3. S. Linton	BARF	32.57
4. J. Patterson O/50	A'ville	33.04
5. G. James	R.Sutton	33.57
6. S. Taylor Jun	BARF	35.37
7. P. Howie O/40	Larne	35.43
8. F. O'Hagan	Newry	35.58
9. G. Somerville	BARF	36.21
10. B. McKay O/45	A'ville	36.24

### LADIES

1. S. Donnelly	BARF	40.04
2. A. Sandford	B'drain	45.36
3. R. McConville	N.Down	47.52

## CRIFFEL HILL RACE

Dumfries

AM/7m/1800ft 12.3.00

1. A. Davenhill	Shettle	52.56
2. R. Gallagher	W'lands	53.24
3. B. Marshall	HELP	54.04
4. P. Heath	Shettle	54.12
5. D. Cummins	Shettle	55.11
6. N. Martin	Lomond	55.25
7. A. Anderson	Solway	56.32
8. A. Mudge	Carn	56.47
9. D. Gillespie	Solway	56.57
10. D. Brown	Solway	58.46

### VETERANS O/40

1. R. Gallagher	W'lands	53.24
2. D. Brown	Solway	58.46
3. J. Goldsworthy	Galloway	64.28
4. P. Weaving	Unatt	64.51

### VETERANS O/45

1. W. MacKintosh	Unatt	77.41
2. N. Taylor	Girvan	79.17

### VETERANS O/50

1. D. Milligan	Solway	63.00
2. I. Turner	Solway	69.00
3. D. Miller	Irvine	70.58
4. A. Anderson	Solway	74.58

### VETERANS O/55

1. I McManus	Kesw	80.21
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### LADIES

1. A. Mudge	Carn	56.47
2. K. Newman	Carn	69.05
3. J. Robertson	W'lands	76.01
4. H. Spenceley O/35	Carn	83.01



Lisa Richardson (Blackburn) climbing out of Ogden Clough  
Photo: Peter Harley

## BLACK COMBE FELL RACE

Cumbria

AM/9m/3800ft 12.3.00

The weather in the valley was a mild, almost spring-like day, for the start and finish, but it was a rather different story on the summit of the Combe. Constant wind, mist and cold was the order of the day for the top few hundred feet. A lovely place to be when you have two checkpoints, with the same marshals spending three hours in this weather. Well done to the marshals - Dave, Ken and Chris.

There was a good turnout again - 134 - which, talking to many of the runners seems to be a favourite of many. Maybe it should be renamed the Black Combe Classic, sounds good doesn't it? Before getting carried away, though, as a millennium treat the race was run in the reverse direction. Whatever direction this race is run, it is a tough one with two ascents of Black Combe and some quite interesting comments were heard at the finish regarding the alternative direction, but this may not be the place to repeat them! So, next year, the race will be run the usual way round.

However, all this year's Black Combe Runners races will also be run in reverse direction - Caw in August, Dunnerdale and Kirby Moor in November.

Thanks to all marshals and helpers and, of course, the runners.

### Val Gill

1. A. Davies	Borr	69.42
2. J. Bland	Borr	70.21
3. J. Davies	Borr	70.27
4. M. Roberts	Borr	70.32
5. J. McQueen	Eryri	70.41
6. N. Spence	Borr	75.35
7. B. Proctor	Kend	75.40
8. S. Stainer	Amble	76.05
9. J. Hunt	CFR	76.09
10. G. Moffat	Howgill	77.36

### VETERANS O/40

1. B. Proctor	Kend	75.40
2. G. Moffat	Howgill	77.36
3. P. Whiting	Kend	79.02
4. P. Skelton	CFR	79.26
5. A. Beatty	CFR	80.20

### VETERANS O/50

1. G. Howard	Ilk	84.10
2. M. Litt	CFR	85.45
3. G. Woolnough	Kend	91.50
4. J. Laycock	Amble	94.01
5. S. Sharp	CFR	95.30

### VETERANS O/60

1. R. Booth	Kesw	100.40
2. B. Leathley	Clay	109.47
3. J. Taylor	Amble	111.11

### LADIES

1. N. Lavery	Kend	94.59
2. K. Beatty O/40	CFR	96.12
3. S. Taylor	Bing	100.19
4. P. Hope	Horw	100.20
5. J. Leather	Amble	103.18
6. L. Benn	CFR	103.52
7. M. Leeming O/50	Amble	108.56
8. S. Perry	CFR	114.22

## WUTHERING HIKE West Yorkshire BL/31m/4400ft 18.3.00

The Braveheart Brigade went on the rampage again at this year's Wuthering Hike. A drop of Scotch proved doubly bracing as the men's title went North of the border - finally catching up with the ladies, who have dominated this event for the last three years.

Maggie Creber was the fastest lady for a third year. She smashed the record with Angela Mudge in 1998 and then last year with new partner, Kate Jenkins.

The 2000 race was always going to be a record since the event has "lost" a couple of miles with its move to the Westfield Bunkhouse on Penistone Hill, Haworth.

Maggie and Kate revelled in almost summer-like conditions to finish 8<sup>th</sup> overall in 4.32. Almost 180 teams - very nearly 400 runners and walkers - took part with the drop-out rate down to a trickle because of the weather.

Top men were Dermot McGonigle and Adrain Davis. Fastest out of the traps, they made the early running with Sullivan and Harbour. A late Friday night out in Haworth never took its toll as the Scots posted a 4.12 - three minutes up on a stream of Lancashire pairings led by Sullivan and Harbour. Regulars Alan Green and Andrea Dennison proved the top local partnership, taking the mixed title in 4.40 (12<sup>th</sup> overall).

Ian Goodyear (Bingley Harriers) - a Hike ever present - has never missed turning out whatever the weather and however badly he felt. "I'm pretty sure I did the first one in 1980. It was then called the Hobble and we walked it, stopping at the cross at Heptonstall for two pints and egg and chips" said the 50-year old joiner. "In the 20 years I've had all sorts of disasters and run it with loads of different partners. I've run it when I've been ill just to keep my record up!" This year, Ian partnered Bingley clubmate, John Young to finish inside the top 30 in 5.15.

Kevin Hopkinson

1. D. McGonigle/A. Davis	Shett/Fife	4.12
2. W. Sullivan/J. Harbour	Clay	4.15
3. A. Orr/D. Naughton	Clay/Acc	4.16
4. R. Glover/S. Anderton	Tod	4.23
5. S. Neimarlija/M. Laithwaite	Wigan	4.26
B. Horrocks/D. Horrocks	Clay	4.29

### VETERANS

1. H. Sawyer/N. Kirkbright	Skyrac	4.32
2. P. Hodgson/D. Makin	Tod/AchRatt	4.38
3. T. Longman/N. Nealon	Macc/Huncote	4.39

### LADIES

1. M. Creber/K. Jenkins	Carn	4.32
2. S. Newman/L. Whittaker	Gloss/Sadd	4.38

### MIXED

1. A. Green/A. Dennison	BfdA	4.40
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## MOEL WNION RACE Gwynedd AS/4m/1600ft 18.3.00

Once again we had excellent weather. A larger field this year with 77 athletes. After a week of dry weather, fast running conditions were to be found on the soft sections of the course.

Colin once again powered up the road to leave the rest of the field - just outside his record of 34.47. Good competition in the ladies' race saw Tracy Brindley set a new record of 40.12.

Thanks once again to all those on the hill and to the bakery for donating the cakes.

James McQueen

1. C. Donnelly	Eryri	34.51
2. G. Rees Williams	Eryri	35.34
3. T. Davies	Mercia	36.39
4. E. Roberts	Eryri	37.02
5. R. Owen	Eryri	37.08
6. B. Beachell	Eryri	37.13
7. A. Haynes	Eryri	37.20
8. M. Johnston	Carn	37.37
9. D. Williams	Eryri	37.50
10. M. Scott	Bing	37.57

### VETERANS O/40

1. C. Donnelly	eRYRI	34.41
2. E. Roberts	Eryri	37.02
3. R. Owen	Eryri	37.08



Wuthering Hike - Maggie Creber and Kate Jenkins (Carnethy) Photo: Dave Woodhead

### VETERANS O/50

1. Don Williams	Eryri	37.50
2. Derwyn Williams	Eryri	44.00
3. J. Dobie	L'pool	44.50

### VETERANS O/60

1. D. Roberts	Eryri	48.46
2. B. Evans	Eryri	49.23
3. J. Nicholas	Eryri	55.16

### LADIES

1. T. Brindley	Cosmic	40.12
2. Janet O/40	Unatt	41.52
3. J. Lloyd	Eryri	43.14

## PEN CERRIG CALCH Powys AS/3m/1500ft 25.3.00

1998, rain and mist; 1999 glorious heat wave; 2000, snow! The last weekend in March was this year quite bright but bitterly cold and the runners had to brave a raging blizzard on the summit, although those of us organising and watching on the lower slopes had a more pleasant time. The snow and Northerly wind contributed to some slower than usual times from a larger than usual field.

Andrew Davies couldn't get close to his brother's course record, but still won in style, one minute ahead of the field at the summit and almost two minutes ahead at the finish. Pete Maggs caused consternation to the South Wales Winter League statistician with a storming run for first vet and fifth overall. Dave Ormerod was the expected Over 50s' winner whilst the unrelated Owain and Cledwyn Jones delivered their usual excellent performances at different ends of the age scale. It's a few years yet though before Cled will move up a category and have to compete with the ever improving John Battersby, who is starting to look like he might develop into a useful runner in a few years.

It was good to see more than the usual number of female runners, with Jane Rousseau beating Sharon Woods into second place. (Apologies to Sharon, because I didn't realise that she is now a veteran and so she didn't get her prize until a week late!). Perdy Blease (fortunately considerably more attractive than her increasingly bedraggled father) took home the prize for first junior lady on her first fell race with a fine performance, beating some very experienced runners.

Thanks to Cliff Jones of Ty-Mawr farm for the use of his fields and excellent facilities and to his sons for their help with the car park. Thanks to Ian at the Red Lion for smiling bravely as fifty-four muddy fell runners packed into his

excellent pub. Most of all, particular thanks to K and Bridgette for braving the summit in mid-Winter conditions and to Fred, Angie and Jenny for taking care of the gates. This race is getting a bit too popular (I even gave the club secretary some profit for the first time in years) and ever harder to manage. Nonetheless, anyone for 2:00 p.m. on the last Saturday in March, 2001?

And now the voting of the Llanbedr Jury.....

Derek Thornley

1. A. Davies	Mercia	28.56
2. J. Bass	ForDean	30.43
3. G. Thorpe	Amble	31.21
4. A. Jones	Aberdare	31.46
5. P. Maggs	MDS	31.47
6. M. Duxbury	Horw	31.48
7. D. Adlam	MDC	33.39
8. S. Brown	MDC	33.58
9. J. Charles	ForDean	34.08
10. Lambert	WyeV	34.14

### VETERANS O/40

1. P. Maggs	MDC	31.47
2. S. Brown	MDC	33.58
3. Lambert	WyeV	34.14
4. M. Hand	Unatt	34.16
5. A. Orringe	MDC	34.26
6. C. Gildersleeve	Brycheiniog	34.35

### VETERANS O/50

1. D. Ormerod	MDC	35.50
2. J. Sweeting	MDC	37.45
3. R. Day	Mercia	38.02
4. M. Hirst	DenbyD	38.06
5. E. Meredith	MDC	38.50
6. G. Evans	BlaenavonJ	38.51

### VETERANS O/60

1. C. Jones	MDC	43.46
2. J. Battersby	MDC	49.25

### LADIES

1. J. Rousseau	Amble	41.46
2. S. Woods O/35	Eryri	41.50
3. B. Tucker	CAAC	47.01
4. P. Blease Junior	Brycheiniog	52.27
5. J. Hanger O/35	ForDean	58.20

### JUNIORS

1. O. Jones	Les Croup	37.30
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## MIDGLEY MOOR FELL RACE West Yorkshire AS/5m/1250ft 25.3.00

After winning in a sprint finish, Steve Oldfield gasped "this is a bottom-spankingly good race!" Organiser, Soddy Ruttercliffe claimed "It will be a classic". The race, over Midgley Moor between the Calder and Luddenden Valleys, was held for the first time this year in perfect clear spring weather.

After climbing up through the fields to the moor, runners had choices between checkpoints of longer path runs or direct heather-bashing shortcuts. This spread the runners across the moor on some sections and was particularly interesting on the leg to the final checkpoint after the steep climb out of Luddenden Valley. The race can be won or lost on this section. There was lively post-race discussion about the merits of different routes. Steve's record is up for grabs to whoever works out the optimal route.

The race was just part of another day's triathlon training for Carol Greenwood, who swam two miles, cycled to the race, pipped Lisa Lacon to the finish funnel, then got on her bike again. Veterans' honours went to Richard Griffiths and Ros Dunnington, with Barry Rawlinson first over 50. Over half the field (56%) were veterans. Todmorden took the team prize with Jon Wright, Richard Glover and Simon Anderton, whilst Sharon Taylor and Jane Smith joined Carol to the make Bingley first ladies' team.

The race will be on again next year, perhaps with a bit of Midgley mist to add to the interest.

### Rob Sutcliffe

1. S. Oldfield	BfdA	37.06
2. P. Dobson	Leeds	37.09
3. R. Lawrence	Bing	38.18
4. J. Ingram	Saddle	38.31
5. A. Clarke	CaldV	39.17
6. J. Wright	Tod	39.23
7. R. Glover	Tod	39.26
8. S. Birtwhistle	Ross	39.37
9. J. Hemsley	P&B	40.07
10. R. Griffiths	Holm	41.07

### VETERANS O/40

1. S. Oldfield	BfdA	37.06
2. R. Griffiths	Holm	41.07
3. S. Anderton	Tod	41.34
4. B. Waterhouse	Saddle	41.38
5. R. Crossland	BfdA	42.03

### VETERANS O/50

1. B. Rawlinson	Ross	44.09
2. N. Goldsmith	Altr	46.23
3. J. Baker	EHull	47.12
4. H. Walker	Clay	47.33
5. D. Gibson	Saddle	48.38

### VETERANS O/60

1. B. Rawlinson	DkPk	54.07
2. P. Duffy	FRA	59.57

### LADIES

1. C. Greenwood	Bing	45.47
2. L. Lacon	Holm	45.48
3. R. Dunnington O/40	EChest	46.36
4. S. Reason	Altr	47.42
5. K. Mather	Saddle	47.52
6. S. Taylor	Bing	47.54
7. S. Beconsall O/40	Tod	48.09
8. A. Rees O/50	Tod	48.42

## SUTTON BANK SLITHER - NORTHERN RUNNER WINTER SERIES North Yorkshire BM/7m/1000ft 26.3.00

We found the window in the weather for the sun to shine all race. Whereas the entry was down a little due to pressures from other local races, the spirits were high. An excellent day's racing with a very keen competition between the front four. It was on the final climb (which is a bit of a sting in the tail) that matters were sorted out with a very strong surge from Jason Hemsley gradually moving away from the competing group as they climbed back up the rocky incline to the finish. The other three - Andy Bissell, Matty Wynne and Rob Burn finished in close order. This consolidates Matty's position as leader in the New Balance - Northern Runner Winter Series. Equally, this makes Rob Burn the veteran champion.

In the ladies' race, a very strong run saw Sheila Wilde establish a very early lead over local runner, Angela Haywad. As the race progressed a minute gap had developed at the turn. In the end, Sheila finished very strongly to win quite comfortably. Angela had the consolation of winning the ladies' veteran section.

### Dave Parry

1. J. Hemsley	P&B	39.14
2. A. Bissell	Knives	39.31
3. M. Wynne	Salt	39.36
4. R. Burn	ThirskS	39.41
5. C. Choules	ThirskS	41.15
6. B. Atkinson	Knives	42.09
7. J. Lee	RichZ	43.40
8. D. Collett	Mand	43.51
9. T. Adams	ThirskS	44.08
10. P. Kelly	Darl	44.14

### VETERANS O/40

1. R. Burn	ThirskS	39.41
2. C. Choules	ThirskS	41.15
3. D. Collett	Mand	43.41

### VETERANS O/50

1. M. Hetherton	Nestle	45.50
2. G. Fielding	Ross	46.07
3. L. Stephenson	Kend	47.29

### VETERANS O/60

1. J. Garbarino	NFR	51.55
2. D. Reading	Scarb	52.52
3. J. Amos	Clay	53.51

### LADIES

1. S. Wilde	Sadd	45.01
2. A. Hayward O/40	ThirskS	47.55
3. J. Nicholson O/45	EHull	50.25
4. J. Soper O/40	ThirskS	50.35
5. S. Kempson	NMarske	50.47
6. J. Leather	Amble	51.22
7. M. Gibbs O/50	ThirskS	52.14

## WIRKSWORTH INCLINE RACE Derbyshire BS/4m/650ft 26.3.00

Over one hundred runners turned up on a beautiful sunny morning to take part in the 10<sup>th</sup> Wirksworth Incline Race.

In near perfect conditions, the overall winner for the second consecutive year was Dave Neill. Ged Cudahy came second and James Arnold third.

First lady in a new record time was Janet Kenyon; she shattered the existing record set in 1996 by Jane Shields, by forty one seconds. Last year's lady winner, Caroline Williams, came in second and third was Tracy Erskine.

Fifty two year old Roy Marlow took first place on the Over 50s. The oldest runner was 62 year old Alan Bourne.

The Junior race was won by Kenny Mann, closely followed by his Long Eaton clubmate, thirteen year old David Guy, with Richard Limb as third boy. First girl was 11 year old Gemma Amor and second was 12 year old Ruth Beresford. Third girl was local, Shauna Bridges.

### A.R. W. Woolley

1. D. Neill	Leek	22.20
2. G. Cudahy	Bux	23.25
3. J. Arnold	Matlock	23.46
4. J. Chambers	Chest fld	24.22
5. G. Moffatt	Notts	24.37
6. J. Selby-Sly	Matlock	24.47
7. D. Erskine	Matlock	24.53
8. M. Salkild	Notts	24.58
9. G. Cresswell	Ashbourne	25.32
10. J. Kenyon	Bolt	25.58

### VETERANS O/40

1. D. Neill	Leek	22.20
2. D. Erskine	Matlock	24.53
3. M. Salkild	Notts	24.58
4. G. Cresswell	Ashbourne	25.32

### VETERANS O/45

1. G. Cresswell	Ashbourne	25.32
2. K. Brailsford	Derby	26.32
3. R. Marlow	Derby	26.38
4. M. Moorhouse	Matlock	27.21

### VETERANS O/50

1. R. Marlow	Derby	26.38
2. G. Revell	Derby	29.28
3. J. O'Donnell	Notts	29.35
4. G. Young	Derby	30.43

### VETERANS O/55

1. G. Young	Derby	30.43
2. A. Bourne	Staffs	36.03
3. T. Butcher	Derby	37.33

### VETERANS O/60

1. A. Bourne	Staffs	36.03
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### LADIES

1. J. Kenyon	Bolt	25.58
2. C. Williams	Matlock	26.46
3. T. Erskine	Matlock	28.06
4. S. Young	Matlock	29.40
5. J. Henderson	Matlock	30.20
6. L. Purves	Hants	30.39
7. N. Kuszynski	Matlock	32.16
8. L. Evans	Chest fld	32.20

### JUNIOR BOYS - 2 MILES

1. K. Mann	Notts	15.13
2. D. Guy	Notts	15.16
3. R. Limb	Notts	17.13

### JUNIOR GIRLS - 2 MILES

1. E. Amor	Belper	18.49
2. R. Beresford	Old	19.00
3. S. Bridges	Matlock	19.02

## LLANBEDR-BLAENAVON Gwent AL/14m/4500ft 1.4.00

The weather forecast was for fairly warm weather with occasional showers. What they didn't tell us was about the low cloud covering the top 500 feet of all three peaks. This seemed to cause everyone problems, even myself as the organiser. Having done the race 21 times already, I was a little unsure of the way to go and due to assorted injuries, was adopting my usual role as sweeper only as far as the first hill. At checkpoint 2, which is a stile off the first summit, I was somewhat perturbed to learn that ten people hadn't passed that way. However, a short pause located all of them approaching, albeit from all points of the compass. I then headed for the finish but I gather similar problems occurred on all three hills. The results was times well down on previous years with the leaders 8-10 minutes slower than usual. In fact, that was the general trend right to the tailenders, ten minutes slower than usual.

Our hills are fairly safe being three discreet hills surrounded by roads but it was still a relief to all when Mark Palmer came in, compass in hand, followed by Pete Maggs and Nick Janvier together, perhaps having had a few debates on the correct route as they ran. Regular competitor, Adrian Orringe, in his best ever placing, was next and the highest lady finisher ever, in fifth overall, was Ruth Pickvance. Although not a record, Ruth was only nine minutes down on the winner compared to twelve minutes in the record year - an incredible performance.

Congratulations to everyone for negotiating the course in difficult conditions with only one retirement. However, I think a few lessons were learned about carrying and knowing how to use a map and compass rather than just following others who, as it turned out, were lost as well!

### Gareth Buffett

1. M. Palmer	ForDean	2.18.23
2. P. Maggs	MDC	2.20.47
3. N. Janvier	Brackla	2.20.47
4. A. Orringe	MDC	2.23.38
5. R. Pickvance	MDC	2.27.22
6. A. Carruthers	Crawley	2.27.35
7. D. Hill	Salt	2.28.05
8. L. Gwilym	MDC	2.28.11
9. J. Darby	MDC	2.30.00
10. A. Reilly	Fairwater	2.32.12

### VETERANS O/40

1. P. Maggs	MDC	2.20.47
2. A. Orringe	MDC	2.23.38
3. L. Gwilym	MDC	2.28.11
4. J. Darby	MDC	2.30.00
5. C. Gildersleve	Brycheiniog	2.32.12

### VETERANS O/50

1. J. Sweeting	MDC	2.49.50
2. E. Meredith	MDC	2.57.08
3. N. Baker	MDC	3.14.15
4. G. Rose	PortsJ	3.14.16
5. S. Robbins	PortsJ	3.14.25

### VETERANS O/60

1. C. Jones	MDC	3.37.47
2. L. Tempan	Unatt	3.43.28

### LADIES

1. R. Pickvance	MDC	2.27.22
2. V. Musgrove O/35	Eryri	2.48.10
3. R. Bevan	Unatt	2.57.25
4. M. Darby	MDC	



The Pendle junior race charges out of Barley Photo: Bill Smith

## PENDLE FELL RACE Lancashire AS/4.5m/1500ft 1.4.00

Even though there was a championship race at Wrekin the day after, the number of entries was only slightly down on last year.

However, it may explain why both the first male and first female were of the Veteran Over 40 category. Simon Thompson had been leading Steve Oldfield up the first climb of Pendle Hill and on the tough descent to the base, but by the top of the climb up the middle of the hill, Steve had pushed himself to the front and held the lead to the finish.

The first lady home was Vanessa Peacock who is having a tremendous year, with another local runner, Debbie Gowans, second.

For the first time this year, we organised a set of races for the Juniors (a learning curve for ourselves) and with 20 runners over the two races, we were surprised and happy with the numbers - 18 runners in the Under 12s' race, the winner being Caleb Wetherell and second, Matthew Parker. In the Under 16s, Tim Ellis came home ahead of Ross Whitaker. All the junior runners went home with a medal and something special.

Maybe other race organisers should consider adding a junior race to their main race - it certainly can make it a family affair for the juniors and encourage and maintain more junior runners.

Sorry for the problems with the results - it was caused when a runner hit our numbers' marshal and other runners passed through without their numbers being taken. We will ensure it doesn't happen next year. The repairs to the village bridge did cause problems with parking - we didn't know of this until the repairs started in February and did discuss changing the date. However, after taking other races into account, we decided against it.

Many thanks to all the marshals, friends and relatives for their help and also to Rossendale Mountain Rescue. Special thanks to Kevin Rogan and his daughter, Kate, for their help, advice and assistance with the junior races. Hope to see you all next year.

### David Bailey

1. S. Oldfield	BfdA	32.21
2. S. Thompson	Clay	33.08
3. B. Cole	Horw	33.23
4. G. Gough	Clay	34.06
5. G. Schofield	Horw	34.17
6. J. Ingham	Saddle	34.23
7. D. Hope	AchR	34.29
8. J. Deegan	Amble	34.32
9. A. Payne	Ross	34.36
10. T. Chew	Clay	34.48

### VETERANS O/40

1. S. Oldfield	BfdA	32.21
2. G. Gough	Clay	34.06
3. G. Schofield	Horw	34.17
4. B. Waterhouse	Saddle	37.19
5. K. Masser	Ross	37.23

### VETERANS O/50

1. B. Rawlinson	Ross	37.38
2. B. Mitchell	Clay	37.47
3. P. Aldersley	NthnV	37.51
4. K. Taylor	Ross	37.57
5. R. Futrell	Holm	38.12

### VETERANS O/60

1. N. Bush	Ilk	39.47
2. B. Evans	Eryri	46.13
3. P. Davis	Saddle	47.30

### LADIES

1. V. Peacock O/40	Clay	39.13
2. D. Gowans	Acc	40.37
3. K. Wallis O/40	Clay	40.44
4. L. Lacon	Holm	41.50
5. J. Rawlinson O/40	Ross	42.14
6. G. Darby	L'pool	45.04
7. J. Leather	Amble	45.07
8. N. Fellows	Newb	45.27

### INTERMEDIATES

1. D. Baldwin	Chor	38.52
2. A. Livesey	Prest	39.32
3. M. Wood	Unatt	43.44
4. A. Brown	Unatt	45.06
5. G. Rose	Clay	47.33

### JUNIORS U/12

1. C. Wetherell	Kghly	4.49
2. M. Parker	Kghly	5.13
3. R. Beresford Girl	Traff	5.31

### JUNIORS U/16

1. T. Ellis	BoltUtd	16.05
2. R. Whitaker	Wharfe	17.13

## CAUSEY PIKE Cumbria AS/4.5m/1780ft 1.04.00

A record entry of 119 runners - very surprising considering it was an English Championship race the next day. Despite the forecast, the weather stayed dry and sunny - thank goodness!

Congratulations to Janet King in setting a new course record.

### Lyn Thomson

1. S. Booth	Borr	32.43
2. G. Bland	Borr	33.07
3. A. Schofield	Borr	33.54
4. B. Taylor	CFR	36.59
5. D. Gartley	Gloss	37.03
6. J. Archbold	CFR	37.08
7. S. Hicks	Borr	37.59
8. M. Davies	Borr	38.17
9. P. Clark	Kend	38.31
10. J. King	CFR	38.37

### VETERANS O/40

1. D. Gartley	Gloss	37.03
2. S. Hicks	Borr	37.59
3. K. Smith	CFR	40.10

### VETERANS O/45

1. P. Clark	Kend	38.31
2. A. Duncan	Bowland	42.26
3. I. Black	CFR	44.37

### VETERANS O/50

1. M. Litt	CFR	39.54
2. D. Spedding	Kesw	40.00
3. S. Harwood	Kesw	48.12

### VETERANS O/55

1. Y. Tridimas	Bowland	43.08
2. P. Dowker	Kend	45.03
3. M. Hind	Borr	47.17

### VETERANS O/60

1. R. Booth	Kesw	45.52
2. H. Catlow	CFR	54.46
3. D. Rutter	Unatt	56.47

### LADIES

1. J. King	CFR	38.37
2. K. Beaty O/40	CFR	44.39
3. D. Thompson O/40	Kesw	47.30

### JUNIORS

1. J. Hartley	CFR	44.15
2. C. Hindmoor	CFR	44.23
3. D. Hawley	CFR	50.10

## SPEGLA SKYLINE '00 Mourne Mountains AL/12m/4500ft 1.04.00

1. B. Ervine	Ballyd	2.02.30
2. N. Carty	NBelf	2.09.03
3. W. McKay	Albert	2.26.30
4. J. Patterson	Albert	2.31.50
5. D. McNeilly	Ballyd	2.31.52
6. P. Howie	Larne	2.32.39
7. S. Linton	BARF	2.34.06
8. G. Clarke	Albert	2.40.35
9. S. Donnelly	BARF	2.41.30
10. J. McBride	BARF	2.41.45

### VETERANS O/40

1. P. Howie	Larne	2.32.39
2. J. McBride	BARF	2.41.45
3. F. Crawford	BARF	2.42.20

### VETERANS O/45

1. W. McKay	Albert	2.26.30
2. F. Hammond	BARF	2.51.38
3. K. Barnbes	BARF	2.55.10

### VETERANS O/50

1. J. Patterson	Albert	2.31.50
2. J. Sloan	NDown	2.56.06
3. R. Cowan	Unatt	2.57.05

### VETERANS O/55

1. B. Magee	Larne	2.51.38
2. R. Ferry	Cookstown	3.20.42

### LADIES

1. S. Donnelly	BARF	2.41.30
2. E. Scott	Westes	2.56.29



Clayton's 70 year old stalwart Tony Ball begins the climb up the 'Big End' at Pendle Photo: Bill Smith

## MOUGHANMORE - HILL & DALE SERIES

### Mourne Mountains AS/3m/1500ft 06.04.00

The Funky Worm, alias Neil Carty, made his early season intentions clear in the first race of the 2000 Hill and Dale Series, Moughanmore. Carty has not been competitive in the overall series for some years now, preferring to concentrate on peaking for races later in the season. This year, though, is different as Carty will break his traditional batchelor ways and tie the knot at the end of May; hence, with his days of freedom numbered, he is getting as much early racing in before it is too late!

1998 Champion, Davy McKibbin, filled his now traditional bridesmaid's role with second place for the third year running. Fast out of the blocks as ever, he was caught just before the top of Pigeon Rock by Carty and slowly lost touch, turning at Moughanmore summit some 20 seconds down. Carty came home clear of McKibbin. Both are possible series champions and with McNeilly and Bryson still in the wings, it promises to be a close run championship.

Ninety four runners started and completed the race, the biggest field ever for the opening race. The Hill and Dale Series is for all abilities, with each race unique in terrain and length. So, whilst the first runner was home in just over half an hour, the 94<sup>th</sup> runner took around seventy five minutes, with everyone a winner in their own right.

First lady, Sileen Donnelly, is hot favourite for the series and was home in 30<sup>th</sup> overall. Anne Sandford was second and Roma McConville third.

#### Martin McVeigh

1. N. Carty	NBelf	30.42
2. D. McKibbin	N'castle	32.05
3. J. Somerville	BARF	34.05
4. B. McKay	Albert	34.37
5. S. Begley	Albert	34.45
6. P. Howie	Larne	34.49
7. S. Taylor	BARF	35.35
8. B. McBurney	N'castle	35.41
9. M. Cowan	LVO	35.49
10. R. Rodgers	N'castle	35.59

#### VETERANS O/40

1. P. Howie	Larne	34.49
2. F. O'Hagan	Newry	37.05
3. J. McBride	BARF	38.06

#### VETERANS O/45

1. B. McKay	Albert	34.37
2. P. McGookin	ACKC	38.33
3. M. Barton	ACKC	39.05

#### VETERANS O/50

1. D. Rankin	BARF	38.31
2. F. Strickland	Ballyd	38.41
3. W. Kytelle	ACKC	39.45

#### VETERANS O/55

1. B. Magee	Larne	38.49
2. G. Geddis	Ballyd	44.44
3. E. Moore	Lunchtime	46.12

#### VETERANS O/60

1. T. Donnelly	ACKC	47.05
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#### LADIES

1. S. Donnelly	BARF	39.48
2. A. Sandford	Ballyd	42.18
3. R. McConville	NDown	44.52
4. V. Cordiner	LVO	46.32

## SNAEFELL FELL RACE

### Isle of Man AS/5m/1900ft 8.04.00

Tony Okell made it "three times in a row" to secure victory in the annual Snaefell Fell Race, continuing his excellent good form, which has seen him beaten only once in all competitions this year, that being at Sliue Whyllian on New Year's Day.

A good field of 31 runners lined up at the bungalow to tackle the tough 5-mile course, including the long climbs of Clagh Ouyr and that of the island's highest peak, before the last fast drop back to the bungalow finish.

The ex-Stockport man led virtually for the whole of the race, a slight error out of the Snaefell mines enabled Laxey doctor, Dave Young, to close in, but it was not enough to stop Okell claiming victory.

Behind "Doc" Young came Brian Osbourne, who had another superb run for third spot, holding off the fast finishing Richie Stevenson to claim the Over 40s' prize.

Water Board worker, Dave Clarke, produced another promising performance with a top six placing, while it was good seeing Brenda Walker back on the fells following achilles problems, taking the ladies' award from current champion, Rose Hooton.

#### Phil Cain

1. T. Okell	ManxH	45.30
2. D. Young	ManxFR	45.42
3. B. Osbourne	ManxFR	47.19
4. R. Stevenson	ManxFR	48.03
5. D. Clarke	ManxFR	48.31
6. P. Cain	NthnAC	49.00
7. D. Corrin	ManxH	50.59
8. J. Crellin	ManxH	51.22
9. B. Walker	ManxFR	51.24
10. B. Cannon	NthnAC	51.35

#### VETERANS O/40

1. B. Osbourne	ManxFR	47.19
2. P. Cain	NthnAC	49.00
3. J. Coulson	IOMV	66.08

#### VETERANS O/45

1. R. Stevenson	ManxFR	48.03
2. J. Crellin	ManxH	51.22
3. R. Moughtin	Western	54.29

#### VETERANS O/50

1. D. Young	ManxFR	45.42
2. D. Corrin	ManxH	50.59
3. A. Postlethwaite	NthnAC	53.32

#### VETERANS O/60

1. I. Crystal	ManxFR	60.24
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#### LADIES

1. B. Walker	ManxFR	51.24
2. R. Hooton	NthnAC	56.45



Tony Okell, winner at Snaefell Photo: Tony Rowley

## KNOCKFARRELL HILL RACE

### Highland BS/5m/1200ft 08.0400

This is the first year the present course has been run in dry conditions, which was very surprising as four days previously, parts were covered in knee deep snow, none of which was left on race day.

Graeme Bartlet took full advantage of the good going by knocking two minutes off his own record of last year, leaving the rest of the field in his wake in the process.

Keith Varney was also in a class of his own in the veterans, knocking nearly three minutes off the previous best time.

For the ladies, Sonia Armitage had a good run but couldn't manage to beat the course record of 44.30 set by Tracy Brindley in 1998.

Many thanks to all the helpers who turned out to make this a very successful and enjoyable day.

R. Wilby

1. G. Bartlet	ForresH	37.24
2. A. Wright	Invern	39.52
3. K. Varney	Cosmic	40.10
4. A. MacLeod	Unatt	40.41
5. A. Keith	HBT	40.46
6. S. Axon	HBT	42.30
7. D. Armitage	Cosmic	42.44
8. I. Mackellaig	Loch	43.21
9. A. Smith	Deeside	43.56
10. F. Duguid	Deeside	44.35

#### VETERANS O/40

1. K. Varney	Cosmic	40.10
2. D. Armitage	Cosmic	42.44
3. F. Duguid	Deeside	44.35
4. M. Maclean	Invern	44.48
5. I. Mackay	HBT	45.03

#### VETERANS O/50

1. G. Mitchell	Invern	46.21
2. F. Duguid	Deeside	46.47
3. L. Volwerk	Loch	54.02

#### LADIES

1. S. Armitage	Cosmic	46.29
2. A. Forrest	Invern	49.32
3. A. MacLean O/35	Invern	50.20
4. K. Boocock	Cosmic	51.36
5. S. Hay O/50	HHR	53.02
6. S. Gunn	Invern	56.08
7. M. Johnson	Unatt	57.31
8. G. Paul O/50	Carn	67.57

## "UP AND RUNNING" HEROD FARM HILL RACE

### Glossop AS/3m/1100ft 12.4.00

Once again the weather was unpleasant for this midweek evening race but this didn't deter 89 runners who took on a very slippery course. Not surprisingly, records weren't challenged but a strong race by Ged Cudahy saw him finish over a minute and a half clear of last year's winner, Andy Norman. Dale Gartley finished third and first veteran. Tony Hulme claimed an Up and Running voucher for finishing first Veteran Over 50!! Rebecca Hilton repeated last year's success to be followed by Jane Melon and Janet Robertson.

A big thank you to Steve Hill, Gillian Holloway and all marshals on a wet, cold and windy evening.

#### Barry Hobbs

1. G. Cudahy	Stock	23.37
2. A. Norman	Altr	25.09
3. D. Gartley	Gloss	25.29
4. N. Bassett	StaffsM	25.31
5. G. Watson	Altr	25.35
6. M. Hartell	Macc	26.06
7. T. Hulme	Penn	27.02
8. A. Jenkins	DkPk	27.35
9. T. Longman	Macc	27.45
10. L. Cudahy	Unatt	27.52

#### VETERANS O/40

1. D. Gartley	Gloss	25.29
2. T. Longman	Macc	27.45
3. P. Moore	FRA	29.25
4. A. Fitzpatrick	Manch	29.51
5. A. Bocking	Penn	29.53

#### VETERANS O/50

1. T. Hulme	Penn	27.02
2. R. Taylor	Penn	28.10
3. A. Brentnall	Penn	29.05
4. R. Marlow	DkPk	31.23
5. J. Chadwick	Penn	32.29

#### VETERANS O/60

1. D. O'Leary	ManchY	46.18
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#### LADIES

1. R. Hilton	Macc	31.46
2. J. Melon	Penn	33.42
3. J. Robertson	Spectrum	34.07
4. A. Brentnall O/50	Penn	34.32
5. C. Baguley	Gloss	35.05
6. R. Gibbon	Sadd	37.27

#### JUNIORS

1. S. Turton	Unatt	29.02
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## CASTLEWELLAN - HILL & DALE SERIES

### Mourne Mountains

#### AS/5m/1200ft 13.4.00

A record field of 101 runners toed the start line in Castlewellan Forest Park for the second race of twelve in the 2000 River Rock Hill & Dale Series. Conditions were cold as the last blast of winter exerted itself on the runners and underfoot the tracks were as slippery as they have ever been. The eternal bridesmaid, 1998 champion, Davy McKibbin, saw this week the late appearance of Deon McNeilly, 1999 champion, to challenge him and just to thicken things up, Davy's brother, Alan, made one of his rare racing appearances.

Straight from the gun, it was these three who dominated as the first climb got under way. Behind, it was the much improved Steve Begley and Billy McKay ahead of Damien Brannigan making his first racing appearance in around seven months - rust clearly visible as he strolled out towards the summit of Slievenaslat. McNeilly and McKibbin (Davy) were neck and neck at the race's highest point after some fifteen and a half minutes with McKibbin brother some twenty seconds down. In the ladies' category, Shileen McDonnelly was well clear, by the summit, of Trudi Brown and Anne Sandford.

McNeilly was always maintaining the pressure and arguably, McKibbin having a much better race than Moughanmore, wouldn't let up. Inevitably, though, he finished second, a mere four seconds adrift - contended that he was pleased and now leads the series after two races. A measure of the tough conditions though was McNeilly's winning time, over two minutes outside Robbie Bryson's record.

McKay finished a very creditable fifth and first Veteran Over 45. Behind Peter Howie was first Veteran Over 40 in 12<sup>th</sup> overall. First Veteran Over 50 was Francie Boal in 28<sup>th</sup> overall, behind the first Veteran Over 55, Billy Magee. Tom Donnelly again came home first Veteran Over 60 in 72<sup>nd</sup> overall.

It was worth reflecting that seventeen of the competitors were aged fifty or over in this race, out of forty veterans "over 40" in total. This helps to break the myth that runners have to hang up their shoes at a much earlier age - years ago very few runners have lasted past their thirties. Nine ladies competed and 99 of the 101 starters finished the full course.

Martin McVeigh

1. D. McNeilly	N'castle	31.55
2. D. McKibbin	N'castle	31.59
3. A. McKibbin	N'castle	32.40
4. S. Begley	Albert	34.05
5. B. McKay	Albert	34.22
6. D. Brannigan	N'castle	34.26
7. P. Rodgers	N'castle	35.28
8. G. Somerville	BARF	36.08
9. R. Rodgers	N'castle	36.26
10. R. Brown	Ballyd	36.31

#### VETERANS O/40

1. P. Howie	Larne	36.41
2. J. McBride	BARF	40.26
3. I. McMurray	BARF	42.27

#### VETERANS O/45

1. B. McKay	Albert	34.22
2. I. Parke	Ballyd	37.07
3. J. Curran	N'castle	37.28

#### VETERANS O/50

1. F. Boal	Ballyd	40.48
2. J. Sloan	NDown	41.08
3. F. Strickland	Ballyd	41.22

#### VETERANS O/55

1. B. Magee	Larne	40.04
2. E. Moore	Lunchtime	4.345
3. G. Geddis	Ballyd	45.09

#### VETERANS O/60

1. T. Donnelly	ACKC	46.28
2. H. Young	Ballyd	49.18

#### LADIES

1. S. Donnelly	BARF	41.02
2. T. Brown	ACKC	43.01
3. A. Sandford	Ballyd	43.49
4. V. Cordner	LVO	47.52



Ruth Pickvance, first lady at the MMM Photo: Tony Rowley

## MOELWYN THREE PEAKS RACE

### Gwynedd

#### AM/9.5m/2800ft 22.04.00

It was the tenth year of the annual Moelwyn Three Peaks Race on Easter Saturday. Once again this year the race was dominated from start to finish by James McQueen in the senior men's category and Tracy Ambler in the ladies' category.

The race over the years has attracted runners from all over the country and this year was no exception, many faithfuls come back year after year to enjoy the beautiful scenery that the race brings on its ten mile course over Wales' most pleasant land. The race takes its course from the school field up to the old quarry of Cwmorthin with the old ruins of the quarrymen's houses and chapel overlooking the fishing lake. It then climbs to another derelict quarry, Rhosydd, before reaching the first and highest peak with its panoramic views, Moelwyn Mawr 2800ft. It then descends down the mountain, ranges other peaks and across the Hydro Electric Dam and back to destination.

Yes! We have one of the most scenic races in Wales, come and look for yourself, you will not be disappointed, there is always a welcome in the hillside!! Croeso I Bawb!

R. Roberts

1. J. McQueen	Eryri	1.17.13
2. E. Roberts	Eryri	1.21.33
3. J. Blackett	MDC	1.21.41
4. R. Thomas	DarwenD	1.22.33
5. P. Evans	Eryri	1.25.19
6. R. Owen	Eryri	1.27.31
7. T. Jones	Eryri	1.29.00
8. D. Williams	Eryri	1.29.03
9. C. Lancaster	Telf	1.30.48
10. C. Rhodes	MACC	1.30.53

#### VETERANS O/40

1. E. Roberts	Eryri	1.21.33
2. R. Owen	Eryri	1.27.31
3. D. Williams	Eryri	1.29.03
4. D. Whitney	BroDys	1.31.08
5. S. Barnard	Eryri	1.35.21

#### LADIES

1. T. Ambler	P&B	1.36.02
2. P. Jeffs	BroDys	1.52.03
3. K. Hutton	NWRRC	2.02.50

#### LOCAL

1. D. Roberts	Unatt	1.37.18
2. D. Williams	Eryri	1.49.07
3. J. Hicks	Unatt	2.02.45

#### JUNIORS U/18

1. G. Crompton	Unat	40.37
2. D. Jones	Unatt	45.12

#### JUNIORS U/16

1. G. Williams	Eryri	22.35
2. O. Williams	Unatt	24.00
3. D. Williams	Unatt	24.50

#### JUNIORS U/14

1. I. Griffiths	Unatt	26.00
2. J. Jones	Unatt	27.00
3. G. Jones	Unatt	30.00

#### JUNIORS U/12

1. S. Roberts	ColwynB	21.03
2. A. Jones	Unatt	22.40
3. J. Lancaster	Telf	24.05

## MANX MOUNTAIN MARATHON

### Isle of Man

#### AL/31.5m/8000ft 22.4.00

Easter Saturday was the 31<sup>st</sup> running of the race that visits all the major hills on the Isle of Man in a north to south direction, starting in Ramsey and finishing 31 miles later in Port Erin.

Conditions were dry but all the summits were covered in thick mist and heavy rain the night before had left the tracks very wet and slippery.

Pre-race favourite and last year's winner, Andy Trigg, scored a tremendous win but only after a long battle with local champion, Tony Rowley, the outcome of the race settled in the last couple of miles on the climb from Fleshwick.

Paul Thompson had been with the leaders up to the 25 mile point near Cronk ny Iree Laa but had to settle for third, a repeat of his 1997 result.

There was a large bunch of runners at the front for the first two hours of the race as everyone took care in the mist. New Isle of Man resident, Tony Okell, opened a lead on Colden but then went off course, as did a number of others including Ruth Pickvance, who was making her debut in the race. Okell recovered well to finish in the top six with Pickvance recatching Polly Gibb on Slieauwhallian to take the female award, her time very good considering her loss.

The new finish on a grassed area outside race headquarters at the Ocean Castle in Port Erin was a big improvement on previous years. This was obviously helped by the glorious sunshine which the runners enjoyed in the latter stages of the race. There cannot be many races in the British Isles which can boast such a beautiful setting for a finish.

Despite almost clashing with the Three Peaks this year due to the lateness of Easter, the Manx was able to attract an entry similar to last year, mostly from off island, which the organisers were satisfied with. Almost half the entry in the run were newcomers and, like last year, there was an international flavour with runners from Holland and South Africa competing.

The organisers would like to thank all the helpers who made the race possible and to the generosity of the various sponsors.

Tony Rowley

1. A. Trigg	Gloss	4.55.23
2. T. Rowley	ManxFR	4.58.05
3. P. Thompson	Clay	5.12.46
4. A. Hauser	P&B	5.17.18
5. P. Wooddisse	Knaves	5.32.17
6. T. Okell	ManxH	5.36.05
7. P. Browning	cLAY	5.37.00
8. R. Stevenson	ManxFR	5.41.55
9. W. Mykura	Carn	5.42.02
10. S. Whitaker	Clay	5.46.02

#### VETERANS O/40

1. A. Hauser	P&B	5.17.18
2. P. Browning	Clay	5.37.00
3. R. Stevenson	ManxFR	5.41.55
4. W. Mykura	Carn	5.42.02
5. A. Sunter	Horw	5.48.13

#### VETERANS O/50

1. D. Ashton	Unatt	5.49.12
2. F. Thomas	DkPk	6.24.59
3. A. Appleby	Prest	6.34.13
4. R. Callister	ManxFR	6.56.20
5. M. Blake	Eryri	7.04.26

#### VETERANS O/60

1. I. Chrystal	ManxFR	7.52.46
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#### LADIES

1. R. Pickvance	MDC	5.51.14
2. P. Gibb	Mercia	6.11.48
3. A. Powell	Carn	7.43.16

#### MANXMAN

1. T. Rowley	ManxFR	4.58.05
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#### NEWCOMER

1. W. Mykura	Carn	5.42.02
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Natalie White, Yorkshire u/18 fell running champion, fifth at Rivington Pike Photo: Allan Greenwood

## WALSH RIVINGTON PIKE RACE

### Lancashire

#### BS/3.25m/700ft 22.4.00

Mike Bouldstridge enjoyed a highly successful debut in this long-established fell classic - currently in its third century of running, leading home last year's winner Neil Wilkinson.

Bouldstridge, who last season dabbled in uphill mountain running, moved clear of the 300-plus strong field as the runners left Lever Park Avenue to begin the 700ft climb to the pike summit. Although Wilkinson, the reigning Inter-Counties champion, pulled back the half minute deficit at the top, Bouldstridge eased clear on the tarmac approach to the finish to win by just four seconds, the heavy conditions and torrential rain slowing the runners considerably.

Needless to say, given the conditions, Bouldstridge - and Claire Tomkinson, winner of the ladies' race - missed out on the colour TV on offer for breaking John Wild's (1981) and Carol Greenwood's (1986) course records of 15:53 and 19:35 respectively. One lucky winner did go home considerably better off for his £2.50 entry fee, however, as the race organisers raffled off the prize, donated by local company, Hitachi Automotive Products, in the Crown Hotel afterwards.

"I was pleased with my climb but was worried by the descent," said a jubilant Bouldstridge afterwards. The Birchfield Harrier also added that his pre-race tactics were to open as big a lead as possible by the summit to lessen the chances of being caught on the steep and treacherously slippery downhill. Clearly he timed things to perfection.

Wilkinson held off last year's fourth-placer Robert Hope for second with training partner and junior mountain international, Michael Cayton, taking a fine fourth. Wilkinson was far from despondent with second, however, but went on to admit that circumstances will prevent him from defending his Inter-Counties title at Moel Eilio on May 8. He has a far more pressing engagement on that particular day as he ties the knot with long-time girlfriend, Sarah Young, sixth in the World Trophy at Edinburgh in 1995 and currently one of Britain's leading performers over 5000m.

Ian Shakeshaft timed his finishing burst to perfection as he came through to take first Veteran O/40 in 19th place ahead of Horwich duo Steve Jackson and Tony Hesketh, the reigning English Veteran O/50 champion. First veteran home, however, was Veteran O/45 runner, Steve Williams, who bettered last year's eighth place to finish an excellent seventh.

Claire Tomkinson finished a fine 45th overall from the quality field to take top-honours in the ladies' race. The Charnwood runner - 40th in her World Trophy debut in Malaysia last September - finished well clear of a resurgent Janet Kenyon who, in turn, held off Janet Rashleigh of host club Horwich RMI Harriers for second.

Despite the appalling conditions, the course was lined with thousands of Bank Holiday spectators, many of whom come back year after year to witness Britain's second oldest amateur fell race. Clearly it's not only the runners themselves who are mindful of the significance of this event with well over a hundred years of competition as well as the scores of top-flight runners to have won the race down the years. Three-time winner and Veteran O/40 course record holder (17:44) Ron

Hill, who has run the race a record 28 times, is one of many who continue to be attracted to the event, finishing second Veteran O/60 just one place ahead of former course record holder, Ron McAndrew - running his 21st Pike race - who finished one place further back.

#### Gareth Webb

1. M Bouldstridge	Birch	17.26
2. N. Wilkinson	Salf	17.30
3. R. Hope	P&B	17.51
4. M. Cayton	Horw	18.12
5. R. Hudson	Imp	18.27
6. R. Jackson	Salf	18.49
7. S. Williams	Salf	19.13
8. D. Hope	AchR	19.18
9. M. Liptrott	Horw	19.19
10. P. Singleton	Amble	19.22

#### VETERANS O/40

1. I. Shakeshaft	Bolt	19.58
2. M. Salkild	DkPk	20.10
3. G. Webb	Horw	20.23

#### VETERANS O/45

1. S. Williams	Salf	19.13
2. S. Jackson	Horw	20.03
3. R. Green	AchR	20.22

#### VETERANS O/50

1. T. Hesketh	Horw	20.06
2. J. Dore	Roch	22.14
3. M. Crook	Horw	22.22

#### VETERANS O/55

1. P. Jepsen	Ross	22.49
2. P. Murray	Horw	23.47
3. K. Smith	RedR	24.35

#### VETERANS O/60

1. T. Orrell	Clay	24.08
2. R. Hill	Clay	27.40
3. R. Dearden	Clay	28.17

#### VETERANS O/65

1. L. Pollard	AchR	29.01
2. J. Coope	Horw	29.20
3. F. Grundy	Unatt	39.52

#### VETERANS O/70

1. A. Robinson	Horw	29.23
2. I. Evans	Lost	36.08

#### LADIES

1. C. Tompkinson	Charn	21.03
2. J. Kenyon O/40	Unatt	21.52
3. J. Rashleigh O/35	Horw	22.03
4. J. Smith	Altr	22.07
5. N. White U/18	Holm	22.31
6. K. Drake O/35	Spn	23.38
7. S. Webb O/35	Horw	24.07
8. D. Allen	Bury	24.59

#### MEN U/18

1. C. Waters	Skip	19.50
2. M. Hammer	B'burn	20.18
3. P. Harrison	Horw	22.16

#### MEN U/20

1. C. Heyes	Prest	19.34
2. A. Livesey	Prest	21.31
3. T. Moore	Unatt	24.43

## PENTYRCH HILL RACE

### Cardiff

#### BM/7.5m/1700ft 25.4.00

The seemingly endless rain of April stopped in time for the race but left the course, especially the northern slopes of the Garth Hill, very wet and slippery. Entries were down by 23 on the previous year, probably because the race fell on the Bank Holiday.

Julian Baker ran a very determined race to improve on his second placing of the previous year, although his time was over a minute slower and over four minutes slower than Paul Wheeler's record of 47.44, set in 1996. Newcomer, Alan Jones, pressed Julian hard in the closing stages to achieve a very creditable time of 51.57. Over 40 veterans featured prominently with Nigel Webb first veteran and third overall. Joe Charles, competing in the race for the second time, was first Junior Man. Only four ladies competed this year with Sian Pritchard taking the honours.

This year, for the second time, the race hosted the South Wales Regional Championships and that brought an added interest to the proceedings.

As usual, everyone was delighted with the support they received in the far corners of the course from the 30 marshals, all members of the village church, ensuring that they kept to the straight and narrow way!

#### John Gough

1. J. Baker	LesCroup	51.15
2. A. Jones	PontyR	51.57
3. N. Webb	GriffH	53.20
4. J. Bass	ForD	54.12
5. P. Bennett	Brid	54.28
6. J. Rees	Neath	55.13
7. S. Robst	LesCroup	55.19
8. R. Jones	Pegasus	55.23
9. J. Charles	ForD	55.47
10. M. Tabor	SanD	56.01

#### VETERANS O/40

1. N. Webb	GriffH	53.20
2. P. Bennett	Brid	54.28
3. J. Rees	Neath	55.13
4. S. Robst	LesCroup	55.19
5. M. Tabor	SanD	56.01

#### VETERANS O/50

1. R. Morris	SandD	57.33
2. J. Sweeting	MDC	64.55
3. M. Davies	Miskin	65.40
4. I. Law	CaldV	65.53
5. N. Carter	Unatt	68.02

#### LADIES

1. S. Pritchard Jun	Brecon	69.11
2. F. Williams O/35	Card	78.36
3. J. Harrison	Unatt	79.52

#### JUNIOR MEN

1. J. Charles	ForD	55.47
2. P. Ryder	Card	57.14

## CONISTON FELL RACE

### Cumbria

#### AM/9m/3500ft 29.4.00

Youngest ever winner! Good dry running day - visibility down to 100 metres on the tops. High entry of veteran runners - probably reflecting the Three Peaks Race the following day. 162 runners with no injuries. A good time had by all, including the organiser!

#### N. Matthews

1. S. Savage	Amble	1.14.59
2. N. Sharp	Kesw	1.15.08
3. C. Moses	Bing	1.15.57
4. D. Duxbury	Amble	1.17.27
5. P. Pollitt	Bolt	1.18.19
6. J. Tomlinson	Clay	1.19.27
7. D. Gartley	Gloss	1.19.37
8. M. Fleming	Amble	1.19.43
9. L. Orr	Bowland	1.22.01
10. B. Bolland	N'burgh	1.22.30

#### VETERANS O/40

1. J. Tomlinson	Clay	1.19.27
2. D. Gartley	Gloss	1.19.37
3. M. Richardson	Amble	1.26.47
4. I. Block	CFR	1.29.03
5. P. Browning	Clay	1.30.04
6. S. Hounslow	Wharfe	1.30.13

#### VETERANS O/50

1. B. Rawlinson	Ross	1.29.15
2. J. Hope	AchR	1.33.41
3. D. Fell	Wharfe	1.35.28
4. D. Lockwood	DkPk	1.35.54
5. P. Dowker	Kend	1.37.12
6. J. Laycock	Amble	1.37.25

#### VETERANS O/60

1. B. Wilson	DkPk	1.38.39
2. D. Brown	Kend	1.48.14
3. K. Gresty	Wesham	1.53.21
4. H. Catlow	CFR	1.53.50
5. R. Moulding	B'burn	1.56.53
6. J. Pittillo	Teviot	2.02.09

#### LADIES

1. L. Sharpe	Kesw	1.39.01
2. L. Cowell O/35	Kesw	1.39.17
3. K. Wellis O/35	Clay	1.42.48
4. J. Meeks	Unatt	1.44.25
5. J. Ligema O/35	Unatt	1.45.28
6. J. Rawlinson O/45	Ross	1.45.30
7. A. Rees O/35	Tod	1.48.26
8. L. Richardson	B'burn	

## THREE PEAKS RACE North Yorkshire AL/24m/4500ft 30.4.00

The 47th Three Peaks Race this year incorporated the second event in the best four-from-six race English championships and, as a result, attracted its best quality field to date.

Simon Booth, silver medallist in both British and English championships two years ago, was never out of the leading group eventually coming home just over a minute clear of 1997 winner Ian Holmes after almost three hours of intense competition.

With conditions the hottest for several years, the first summit checkpoint at Pen-Y-Ghent was reached in 28:00 with Alan Bowness, Holmes, Rob Jebb and Booth comprising the leading quartet.

The leaders passed through Ribbleshead in 73:00 with Holmes moving to the fore from Booth, Bowness and Jebb as things changed very little through Wharfedale (the second summit) and Hill Inn.

The final climb up Ingleborough saw Booth and Holmes running neck-and-neck from Bowness, Jebb and Jim Davies before the 31-year old Sellafeld worker edged clear to secure victory. Mark Roberts, the 1998 winner, came through to take fourth behind Davies with Jebb finishing well clear in fifth. Despite the quality turnout, however, conditions ensured Andy Pearce's outstanding 2:46:03 mark, from 1996, remained intact.

Dave Neill, bidding for an unprecedented fifth successive English Veteran O/40 title, appears on course to do just that as he finished first Over 40 in a superb eighth overall. Although Pete McWade was to see Neill miss out on his Veteran O/40 course best of 3:01:50 (from 1989), McWade's Veteran O/50 mark of 3:20:56 fell to Duncan Overton, who held off last year's Veteran O/50 champion Tony Hesketh.

With their five counters home inside the first fourteen, British and English champions, Borrowdale, duly sealed the team award as Horwich, Veteran O/40 title winners in both championships last season also, took veteran team honours.

Sally Newman warmed up for next weekend's CAU Inter-Counties championships in North Wales by taking victory in the women's event in a fine 66th overall from the over-subscribed quality field. Indeed, the event once again attracted the core of Britain's fell runners - elite and club runner alike - with over 600 entries accepted. The Glossopdale runner was in second place behind four-time winner Sarah Rowell at Pen-Y-Ghent but soon found herself out in front after the Los Angeles Olympian dropped out on the moorland before Ribbleshead. Prolific racer, over all surfaces, Vanessa Peacock finished clear of Jenny Rae in second to lead Clayton-le-Moors to the ladies' team award.

Gareth Webb

1. S. Booth	Borr	2.52.43
2. I. Holmes	Bing	2.53.46
3. J. Davies	Borr	2.55.24
4. M. Roberts	Borr	2.56.14
5. R. Jebb	Bing	2.56.49
6. A. Bowness	CFR	2.59.02
7. A. Schofield	Borr	3.04.00
8. D. Neill	Mercia	3.05.20
9. J. McQueen	Eryri	3.05.47
10. G. Devine	P&B	3.10.43

### VETERANS O/40

1. D. Neill	Mercia	3.05.20
2. M. Wallis	Clay	3.10.53
3. A. Hauser	P&B	3.21.02
4. G. Schofield	Horw	3.21.44
5. J. Hartley	Clay	3.23.33

### VETERANS O/50

1. D. Overton	Kend	3.15.23
2. T. Hesketh	Horw	3.36.39
3. K. Carr	Clay	3.40.26

### VETERANS O/60

1. B. Waldie	Carn	3.43.48
2. R. Jaques	Clay	4.09.26

### LADIES

1. S. Newman	Gloss	3.38.26
2. V. Peacock O/40	Clay	3.49.10
3. J. Rae	Amble	3.52.36
4. L. Whittaker	Saddle	3.59.04
5. S. Becconsall O/40	Tod	3.59.51



Messrs Walker and Broderick tussle it out at the Three Peaks Photo: Steve Bateson

## LATTERBARROW LOOP Cumbria AS/3m/1200ft 1.5.00

The weather was favourable yet again for this excellent three mile horseshoe which goes ahead on the rolling hills to the south of the final checkpoint on the Ennerdale Crag Fell. The event features an added prize to the first man and woman into the River Calder immediately after the cavalry charge downhill start.

Rob James, like one or two others in the field, had run the previous day in the 24-mile Three Peaks. Rob conjured up a mightily impressive charge to hit the water first. The ladies' plaudits went to Angela Brand-Barker, who was also quickly out of the blocks.

And so on to the serious stuff!

Two "Peakers" from the previous day soon pulled to the head of the field. The superb vantage point, up on the final checkpoint, Swarth Fell, gave the good-sized crowds the chance to spot Andy "Scoffer" Schofield and course record holder, Alan Bowness, contesting leadership ahead of Martin Amor.

The ladies' race was also going to form with Angela well up the order in ninth, followed by the popular come-back girl, Lynn Thompson.

Alan eased past Scoffa on the haul up to Swarth Fell, as the warm mid-day sun did its worst. The spectators responded with warm applause for the du and, indeed, stayed on hand to encourage the whole field on their way.

Alan's course best survived comfortably but Angela lowered the ladies' record to just 27.02, a fine effort.

A big field of Juniors did their stuff thirty minutes earlier as CFR's Juniors slugged it out for points in this, their fourth counter, in a fiercely competitive championship. Matthew Stuart, yep, some of Kenny and Pauline, just edged out the excellent Simon Clifford, aged 11. 13-year old, Matthew, and Simon look to be two young men with bright futures in this great sport of ours. Simon's older sister, Sarah Clifford, also caught the eye, winning the Under 14 Girls in emphatic style.

Irvine Block

1. A. Bowness	CFR	22.32
2. A. Schofield	Borr	22.46
3. M. Amor	CFR	24.02
4. A. McGeen	CFR	25.41
5. S. Sharp	CFR	25.43
6. M. Litt	CFR	26.28
7. D. Atkinson	CFR	26.40
8. P. Stones	CFR	26.50
9. A. Brand-Barker	Kesw	27.02
10. P. Watson	Unatt	27.24

### VETERANS O/40

1. P. Stones	CFR	26.50
2. P. Pearson	Salt	27.32
3. P. Normington	CFR	27.39

### VETERANS O/45

1. J. Edwards	CFR	29.05
2. R. Davidson	CFR	29.15
3. M. Hind	Borr	29.19

### VETERANS O/50

1. S. Sharp	CFR	25.43
2. M. Litt	CFR	26.28
3. B. Davis	CFR	31.23

### VETERANS O/55

1. D. Morgan	CFR	32.36
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### VETERANS O/60

1. H. Catlow	CFR	33.12
2. B. Hillon	CFR	33.49
3. S. Kirkpatrick	CFR	43.56

### LADIES

1. A. Brand-Barker	Kesw	27.02
2. L. Thompson	Kesw	30.41
3. L. Buck	CFR	33.24
4. L. Winder	CFR	33.41
5. L. Benn	CFR	34.06
6. H. Wilkinson	CaldV	35.20
7. B. Banks	CFR	35.21
8. S. Perry	CFR	37.41

### INTERMEDIATES

1. C. Hindmoor U/18	CFR	28.02
2. R. Lightfoot U/15	CFR	28.30
3. D. Hawley U/16	CFR	32.21
4. D. Hartley U/16	CFR	35.46
5. R. Elliott U/18	CFR	37.41

### JUNIOR RACE U/14S

1. M. Stuart U/14	Kesw	15.55
2. S. Clifford U/12	CFR	16.03
3. Sara Clifford U/12	CFR	17.34
4. James Walker U/14	CFR	18.07
5. J. Walker U/12	CFR	18.54



Mike Walsh, Mike Addison and Kieran Carr, framed by the Ribbleshead viaduct Photo: Peter Hartley

## RAAS PHURT NY HINSHEY

### Isle of man

CS/3m/400ft 1.5.00

Tony Okell stormed to victory in this short 3-mile race in Peel, breaking the course record set last year by Keith Robinson.

Okell has recovered well from his disappointment in Easter's Mountain Marathon when he lost his way when leading. He had already set a course record in a 4-mile road race two days before his record breaking run at Peel.

R. Stevenson

1. T. Okell	ManxH	18.49
2. R. Jamieson	ManxFR	20.13
3. B. Cannan	NAC	21.08

#### VETERANS

1. T. Bates	IOMV	21.32
2. S. Kelly	NAC	21.48
3. P. Cooper	IOMV	22.35

#### LADIES

1. B. Walker	ManxH	21.19
2. R. Hooton	ManxH	23.45

## MOEL EILIO MOUNTAIN

### RACE

#### Gwynedd

AM/8m/3000ft 6.5.00

Siggy Gould (Yorkshire) overcame the warm, sunny conditions to seal victory

in the fourth running of the CAU Inter-Counties championships. Welsh international, James McQueen, led at a fast pace for the early stages of the race only to be overtaken by Gould who led Yorkshire to the team silver medals.

Last year's seventh-placer, Nick Barrable, (Kent) proved the surprise package taking individual silver from three-time British champion Colin Donnelly as North Wales took team gold.

Bashir Hussain, who won the British short course Trail Running title at Nottingham 24 hours later, led Cheshire to bronze as just two points separated positions three to six in a fiercely-fought battle for team honours.

Sally Newman proved the class act in the women's race just seven days after winning the gruelling 24-mile Three Peaks English championship race in North Yorkshire. Newman, fourth last year, guided Greater Manchester to the silver medals as Helen Johnson, who took silver for the second year running, led Yorkshire to team gold to deny Greater Manchester the chance to retain the team title.

Gareth Webb

1. S. Gould	Yorks	63.33
2. N. Barrable	Kent	64.05
3. C. Donnelly	Nwales	66.18
4. J. Blackett	Neast	66.46
5. M. Palmer	Glouc	67.24
6. A. Davies	mercia	68.04
7. J. McQueen	Nwales	68.16
8. P. Sheard	Yorks	69.20
9. G. Rees-Williams	Nwales	69.29
10. A. Norman	GtrManch	69.30

#### TEAM

1. North Wales	17
2. Yorkshire	24
3. Cheshire	43

#### LADIES

1. S. Newman	GtrManch	77.36
2. H. Johnson	Yorks	78.08
3. T. Ambler	Yorks	79.41
4. S. Bretherick	WWales	79.49
5. J. Lloyd	NWales	83.20
6. R. Pleeth	Chesh	84.28

#### TEAM

1. Yorkshire	13
2. Gtr Manchester	22
3. North Wales	27

## NORTHERN RUNNER

### WINTER SERIES

#### OVERALL

1. M. Wynne	283pts
2. M. Burn	274pts
3. J. Blackett	265pts
4. C. Choules	255pts
5. J. Sage	254pts
6. J. Lee	234pts

#### VETERANS O/40

1. R. Burn	300pts
2. P. Buckby	288pts
3. P. Kelly	270pts

#### VETERANS O/50

1. R. Firth	296pts
2. M. Hetherton	286pts
3. L. Stephenson	273pts

#### VETERANS O/60

1. R. Sherwood	300pts
2. B. Hood	284pts

#### LADIES

1. A. Raw	296pts
2. S. Kempson 4	190pts
3. J. Sexton 4	177pts

#### LADIES VETERANS O/40

1. A. Hayward 5	246pts
2. P. Cooper 3	148pts

#### LADIES VETERANS O/45

1. S. Jemson 4	200pts
2. B. Kettle 3	144pts

#### LADIES VETERANS O/50

1. M. Gibbs	300pts
2. G. Buck 3	144pts

## BUNNY RUN ONE

### West Yorkshire

CS/3m/300ft 4.4.00

1. S. Gould	Unatt	18.24
2. G. Patten	P&B	18.44
3. S. Oldfield	BfdA	18.49
4. Phil Sheard	P&B	18.55
5. W. Smith	Kghly	18.59
6. K. Smith	Tod	19.02
7. A. Shaw	Holm	19.11
8. J. Hemsley	P&B	19.16
9. C. Loftus	Kghly	19.22
10. A. Payne	Ross	19.22

#### VETERANS O/40

1. S. Oldfield	BfdA	18.49
2. S. Speight	Kend	19.40
3. R. Griffiths	Holm	20.01
4. M. Foschi	Penn	20.08
5. R. Crossland	BfdA	20.11

#### VETERANS O/50

1. B. Parkinson	Bing	22.12
2. B. Rawlinson	Ross	22.24
3. B. Horsley	CaldV	22.28
4. D. Rhodes	BfdA	22.57
5. P. Jagan	Bing	23.37

#### VETERANS O/60

1. A. Danielson	AchR	26.34
2. R. Cutts	Longw	29.02
3. B. Crowther	Bing	30.10

#### LADIES

1. S. Rowell O/35	P&B	21.01
2. L. Richardson	Chor	23.34
3. R. Kendall	Unatt	23.41
4. K. Rogan	Wharfe	23.44
5. S. Corbin	P&B	24.03
6. J. Rawlinson O/40	Ross	24.07
7. C. Ashton	Clay	24.09
8. K. Taylor	Kghly	24.42

#### JUNIORS U/16 - BOYS

1. M. Buckingham	Holm	19.39
2. M. Pearson	Holm	20.46
3. J. Carter	Spenn	21.05
4. L. Leishman	Unatt	21.49
5. N. Lawton	Chor	22.45

#### JUNIORS U/16 - GIRLS

1. S. Slater	Skip	25.06
2. N. Biddle	Kend	26.38
3. L. Griffiths	Holm	27.24

## BUNNY RUN TWO

### West Yorkshire

CS/3m/300ft 11.4.00

1. I. Holmes	Bing	17.38
2. R. Hope	P&B	17.57
3. S. Gould	Unatt	18.05
4. G. Patten	P&B	18.20
5. S. Thompson	Clay	18.25
6. S. Oldfield	BfdA	18.35
7. K. Smith	Tod	18.45
8. Paul Sheard	P&B	18.47
9. A. Shaw	Holm	18.48
10. T. Plant	Derby	18.51

#### VETERANS O/40

1. S. Oldfield	BfdA	18.35
2. R. Howarth	Middle	19.02
3. J. Cordingley	Bing	19.25
4. R. Griffiths	Holm	19.29
5. M. Foschi	Penn	19.45

#### VETERANS O/50

1. B. Rawlinson	Ross	21.44
2. B. Horsley	CaldV	22.10
3. B. Parkinson	Bing	22.27
4. D. Rhodes	BfdA	22.49
5. B. Russell	Clay	23.33

#### VETERANS O/60

1. M. Mahoney	StBedes	25.04
2. A. Daniels	AchR	26.12
3. R. Cutts	Longw	28.16

#### LADIES

1. S. Rowell O/35	P&B	20.55
2. N. White	Holm	22.07
3. L. Lacon	Holm	22.29
4. H. Glover	Bing	22.30
5. L. Richardson	Chor	22.53
6. R. Smith	Bing	23.10
7. K. Rogan	Wharfe	23.15
8. R. Kendall	Unatt	23.17

#### JUNIORS U/16 - BOYS

1. M. Buckingham	Holm	19.19
2. J. Carter	Spenn	20.20
3. M. Pearson	Holm	20.26
4. N. Howard	BfdGram	21.11
5. L. Leisham	Ross	21.40

#### JUNIORS U/16 - GIRLS

1. S. Slater	Skip	25.13
2. N. Biddle	Penn	26.42
3. L. Griffiths	Holm	26.48



Young bunnies go for it Photo: Steve Bateson

## BUNNY RUN 4 West Yorkshire CS/3m/300ft 25.4.00

1. I Holmes	Bing	17.56
2. R. Jebb	Bing	18.19
3. G. Patten	P&B	18.30
4. D. Hinchcliffe	Longw	18.56
5. C. Loftus	Kghly	19.03
6. R. Howarth	Middle	19.04
7. W. Smith	Kghly	19.17
8. J. Hemsley	P&B	19.18
9. A. Shaw	Holm	19.25
10. A. Clarke	CaldV	19.32

### VETERANS O/40

1. R. Howarth	Middle	19.04
2. R. Crossland	BfdA	19.52
3. R. Griffiths	Holm	20.01
4. M. Foschi	Penn	20.21
5. N. Holding	WPenn	20.45

### VETERANS O/50

1. B. Parkinson	Bing	21.45
2. B. Horsley	CaldV	22.28
3. D. Quinlan	Bing	23.32
4. S. Thompson	Bing	23.36
5. N. Berry	Holm	25.40

### VETERANS O/60

1. M. Mahoney	StBedes	26.08
2. R. Cutts	Longw	28.45
3. B. Pyecroft	Bury	30.55

### LADIES

1. L. Richardson	Chor	22.59
2. H. Glover	Unatt	23.13
3. J. Tompkins	Unatt	24.23
4. L. French	HFrod	25.13
5. S. Slater	Skip	25.42
6. R. Sharples O/35	Kghly	25.46
7. L. Greenham	Kghly	26.01
8. L. Griffiths	Hom	26.40

### JUNIORS U/16 - BOYS

1. M. Buckingham	19.45	
2. D. Sugden	Holm	19.47
3. M. Pierson	Holm	20.16
4. J. Carter	Spenn	20.25
5. N. Howard	BfdGram	21.36

### JUNIORS U/16 - GIRLS

1. S. Slater	Skip	25.42
2. L. Griffiths	Holm	26.40
3. N. Leishman	Ross	27.28

## BUNNY RUN SERIES OVERALL - 3 RACES OUT OF FOUR TO COUNT

1. G. Patten	P&B	8pts
2. S. Oldfield	BfdA	13pts
3. W. Smith	Kghly	17pts
4. J. Hemsley	P&B	22pts
5. A. Shaw	Holm	24pts
6. R. Howarth	Middle	33pts
7. I. Taylor	Kghly	36pts
8. M. Buckingham	CaldV	36pts
9. R. Griffiths	Holm	42pts
		43pts

### VETERANS O/40

1. S. Oldfield	BfdA	3pts
2. R. Howarth	Middle	6pts
3. R. Griffiths	Holm	8pts
4. R. Crossland	BfdA	11pts
5. M. Foschi	Penn	13pts

### VETERANS O/50

1. B. Parkinson	Bing	3pts
2. B. Rawlinson	Ross	5pts
3. B. Horsley	CaldV	7pts
4. D. Rhodes	BfdA	12pts
5. S. Thompson	Bing	15pts

### VETERANS O/60

1. M. Mahoney	StBedes	3pts
2. A. Daniels	AchR	5pts
3. R. Cutts	Longw	9pts

### LADIES

1. S. Rowell	P&B	3pts
2. L. Richardson	Chor	7pts
3. H. Glover	Unatt	12pts
4. R. Kendall	Unatt	13pts
5. K. Rogan	Wharfe	16pts
6. J. Tompkins	Unatt	31pts

### LADIES - VETERANS O/35

1. S. Rowell	P&B	3pts
2. R. Sharples	Kghly	41pts

### LADIES - VETERANS O/40

1. M. Green	Bing	33pts
2. J. Rawlinson	Ross	35pts

### LADIES - VETERANS O/50

1. B. Carney	Bing	3pts
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### JUNIORS U/16 - BOYS

1. M. Buckingham	Holm	3pts
2. J. Carter	Spenn	7pts
3. M. Pierson	Holm	8pts
4. L. Leishman	Ross	13pts
5. N. Howard	BfdGram	14pts

### JUNIORS U/16 - GIRLS

1. S. Slater	Skip	3pts
2. L. Griffiths	Hholm	6pts
3. N. Leishman	Ross	10pts

## 4TH SUNNY BUNNY RELAY West Yorkshire 3 x 2.5m/250ft 2.5.00

1. Triple "H"	37.44
2. Pudsey & Bramley "A"	38.00
3. Bingley	39.13
4. Keighley & Craven	41.34
5. Pudsey & Bramley "Z"	41.37
6. Holmfirth	42.12
7. Wharfedale "B"	42.49
8. 3 Yolks	43.05
9. Duffers	43.26
10. Valley Striders	44.37

### LADIES

1. Pudsey & Bramley Girlies	48.20
2. Keighley & Craven	53.28
3. Bingley	55.16

### FAMILY

1. Wharfedale "B"	42.49
2. Hounslow Wharfedale	45.48
3. Pearce Generation	46.36

### UNDER 16

1. Last Minute	44.41
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## SHINING TOR RACE MAY 17 5 MILES 1500 FEET

After two weeks of warm dry weather it was decidedly cool and wet for the 17th Shining Tor race. 100 competitors started with Gerald Cudahy emerging as the eventual winner in a very good time considering the conditions. (Strong winds and rain). Ro Cole won the ladies event from Sally Gilliver. Evergreen Barry Thackery at 67 years old finished first V60 defeating old rival Brian Howitt.

Roy Marlow seems destined to finish second V50 this year as Richard Scotney, only 50 seven days earlier, finished first. Rob Taylor missed the start again!

The marshals and recorders did a brilliant job in the conditions as did A.A. Sports Results producing a full list of results almost as soon as the runners finished and at a very competitive price. For more details phone 0161 485 7897.

Also many thanks to Kinder Mountain Rescue Team for turning out, it was very reassuring to have you in attendance.

### Tony Hulme

1. Ged Cudahy	Stockport Harriers	00:37:29
2. Malcolm Fowler	Salford Harriers	00:37:57
3. Lloyd Taggart	Buxton AC	00:38:05
4. Steven Penney	Chesterfield	00:38:38
5. Tim Austin	North Derbyshire	00:39:31
6. Nicholas Bassett	Staffordshire Moorlands	00:40:23
7. John Chambers	North Derbyshire	00:41:22
8. Richard Marlton	Stockport Harriers	00:41:29
9. Andrew Carruthers	Crawley AC	00:41:33
10. Ed Gamble	Stockport Harriers	00:41:43

### VETERANS O/40

1. Leonard Best	Stockport Harriers	00:41:52
2. Simon Entwisle	Glossopdale	00:42:07
3. Colin Fray	Pennine Fell Runners	00:42:33

### VETERANS O/50

1. Richard Scotney	Pennine Fell Runners	00:44:47
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### LADIES

1. Ro Cole	Buxton AC	00:49:45
2. Sally Gilliver	Pennine Fell Runners	00:50:25
3. Joanne Phizacklea	Buxton AC	00:52:29



Boff Whalley playing games with his egg/baton at BR Relay  
Photo: Peter Hartley

## BUNNY RUN 3 CS/3m/300ft 18.4.00

1. M. Hawkins	Bing	17.30
2. R. Jebb	Bing	17.46
3. G. Patten	P&B	18.22
4. S. Oldfield	BfdA	18.49
5. W. Smith	Kghly	18.54
6. J. Hemsley	P&B	18.56
7. I. Taylor	Kghly	19.00
8. A. Shaw	Holm	19.00
9. A. Waterworth	Clay	19.02
10. A. Clarke	CaldV	19.20

### VETERANS O/40

1. S. Oldfield	BfdA	18.49
2. R. Griffiths	Holm	19.23
3. R. Howarth	Middle	19.29
4. R. Crossland	BfdA	19.42
5. M. Foschi	Penn	19.57

### VETERANS O/50

1. B. Parkinson	Bing	21.33
2. B. Rawlinson	Ross	21.43
3. B. Horsley	CaldV	22.10
4. D. Rhodes	BfdA	22.58
5. S. Thompson	Bing	23.07

### VETERANS O/60

1. M. Mahoney	StBedes	25.15
2. A. Daniels	AchR	26.09
3. M. Bell	CaldV	29.44

### LADIES

1. S. Rowell O/35	P&B	20.36
2. R. Kendall	Unatt	22.21
3. L. Lacon	Holm	22.50
4. L. Richardson	Chor	22.53
5. K. Rogan	Wharfe	23.05
6. H. Glover	Unatt	23.10
7. J. Prowse O/40	Kghly	23.12
8. S. Taylor	Bing	23.13

### JUNIORS U/16 - BOYS

1. D. Sugden	Holm	20.08
2. J. Carter	Spenn	20.15
3. M. Pierson	Holm	20.28
4. L. Leishman	Ross	21.25
5. N. Howard	BfdGram	21.28

### JUNIORS U/16 - GIRLS

1. L. Griffiths	Holm	26.14
2. K. Woodhead	Holm	26.25
3. N. Leishman	Ross	27.19



## CLACHNABEN HILL RACE Grampian AM/10.5m/3500ft 15.4.00

The NE of Scotland, home ground of the legendary Cosmic Hillbashers, welcomed the hill running fraternity to their isolated domain for the most prestigious hill race ever hosted in the area.

Accumulation of late winter snow made the weeks leading up to the race anxious ones for the organisers but on the day we couldn't have asked for better; most of the snow had gone, visibility was clear and the wind was light. Sections of the course did remain very wet, however, due to the snow melt.

The first four men all went under Mark Rigby's record time from 1998 and Angela Mudge, the ladies winner, smashed her own record time from 1998 by four minutes.

After the race it was soup and stovies and the prize giving at the Burnett Arms Hotel in Banchory. In the evening Radiation Disco, aided and abetted by some good Scots, all kept everybody happy (very happy in some cases) until the wee sma' hours.

The organisers were pleased that so many stayed for the evening's entertainment. We wanted to make the trip worthwhile for those who had come so far (even if we do it all the time).

Brian Lawrie

1. I. Holmes	Bing	1.14.20
2. G. Bland	Borr	1.15.08
3. R. Jebb	Bing	1.15.24
4. J. Davies	Borr	1.15.44
5. S. Booth	Borr	1.16.51
6. M. Roberts	Borr	1.17.10
7. A. Davies	Borr	1.17.35
8. A. Kitchen	Liv	1.18.25
9. G. Devine	P&B	1.18.57
10. S. Gould	Unatt	1.19.01

## British Championship



Helene Diamantides (52) & Tracey Brindley (114) -  
2nd & 3rd at Cladnaben Photo: Ewen Rennie

11. A. Trigg	Gloss	1.19.05
12. A. Schofield	Borr	1.19.13
13. J. McQueen	Eryri	1.19.27
14. D. Whitehead	Cosmic	1.20.06
15. M. Rigby	Amble	1.20.21
16. R. Hope	P&B	1.20.29
17. S. Stainer	Amble	1.20.31
18. C. Donnelly	RhedGryr	1.21.11
19. B. Ervine	Ballyd	1.21.15
20. N. Sharp	Kesw	1.21.30
21. M. Wallis	Clay	1.22.26
22. G. Wilkinson	Clay	1.22.27
23. Phil Sheard	P&B	1.22.34
24. G. Barbour	Cosmic	1.22.46
25. G. Bartlett	Forres	1.23.04
26. Paul Sheard	P&B	1.23.29
27. J. Coyle	Unatt	1.23.42
28. H. Lorimer	HBT	1.23.56
29. N. Spence	Borr	1.24.18
30. A. Davis	Carn	1.24.33

### VETERANS O/40

1. C. Donnelly	RhedGryr	1.21.11
2. M. Wallis	Clay	1.22.26
3. R. Gallagher	W'lands	1.25.03
4. G. Gartley	Gloss	1.25.05
5. S. Jackson	Horw	1.25.08
6. B. Proctor	Kend	1.25.20

### VETERANS O/50

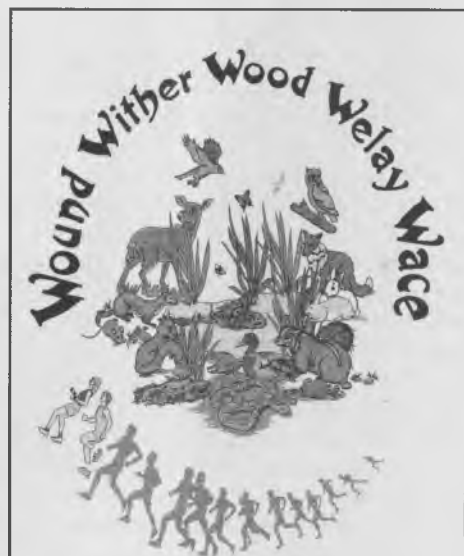
1. D. Overton	Fife	1.26.18
2. T. Hesketh	Horw	1.28.20
3. M. Walsh	Kend	1.30.32
4. J. Holt	Clay	1.31.25
5. D. Tait	DkPk	1.31.54
6. K. Taylor	Ross	1.31.57

### VETERANS O/60

1. B. Waldie	Carn	1.37.03
2. R. Bell	Amble	1.47.43
3. R. Booth	Kesw	1.49.39
4. S. Cromar	DundeeHH	2.00.35
5. D. Adam	Fife	2.05.26
6. H. Blenkinsop	Kesw	2.23.37

### LADIES

1. A. Mudge	Carn	1.25.04
2. H. Diamantides	Carn	1.29.33
3. T. Brindley	Cosmic	1.33.52
4. C. Miller	Cosmic	1.35.16
5. P. Gibb	Mercia	1.39.03
6. N. Davies O/40	Borr	1.30.09
7. J. Rae	Amble	1.40.45
8. G. Keddie	Bing	1.41.39
9. L. Sharp	Kesw	1.42.05
10. D. Scott	Loch	1.42.11
11. K. Powell	Carn	1.43.20
12. L. Whittaker	Saddle	1.43.42



This popular and fun relay, which raises funds to help preserve this ancient woodland, will now take place from the Denby Dale Pie Hall. (The Travellers is now an Indian restaurant!)

The course will therefore be a new one, still taking in the wood. Prizes and the craic will be as good as ever (and the beer is cheaper).

Hope to see you at the new venue, whether regulars or new competitors. All details as in February entry in calendar.

Contact Neil Denby, 15 Greenside, Denby Dale, West Yorkshire HD8 8QY. E-mail nmdenby@netscapeonline.co.uk

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# Bad Day on Bowfell

## The Langdale Horseshoe Fell Race

If ever a house was ideally situated for the start of a fell race it's the BBRCC house at Raven Crag, for the Langdale Horseshoe race, a 14 miler with 4000 feet of climbing, starts on the little bridge just before you turn into the NT car park at the Old Dungeon Ghyll Hotel.

We duly booked into the house at Raven Crag for the weekend of 9/10th October 1999 and I entered the race as I have done annually for the past six years. The weather in the Lake District in October is extremely fickle and I had been monitoring the forecast all of the week leading up to the race weekend, unfortunately it didn't look too promising. I drove up on the Friday evening and it rained all the time I was driving, which wasn't a great problem on the M6. It was quite a different proposition on the road from Skelwith Bridge to Great Langdale however, it's bad enough on that road when it's dark but when it's also pouring with rain it makes the last three miles of the journey quite an ordeal.

On the Saturday morning, race day, the mountains at the head of Langdale were shrouded in mist. On previous occasions early mist has lifted and I hoped that this would be the case this time. The race starts at 11.00am and race numbers can be collected from outside the Old Dungeon Ghyll Hotel from about 9.30am. I had a stroll down to collect my number and had a look at the weather forecast: mist, rain and wind was the order of the day it seemed. I returned to the house to get ready for the race and have a final look at the route on the OS map on the lounge walls. Having done the race before I was reasonably confident I could get round even if it was misty. It is a requirement of the Fell Runners Association to take with you a map and compass, whistle, cagoule and bottoms and emergency food on a race like this.

I went down to the start ten minutes before the off. The race has seven checkpoints which are marshalled and must be visited by all competitors, preferably in order! For anyone interested in entering the race in the future checkpoint 1 is at the far end of Stickle Tarn, checkpoint 2 is on the summit of Thunacar Knott, checkpoint 3 is at Esk Hause shelter, checkpoint 4 is on the summit of Bowfell, checkpoint 5 on Crinkle Crag, checkpoint 6 on the summit of Pike O'Blisco and checkpoint 7 at the cattle grid on the motor road from Great Langdale to Blea Tarn.

The race starts on the bridge as mentioned earlier and meanders along the path behind



*Those Lakeland Longs are always .. well .. long! Paul Dugdale pictured climbing out of Link Hause on the Fairfield Horseshoe. Photo: Peter Hartley*

the house towards the New Dungeon Ghyll Hotel and turns left up Stickle ghyll to Stickle Tarn. This initial climb is quite demanding and it seems to take a lifetime before Pavey Ark looms into the scene before Stickle Tarn appears. A brief respite is gained running along the edge of Stickle Tarn before the first checkpoint is gained. As I ran past the tarn I looked for the summit of Harrison Stickle but couldn't see it for mist. It was cold and started so I put on my cagoule because I didn't think it was going to get any warmer considering the climbing still to come.

After checkpoint 1 another steep pull takes the race behind Pavey Ark to checkpoint 2 on Thunacar Knott. From this checkpoint the route crosses Martcrag Moor towards Black Crag. Martcrag Moor must be one of the wettest places on earth. I have never crossed Martcrag Moor in this race without sinking up to my waist in the mud at least once, often twice and sometimes three or four times! Running on such terrain makes my legs tired and by the time it comes to climb across Black Crag the tiredness becomes an additional burden to narrow and muddy uphill path. On a good day the view down into the Mickleden valley from Black Crag is tremendous and I have often lost concentration on this traverse through gazing at the scenery without looking where I was going. The route winds its way behind Rossett Pike to Angle Tarn and then on to the tourist path up to Esk Hause. The terrain changes significantly from here on from wet and muddy bog to rock, which this time became slippery rock as it was still raining. Bowfell summit can usually be seen from the path up to Esk Hause but not today, it was hidden by mist. The climb to the checkpoint at Esk Hause shelter is quite an effort and I was now feeling the effect of struggling across Martcrag Moor.

The race traverses Esk Pike from the Esk Hause checkpoint up to Ore gap, usually along an indistinct path which is difficult enough to pick up on a good day. I set off in the general direction but couldn't find the path. Nor could I see any other runners in front of me to follow. The prospect of retreating and relocating didn't have much appeal so I persevered safe in the knowledge that I was going generally in the right direction. My cagoule is bright yellow and can clearly be picked out in the gloom, which was clearly demonstrated when I arrived at Ore Gap with a posse of runners following my every move.

It seems we were sheltered from the elements by Esk Pike on the way up to Ore Gap because when we got up there rain was being blown up from the Eskdale side and was crossing Bowfell horizontally. I can never understand why gale force winds don't blow the mist away. The mist up here was worse and visibility was down to about 50 yards. Finding the checkpoint on Bowfell, or anywhere really, is easy when the sun is shining. The sun wasn't shining but at least there was now a small group of runners eager to find the way. We must have visited at least five subsidiary tops on Bowfell (or maybe visited one subsidiary top five times from five different directions. I don't think we'll ever know!) before we found the checkpoint.

Crinkle Crag has three distinct tops and the checkpoint we had to find was on Gunson Knott (I think) which is the summit. After visiting six tops, none of which was the right one, we stopped to consult the map. Map reading theory suggests that you should take a bearing when you know where you are and proceed from there by either following the needle or looking for a recognisable object in the distance to run to. We didn't know with any degree of precision where we were and we couldn't see much more than

## IN THIS PLACE

I love this eloquence of silence,  
a time to think; unfettered thoughts  
fly in meaningless directions.  
Today the world has shrunk  
into this valley of seclusion.

I am so loth to leave this place,  
and will stay until the evening  
shadows chase away the reddening sun.  
I have been here so many times;  
walked the valley floor by sparkling beck,  
run serrated ridges by white moonlight,  
climbed the splintered crags  
that tested every nerve and sinew.

A sunset closes down my day,  
but memories of so many years remain.  
A silver moon reveals the branches  
of one solitary oak as blackened embers.  
The day has gone.  
To this place I shall return,  
a soul, a spirit ever restless for its home.

*Peter Travis*

20 yards now anyway. To be honest we collectively thought we had overshot the checkpoint and were contemplating a get down as quickly as possible to the finish route when two walkers appeared from the mist. "Is there a checkpoint up there?" I asked. "Yes, just up there" came the reply. I couldn't believe it, we were no more than 30 yards from the checkpoint and couldn't see it.

There is a route choice from this checkpoint, once the 'bad step' has been safely negotiated, either to skirt round the next crinkle and avoid some extra non essential climbing (always a good idea when tired) but possibly get lost again or follow the obvious path up and over the crinkle (always a good idea when you don't want to get lost again) and down the other side to pick up the path down to Red Tarn. I took the follow the path option and soon found myself at Red Tarn minus any followers who must have been put off by the extra climbing involved.

The climb up Pike O'Blisco from Red Tarn is daunting. It isn't particularly long but the tiredness of the preceding twelve miles of running takes its toll. The top never seems to get any closer and I always seem to get cramp in the hamstrings, of all places, on this climb. The descent from the checkpoint heads down towards Oxendale but we should turn off to the right at some point and aim for the cattle grid. I missed the turn and, along with three or four followers who foolishly assumed I knew what I was doing, I had to traverse across to the cattle grid lower down the path through chest high bracken.

The finish is now in sight and the race comes down the hillside and through the campsite on to the road and into the finish

# 'A THANK YOU TOKEN TO PETE'



*Photo: Allan Greenwood*

## Pete's decade of international duty

Pete Bland's decade of services as England team manager was officially recognised during a surprise party at The Castle Green Hotel, Kendal in March.

Led there under the misapprehension that he was simply 'going out for a meal' with his wife Ann and Malcolm and Christine Patterson, Pete was more than a little surprised to find around 70 or so friends and fellow runners, including England World Championships team representatives from the past ten years.

Pete was awarded a specially commissioned framed design, by ex Kendal AC runner Terry Johnson, which depicted a red St. George cross, made up of beautifully scripted wording - naming the World Trophy venues together with the respective England team members.

The work now finds pride of place in the hallway of Pete and Ann's Staveley home.

*Allan Greenwood*

field by the little bridge at the NT car park. It was quite a relief to finish the race and it took me about 3 hours and 45 minutes, about half an hour longer than expected. Not too bad in the circumstances.

At least 12 miles of the 14 are above 1500 feet and for all of the time it took to cover

those 12 miles it was misty. I hope the weather is better in 2000. I don't think it could be any worse (unless it snows!)

The race is on 7th October 2000 should anyone be interested.

*Brian Carey, Rochdale Harriers*

# 30 YEARS AGO....

## Just think....

The Queen Mother was only 70.  
Maggie Thatcher wasn't even an MP  
What was a computer anyway?

It would be 15 years before 'Studmarks' was published  
Jon Broxap was nobbut a lad, Dave Woodhead was still at school,  
Andy Styan was young (look at him now, right!) and Selwyn  
Wright and Mike Rose had hair (OK, I made that one up)  
Many marriages have come and gone, kids have grown and flown  
and had kids of their own...

But how many stayed with the sport?

Whatever happened to those youngsters that were tipped for greater  
things? Did the profiles do them any good or kill them off?

Have we seen a brother  
and sister team like  
Simon and Kate Bailey?  
(left)

Or a mother and daughter team like Elizabeth  
and Jonathon Tomes? (Below)

What does the next 30 years hold?

The October issue aims to be a celebration of  
30 years of fellrunning - but it can't be  
done without you. What do you want to  
see again? What favourites would you  
like others to read?

Clip or photocopy the item, or, if  
you're not sure, contact Jon  
Broxap - one of the few  
people I know with a  
complete archive of  
Fellrunners.

If you want to see  
it, we'll do our  
best to track it  
down.



Andy Styan, v50, at West Nab  
Photo: Allan Greenwood



Brother and sister act u/20 and senior winners,  
West Nab Photo: Woodhead



Young Jonathon tackles the quarry run while  
Mum sets a v40 record Photo: Woodhead



Founded 4th April 1970

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# TAIL OF THE CHOCOLATE BUNNY

*Once upon a time there was an Inn on a hill, where nearby there was a small stretch of moorland, and on that moorland people gaily flew their kites, model aeroplanes, rode their bikes and walked their dogs in total innocence.*

*That was of course until 1992 when some scantily clad strangers started to appear on the moor. They had strange footwear and spoke in jibberish tones, with comments about Egg Stage, lactic acid, studs and Easter eggs all being muttered in sheer excitement. As with all stories there is an happy ending, if you shut your eyes and say the magic words three times.....*

**BUNNY RUNS.....BUNNY RUNS.....BUNNY RUNS.....**

*now the story will unfold.*

## GOULD RUN AT ONE

A new name now adorns the belly of the fluffy bunny perpetual trophy, which is only awarded at bunny run one, the name etched there is Siggy Gould, or it could well be Siggymoud Abderus Gould. The 22 year old, has been a member of the British orienteering squad numerous times, but found his over enthusiasm in his running, and not map reading his downfall, so fell running could be just what he's looking for. Formerly of Leeds City, by now he will be draped in the famous Bingley Harriers colours, so he's bound to be an attribute to their already strong team. He took all the honours here only being headed by Karl Smith briefly on the way to the Egg Stage, but Siggy passed the marker in 3-28, two seconds clear. His debut up the steep banking echoed the comments of the other 227 runners, "I virtually had to scramble up the steep banking, and felt totally heavy legged on the immediate fast running along the wallside, expecting Karl Smith or anyone to come flying past. I suppose they felt as bad as me". The Devon born lad eventually crossed the finish line in 18-24, twenty seconds ahead of Graham Patten, with first over 40 Steve Oldfield once again dominating that category in third. At 43 years, Steve is certainly maturing with age, this was his 10<sup>th</sup> Bunny over 40 triumph, and came 2 days after winning Pendle fell race outright. As reported in one local newspaper, "there is only supposed to be some 300ft of climbing, but it feels like a lot more at the pace at which these races are run".

Returning the ladies fluffy bunny from last year's win, Chairperson of the English selection committee, Sarah Rowell duly kept her mitts firmly on the perpetual trophy, with a convincing victory in 21-01. The Guinness beer, Easter cake, chocolate bunny (in its hutch), metre of mini rolls, boing rabbit toy



Hand over hand is the only way Photo: Steve Bateson

and a giant Easter egg should keep her chocolate needs at bay.

Certainly the biggest surprise of the night was a coach full of soldiers from the Army Apprentice College at Harrogate all 47 running in their army red vests, a wonderful sight to see. Although they all seemed to set off together, it was obvious rivalry was intense, and Scott Haslam's victory salute in 33<sup>rd</sup> position said it all. Yes, the Corporal had just pipped the Captain Ian Johnson by two seconds, and certainly earned his prize, and the admiration of his colleagues. The downside of their journey home was that John Brannon, winner of the pint of orange contest caused quite a commotion by having to stop the bus owing to a call of nature.

No such problem for Danielle Kane the girls winner, while in the half yard of ale contest, race organiser Dave Woodhead put to good use his large mouth, and duly won in 9 seconds with seven competitors emptying the glass.

## THE MASTER AT TWO

With the undisputed King of the Bunny runs, Ian Holmes attending, the question was who would be second, as always when the master is around. The 34 year old duly obliged by notching up his sixteenth Egg Stage win in 3-34, and also his sixteenth outright victory. As Ian says, "these races are ideal speed sessions, and with the British championship race Clachnaben at the weekend it was ideal preparation. I always go off fast and then ease off, the rest of the field give up too easily especially to the Egg Stage. It has been voiced that Paul Sheard knows a Leeds City track athlete capable of beating me, bring him on, NO CHANCE! I tend not to run faster than I have to, once someone's broken my course record of 16-43, then that will give me the incentive". (For the record Holmsie won at Clachnaben).

The answer to who finished second was no other than Robert Hope, who got the better of Siggy Gould by 8 seconds from a massive field of 250 including 56 ladies, which is very encouraging.

These races are all about completing the course, in no matter what time, Ian may well do 17-38, but the organisers recognise the slower element with a prize for the person with the most guts and determination, which this evening was duly won by Mary Shepherd, showing her children Sally and David that mum can run aswell. Another feature is that spot prizes are alive and well, for those runners who might not get the chance of a prize otherwise. At each race a free guess the winner's race time is always on offer, with the prize being what else but a Cadbury's kilo bar of chocolate, with under 16 winner Mark Buckingham's dad John being the recipient to Holmfirth's joy.

Once again the Army came mob handed, with Scott Haslam finishing 33<sup>rd</sup> position again, but being quicker by some 30 seconds, as new names filled many of the first 40 mens prizes.

After finishing 16<sup>th</sup> overall and winning Wardle Skyline on the Sunday, Sarah Rowell could only manage 42<sup>nd</sup> here and yet improved her time from Bunny one by 6 seconds. A part of the winners prizes tonight were 3ft tall blow up bunny rabbits, one of these mysteriously found its way into Paul and Jo Briscoe's vacant rabbit hutch, much to their surprise. You don't have to look far for the culprit although she is in denial, but has a wicked sense of humour.

A new feature is the amount of cyclists now competing, in the ladies it was last year's 3 Peaks cyclo cross winner, Kali Taylor with husband Ian being the fastest on two feet aswell as two wheels. Others to feature include Alistair Rees, Mark Chryssanthou



Mens and ladies series winners - Graham Patten and Sarah Rowell Photos: Peter Hartley

and Robin Bradbury who all seem to be finding the transition into fell running a new successful challenge.

### LUCKY HANDBAG AIDES SARAH AT THREE

An Easter present of a purple furry rabbit handbag stashed full of chocolate eggs, proved to be Sarah Rowell's lucky charm. After emptying the contents, the former Olympic Games and World Cup athlete pinned it to her shorts, and raced away to break her own V35 record. This 20-36 clocking also proved to be the fastest time since Jo Smith two years ago.

"It was very pleasing to get the old gits record, maybe the bunny handbag helped me as I wanted as many people to see it as possible," said the now 37 year old. Certainly this proved the case as 220 athletes including 55 of the fairer sex were left giggling and astonished at seeing the lucky charm, this win ensured Sarah won the overall title, with three straight wins. Sarah will by now be competing in the Adrenaline Rush 2000, a five day 300 mile event in both North and Southern Ireland involving everything to do with outdoor sports such as, cycling, swimming, trekking, running etc.

Second lady was an unattached athlete who has improved throughout the series, Rebecca Kendall, a Yorkshire born lass and a former

orienteer, (another not too competent with a map). The 24 year old research assistant at Leeds University intends to stay in fell running, although shortly will be sent to Coventry (through her job!), not renowned for its hills. Congratulations to 53 year old, Barbara Carney of Bingley whose time of 27-04 was a new over 50's record. This also ensured Barbara the giant crême Easter egg

awarded, along with a bottle of Briscoe's Holmsies bobtail brew and the fell running book *Staying the Distance* by Rob Grillo to all category winners in the overall series.

In the men's it was a shock to see the calibre of Mick Hawkins win at his debut at the race, he also won the Egg Stage in 3-32, leaving Rob Jebb second in both these categories. With the aforementioned not competing in the series in third Graham Patten established a series lead from Steve Oldfield, who like Sarah made sure of the veteran forty title in the series. Bingley won the team competition with Hawkins, Jebb and Max Brear who still holds the under 16 record of 18-44 from 1997, 3 giant kilo bars of Cadbury's chocolate were their reward.

Proving that the more Bunny Runs you compete in, the more accomplished you become the Army's Scott Haslam improved to 20-13, just behind first under 16 David Sugden of Holmfirth.

### CABBAGE BUT NO PEN AT FOUR

Anybody that's old enough to remember Fridays in the 60's and 70's, must recall CRACKERJACK on their TV. The gist of the game was to pile the contestants' arms with prizes they had won, with a cabbage being the last thing they had to hold, whatever they dropped they lost.

This was implemented at bunny four where Ian Holmes, Rob Howarth and Lisa Richardson were piled high with beer, cake, giggle bunny, metre of mini rolls, jelly bean carrot, half a dozen Thorntons chocolate eggs and a giant Easter egg off the table plus a cabbage for good measure! If they dropped anything they forfeited it, needless to say to the riotous crowd nothing went astray. One of the comments shouted was "where's the Crackerjack pen?".

Besides the three winners at bunny four, since Graham Patten the overall winner of



Starters egg each other on with real eggs. Photo: Peter Hartley

the series had never experienced the thrill of being piled high with prizes it was put right at this prize giving much to the delight of the other runners. Graham's record was 2nd, 4th, 3rd and 3rd, with three to count to the overall he won with 8 points from Steve Oldfield with 13 points, and Will Smith from Keighley and Craven with 17.

Graham competed in the series to get fit after spending three months in New Zealand, his winter home. There he did win three races, the Luxmore Mountain Grunt 28k, the Snowfarm half marathon a 21k trail event and the Mount Iron Classic 16k, but more importantly spent his time paragliding. An optometrist in Keighley, Graham has represented Wales at road, cross-country and fell, and before that was a part of the GB orienteering squad in the 70's and 80's. One of his dreams is to paraglide above the 3 peaks course and take different and exclusive photos of the runners as they compete in that gruelling event.

Ian Holmes popped along for another speed session, and along with Robert Jebb who finished second they ran the first half fast and then just jogged to the finish as they say, all because they had the 3 Peaks at the weekend.

An interesting name in second to the Egg Stage behind Ian's 3-34 was Keighley and Cravens Will Smith, the Oakbank PE teacher not the movie star, was timed at 3-39 and finished 7<sup>th</sup> on the night, from 174 runners including 37 ladies.

A total surprise at the prize giving for 16 year old Lisa Richardson was her name being called out as the ladies winner, she had no idea when she finished how she had done, so the haul of chocolate prizes was even more a shock. Lisa has represented the England junior team at Knockdhu and the Dublin international, and under Stuart Swann's guidance is obviously doing something right. Certainly she enjoyed all the razzmatazz of the races, and competed in the entire post race contests, along with Nathan Lawton, Peter Dickinson and Anthony Lloyd. Lisa did herself proud as she initially thought she was in the under 18 category, but to her dismay she was classed as a senior, and proved herself against the other more senior ladies. Only 14 seconds behind was another youngster, Helen Glover from Oakbank school, who could have run the series as an under 16 girl, but chose the senior category for some reason.

The veteran over 50 series award hinged on bunny fours outcome, Doctor Brian Parkinson was ready for the showdown with Barry Rawlinson both having 5 points so far. Brian deservedly took the chocolate, beer and book series prize with three firsts and a third. Not strictly a new face to running, he has orienteered for some 15 years, and before that was an accomplished Airedale and Spenn Valley athlete, who has now joined Bingley.

With a mammoth prize giving of 70 Easter eggs for bunny four, another 54 overall eggs plus the Briscoe's 'Holmsies bobtail brew' and Staying The Distance books, not forgetting several boxes of mad about chocolate eggs being thrown into the eager and hungry crowd. The buffet following was soon devoured, then the revelry really kicked off with the Pint of orange won by under 16 winner Mark Buckingham and girl Danielle Kane, before Holmfirth's secretary, Jeff Pierson showed how not to drink half a yard of ale, his spillage was excessive to say the least.

#### RELAY EGG SURPRISE

A beautiful sunny evening greeted the 44 teams that entered the finale to the Bunny Run series involving three runners per team each covering 2.5m/250ft, or basically the long lap of the bunny race route.

First leg runners were instructed to line up and receive their egg baton – not boiled or anything, just an egg as it left the hen, simple as that! While Eileen clucked round at the start with her tray of eggs, the runners were being instructed that any breakage or failure to negotiate the egg all the way around the course would result in a penalty of three minutes. Much showboating, astonishment and sheer delight was evident, before the mad scramble to be off; in fact quite a few were shell-shocked.

Certainly the competition at the front end was extremely tense, with Mick Hawkins running a record breaking final leg in 12-13 to take over a minute out of Gary Devine. This snatched victory for his ad-hoc 'Triple H' team of brother Stephen Hawkins 12-49 and Robert Hudson, 12-42, who set a new record of 37-44, over one minute off P&B's 1997 old record, with Bingley 3<sup>rd</sup> team.

Individually seven runners broke Gary Oldfield's 12-53 record, with Mick Hill actually breaking it twice as he ran P&B's second leg in 12-17 and P&B's Z teams third leg in 12-47.

Although attracting over a dozen international runners, this event is very much a fun event with the emphasis on participation, this obviously means a few runners are poached into various teams with only ten fully fledged athletic clubs entered.

Holding to that tradition the first family team in a new record of 42-49 were the Wadsworths or Wharfedale 'B', Sam, 14-10, Richard, 14-36, and James, 14-03, beat the former holders Steven, Sam and Martin Hounslow who could only manage thirteenth and second family. P&B Girlies with Sally Corbin, 16-43, Sarah Rowell, 15-03 and Ruth Schofield, 16-34 easily won the ladies with an aggregate time of 48-20, from Keighley and Craven ladies with Bingley ladies third. One interesting technique used by Ruth Schofield was to deposit the egg into her bra for safe keeping while she ran, this was much to the delight of John

Buckingham who was collecting the relay batons at the finish. He already has volunteered to collect the eggs next year, and will offer more assistance if this technique is taken up by more ladies. As for the fellas you're on your own!

Body Zone were the first mixed team, with John Adair, 15-56, Steve Schofield, 17-59 and the female member Lisa Lacon, 16-13, who finished 16<sup>th</sup>, one place ahead of the Rogans a mixed and family team.

The changeovers were eggstremely tense affairs, with outgoing runners cradling their palms awaiting the fragile baton egg; meanwhile the incomers were reducing speed rapidly to make safe delivery. The saying 'feathers will fly' was very appropriate at these changeovers as everybody including spectators were highly charged with excitement, and near hysteria as the egg was exchanged.

Much to the Woodentops surprise only two eggs were broken one by a little boy who was heartbroken that he had smashed his egg as he stumbled, and the other cracked, but ingeniously sneaked through onto the tray, it was probably while John was helping Ruth.

SKULDUGGERY reared its ugly head, in the form of the under 16 Last Minute team comprising of Ross Whitaker, 16-01, Mark Buckingham, 14-06 and the culprit Matthew Pierson, 14-34. This youngster made one very big error, in that he handed the egg baton to his unsuspecting mum, Jeanette, and then cheekily recollected it just prior to the finish. Unfortunately for Matthew he did this in full view of several other teams, who hurriedly reported it to race control. Much to his embarrassment, the team's and his mum Jeanette's, this was brought to the attention of everybody at the prize giving. It has to be emphasised that his mum had no prior knowledge to what the baton was going to be or Matthew's intentions. Although there was much jeering and heckling it was decided to let the result stand, now that's true sportsmanship by the regulars at the Bunny Runs.

Next year be warned, skulduggery will not be tolerated!

As for next year who knows what the baton will be, but we do know someone who has an ostrich farm just up the road, so why not turn up just to see what the Woodentops have in store for the Bunny Run Relay runners.

*Now the tale is told of the parable of the Bunny Runs.*

*The moorland is now settling down.*

*The Inn on the hill is now much quieter.*

*The Woodentops can now sleep soundly.*

*So it's time for bed one and all.*

*Oh yes! And by the way they all lived happily ever after.*

# 12th BRITISH FELL AND HILL RUNNING RELAY CHAMPIONSHIPS

EDALE, DERBYSHIRE,

10.00am Sunday 15th October 2000 Organised by Dark Peak Fell Runners.

Edale will be familiar to those who have enjoyed the dubious pleasure of competing in the Skyline. It is a small village comprising a number of hamlets known as Booths located in a valley to the south of Kinder Scout. The main hamlet, Grindsbrook Booth, is where the Church, School, two pubs, two cafes and the Village Hall are located. The Village Hall and the adjacent sports field will form the Event Centre. **Parking space in Edale will be very limited** and therefore use of minibuses/trains would be helpful. The Event Centre is 200 metres from the railway station which is served by trains from both Manchester and Sheffield. There is some bed and breakfast accommodation in Edale, a Youth Hostel, several campsites and a bunkhouse.

**Details** The race will start at 10.00am from the Sports Field and registration will be from 8.00am to 9.45am. Parking information/advice will be circulated with the final details. For those people staying in Edale on Saturday, prior to the event, please leave your cars at the overnight stop if at all possible.

**Eligibility** The event is open to teams of six runners from clubs affiliated to the FRA or a constituent of UK Athletics. **All runners must be first claim members and over 18 years old.** Each team must be made up of 6 individuals, no doubling up allowed, and no runner can compete for more than one team.

**Safety Requirements:** In accordance with FRA Safety Requirements the

following equipment **MUST** be carried by **ALL** runners:

Wind proof full body cover

Map and compass suitable for navigating the Course.

Hat and gloves

Whistle

Emergency food (legs 2,3 and 4)

Kit will be checked and non-compliance will result in disqualification of the team.

Passing equipment to the next leg runner is not allowed.

#### **Route Descriptions**

The course area is covered by OS Outdoor Leisure Map 1 and by Harvey's Dark Peak North and South

Maps. In planning the course an effort has been made to avoid some of the more familiar routes such as those encountered on the Edale Skyline, with the exception of the "Short Solo Leg". The other course will involve traversing some very rough, pathless moorland (heather, peat groughs and bogs). There will be some fast runnable sections.

Leg 1: Solo Short: marked route 6K, 400m ascent.

Leg 2: Solo Medium: marked as far as access land 8K, 600m ascent.

Leg 3: Pairs Medium Navigational 14K marked as far as access land.

Leg 4: Pairs Medium 12K, 750m ascent marked as far as access land.

**Experience** All runners must be experienced for this type of event and **have** competed in at least 2 AM races. **For legs 2,3 and 4 navigational experience will be essential.**

**Entries:** There is an entry limit of 100 teams. Each club is guaranteed one team in each category. The categories are Open (may include women), Veteran Men, Ladies. The entry fee is £30 per team. Clubs may enter additional teams, but acceptance cannot be guaranteed. The entry fee will include a map for the navigational leg and very simple refreshments. Please make cheques payable to "Dark Peak Fell Runners". All entries should be sent on the official entry form to: Dick Pasley, 199 Ringinglow Road, Sheffield S11 7PT and must be received by Monday 4th September. Full information and events details will be sent to all accepted teams by 20th September.

**Enquiries:** For enquiries regarding the event contact Dick Pasley by: e-mail: r.pasley@btinternet.com or mobile: 0771 8066184







**12th BRITISH FELL AND HILL RUNNING RELAY  
CHAMPIONSHIPS  
SUNDAY, OCTOBER 15th 2000  
Organised by Dark Peak Fell Runners**

**CLUB:** .....

Name of Club Official Responsible for Entries: .....

Address of Club Official .....

.....

.....

Post Code .....

Telephone number .....

E-mail address .....

**Team Entries:** Each club is guaranteed one entry in each of the categories. You may enter as many teams as you like, however if there is more than one entry in any category, the organisers reserve the right to refuse the extra entries if the race limit of 100 teams is reached. Extra teams will be distributed as fairly as possible across clubs who require them.

Category	Number of Teams
OPEN	
LADIES	
MALE VETERANS	

Total teams entered ..... Total amount at £30 per team £ .....

Cheques payable to: "Dark Peak Fell Runners"

Entries to: Dick Pasley, 199 Ringinglow Road, Sheffield S11 7PT

Entries to be received no later than **Monday 4th September**. Receipt of entries will be acknowledged, either by post or e-mail.

**Late entries will not be accepted.**

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# GRAND RAID DE REUNION

## Le Ravine de Souris Chaud.

In the canyon of the hot mouse the Reunion Harrier circles above, hungry eyes downward, vigilantly searching for dinner. Deep down, in the box canyon below, the hot mice dance, for they are not out in the open with Les Fous.

The raptor turns, empty eyed and soars up and away, to the volcano top where the air is clear. There is food below, but Les Fous are moving too quickly.

Over the volcano dance Les Fous, for it will soon be the bright night, the full moon, and in October each year that means The Traverse des Fous, the crossing of the Crazies.

Who are they, and where are they, these Fous?

The Ile de Reunion, a volcanic outburst, rears abruptly from the Indian Ocean to a volcano of 2700 metres in the south, where the Piton de Fournaise still erupts regularly, and did so last year. It's a fairly well behaved shield volcano, and doesn't usually cause much grief to the islands inhabitants. Not many choose to live in the savage south, beneath the corridor taken by lava flows.

Out in the ocean, a long way out from Africa and India, Reunion developed relatively recently in geological terms, and ecologically the island is quite poorly resourced, with no large native mammals and no snakes. Just les Fous.

Reunion had no indigenous humans. Lately, in 1646, the French deposited some hapless mutineers on a seemingly inhospitable volcanic island. They thrived, and the French government saw fit to turn Mascarin, later renamed Reunion, into a colony. It remains French, and because its economy is part of France, it is relatively affluent for a close neighbour of India and Africa. Prices are not much different to the French Riviera.

The Reunion Harrier is unique to the island. And les souris chaud? Almost certainly they jumped ship.

But that is to digress. Who are the crazies, and what is their dance?

## The Grand Raid

In late October each year, almost 2000 people gather before dawn in a sports stadium at the south of the island. Surely



*The mountains of Reunion Island*

that's enough to call them crazy? Drums beat in the tropical night, floodlights blare, people with serious intent mingle restlessly. Then at the hour of 4.00am, the stadium empties as a flood of energy propels a rush uphill, through a torchlit avenue and up through the sugar cane fields. The leaders have the most severe attack of the crazies. They run uphill with determination, relentlessly, and when civilisation fizzles out they take a jungly tunnel up and up, eventually meeting the dawn sunshine on the very rim of the volcano.

Its about 20 kilometres to this awesome view over the still smouldering lava fields, and just another 5 kilometres to an ash desert and the first crossing of the public road. The road has wound its way up the Piton de la Fournaise in a more leisurely way than the runners, reaching a height of 2400 metres and a magnificent overview of the crater. But on this day, the Crossing of the Crazies, there are many people milling within this remote moonscape. In a tented Point d'Assistance, helpers serve endless coca cola and water, fruit, energy food, and for those who need it, first aid for blisters.

The Mini-Raiders, not yet fully fledged Crazies, call it a day at this point. They've ascended 2400 metres in 25 kilometres from sea level, and are quite justifiably tired.

The sun beats down and most Crazies are wearing 'foreign legion' sun hats with a generous neck flap. As they jog over the fine ash sands and lava flows, their manes fly in the breeze. They have another short climb in sight, and at 2500 metres they top out on the high point of the Grand Raid. The biggest climb is now over, but only 25% of the total distance has elapsed. All later climbs will be smaller, usually a mere 1000 metres.

I took 6 hours to reach this point by 10.00am on Friday 29th October 1999. Its already been a hard day.

What's it all about?

The Grand Raiders are on an epic voyage from south to north across the island, a traverse of 125 kilometres (80 miles) from Saint Joseph to Saint Denis. The super athletes at the front will complete this traverse non stop in under 18 hours, whilst the hikers will take up to 60 hours, the threshold for medal qualifiers. Colin Donnelly took just under 22 hours last year, and I think became the first British finisher. Ever.

The Grand Raid style of ultra-marathon is familiar to the French, and a mountain activity which appeals to fell runners, joggers and hikers. It may appeal to the sort of person who would like to do a Karrimor Mountain Marathon (it takes place on the same weekend!) but doesn't want to carry a tent and sleeping bag, and doesn't like the uncertain British mountain weather in late October. Funnily enough, it doesn't seem too crazy?

The organisers of this mountainous Grand Raid make it very easy for their huge entry of almost 2000 starters. They provide a well marked route, with repeating sponsors streamer tapes to reassure the uncertain, guarding participants against wrong junctions and warning of death potential and dangerous terrain. Every few kilometres they provide a Pointe d'Assistance with food and water, often helicoptered up to mountain tops: encamped paramedic teams lurk along the jungle trailside at frequent intervals, waiting for victims. Not predatory, actually really kind people whose object in life is to keep Grand Raiders on their feet, massaged and cajoled into continuing on a journey of a lifetime.

The support is more than just water and oranges: as much Coca Cola as you can drink, non alcoholic beer, hot soup and all manner of energy food.

At two locations there are major aid stations, halfway in Cilaos and threequarter stage at Grand Ilet. Both have teams of masseurs, paramedics, hot meals and halls full of campbeds with blankets, some with fleas too. Some people collapse for a full nights sleep, others rest an hour or so before pressing on.

The climate during the Grand Raid is quite variable, but predicible. Mornings are hot and sunny and by early afternoon the sea mists have risen to the mountain tops and a complete cloud cover obscures views. This keeps things tolerably warm rather than scorching as it is at sea level. In the ravines the mice stay hot.

### 1999 Grand Raid

This was the 7th running of the Grand Raid de Reunion, and the first five British finishers. Etrangers form a very small component of the Raid; the majority of entrants are Reunionaise and French mainlanders.

To get accepted for the event I had to provide medical evidence of craziness, just sufficient to say that my body was in reasonable working condition. Upon acceptance, the organisers issue route descriptions and maps, and encourage people to train on the course, or by going upstairs two at a time.

As already described, the first section of 33 kilometres climbs from sea level over le Piton de Fournaise, a dramatic taste of volcano scenery, alpine heath, barren black ash and lava with occasional scrub vegetation.

Once the mini-raiders have pulled out, the field thins down a bit, but there are still plenty of people around. You're rarely alone on a Grand Raid. The second 30 kilometre section starts benignly enough with a pleasant descent from the volcano through cattle pastures with an exotic juxtaposition of delicate Arum Lilies and rough gorse, to a crossing of the main trans-island highway. The Grand Raid is a big event for Reunion. Hundreds of cars pack the road verges, giving a carnival atmosphere along the approach to a huge feeding station. There the party continues with a barbecue, music, sandwiches and people lazing around, enjoying the early afternoon sun after a big effort.

But its not over yet, hardly started. The trail continues gently uphill on jungly tracks, insidiously creeping back up to 2200 metres altitude on the lip of the cirque of Cilaos. There, perched on the edge of a colossal drop is the Bivouac Kerveguen, established and refuelled by helicopter. It needs to be, because it is a long way from anywhere, and in particular, a very long way down. The verticality is exceptional, and if it were not for the tropical vegetation clinging to the cliff face and concealing the exposure, some thoughtful people would decline to continue without a handrail or parachute. This is a cruel descent of 1000 quad destroying metres, a rocky zigzagging trail, sometimes with short metal ladders. A fall wouldnt always be fatal, but it would sometimes be a close thing.

All good and bad things must come to an end, and this bad thing comes to a good end in a beautiful forest of Japanese Cryptomeria trees. If you've never seen a forest of these trees its worth going for this alone. Beautiful, but at a terrible price, for the last few kilometres on a good road down to Cilaos were the red hot road to hell.

The organisers had planned well. They knew the likely casualty rate, and at the Rest Station a huge paramedic team was busily syringing blisters and taping up the debris. An even larger team of masseurs was pummeling tired legs, whispering encouragement to exhausted Raiders. Across the yard were dozens of dozing bodies, wrapped in dubious blankets. Outside and inside people were showering, changing sweaty and dusty clothes from packages sent ahead to wait at each rest station. The better prepared even had slippers and towels!

This was half way and for some, the end of the line. For me, after 14 hours on the go, it marked the end of daylight, because tropical days are 12 hours, and followed by 12 hour nights. Soon after 18.00 it was dark and I sat on the edge of a campbed contemplating the pleasure of a little doze. Perhaps just a few hours? But all around me was activity as people pulled on the headtorches and prepared to set off into the night. Carried along by their enthusiasm I abandoned thoughts of much needed sleep and creaked myself upright. Amazingly, despite complete fatigue an hour earlier, everything seemed to function, and I was off.

The third 30 km section links the three huge cirques of Cilaos, Mafate and Salazie, and is a trip which should be on everyone else's agenda, but possibly not at night! These massive natural

amphitheatres hang around Le Piton des Neiges, Reunion's high point, and yes, sometimes there is snow on the Tropic of Capricorn! To link the cirques is a feat of great footpath engineering, something which French Grand Randonees have never shirked from. Reunion's GR1 tackles this challenge, and probably is best enjoyed in daylight. I have a numbly recalled sensation of a long dark climb, the statutory 1000 metres of up, before plunging, equally precipitously, down 700 metres to the deserted school at Marla. There are no roads into the cirque of Mafite, but there is quite a community spread out over the farmable lands. Marla is a spooky place to encounter at midnight. From the dark hillside comes an increasing glow, then round a corner to meet a blaze of floodlights and all the razzmatazz of a feeding frenzy. Bodies lying everywhere. The bunk beds looked appealing, but all were full.

Reluctantly creeping out of the lively atmosphere I had a vague recollection of the map image of a short ascent followed by a col where vehicles can drive to overlook the inaccessible cirque. I had reasoned that the road would continue easily down by zigzags to Grand Islet, the next major destination. An optimistic miscalculation!

The climb out of Cirque Mafite started spookily, crossing watercress beds, then climbing up through rocky woods, often on rickety log paths. With the whole of my world limited to the spread of a Petzl beam, it was hard to get a feel for the big picture. Occasionally a glimpse upwards would locate pinpricks of headlamps from people zigzagging in front. But the really spooky bit was almost tripping over the casualties. The headtorch would pick up a reflection, and I would imagine that I was arriving at an aid station. As I got closer it would turn out to be a reflective strip on someone's jacket, crashed out and sleeping on the edge of the track. Sometimes wrapped in a space blanket, sometimes just slumped forward. These people must have pushed themselves to their limit, and just collapsed. Not serious casualties, the night was too warm for hypothermia. But definitely running on empty.

In a particularly eerie wood came the rising sound of roaring generators. Expecting to stumble into another feeding station, I emerged to a deafening water meadow, where thousands of frogs were making amorous sounds.

At last the col, and roadhead, with a couple of cars enjoying the view? At 3.00am? More amorous sounds?

A steady jog down a well made road soon brought me to another feeding station. In my mental picture the next rest station was almost in sight, but cruelly, this was not to be. Just around the next corner the GR route deviated from the road and began another of those quad destroying 1000 metre descents. This one was interminable, and every bend and rocky step was just like the last. Going slowly, with barely enough light, it seemed to take forever. A group of about ten people crocodiled downwards, staying together for mutual support. And when the down bit stopped there was an awful revelation, and audible groans. Looking up we could make out lines of headtorches zigzagging back up again. Seriously taxing at 4.00am, after 24 hours continuous effort. I was relieved to see that it was taxing everyone. Some were so taxed they collapsed, and there were bodies collapsed by the track all the way to Grand Islet. Some were swaying dangerously, close to sleep, staggering across the path, tripping and stumbling like drunks.

I was grateful to reach the Rest Station at Grand Islet and immediately joined the queue for a massage, then a session of blister bashing before wrapping myself in a flearidden blanket for a short doze. Dawn was breaking as I slept, and at 7.45 I was up and fresh for the final 33 kilometre section. Its amazing what a couple of hours sleep can do!

All systems seemed to be working adequately and a steady amble down the road led to The Wall. There, at the threequarters stage, was the crux. Simply, a seriously steep 1000 metre cliff. The path miraculously zigzags a climbable route which is thankfully concealed by dense vegetation. Without it the exposure would be awesome. Anyone familiar with levadas in Madiera will be able to picture the type of vegetation dripping hillside, rarely tackled head on by footpaths.

This climb takes ..... well, it takes what it takes. Ages. And along the way are the exhausted bodies of the fallen. Some have fallen asleep. Some have just fallen. Its an awful interminable slog and sometime later, after some unhelpful stretchy cable handrails, the top happens suddenly. An abrupt transition from vertical to horizontal. On the horizontal bit there is water, food, music and smiling friendly people whispering kind promises of downhill all the way to the finish. It sounds good, but the reality of 30 km to go hasn't quite sunk in..

The mist had already swirled in and visibility on the Plaine des Chicots intermittent, a glimpse ahead, then gone. But the trail is a smooth worn route across

cracked slabs, painted with a white line. This must be a notorious place, easy to wander off route on a huge pitching rock platform. Soon the track reaches the refuge, another oasis of comfort in a harsh and remote location.

The next 10 kilometres brings depressing little ups and down as the track takes a switchback ride along the cliff edge, through thick jungle. All around was thick mist, in the open barely wet enough to feel like rain, but in the jungle, water condensed on the large leaves, and fell steadily as massive drips, turning the trail to slippery mud.

As each 10 metre climb followed another in quick succession, the map denied their existence and showed only down; its large contour intervals concealing the reality of a sawtooth mountain ridge. Finally, a brutal climb heralded the true descent, and from there on it was truly sweet, or would have been had it not been for the rain, mist and mud. The rain grew more persistent, the jungle denser and the mud grew thicker.

This proved to be a huge tactical advantage for anyone wearing nicely studded Walshes and wielding a couple of handy trekking poles. I was able to whiz along the jungly tunnels, steaming past struggling slippery soled crazies as they clung to trees, often sliding out of control down dangerous descents. All went fine until the final five kilometre plummet. This was torture, as the path zigzagged down through dense woods for 700 vertical muddy metres, over rocky steps, fallen trees, down muddy channels; finally to emerge onto the road just a few hundred metres from the La Redoute Stadium.

Although the leaders had passed through the finish many hours before, there were still plenty of people supporting enthusiastically. It seemed to be expected to put in a bit of a jog around the half lap of track to the finish.

My finish was at 18.00 on the Saturday, 38 hours after starting at 4.00 on Friday, and just in time, as it was dark within an hour. My position was 659th from 1400 finishers within the 60 hour cut-off, and from just under 2000 starters.

The Reunion Harrier circles overhead. It is now late on the afternoon of Sunday, the third day, and the stragglers down below look well nourished and slow, easy prey. Better than those scrawny fleet footed ones....

*Mike Browell  
November 1999*

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# Martin Stone's Long Distance News Summary May 2000

*Do please keep sending me details of long runs for the record books and so that you may be considered for the 2000 Long Distance Award. I have only heard about one notable long hill run since the last summary.*

## NIGEL JENKINS - WINTER CIRCUMNAVIGATION OF DARTMOOR

While most people were preparing for the new millennium, Nigel was running 76 miles and 9000ft around the hills at the extremities of Dartmoor. On the Eve of the Millenium, Nigel set off from Sheepstor at 5am on the inaugural attempt at the route and arrived back 18hrs 3minutes later having moved very quickly considering the few hours of daylight available in mid-Winter. The weather was mainly good for the attempt but some sections were completed in mist and some time was lost because of minor navigation problems. The route took Nigel up the west side of the moor to High Willhays, the highest point on Dartmoor. Then he crossed the northern parts to Oke Tor, Cosdon Hill and Rippator before heading south past Fernworthy Reservoir and across onto the southern moor at the Warren House Inn. Over Hameldon to Sharp Tor and an icy swim across the River Dart, that required a complete change of clothing. After Venford Reservoir it became dark again on Western Beacon and from there on thick fog made progress difficult over the remaining hills, Penn Beacon, Great Trowlesworthy Tor and finally Gutter Tor. Finishing back at Sheepstor at 10pm, there was still time for a excellent pint of Guinness in the Royal Oak at Meavy and an opportunity to thank the many friends and family who had paced and supported him throughout the long day. A fine Winter run in a nice part of the world.

I keep a register of Long Distance Individual Fell Records and rely on those who set new records to keep me informed. In the autumn, a panel of long distance 'enthusiasts' examines details of outstanding performances and a suitable recipient of the award will be chosen. Please send a schedule and brief details of any record-breaking run to: Martin Stone, Sleagill Head Farm, SLEAGILL, PENRITH CA10 3HD, Tel: 01931 714106/107 FAX, EMAIL: martin@staminade.co.uk

## BOB GRAHAM CLUB ACHIEVEMENT OF THE YEAR AWARD 1999/2000

The Club presents an annual award to a member of the club who has completed the most outstanding long distance mountain running achievement/s. The award year runs from 1st May to 30th April and to be eligible for the award, the member MUST BE NOMINATED by a friend or someone who witnessed the event. The nomination should include a description of the challenge, a schedule and reasons why the achievement merits the award.

Nominations for the 1999/2000 award should be sent by June 2000 to: Mr Fred Rogerson, Tethers End, Lindeth, Windermere, Cumbria - Tel 015394 44586

## The Great Lakeland Challenge

April 29, 30 + May 1st 2000  
approx 80m/7000m

This was the third year of The Great Lakeland Challenge, a three day ultra mountain marathon type event, but with a difference. Each day is long and hard and requires participants to have excellent navigation skills and total self-reliance.

This year's route started from Bampton, near Shap, and crossed the High Street ridge before traversing The Dodds and Bowscale, to finish at Heskett Newmarket. Day One times range from 6.23 to 11.36. Day Two ascend the Skiddaw massif before heading for Ullscarf. On the third and final day the remaining survivors crossed Fairfield, Stony Cove and Whether Hill.

This *really* is a tough event, physically and mentally, with 30 people completing the full route from a start list of 42. With only one class (*Hard!*) times ranged from Al Powell's 6.23 + 5.59 + 4.11 = 16.33, followed closely by brother Ivor, to average aggregate times of around 20 - 24 hours for the three days. We have no prizes or categories but a tremendously supportive atmosphere, and everyone's a winner, but sadly there are too many to mention here.

Next year's event, to be held on the same May Day Holiday weekend but over a different route, will be known as The Great Lakeland 3Day, and due to the nature of the event, the number of participants will be strictly limited.

Joe Faulkner

## 'Staying The Distance'

the story of distance running in Keighley and district  
by Rob Grillo.



The first thing that struck me while reading this book is how in-depth the research has been.

Rob tells us the general history of running in Keighley, Bingley, Haworth, Skipton and the neighbouring towns and villages - and comes up with some astonishingly surprising snippets of information along the way.

There are stories that will interest and amuse even non-runners, including the man who won Keighley's first ever road race despite being hit by a motor vehicle, and the leading runner (in a road race) who lost his way twice within sight of the finish line !!

While dealing in depth about road and cross country, there are large sections and many other references to fell running and fell runners over the last century.

The book boasts of featuring every fell race ever run in the district including the many races organised over the past decade by Keighley Hill runners and with Dave and Eileen Woodhead's events at nearby Haworth featuring heavily.

The 152 pages are adorned with many, many black and white photographs, some previously unpublished, of athletes from the area or competing in local races.

These include early pictures of Airedale ladies out training near Skipton, climbing a dry stone wall and one of Cracoe's Billy Pickering winning the Lothersdale race, both circa 1930's.

Then there is a shot of early winners at the now defunct Withens Moor race from Haworth; Jeff Norman, Alan Spence and Dave Slater, and lots of action photo's of such familiar faces as Dave and Eileen Woodhead, Denis Quinlan, Andy Peace, Ian Holmes, Ian Ferguson, Carol Greenwood, Helen Johnson, Jo Anne Prowse and Karen Slater.

Rob Grillo writes about his chosen sport with passion and enthusiasm. This book will be of interest to anyone who has ever run a race in the locality, who are generally interested in the historical foundations of our sport, or simply likes to read every good book containing fell running.

Published by the author and priced at £8.99.

Contact Rob Grillo on (01535) 644519 and please mention *The Fellrunner*. Allan Greenwood