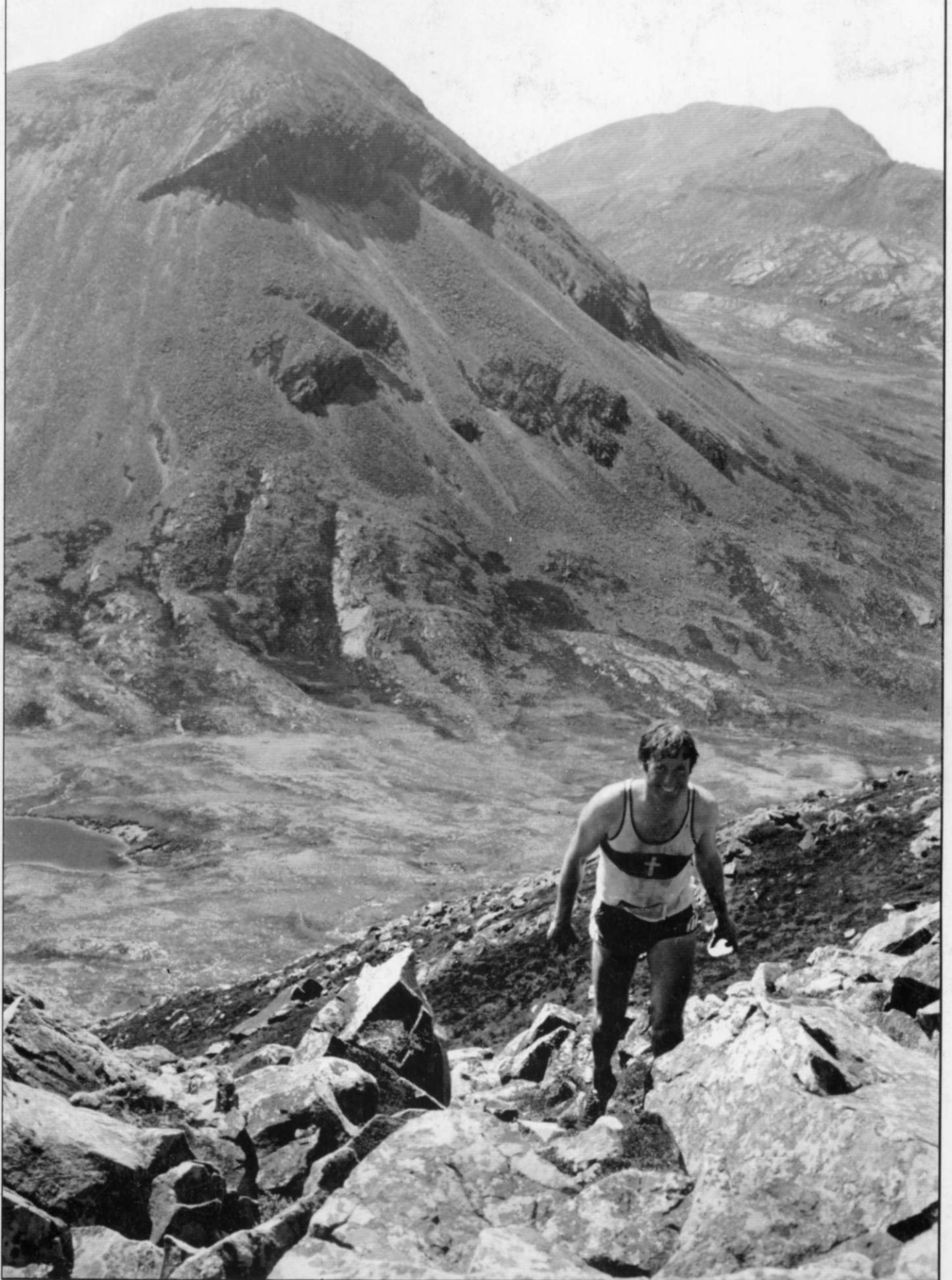


# THE FELL RUNNER Summer 1987



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Front Cover Photo: Bens of Jura 1987. On the final climb (Corra Bheihn) with Beinn Shaintaidh and Beinn An Oir behind. (Photo. P. Hartley).



## Notice of ANNUAL GENERAL MEETING

at  
**CHAPEL STILE VILLAGE HALL  
LANGDALE**

on  
**SATURDAY 10th OCTOBER, 1987  
at 4 p.m.**

All motions and nominations for club representative members on the committee to be lodged with Jon Broxap Esq., Hon. Secretary, 34 Burneside Road, Kendal, Cumbria by 26th SEPTEMBER 1987



FRA presents

## The Annual Dinner Dance

to be held at  
**THE PACK HORSE HOTEL  
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on SATURDAY 17TH OCTOBER  
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- \* Disco/Dance
- \* Presentation of Awards

Tickets price £9.60 available from all committee members or by post from: K. Shand, 13 Chichester Close, Smithy Bridge, Rochdale, Lancashire OL15 8QL.

# EDITORIAL

The feedback I've received from the membership indicates that the new magazine format is proving quite popular. Requests for more race reports, humorous articles, depth of results and championship positions have also been made but my reply is 'you can't print what you haven't got'!

The material for the magazine and thus the number of editions published is dependent upon your support with the end product only being a reflection of the contributions received. I would like to thank all those people who have contributed and ask the many more who have offered but not come up with anything to at last get around to it.

Another limiting factor upon the size and number of publications is, of course, the availability of finance and the priority given to the magazine by your committee. It is quite probable that your committee will decide that there aren't sufficient funds to produce four or even 3 new style magazines each year. If this is the case, will YOU, the members, be prepared to pay more in subscriptions? Each additional magazine costs approximately £1 per member to produce. Both the treasurer and I would be most pleased to receive your comments on this aspect.

On the committee front, most of their time appears to be principally taken up with the organisation of the 1988 World Cup - an event that maybe will effect very few of us directly although all of our support is required if the event is to be a success. Hopefully, your committee does realise that this shouldn't be at the expense of other worthwhile projects although finding sufficient time to devote to these other pressing issues may prove elusive.

Progress on the open fell running issue appears to have floundered - I suppose 'it takes two to tango' is the best way of summing up the present impasse.

Negotiations with the National Trust are continuing but the situation in North Wales remains tense especially in the wake of the Welsh 1,000 metres debacle.

On the positive side, it is good to see the introduction of an annual long distance award scheme - recognition of this side of the sport has long been overdue.

In conclusion, the AGM will this year again be held at Chapel Stile Village Hall following the Langdale race - all the items mentioned above are likely to be discussed so why not take the opportunity of being there? If you can not attend but wish to make your views known, why not write to me or to the Hon. Secretary. Likewise if you want to propose any motions for consideration at the AGM these must be lodged, together with details of your seconder, with the Hon. Secretary 14 days prior to the meeting.



Our distinctive T-shirts are now on sale to FRA members.

In Navy and Grey, and bearing the new FRA logo, they are available with short or long sleeves and sizes. Small 32/34, Medium 34/36 and Large 36/38.

Pete Bland is selling them for the FRA at most fell races or write to him for yours, stating size, style and colour.

Prices: Short-Sleeved, Small, Medium and Large - £3.95. Long Sleeved, Small, Medium and Large - £5.95. (When ordering by post please add 45p for p.&p.)



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# LETTERS

## 1987 N. E. Championships

Dear John,

I am writing to draw your readers attention to the behind the scenes activities in the organising of the 1987 North Eastern Fell Racing Championships.

In previous years the N.E. Championships have been held in conjunction with the Northern Counties - at Buttermere in 1986. However it has long been felt that the championships should be held in the North East. To this end Dave Parry of Mandale A.C. approached the FRA offering to stage the championships in the North East at a proposed race at Reeth in Swaledale. This the FRA committee agreed to.

I am sure many fell runners would agree that a fell racing championship should comply with the FRA definition for a category A fell race. Owing to the lack of category A races in the North East the course at Reeth was devised so as to comply with this definition. The race was thus included in the FRA calendar as being the N.E. fell racing championships.

However it would appear that the FRA are not the authority to grant these fell racing championships. For in order for N.E. AAA medals to be awarded and the honours bestowed permission must be obtained from the Joint Nos. 1/2 Districts Committee of the AAA. Their permission was so sought.

As it turned out the organisers of the Alwinton Fell Race had also approached this committee for their race to be designated the N.E. Fell Racing Championships. By an arbitrary decision of one man, the secretary of said committee, and without consultation with either Dave or, as far as I know, the FRA, the championships were awarded to the Alwinton, a category B race. It is only in its second year of running so it can hardly be termed a race of longstanding. The Reeth race would incorporate the championships in 1988. An offer to the organisers of the Alwinton to swap years was declined since their sponsors apparently wished the championships to be included.

The loss of the championships after a great deal of work is a disappointment to Dave, but it is just one of those things. The real annoyance lies in the way the decision was taken and by whom. In no way do I wish to discredit the Alwinton Race or its organisers; I ran it last year and I found it a great little race with a good atmosphere, but I honestly believe it is absurd for a fell racing championship to be held over a course which is anything other than a Category A.

I suppose by the time this letter is printed both races will have been held so no change will directly become of it, but is it right for this type of decision to be made by one man who is totally unconnected with and unappreciative of the sport. Just who is controlling fell racing in this country?

I will send a copy of this letter to both the organisers of the Alwinton Race and the AAA official concerned so that they may have the opportunity of commenting if they think it necessary.

Regards  
MICK GARRATT  
Mandale A.C.

**Editor:** The FRA is supposed to be the sports governing body, but on numerous occasions over the last couple of years, area AAA's have taken it upon themselves to make decisions on matters which should be delegated to the FRA. This is the latest example - when will this meddling in our affairs stop? The FRA should surely be making stronger representations to the AAA's about this problem.

## North East Counties Fell Race Championship

Dear John,

I am writing to comment on a letter from Mick Garratt of Mandale A.C., of which a copy has been sent to myself as one of the organisers of the Alwinton Fell Race. We too were aware of the desire to hold the North Eastern Fell Racing Championships in the north east, and following the success of last years race it was suggested that we apply to host the championships at Alwinton in 1987.

We therefore approached the N.E. Counties A.A.A. Committee, who administer the Championships and provide the Championship medals. We had no idea that a race was being planned in Swaledale until the FRA calendar was distributed, when we were surprised to see a new race in Reeth on the same weekend as our own, and claiming to incorporate the Championships. We had, meanwhile, heard that the A.A.A. committee had accepted our offer to host the Championships. The offer from the organisers of the Reeth race to swap years was declined as by that time we had amended our publicity to include the Championships and felt that it was late to change yet again. Our sponsors, Joshua Tetley & Son, were not involved in this decision. We will be happy for Reeth to stage the Championships in 1988, and perhaps to alternate in future years to give runners living in the north and south of the North East area an equal opportunity to compete.

We hope however, that it will be possible to avoid in future the unfortunate clash of dates, as there must be many runners in the area (including myself!) who would like to attend both races.

IAN WHITE

**Rumour has it . . .** the under 40's are objecting to the over 40's being allowed to compete in the same races!

## BOFRA or BCFRA

Dear John,

It seems from BOFRAs response to our proposals to open up fell running that we would have been rejected almost whatever we had suggested. The crux of Trevor Batchelors' letter is:

"In order to preserve open traditional fell racing and rural sports the proposals made by the FRA would not be significantly advantageous to this end, and in some cases such proposals may have detrimental consequences".

This can only be interpreted in one way - that BOFRA are in fact quite happy that amateurs cannot run their races. Is it really fear of being swamped by numbers or do they perhaps realise that some of our runners are better than theirs? Whatever the answer, one thing is clear - BOFRA should immediately drop the word 'open' from their title. They have shown beyond all doubt that they want to remain an isolated CLOSED organisation. Their top athletes will as a result continue to seek reinstatement in order to find proper recognition and will continue to secretly take part in our races - I see several 'professionals' names cropping up in the last Fell Runner! And letters from Paul Buckley and Jeff Connor (who despite being a major protagonist of the pros and apparently believing that pros and amateurs shouldn't run together seems to remain an FRA member!)

When the campaign to unite the sport began I believed we would have trouble with entrenched attitudes in the AAA. I never thought for a moment that it would be our fellow runners in BOFRA who would have their heads in the sand.

It all makes me feel very sad because I've always been made very welcome at 'open' races and now it seems that won't be the case any more. Well - so be it - I shall not go where I'm not wanted. It makes me feel sorry as well - sorry for the 'open' athletes who have had the door to amateur athletics firmly shut in their faces by their own committee.

SELWYN WRIGHT

**Editor:** Our thanks should go to Selwyn for his work in trying to bring the two codes together.

## Open Fell Running

Dear John,

I would like to see hill running become open to all, whether amateur or professional and whether or not intending participants are members of 'approved' clubs, and so I would like the FRA committee to proceed along its present course to this happy state of affairs, and to achieve it by agreement with the present governing bodies (AAA/SAAA or whatever). I do not think the FRA needs to reach any agreement with the professional association, BOFRA, to declare all FRA races 'Open'. It would be up to BOFRA to take action to protect it's members from the corrupting influence of participating in 'open' races; the FRA should make them welcome to compete if they want to. Maybe, one day, the BOFRA committee will come round, and make all it's races open too. Until that day, I would suggest that BOFRA changes its name to BCFRA (British Closed Fell Runners Association).  
ROGER BOSWELL

## A First for Calder Valley

Dear Editor,

I am writing with regard to the recent inaugural run of the 'Calder Valley' fell race.

The course I believe was the inspiration of the Calder Valley fell club, no doubt the club tried their utmost to give 'foreigners' a tough test in a course covering some 14½ miles (not 12 miles as published in the fixture list) and 3,300 foot of ascent.

I felt the organisers had really gone to a lot of trouble in the marking and marshalling of the course. Many thanks and just rewards to all concerned with the birth of this race and I hope other organisers take heed at £1.50 per individual which I reckon gave excellent value with refreshments included, plus a very prompt computer result service carried out in Yorkshire's highest inn, Top Withins, not to mention the extension until 1500 hours on a Sunday!  
KEVIN HILLEY

## Paws for Thought

Dear John,

As a member of the Clayton Dog Division I felt I must put paw to paper in response to the letter from Mr K. Nine in the last issue.

As a constant companion for my masters who both enjoy this great sport of fell running, I feel compelled to put my own case forward.

I do not, in fact compete in many races, but occasions do arise when Keith and Judy both do the same race and it's simply too hot to leave me in the car for the duration of the event. I'm always kept on my lead at the start until the field is well dispersed. O.K. so I do pull them along a bit in my excitement, but we're never actually going to win a race doing it. I have never tripped a runner up, just given the occasional bark in encouragement as they pass us by. I do as much training, if not more, than my masters and would feel angry to be left out of all the fun.

In closing, I would like to take you back to the Winter Hill Race last year. As anyone who participated will recall, the weather was rather nasty on that November day, Judy wasn't feeling that fit so took me along to 'jog round' at the back, however, on leaving checkpoint two, we were greeted by many better runners, some good orienteers, coming in the opposite direction. Of course having corrected their mistakes they came streaming past, compass in hand all too late.

One 'dog lover' questioned as he passed, "Does that bloody dog know the way"? Well I did, and glad to say I got Judy round without the need for a single bearing. Surely our wonderful sport can tolerate the few of us four-legged friends who share your love of the fells and dales.

Yours JESS MAKINSON



P.S. I have now sniffed out the identity of Mr. K. Nine, and will be looking to bite his ankle in the next available race.

## Entry Fees:

### Fell Running/Orienteering

Dear John,

I have a very simplistic view of fell running. I love the hills and I love competition. Fell running to me is just about the most basic sort of competition available.

I also love orienteering which is often compared unfavourably with fell running, because of its cost, and its bureaucracy.

Unfortunately, orienteering by its very nature, involves immense organisation and is inevitably expensive. The land usually has to be paid for, and map production alone costs dear. In fact if orienteering event officials were paid even at a moderate rate, some events would cost in three figures per competitor!

It is my contention that, in relation to the inherent complexities of the two sports, fell running does not reflect well. I accept, but would gladly do without the giving of prizes, so that the majority of runners continually subsidise the minority who win them. When organising, I have never charged over 60p for pre-entries. Despite small fields, I have never made a serious loss.

Obviously the cost of putting on fell races varies enormously, from virtually nothing, to having to pay landowners, hall trustees, radios, St. John, etc., quite apart from buying prizes. Therefore it is clear that fees should vary considerably, but I think that most organisers look to races as means of raising money, and that if fell running were truly a simple sport, 50p plus postage would be an average (median) fee, with some longer ones costing a fair bit more.

Before I get too much criticism next year for not following my beliefs, I will be charging 80p pre-entry per race next year in order to cover (hopefully) the buying of tee shirts for the first 20 in next year's Titterstone/Long Mynd races. Despite my own feelings, I once widely publicised a FREE race, (including results and manned checkpoints,) in the Birmingham area. I got about 20, and the consensus was that if I'd charged, I'd have had hundreds!

Yours, longing to be running again,  
EDDIE HARWOOD  
(Mercia)

## Hands off the Ben

Dear Editor,

Please discourage your readers from mucking about with the line of the Ben Nevis Race. This race has a very long and distinguished history and should be treated as a 'classic'.

Those wanting a more challenging route over The Ben could try this - up Meall and T'Suidhe, down to the Lochan, up the scree slope onto Carn Dearg (NE), on to the Ben summit, down and round onto Carn Dearg Arête, over Carn Mor Dearg and back to the starting point. This is a natural and attractive circular route. However, there is no need for the organisation of a new race, why cannot people just do it on their own?

By the way, I quite agree with the criticisms levelled in your pages about the Ben race organisers.

SANDY SLATER

**Editor:** The criticisms have done some good Sandy, - have you seen their new simplified entry form?

## Championship Race Congestion

Dear John,

Whilst I'm sure a lot of time and effort has gone into the selection and organising of the championship races, which is appreciated, is it not unfortunate that there is such championship race congestion which can seriously effect the outcome of the event?

For many who find it difficult to get consecutive weekends off from work, yet wish to participate in the championship races and/or for anyone that is injured at a bad time there is little chance of recovering from missed races to do well.

March 29th started the show off with Edale, the first English Championship race. A week later came the second counter at Kentmere, and then only another week later the third counter and first British Championship race at Blisco. Anyone injured at the back-end of March? . . . a lot of picking up to do. May . . . no problem, Ben Lomond and Saddleworth, well spread out. But June! Ennerdale (British) on the 13th, Y-Garn (British) on the 20th and then Blake Fell (English) a week later, and if that isn't enough then there is Moffat, another British counter on the first weekend in July. Four races in four weekends quite likely to settle the British Championship!

A gap of a month, to recover perhaps? before Moet Helog. But anyone with problems in June is effectively ruled out of the Championship. In August we have Burnsall one day, Sedbergh the next, O.K., it's the same for all of us, that isn't my worry, some of us will run two races in two days occasionally, but now there is news of the World Cup on the same weekend so that too may drastically affect the outcome of the English Championship.

Is there some reason then why there is this congestion of races or is it due to pure accident? Perhaps my plea is, if it is possible to spread the Championship races out more for 1988, please give it a thought. Would it lead to too many problems? Selecting suitable races that haven't been used recently for the championship for instance?

This isn't meant to seem what some may think of as an elitist letter, my apologies if that is how it appears but there must be good member runners in the same position as myself.

ROD PILBEAM

## Bradwell Reply

Dear John,

In reply to Paul Buckley's letter, 'Plea for Runnable Courses'. I thank him for his valid comment.

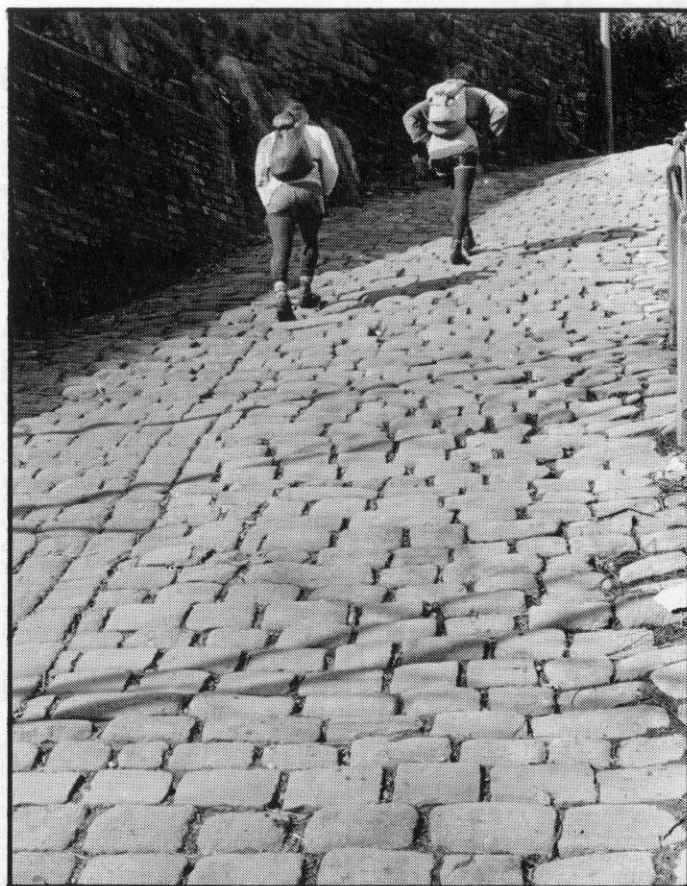
Due to circumstances beyond our control, namely, Bradwell course for 1986 had to be altered at the last minute. Since then we have negotiated with the Land Owner to reduce the number of hold up areas but still retain the natural hazards of fell racing.

There have been fell races in Bradwell for as long as the oldest residents can remember and the race in its present form celebrates its 40th anniversary this year.

Many thanks to all those who have supported us in the past and look forward to seeing many of you again in the future.

DAVID EYRE

Organiser, Bradwell Fell Race



Competitors on climb to Heptonstall in the Howarth Hobble (photo: P. Hartley)

## Reebok OK

Dear Sir,

Peter Sutherland makes a lot of points in his letter in the last edition of the Fell Runner, but let me just take up his last sentence, 'I honestly hope Reebok gets it right next time, now that the giants have deserted us'.

First, let me explain what went wrong with the original Wild Runner. We used a magnificent new material called Duraflex which was so tough that not even the sharp boulders on the Bens of Jura could make any impression. And it was waterproof. All our tests showed that it was a big breakthrough. But then when we started to produce the shoe at our Bolton factory, a strange thing happened.

Research on pairs which had fallen apart on the hills showed that the adhesive used in the constructions had crystallised. Lab tests showed that something 'leaked' out of the Duraflex and affected the adhesive, so much so, that a new pair would withstand a tear test of 3 (the scale doesn't matter) but that an 'aged' pair only had a tear strength of 0.1 - an incredible decline in a short period.

The only thing to do was to withdraw the shoe from the market and either give customers their money back or a pair of Royales.

Naturally we started to think hard about a replacement model and we have already come with a Wild Runner Mark Two which replaces the Duraflex with very high quality suede which is treated so that it does not get as hard as normal suede after drying out. This has the same sole design as the original Wild Runner, but we and our testers do not think that this is a good sole for fell running. It is excellent for

orienteering and cross-country running and those are the sports for which we recommend the Wild Runner Mark Two.

What about the fell runners? We have been working with Andy Hyslop of Rock and Run, Ambleside, on a new shoe, which is now under test. It has got a completely new sole and upper and our testers are now running the hills in an attempt to destroy this model. So far they have not succeeded and we are very happy with the preliminary test results, but we won't put it on the market until we are absolutely certain that it is right. We hope, however, to have it available in September. It will be called the 'Fjell Runner'.

Why are we taking this trouble with what is a small market? Because we are a company that traces its history in the North West of England (the home of fell running) back to 1895.

Just one final point. Peter Sutherland says: 'Now that the running boom is levelling off, if not declining, Reebok are attempting to enter the off-road market . . . Reebok have been in the off-road market since well before the days of the running boom. Incidentally, there is no evidence whatsoever that the running boom is declining. Just look at the entries in 10k, 10 mile and half marathons.

The only area that is declining is full marathons and this is a happy situation because far too many of them sprang up after the 1981 were organised for the wrong reasons, i.e. to raise money for some cause, instead of ensuring that the competitors were properly looked after.

I like the new format of the Fell Runner - keep up the good work!

CHRIS BRASHER  
Managing Director  
Reebok UK

## Very Sensibly Put . . .

Dear John,

As a relative newcomer to fell running and the FRA, I do not know the history behind some of the current debates.

As a runner, I am probably typical of a large percentage of the FRA membership. I run in fell races, road races and sometimes cross country.

I have a lot of choice of events even though I prefer fell running.

Several issues however threaten my freedom of choice:

1. The amateur/professional debate may open up more fell events yet could restrict me in other types of events.
2. The 1988 World Cup, this seems to offer me very little yet it must create a lot of media interest and this will mean expansion of the sport. Do we want to expand, let's not restrict anybody who wants to join the FRA but let's not expand anymore than we need too as this can only put more pressure on organisation and the fells themselves.
3. An article in the April issue of The Great Outdoors outlines the erosion problems around the Three Peaks. The writer states he would support a total ban on mass participation events for the next five years and asks the question 'which reasonable person could not agree'. One man's voice I hope?

Please let us put our efforts into protecting our present position, we have so much to lose.

P.A. BRADBURY

## One Confused Runner

Dear Editor,

I am a very new member in fell-running circles, training very hard to leave behind the Back Bunch and make new friends among the Mediocre Mid-field. It was with real enthusiasm that I read my first ever copy of the The Fell Runner (Spring '87) from cover to cover. Now let's just check that I've got this straight . . .

We hate rock-climbers (who arrogantly assume that the rules of access and conservation don't apply to them), Running Magazine (for its purely financial motivation in the sport), newcomers (for swelling the ranks of already over-subscribed events). We enjoy writing poison-pen letters, we enjoy . . .

Whoa! Wait a minute! But, but, I'M a rock-climber! And, and, and I get Running Magazine! (Remember that offer in September when they were giving out those lovely stop-watches to new subscribers?) And, and, Oh God! I'M A NEWCOMER! . . .

Surely exclusivity in any sport really should be a thing of the past by now - no matter how well-meaning your reasons might sound. If you disagree perhaps it's time to re-read the warnings and the suggestions put forward by M. Ogston and Pete Haines in the last issue. Or maybe you think you're in a low-risk unlikely target group; lager drinker, reader of the Yorkshire Evening Post, Social Worker, Plasterer, Datsun Driver . . . Guitar Player, like girls with short, dark hair . . .

RUSSELL O'CALLAGHAN

**Editor:** All views expressed in the magazine are those of individual members - fortunately, they are varied enough to provoke debate.

## Closer liaison with N.T. needed

Dear John,

Ecologically, Box Hill is one of the most important chalk downland areas in Britain. It is also only 25 miles from the centre of London, and is one of the most popular areas in the south-east for rambling, picnicing, indulging in other enjoyable activities in the long grass, etc. It also happens to be owned by the National Trust.

When I thought up the idea of a Box Hill Race, I decided that the first stage or organising it would be to ask the landowner for permission, just as I would if organising an orienteering event. The N.T. asked for slight alterations to the route, to avoid ecologically sensitive areas, but their general attitude was very positive and helpful. They also asked for a donation of 15p per competitor, as for orienteering events on N.T. land. I was happy to give this, because I recognised the value of the work they do, conserving nature AND allowing free access for many thousands of people at the same time.

It therefore came as a surprise to me when recent articles and correspondence in FRA News revealed that the N.T. was not routinely consulted by race organisers in the Lake District! My surprise turned to dismay when I read that some FRA members were condemning the N.T. for even wanting to be consulted! Of course we must defend the principle of free access to the wild uplands, but that principle is NOT more important than the need to conserve the fells for future generations (of people, and of the flora and fauna that live there). The N.T. stands FOR free access! Their signs may ask us to use the zig-zags to avoid erosion, but they never tell us to get off the fells. If anyone thinks it would be better to have the land owned privately, they should ask Hugh Shercliff about his delicate land access negotiations for the Roaches Race. (Ever wondered why the course keeps changing from year to year?)

I therefore suggest the following course of action for the FRA:

- i) Ask the General Secretary of the British Orienteering Federation for details of BOF's arrangements for access to N.T. land.
- ii) Negotiate a similar agreement between FRA and N.T. We should offer to make a financial donation (to come out of race entry fees) for each competitor in a race over N.T. land, not because we have any obligation to do so, but because, as a responsible group of sportsmen, we want to support an organisation that is caring for our 'playground'.

I have not been involved in organising the Box Hill Race since the inaugural event in 1982, but its continued existence suggests that there are still good relations between the present organisers and the N.T. I hope that a similar situation will soon come about in the Lake District, so that Jeff Connor can write another letter to the N.T., commending amateur fell runners as responsible people who care about the future of the fells.

ANTHONY KAY

## McKendrick versus Gibbison?

Dear Editor,

Although I do not wish to turn the 'Equal Opportunities for Scottish Juniors' issue (The Fell Runner, Spring 1987, p12), into a McKendrick - Gibbison serial, I do feel I must reply.

Your 'simple' answer to my first point is outdated. Today, we have juniors/intermediates in Scotland - there is a demand for competition, so if as you imply 'it was designed to promote . . . in areas where demands were known and where there would be strong competition' it is now time to modify the structure and encompass Scottish fixtures.

Also your understanding of a junior is questionable. "Juniors have enough difficulty getting to races anyway without travelling to Scotland and Wales". I AM AN FRA JUNIOR! We do exist outwith England. I fail to see why FRA Juniors from Scotland and Wales are expected to travel to compete for the championship in England but English juniors cannot be expected to compete in Wales and Scotland. Can you honestly justify this?

Finally you slipped in a 'fall back' point in your 'simple reply' ". . . does not denote a British Championship . . . intention . . . to be open to anyone". Does this mean it is an unofficial British Championship for everyone (but specifically designed for English juniors) or is it an English Championship that is open to the Scots and Welsh? Mr Gibbison, it is either a BRITISH Championship or an ENGLISH Championship. It cannot be a mixture of both!

May I therefore suggest that if the FRA, in light of new evidence, decide it is an English Championship then they should call it just that, and should now seek to devise a British Championship. However if it is decided that it is a British Championship, i.e. open to all juniors, then it is about time it became a truly British one, offering an equal opportunity for juniors from both Scotland and Wales.

JOHN MCKENDRICK

**Editor:** I think it is time to enlarge the current FRA Championship to include Scottish and Welsh races, hopefully this will soon be done. However, the existing Championship is neither British, English or any other National Championship - it is an FRA Championship, comprising of those races which expressed a willingness to be included. Should any Scottish races wish to be included I am sure they would be most welcome.

## FOUND!

Andy Bell found a new pair of running shoes at Royal Dockray fell race - if you want them back please write to:

Andy Bell  
10 Hoole Road  
Broomhill  
Sheffield  
S10 5BH

## Inter-Club Knockout Competitions

Dear John,

I am proposing to the committee an inter club knockout competition. The idea is to have a reasonable number of counters, including vets and ladies, so that those outside the usual team placings can score, but not to make the number so great that smaller clubs cannot field a realistic team. I am aware that the FRA is keen on individual participation, but I know that a club like mine, Mercia, could gain in spirit by the teams mobilisation involved. I enclose a draft copy of possible rules so that you can publish a part of this letter either with or without them, as you deem fit.

Yours, EDDIE HARWOOD

## Proposed Fell Running Club Knockout

1 Clubs will enter before Christmas in the year preceding the competition, and will pay £1.00 to cover costs.

2 There will be 3 or 4 rounds, involving 2 or 3 teams in each tie, depending on the entry. A possible time scale for a 4 round competition is:

Round 1 by end April

Round 2 by mid June

Round 3 by end July

Round 4 by end September

3 The final will take place at a previously nominated end of season longish event, such as Langdale or the Tour of Pendle.

4 When the entry is known the country will be divided into 4, (fewer if necessary), regions. The final will be contested by the winners of each group.

5 The clubs will normally agree on a category A race to meet at. However they may use a specially arranged event, or a lower category race if they all wish.

6 If the clubs cannot agree, they each should put forward their first choice, and a decision will be made by an external arbiter. The main grounds for his decision should be to reduce travel to a minimum, and should definitely not show a favouring of a certain type of race.

7 Teams should include at least 6 seniors, 2 0/40 vets, 1 0/50 vet, and 1 lady. There is no upper limit on numbers. In each class the last counter scores 1, with each position above scoring an extra point; thus in a 2 team match, the first senior will score 12, but he would score 18 in a 3 team match.

8 If a club cannot field a full team, the scoring will remain as though they had, but the places that are not filled will score 0.

9 In the event of a tie, the team which won more than 2 of the classes, (excluding any team not involved in the tie,) will win. If there is still no decision, the team with the winning runner will win.

10 Anyone may run up a class, but must declare themselves as doing such before the start. Thus a vet can run as a senior, but not vice versa.

11 The draw will be designed to give as little travel as possible.

**Editor:** Comments on Eddie's proposal would be most welcome.

# SCOTTISH SITUATION

— REPLY FROM ROGER BOSWELL —

Keith Burns (Scottish FRA rep) and Dick Wall (SHRA Chairman) wrote interesting and entertaining articles in the last issue of *The Fell Runner* (P. 24), but I feel they were not entirely accurate. Both attribute views to me which I do not hold. May I put the record straight?

Keith Burns says I am "passionately anti-SHRA". Not so. I support the concept of a Scottish Hill Runners Association and I am full of praise for the way the SHRA has developed a successful and comprehensive Scottish Championship, and for all the hard work put in by them in establishing several new and much appreciated hill races. Thanks to the SHRA, Scottish hill running is flourishing as never before; but that doesn't mean I think the SHRA can do no wrong. My basic criticism of the SHRA, as Dick correctly identifies, is that the SHRA has no intention of linking up with the Fell Runners Association of Great Britain. I think it should, for all the reasons outlined in my letter appearing in the Summer 1986 issue of *The Fell Runner*.

Dick Wall accuses me of flinging mud. I can assure Dick that I have the highest regard for him and all the other members of the SHRA committee (well, nearly all). My concern is only for the future well-being of Scottish hill running. I honestly believe, and I don't mind saying it, that Dick and the SHRA committee are misguided in blindly nailing the SHRA's colours to the Scottish Amateur Athletic Association; their first allegiance should be to hill running, ie, the FRA. What Dick regards as mud-flinging I have intended as well reasoned argument. I try to stick to the issue.

Paradoxically, I found parts of Dick's letter to be no more than a personal attack on me. Flinging mud is evidently in the eye of the beholder.

Dick addresses several nitty-gritty issues in his article.

**SHRA Calendar.** Dick says the SHRA Calendar is more comprehensive than the FRA. Sure, it contains more Scottish races, but it is less comprehensive about the information it provides on each race than the FRA; viz, the SHRA does NOT give the following information which the FRA Calendar does:- Women's record time; exact location of race start; route type (flagged / obvious / navigational skills); phone number of organiser; no mention of any other associated events/youngsters race/etc; which ruling body controls race - many Scottish races in the FRA Calendar are listed as being under FRA rules.

The haphazard method of compiling the SHRA calendar is bound to lead to errors. This is my main criticism of the SHRA calendar. And there most certainly are errors.

Dick invites me to help the SHRA compile their calendar. The best assistance I can give is to suggest that the SHRA use the same system as the FRA to gather race details, viz, to send out a questionnaire to each race organiser requesting details. Since the FRA already do this, it would seem sensible to me to

save a lot of time trouble and expense by simply using the data already gathered by the FRA. Alternatively, the SHRA could offer to gather all the information on Scottish races on behalf of both themselves and the FRA.

**Chapelgill.** Dick knows of no 'eligible' Scots who missed the race due to its omission from the FRA Calendar. But there were about 100 Scottish FRA members who missed it, how can Dick say they wouldn't have run had it been included in the FRA calendar? I still maintain that all Scottish Championship races should appear in the FRA Calendar, on the grounds that all SHRA members are not guaranteed to get a copy of the SHRA calendar, which is distributed at random at races and not posted.

But Dick raises a more worrying issue - what is an 'eligible' Scot? Is Dick suggesting that the SHRA should cater solely for 'eligible' Scots? Presumably an 'eligible' Scot is a member of the SHRA who, in his or the SHRA's committee's opinion, is capable of scoring points in a Scottish championship race.

**Championship Clashes.** 2 of the 1987 UK Championship races clash with Scottish Championship races this year, the Ennerdale clashes with the Dollar, and the Moel Hebog clashes with the Creagh Dubh (NB the Creagh Dubh does not appear in the FRA Calendar). Is this what Dick meant when he said the results of 'close liaison' between the SHRA and FRA would be seen this year?

**Categorisation of Races.** Dick says it doesn't matter if the SHRA classify the Lomonds of Fife as an 'A', but the FRA classify it as a 'B'. Well I think it does; it's the principle of the thing. There should be just one method of classifying Scottish hill races, and both the SHRA and FRA should use the results in their calendars. Maybe the SHRA could have a chat to the FRA about this, and suggest that the SHRA takes on the role of classifying Scottish races on behalf of themselves and the FRA. Dick appears to be suggesting that anybody be allowed to categorise Scottish races, interpreting the definitions, or even inventing their own definitions. This would soon mean the labels 'A', 'B' and 'C'; and even 'S', 'M' and 'L' become meaningless.

**SHRA views.** I reject Dick's comment that I am naive in suggesting that any Scottish Hill Running body should be part of the FRA. The SHRA is quite entitled to stand up as an independent association and declare that its allegiance is to hill running, not general athletics; and that it intends to establish links with the UK's hill running association, the FRA. If the SAAA doesn't like it, that's their problem.

I agree with Dick's last point, viz, that most Scots see themselves as a separate nation within a United Kingdom; and I think most Scottish runners would like to see the SHRA controlling Scottish Hill Running within the present United Kingdom hill running association framework, the FRA. ROGER BOSWELL

## Relative Merits: SHRA/FRA

Dear John,

I was especially pleased to receive the Spring 1987 edition of *The Fell Runner*; not only was it an excellent magazine with superb photographs, but it also enabled me to find out how I'd finished in the SHRA Veterans Championships!

I joined the SHRA last year, so that I could count in the Championship and also in the hope of being kept informed about the Scottish hill racing scene in general.

Most of the early championship races were attended but unfortunately my racing season was somewhat curtailed. Attending any of the races is an expensive and time consuming business from here; Ben Lomond is the nearest mainland fell race to me, and that is a three hour drive away. Due to work commitments, an ailing car and my family's unfortunate addiction to food and clothes, I only managed to compete in five of the nine championship races.

There are no other regular hill runners in Kintyre as far as I know and so I was relying on the SHRA to keep me informed on the progress of my rivals and on the hill scene generally. Well, I'm sorry to say that I heard nothing, the only thing that dropped through my letter box from the SHRA was an entry form for the Arthurs Seat race. Not a single copy of 'Booze and Trouble' or any other newsletter, not even a membership renewal form for 1987!

I was lucky enough to be able to get to the Ben Nevis Race later in the year and was quite surprised that my arch rival Roger Blamire had been overtaken by Bobby Shields. Roger had been miles in front when I had last competed against them.

Hopefully I shall be able to compete in a few more hill races during 1987, but I shan't rejoin the SHRA. No doubt their system of handouts works well for those members living in the Borders or the Central region, but it's no use for we Highland or Islanders.

On another tack; I see that the Goatfell Race for 1987 is charging different rates for the same event, i.e. £1.00 for the race as usual or £2.75 if you want to be counted in the Scottish Championship. I wonder which one to pay!

Keep up the good work.

DAVE LORD  
Kintyre A.C.



Brian Beedham



Terry Eckersley



## Scurrilous Slander

Sir!

I wish to complain in the strongest terms over the recent scurrilous slander concerning the Chew Valley Skyline Race. It is an enjoyable race and I, as a Saddleworth Runner can vouch for this.

The organiser, Frank Sykes, has over the years endeavoured to cater for all tastes, from expatriot eskimos to partially sighted deranged bushmen. With such care and consideration, I can assure all Fell Runners that you will enjoy the event.

Saddleworth Runners, for example are very attached to the race - sometimes it takes months for parts of the course to be removed from finger and toe nails. Notwithstanding this, and how many of us can stand let alone run over Featherbed Moss, I am enclosing a selection of photos taken 'on the run' of S.R.s seen to be enjoying the race for proof. I refute the rumour that the Club Fee includes a free lobotomy. I took the optional DIY version; I can't seem to recall why now but Frank says that it will be all OK after the next C.V.S.R.

MIKE DONOUGH

## Concern over Championship Format

Dear John,  
In lieu of the concern being shown regarding damage to the environment in certain fell races, i.e. Races with large numbers of runners. May I suggest that when the committee meet to consider which races to include in the FRA Championship they disregard, a) any races which have large entries, b) Races which are run over popular areas where path erosion etc is extensive, c) Also races where car parking would cause too much aggravation to other users of the area. Although this would not solve the problem with these races it would at least help not to worsen the situation.

LEN PRATER

## Apathy rules OK!

Dear John,  
Andy Styan expressed concern at the poor response to the 1986 A.G.M. Whatever the reasons for such a small turn out when so many members were in the vicinity, what must be clear is that the A.G.M. was not representative of the membership of the FRA. At present, as Will McLewin put it, 'the committee is only bound to accept the verdict of a tiny minority' of the members.

In my own opinion the FRA committee should be a body which reflects the views of its members on all matters at all levels. I fail to see how it can be so when it acts after an A.G.M. attended by so tiny a proportion of members. As Will McLewin pointed out, the few members closely involved with the items on the agenda was well represented and their views well read. But what of the other 1900-plus members who were not there. Surely the committee should make greater efforts to find out what the others think. In his letter, Will mentioned his own suggestion of a postal ballot to decide motions at the A.G.M. This I would support wholeheartedly. I appreciate that apathy cannot necessarily be overcome in this fashion but even if only 10% of members voted in this way it would be a massive improvement on the 40-50 votes which decide matters at present. Obviously, a minority of members is still likely to be instructing the committee but at least every member would have had a chance to influence what happens to the future of fell running. Such a move might also convince the 'ordinary' member that the committee is truly interested in what he thinks.

MORGAN WILLIAMS

## The Fell Runner, Spring 1987

Dear John,  
May I offer you my congratulations for your production of the new A4-sized 'Fell Runner'?

In the latest edition the photographs were breath-taking (well done to all photographers), the articles and race results were excellent, and the overall layout of the magazine was supreme. With just the right amount of humour too. I reckon it's one of the finest magazines that I have ever laid hands on.

Well done. Keep it up and keep the mag. A4-size please!

BOB HARGREAVES

## Championship Format

Dear John,  
I would like to put forward a new format for the British Fell Running Championships. I agree very much with Kevan Shand's suggestions to be found on page 8 of 'The Fell Runner, Spring, 1987', except for the last part where he suggests that the 3 races count towards finding 'one' champion. I would like to see the short race provide a British champion within that race category with the same format applying to the medium and long race. This would allow all competitors a possible 3 chances to become a British champion and so the missing of one or even two British championship races through injury or other circumstances by a competitor, would still leave at least one opportunity to become a British Champion.

I also feel that by keeping the English, Scottish and Welsh championships working on the accumulation of points from several races system, it would go some way to satisfying those who are happy with the present championship format.

ANDY DARBY

## Who is at Fault?

Dear Editor,  
Referring to Jeff Connors' letter in the Spring Edition of The Fell Runner.

What a shame Jeff Connor does not feel able to air his grievences through the governing body. Is there something lacking within the FRA for Jeff Connor to find himself writing to the National Trust in search of their support in effecting changes within fell-running?

Why should Jeff Connor have such a low opinion of 'arrogant', 'misguided' fellrunners, organisers of 'pathetic' races, and an 'indifferent' FRA in charge of a sport now resembling 'Rock Climbing'?

I am concerned that as a fell runner, I'm subject to this general abuse. But, also that the sport may have failed Jeff Connor in some way.

CLARY McMAHON

## The Ben - Good Value?

Dear John,  
I have just read A. Walmsley's letter 'Ben Nevis Rip Off' in your new excellent magazine. I have been a regular competitor in this race since 1967 making an annual round trip of 1300 miles usually with my wife and six daughters and quite honestly wonder why people moan so much about the entry fee's for this classic race.

Admittedly it lost a lot of its atmosphere when the start/finish was moved out of town in 1971 to its current venue - but let's remember the entry fee does include an after race meal, certificate and result sheet (available on the day). Plus good prizes for all the various categories. To compare it with the Half Ben is crazy as (if you are an also-ran) you get nowt in this event.

In closing, lets remember every first Saturday in September, we have the opportunity to race to the 'Roof of Britain' with good mountain rescue at hand - don't lets lose it.

PAUL GASTON

## Think of the Price

Dear John,  
I was interested in the views of Peter Sutherland (letter Spring '87) on the 'dura-flexible' shoe market and the infidelity of the manufacturers.

As a partial solution to the overall problem he appears to be advocating the use of suede. This wonderful natural product would no doubt make the fell runner more fleet of foot, at an affordable price, not withstanding the profit margin. But what is the price? To make use of Mr Sutherland's 'revolutionary new shoe material' the current price is the annual slaughter of two million kangeroos, 90% of which is sent to Europe.

Reebok were amongst the leaders in banning the use of kangaroo suede and all credit to them.

Some other manufacturers were 'dis-sueded' by reasoned argument and a couple of others had a change of heart when Greenpeace offered them free publicity. Hopefully 1987 will see the kangaroo skin eradicated from sports shoe production in the UK.

Of course I accept that not everyone will share my views. Individual philosophy is dependant on the individual. Some run for health, others attempt to align the free spirit with the 'wild and beautiful countryside' described by Sarah Haines (letter Spring '87) and others just want to run.

Decide for yourselves if the destruction of one free spirit is an affordable price for freeing another.

Yours, S. DOWNING

## Good Value

Dear John,  
Congratulations on the new format 'Fell Runner'. It has always been an excellent magazine, and now with 4 editions per year (hopefully), it will be even better at keeping everyone informed and up to date with the latest happenings.

The 'Fell Runner' is a most enjoyable and interesting magazine and represents very good value for money. For our annual FRA subscription of £4 we are to receive 4 magazines and the fixture calendar. At under £1 per issue the 'Fell Runner' is not only cheaper than most of the commercial monthly running magazines, but also vastly superior.

I am not advocating an increase in the subscription (unless it is necessary) but just pointing out what good value we get for £4 FRA sub. Anyway, hasn't fell running always been (and hopefully remain) good value for money?

BRIAN ERVINE

## Statistics and Fell Races

Dear John,  
The FRA Journal is not the appropriate place for a discussion of the finer points of obscure statistical procedures. However I do think that it is important to clear up some misunderstandings which may have arisen from Dave Ellison's response to my original article last year on 'A statistical analysis of British Fell Races'. I would like to make just three points:

1) The number or 'weighting' that is used to multiply distance and height in the formula cannot be interpreted in the way that Dave suggests: that is, a weighting of 5.4 does NOT mean that each mile takes 5.4 minutes on average. This would be an incredibly fast time; as can be seen in Table 1 of my article, the overall average time per mile for male records is 7.35 minutes. Similarly, the weighting of .012 for distance says nothing about average rate of ascent. Weightings are weightings and nothing else.

2) It is reasonable to suggest that factors other than distance and height determine record times. However the formula described in the article is very accurate as it stands, accounting for 98% of the variation in male record times. In other words, only 2% of the variation between times over all the races is related to factors other than distance and height. Adding some form of measurement of terrain or of longest uphill stretch is very unlikely to add significantly to the accuracy of the formula. The corresponding figure for female record times is 96%.

3) The technique of multiple regression requires a great deal of information on which to calculate a formula for prediction. My analysis was based on 113 races, whereas Dave Ellison's was based on seven; hence the discrepancies in our figures.

Incidentally, the formula did work very well in predicting the men's winning time in Pentland Skyline race last year - within a minute or so, depending on who was considered the winner (still being debated). It was very inaccurate for the women's time. The reason seems to be that the analysis is based on several assumptions, one of which is that an equally strong field turns up for each race. Many of the top male runners entered, but the race was not such a draw for the females. Let's see whether the prediction is more accurate for females this year.

DAVE PECK  
Carnethy Hill Runners

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# CHAMPIONSHIPS

# 1986 ALL THE A'S CHAMPIONSHIP

## BRITISH CHAMPIONSHIPS 1987 - LATEST POSITIONS — After 2 Events

<b>Senior Men:</b>	
1: M. Patterson	61pts
2: J. Maitland	60pts
3: R. Pilbeam	57pts
4: W. Bland	50pts
5: G. Devine	48pts
6: G. Gough	32pts
7: M. Rigby	30pts
8: R. Whitfield	28pts
9: S. Livesey	27pts
10 eq: R. Bergstrand	25pts
10 eq: D. McGonigle	25pts
<b>Vet. 40's:</b>	
1 eq: D. Spedding	41pts
1 eq: P. McWade	41pts
3: H. Parry	36pts
4: M. Walford	28pts
5: R. Jackson	25pts
6: B. Toogood	17pts
<b>Vet. 50's:</b>	
1. G. Scott	41pts
2: W. Gauld	40pts
3 eq: P. Knott	31pts
3 eq: G. Brass	31pts
3 eq: P. Duffy	31pts
6: P. Grundy	23pts
<b>Ladies:</b>	
1 eq: V. Brindle	12pts
1 eq: J. Smith	12pts
3 eq: C. Cross	9pts
3 eq: A. Salisbury	9pts
5 eq: K. De. Mengel	8pts
5 eq: C. Menhennet	8pts

## FRA INTERMEDIATE & JUNIOR CHAMPIONSHIPS 1987 - LATEST POSITIONS — After 5 Events

<b>Intermediates:</b>	
1: G. Devine, P&B	104
2 eq: W. Brindle, Horw.	76
2 eq: A. Schofield, Roch.	76
2 eq: R. Bergstrand, Roch.	76
5 eq: C. Dermott, Horw.	51
5 eq: J. Dermott, Horw.	51
7: I. Dermott, Horw.	47
8 eq: S. Hawkins, Bing.	35
8 eq: B. Devine, Sky.	35
10: A. Peace, Bing.	33
<b>Junior:</b>	
1: G. Hall, Holm.	110
2: S. Thompson, Clay.	74
3 eq: R. Lawrence, Bing.	72
3 eq: C. Harney, Bing.	72
5 eq: E. Cottam, Kend.	66
5 eq: A. Jones, P&B	66
7: T. Gibson, Roch.	47
8: A. Lange, P&B	41
9: J. Taylor, Clay.	36
10: J. Taylor, Holm.	34

## STATISTICIAN'S REPORT

Well I think this will be the last time there will be an All the A's Championship. It's impossible getting results from some cat. 'A' race organisers. They all want a kick up the backside. For the last 3 or 4 years we have stated in the fixture calendar 'Please will organisers of cat. 'A' events send results to Hon. Statistician' address provided. They ought to be de-categorised to 'C's'. While I'm at it British and English Championship results have not come through very fast either. It makes my job impossible. All I am trying to do is get my statistics out efficiently.

Please buck up you lot!

KEVAN SHAND

## SHRA CHAMPIONSHIPS 1987

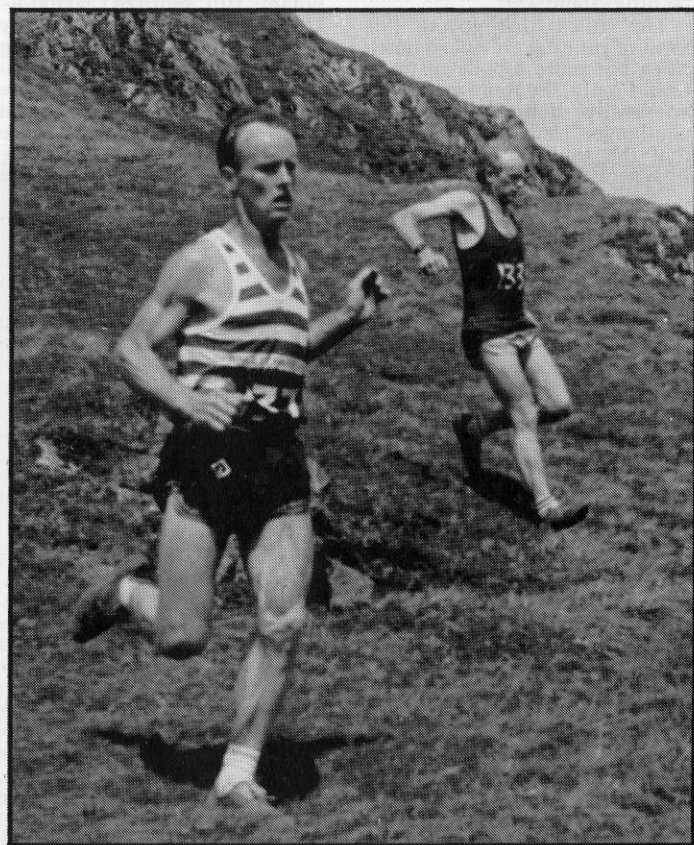
### - LATEST POSITIONS — After 4 Events

<b>Senior Men:</b>	
1: A. Curtis	61pts
2: G. Kerr	75pts
3: P. Marshall	53pts
4: B. Potts	44pts
5 eq: D. McGonigle	37pts
5 eq: R. Morris	37pts
7: M. Rigby	31pts
8: D. Bell	29pts
9: J. Maitland	21pts
10: J. Shields	20pts
<b>Juniors:</b>	
1 eq: J. McKendrick	10pts
1 eq: S. McKendrick	10pts
3: G. Jones	3pts
<b>Veterans:</b>	
1: P. Fettes	40pts
2: R. Shields	22pts
3: P. McKie	20pts
4: J. Shields	19pts
5: A. McGillivray	15pts
6: T. Stapley	12pts
<b>Ladies:</b>	
1: C. Whalley	17pts
2: A. Curtis	9pts
3: C. Menhennet	8pts
4: A. Salisbury	6pts
5 eq: P. Hawtin	5pts
5 eq: K. Butler	5pts

## WELSH CHAMPIONSHIP 1987 - LATEST POSITION - After 1 event

1: H. Griffiths
2: G. Griffiths
3: M. Jones
1 Vet. 40: D. Williams; 1 Vet. 50: D. Johnson; 1 Lady: A. Bedwell.

1 J. Maitland, Pudsey	182	25 H. Griffiths, Eryri	86
2 D. McGonigle, Dundee	174	25 P. Harlowe, Keswick	86
3 D. Hall, Kendal	171	26 S. Livesey, Rossendale	85
4 R. Pilbeam, Keswick	161	27 P. McWade CLM	83
5 P. Irwin, Rossendale	159	28 G. Kerr CLM	79
6 C. Valentine, Keswick	157	29 D. Graham, Bally	78
7 R. Whitfield, Kendal	155	29 K. Shand, Rochdale	78
8 J. Broxap, Keswick	150	30 G. Schofield, Blackburn	76
9 R. Bergstrand, Rochdale	141	30 T. Varley, Boundery	76
10 D. Cartridge, Bolton	140	31 R. Rawlinson, Ross'dale	75
11 D. Davies, Eryri	138	31 D. Ross, Newcastle	75
11 D. Lee, CFR	138	32 I. Robinson CLM	74
12 A. Farningham, A'deen	135	33 D. Ratcliffe, Rossendale	73
13 R. Ashworth, Ross'dale	129	33 P. Haines, Mandale	73
14 D. Woodhead, Horwich	128	34 N. Douglas, Newcastle	72
14 W. Bland, Keswick	128	34 R Bloor, Liverpool	72
15 H. Jarrett CFR	125	35 G. Clucas, CFR	70
16 B. Brindle, Horwich	123	36 S. Hughes, Pennine	69
17 M. Patterson, DPFR	122	36 A. Trigg, Glossop	69
17 A. Curtis, Livingston	122	36 J. Stevenson, Irvine	69
18 G. Devine, SKYRAC	117	37 P. Stott, Eryri	67
19 P. Dugdale, Horwich	115	37 S. Moore, Horwich	67
19 G. Read, Rochdale	115	38 D. Spedding, Keswick	66
20 M. Rigby, Ambleside	114	38 A. Jones, Pudsey	66
21 A. Styan, Holmfirth	107	39 H. Parry, Eryri	65
22 H. Symonds, Kendal	106	39 K. Manning CLM	65
23 R. Boswell, Lochaber	103	40 R. Morris, Carnethy	64
24 R. Hope, Carnethy	94		



Currently 4th & 8th in the British Championships. Bob Whitfield (left) and Billy Bland descending Whiteless Pike at Sailbeck. (Photo: E. Woodhead)

## ENGLISH CHAMPIONSHIPS 1987 (AFTER THREE RACES)

<b>MEN</b>		<b>O/40</b>	
1 R. Whitfield	84	1 D. Spedding	61
2 R. Ashworth	80	2 P. McWade	55
3 M. Patterson	61	3 B. Toogood	43
4 D. Ratcliffe	49	4 J. Nuttall	43
5 I. Ferguson	45	5 M. Walford	42
6 J. Holt	44	6 R. Richardson	34
6 P. McWade	44	7 C. Tremain	34
6 G. Webb	44		
9 D. Spedding	41	<b>O/50</b>	
10 M. Seddon	38	1 D. Hughes	55
<b>LADIES</b>		2 G. Brass	54
1 V. Brindle	36	3 P. Duffy	47
2 C. Crofts	26	4 J. West	45
3 K. Demengel	25	5 P. Knott	43
4 S. Ratcliffe	16	6 B. Thackery	33
5 H. Diamantides	12		



John Taylor, 10th in the Jnr. Championship, leading the field at Hutton Roof. (Photo: E. Woodhead).

# LONG DISTANCE NEWS

## FOOTPATH RELAY RECORDS

by Ned Paul

The Long Distance Challenge is now a well-established part of the hill-running scene, and a very enjoyable one too. Running in relay over Britain's long distance footpaths calls for feats of both athleticism and organisation and can provide a sociable day out for both runners and supporters alike.

This form of challenging originated in May 1970 when a team of 24 members of Clayton le Moors Harriers successfully attempted the 270 mile route of Britain's first established officially designated long distance path. Their time was 34 hours 54 minutes and 37 seconds. The Pennine Way still remains one of the most popular routes and the record has been broken many times, the latest when Holmfirth Harriers ran 29:07:58 in June of last year. In the last decade however many other routes have been pioneered and many records established.

The 'rules' that govern this form of running are not so much rules but more a body of tradition. Firstly, the route must offer an easily defined repeatable challenge. Usually this means that the route follows a given line, such as one of the now many officially designated long distance paths, but sometimes routes are defined in terms of summits crossed or even, such as in the case of the Charnley Way in Cumbria, simply by map references. Secondly, for the purposes of records, the number of runners, the number of stages, the decision whether changeover points shall be fixed or optional, and other similar changeover points shall follow guidelines laid down by the inaugurating club. As can be seen in the list below this has led to a con-

siderable and welcome variety of challenges from those requiring marathon or ultra-marathon efforts from just a few runners to those requiring participation of a whole group of club members often including juniors veterans and ladies. As might be expected many of the challenges have also developed into annual 'races' and this too can add another factor to the enjoyment.

The listing of present records below is the result of a considerable literature search as well as valuable help given by many other runners and statisticians notably Bill Smith of Clayton-le-Moors Harriers. Not surprisingly orienteering and fell running clubs tend to dominate as the all-terrain nature of many of the challenges has particular appeal to these off-road specialists. The list is almost certainly incomplete and quite possibly contains inaccuracies but the intention is to maintain it and re-publish it in updated form from time to time. Corrections, additions and information on other routes not included here, as well of course as new records on the established routes, should therefore be sent to me, Ned Paul, at 37 Sandycoombe Road, Twickenham, TW1 2LR (Tel: 01-892 9429).

As always with this kind of run, trust and honour are the watchwords by which records are ratified, qualities not yet found wanting. Happy running!

**PENNINE WAY (24 man attempt)** 270 miles. Edale to Kirk Yetholm or reverse. Inaugural record set by Clayton-le-Moors Harriers. Route follows Wainwright's Guide including the summit of Cheviot. 24 first claim runners, runners to be in pairs for any section which goes above 1500 feet and for any section run in the hours of darkness.

**Current record holders:** Holmfirth Harriers, 29:07:58 on 28th/29th June 1986.

**Ladies record holders:** Clayton-le-Moors Harriers, 44:53:00 in June 1982.

**PENNINE WAY (8 stage attempt)** Inaugural record set 22nd/23rd June 1985 by Clayton-le-Moors H. 8 set stages. Max 12 runners, pairs at night.

**Current record holders:** Clayton-le-Moors as above.

**Details:** John Reade, 22 Skene Street, Strathmiglo, Fife.

**OFFA'S DYKE PATH** 176 miles. Inaugural record by Deeside OC. Maximum 18 runners. Not more than 18 miles or 3 stages per runner. Pairs at night and over 1500 feet.

**Current record holders:** Mynyddwr de Cymru 21:50:00 in 1984.

**Details:** John Hammond, 4 Ravensfield, Cuddington, Northwich, Cheshire, CW8 2XW.

**SOUTH DOWNS WAY** Approx. 80 miles. Sunwood Farm, Buriton to Beachy Head Trig Point. Inaugural record 8:04:43 in 1973 by Ranelagh Harriers. Three runners only. Original rules specified runners to drive one car, no support allowed. Subsequent practice appears to allow non-running driver.

**Current record holders:** Ranelagh Harriers, 7:08:33.

**Details:** ?

**Also 'Highgate Harriers Challenge'.** Maple Inn, Buriton to Paradise Drive, Eastbourne (ie SDW inland route), or reverse. Four runners, running any number of times. Inaugural record 9:03:15, 23rd Sept. 1979.

**Current record holders:** Hastings AC (?), sub 7½ hours.

**Details:** Highgate Harriers, c/o 45 Meadway, London NW11 7AX.

**PILGRIMS WAY** 130 miles. Winchester to Canterbury. Cathedral door-to-door. Inaugural record 18:56:00 in 1980 by University of London XC-club. No other information.

**RIDGEWAY** 86 miles. British National Orienteering Squad ran 9:24:00 in 1979. No other information.

**NORTH DOWNS WAY** 125 miles. Inaugural record approx. 1977 by Saxons OC. Minimum 10, maximum 16 runners. No runner to run more than once. Annual race now held each summer (eg 1987 - June 13th).

**Current record holders:** South London Orienteers & Wayfarers, 14:30:13 in 1984.

**Details:** Paul Boyes, Flat 5, 19 Mexfield Road, London SW15.

**SCOTTISH BORDER** 114 miles. Inaugural record 20:04:00 on 28th Aug. 1978 by West Fife Orienteers. 10 stages, minimum stage length 10 miles. Follow border as closely as possible; pairs on high fells; at least one lady.

**Current record holders:** Edinburgh Southern OC. 15:25:00 on 4th July 1981.

**Details:** Ewart Scott, ESOC. (?)

**SOUTHERN UPLANDS WAY** 212 miles. 'Astraseal Upland Challenge'. Inaugural record approx. 34 hours by Dumfries & Galloway Outdoor Education Section on 19th June 1984. 5 person team. East to West only. Annual trophies for men's and women's teams.

**Current record holders:** (?)

**Details:** Ivor Marriot, Outdoor Education Section, Education Offices, 30 Edinburgh Road, Dumfries.

**GLASGOW TO FORT WILLIAM** 90 miles over the hills. 8 runners, 4 stages each. Change over at listed points. (See Fell Runner, Jan. '87). Inaugural record 1975 by Dumbarton AAC.

**Current record holders:** Clydesdale AC, 10:14:55 in 1982.

**Ladies record holders:** Lochaber AC 16:00:00 on 9th July, 1983.

**Details:** M.O. Liddell, 27 Borden Road, Glasgow G13 1RD.

**WEST HIGHLAND WAY** 103 miles. Fort William to Milngavie. Inaugural record 14:56:00 on 31st May 1986 by Central Region AC. Nine runners. Nominated runner to be accompanied by back-up runner.

**Details:** Tony Halpin, Central AC, Stirling.

**WAINWRIGHT'S COAST TO COAST** 190 miles. Inaugural record 25:22:04 by Holmfirth Harriers in 1980. 18 runners, pairs over 1500 feet, or in darkness.

**Current record holders:** ?

**CALDERDALE WAY** 50 miles. Annual race organised by Halifax HAC (eg 1987 - December 6th). 12 runners, 6 stages, run in pairs.

**Current record holders:** Rossendale AAC, 5:38:13 on 7th December 1986.

**Ladies record holders:** Bingley H., 7:44:10 (1986)

**Veteran record holders:** Bingley H., 6:23:10 (1986)

**Details:** P. White, 54a Hollins Lane, Sowerby Bridge, Halifax, W. Yorks.

**CLEVELAND WAY** 108 miles. Annual race (July) inaugurated in 1985 by Eborienteers. 16 runners, running once only each.

**Current record holders:** Airienteers, 13:40:32 on 13th July 1986.

**Details:** Ian Wilcock, Eborienteers.

**CHARNLEY WAY** Not a footpath but three self-navigating loops in the Lake District commemorating Gerry Charnley. Inaugural record 11:02:00 set by South Ribble OC on 6th May 1985. Team of 12, running in pairs.

**Current record holders:** Keswick AAC, 7:45:00 on 31st May 1986.

**Details:** Peter Knott, 17 Westbourne Ave., Wrea Green, Preston, PR4 2PL.

**STAFFORDSHIRE WAY** 96 miles. Mow Cop to Kinver Edge. Inaugural race (Wrekin OC vs Potteries OC) in 1983. PTOC won in 13:30:00.

**Current record holders:** ?

**WOLDS WAY** Challenge established by Humberside & Lincolnshire Orienteers. No other information.

**TRANS-SNOWDONIA** 116 miles. Route defined by all separate summits over 2,500 feet in Snowdonia National Park. Official reference - Mountains of England & Wales, by George Bridge (1973) - lists 30. Aberdovey - Pen maen bach Point. Inaugural 'challenge' by Saddleworth Runners running 14 stages all in pairs on 13/14th June 1986, 26:24:00.

**Details:** Frank Sykes, Tame House, Delph New Road, Dobcross, Oldham, OL3 5BA.

## FIRST BRIT TO RUN THE RACE

Klaus Armstrong-Braun of Eryri Harriers informs me that in 1985 he completed the Western States 100 Mile Mountain Trial Race from Squaw Valley to Auburn, California along the Sierra Nevada Mountain chain, run at altitudes between 6000 and 9000ft. above sea level in a temperature of 120 degrees Fahrenheit, with 19,000ft. of climbing - sounds like thirsty work!

He took 23 hours 53 minutes to win the Silver Buckle and was the first Brit to ever complete the race. If anybody would like further details they should send a SAE to Klaus at 8 Eaton Close, Broughton, Clywd CH4 0RF.

## ESTABLISHMENT OF NEW LONG DISTANCE RELAY RECORD

Following on from their success in establishing an 8 stage Pennine Way relay record, Clayton are attempting a 6 stage relay run on the Coast to Coast (St. Bees to Robin Hood's Bay). The distances vary from 29 miles to 34 miles per leg with the same rules as for their Pennine Way run except in this instance the maximum number per team is 8. This time however there are 2 senior men's, 1 veteran's and 1 ladies team all having a bash on the same weekend. What odds on the ladies doing the fastest time? - especially with Vanessa Brindle leaving all the men in her wake at the moment!!

## NEW LONG DISTANCE CHALLENGE RECORD

by Anthony Kay

I was going to write a long article about my recent Falkland to Saline run, but it seems such a pathetically short run compared to the achievements in 'Long Distance News' in the last Fell Runner. However, here are the basic details of the run, in case you are interested.

Start:	O.S. Grid Ref.
Mercat Cross, Falkland	253074
East Lomond (448 m)	244062
Green Hill (310+ m)	224072
West Lomond (522 m)	197066
Bishop Hill (460+ m)	185044
White Craigs (450+ m)	186033
Scotlandwell	185017
Benarty Hill (356 m)	154979
B'ty Hill (345 m Sum.)	149977
B'ty Hill (327 m Sum.)	143977
Parentwell	140969
Lurg Bridge	098963
South Innean (325+ m)	089963
Mid Innean (336 m)	088965
North Innean (330+ m)	086966
Dumglow (379 m)	076965
Georgetown Hills (349 m)	070965
Black Hill (325+ m)	069962
Park Hill (339 m)	067959
Scaur Hill (309 m)	053961
Wether Hill (335 m)	044957

Outh Hill (324 m)	060952
White Hills (310 m)	065949
Knock Hill (364 m)	054938
Saline Hill, E. Cairn (355 m)	043934
Saline Hill, Mid Cairn (359 m)	039932

**Finish:**  
Post Office, Saline 023925

Total time taken: 5hr 5min.  
Total distance: 27 miles  
Total climbing: 6,500 feet  
Date of run: 16th Nov., 1986  
Weather: Fresh SW wind (i.e. headwind); one nasty hail shower, no other precipitation.

### Note:

- i) A Saline to Falkland run would have about 300 feet less of climbing (Saline is higher than Falkland), and would give a better probability of a tailwind (Saline is SW of Falkland), but would leave the biggest climbs till last.
- ii) Terrain very varied: roads, land-rover tracks, small paths, short grass, deep tussocky grass, heather, revolting marshes, drainage ditches for new forestry.
- iii) Climb Benarty Hill from Ballingry (leave road at 170976), **not** through Vane Farm Nature Reserve!

iv) Future runners must, like me, take a drink from the ancient well at Scotlandwell; my run was undertaken to raise money for an Oxfam well-drilling project in Mali (£128.54 raised).

v) My support runners were Eric Jarvis (Falkland to Craigmead (228062) and Lurg Bridge to Saline) and Chris Hadfield (Scotlandwell to Ballingry and Parentwell to Lurg Bridge); Drivers were Margaret Jarvis and Kevin Dunion (Oxfam Campaigner).

vi) 'Saline' is pronounced with 'a' as in 'cat' and 'i' as in 'kit' - nothing to do with salt!

vii) Route includes every hill, knoll etc., with its head above the 1000 foot contour in the Lomond Hills, Bishop Hill, Benarty Hills and the Cleish Hills. These include all 1000 foot summits in Fife, and some in Kinross-shire.

viii) North Innean, and the marshy ground between it and Dumglow, may become rather impenetrable when the forestry grows up!

xi) Use the O.S. 1:25,000 map to find all the summits.

Anthony Kay

**Editor:** Don't be so dismissive of your effort Anthony - it is good to have at least one L.D. Challenge that us mere mortals can contemplate!

## HOWGILLS 31 x 1500's

The Howgills 31 x 1500's run was set up in 1985 by Alan Evans (Kendal), who recorded a time of 6 hours 57 minutes in a leisurely outing. Mike Walford and Jon Broxap lowered this to 5 hours 38 minutes benefitting from the good weather this Good Friday. This goaded Sedbergh resident Hugh Symonds into action the record at last looking respectable - 4 hours 49 minutes on June 4th 1987. Although only low hills the route visits the lesser known areas of the Howgills and makes an interesting training run - on a misty day a really interesting one! Route and schedule from Selwyn Wright or Jon Broxap.

## COMMITTEE NEWS

### Meeting at Meltham, 1st March, 1987.

**Present:** N. Berry, A. Styan, R. Bergstrand, D. Hodgson, A. Clarke, M. Stone, A. Hulme, P. Knott, K. Burns, S. Wright, K. Shand, J. Blair-Fish.

**Absent:** D. Hall, J. Broxap, J. Reade, D. Hughes, P. Bland.

**World Cup:** Latest position discussed - see elsewhere in magazine.

**FRA/BOFRA:** Following BOFRA refusal - matter should be left for time being as FRA gone as far as possible - report back to AGM.

**Long Distance Challenges:** Award and Record File agreed upon.

### Meeting at Buttermere, 10th May, 1987.

**Present:** N. Berry, J. Broxap, D. Hodgson, D. Hughes, A. Styan, A. Hulme, K. Shand, A. Clarke, K. Burns, S. Wright, M. Stone, D. Hall, R. Bergstrand.

**Absent:** J. Reade, J. Blair-Fish, P. Bland and P. Knott.

**Advertising:** M. Stone to act as advertising officer for magazine and calendar.

**Magazine Format:** Committee expressed their preference for old style A5 format.

**Editor:** Thanks lads!

**World Cup:** Discussion as to funding FRA to meet 1/2 of costs.

**National Trust:** Problems with National Trust occurring in Wales as well as Lake District. Negotiations and discussions to take place with National Trust.

**Race Entries:** General discussion on problems facing sport re: growth of numbers.

**Calendar:** Copyright possibly being breached by a number of publications - notably *Compass Sport* and *Today's Runner*.

**Results in Fellrunner:** Greater depth required.

**Editor:** Fine, who is going to do it though?

### Meeting at Ennerdale on 13th June 1987

**Present:** N. Berry, J. Broxap, A. Hulme, P. Knott, D. Hall, M. Stone, D. Hughes, A. Styan, J. Blair-Fish, K. Shand, A. Clarke.

**Absent:** J. Reade, P. Bland, S. Wright, R. Bergstrand, K. Burns, D. Hodgson.

**World Cup:** Two representatives from Keswick Town Council were present and expressed their enthusiastic support for the event.

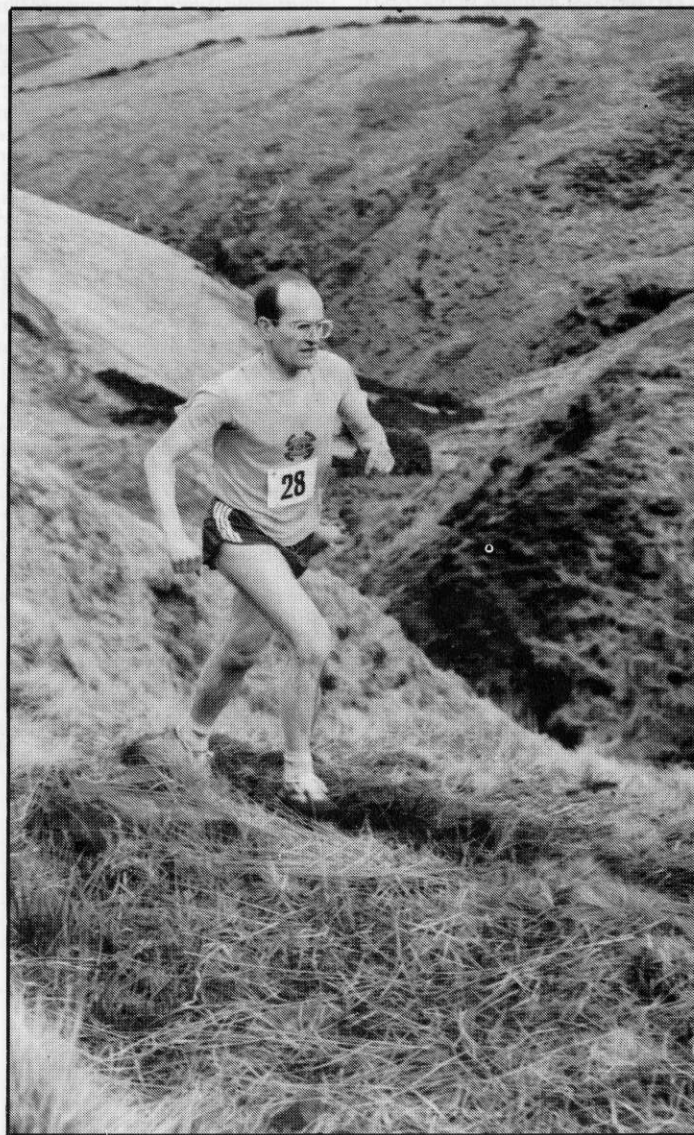
**National Trust:** Negotiations are continuing - it has been agreed that there should be closer liaison between National Trust and FRA on the possible diversion of courses in sensitive areas. National Trust are asking for an administration fee for reviewing existing race calendar with further fee for each new race - FRA would prefer this to take the form of a donation to National Trust funds.

**Scafell Pike Race:** EEC Grant received by CFRA **not** FRA to make it an international event.

**Open Fell Running:** Further discussion on steps open to FRA. Encourage race organisers to accept entries from BOFRA runners? FRA to be disciplinary body (rather than AAAs regions) for races in FRA calendar?

## FANCY GETTING YOUR 'OAR' IN?

Jon Broxap will be standing down as Secretary at the AGM - would anybody interested in taking over this rewarding job please contact Jon at 34 Burneside Road, Kendal, Cumbria. It is also quite possible that the Editors job may be up for grabs - don't all rush at once. Increasing work commitments has meant John Reade hasn't enough time to devote to this most enjoyable task - again anybody interested please let either Jon Broxap or John Reade know.



FRA Chairman, Norman Berry (photo: G. Read)

## PENDLE: THE FELL RUNNERS' HILL

by Bill Smith

Pendle Hill in northeast Lancashire is visited by a greater number of fell race courses than any other hill in mainland Britain, the present total being eight, with seven of these events being organised by Clayton-Moors Harriers: Pendle Fell Race, Clitheroe, Downham, Pendleton, Five Cloughs, Witches Clough and the Tour of Pendle; the other being the Pendle Challenge Fell Race from Barley. Clayton additionally organise the Barnoldswick Fell Race up Weets Hill, the 1,301-foot summit which crowns the ridge of high ground extending north-easterly from Pendle.

The hill has also served for years as the training ground of local fell runners, mainly Clayton Harriers and notably by the Grand Old Man of Pendle himself, Stan Bradshaw. 'They call me Mister Pendle around here', Stan says.

During the early years of this century, a local farmer (or farm-hand?) named George Coward, who was also a Lakeland guides racer, accomplished the descent from Pendle summit to the farmyard at Smithfield, Downham, inside 20 minutes for a bet. It was probably around this time that the Pendleton Fell Race, which was run from both Pendleton and Wiswell, was attracting entries from Art and Bill Metcalfe of Appersett, who were the Yorkshire champions of the early '20s.

Pendle is a huge, sprawling hill, reckoned to be seven miles in length, if you count its ridge as extending from Whalley to Twiston, its summit being 1,831 feet above sea level, overlooking Barley to the east: Pendle's 'Big End', as it's known locally. Harry Walker developed a reputation for being able to jog all the way up this steep scarp in the Pendle Fell Race, a feat which has been matched by only a very few others, including Mike Short and John Wild. This slope used to be descended as well in the pre-1974 race from Roughlee.

Pendle is a grassy, peaty hill, with expanses of heather and the odd outcropping of millstone grit. It has many steep flanks, ideal for fell running, and some wild, deep cloughs, one of which, Brast Clough (or Mearley Clough), was formed by one of the three violent 'water brasts' which erupted from the fellsides in 1580, 1669 and 1870. Its summit and ridges provide far-reaching views on a clear day, encompassing the fells of southern Lakeland, Bowland, Craven, the southern Pennines and the Peak District, from which areas Pendle is itself plainly visible.

The hill is a prominent and well-loved landmark in northeast Lancashire and surrounding districts, and has been described by one early historian, Camden, as a reliable forecast of rain when its summit is 'black and cloudy'. An old saying, which has been applied to other hills, declares: 'If you can see Pendle, it's going to rain; if you can't see Pendle, it's raining!' An old rhyme goes: 'When Pendle wears a woolly cap, the farmers all may take a

nap; but when Pendle doth wear a hood, be sure the day will not be good!'

In common with other summits like Rivington Pike and Ingleborough, Pendle has served as a beacon hill since the time of the Spanish Armada, and it was also up here that George Fox, who founded the Quaker movement, had his famous vision. The first checkpoint in the Pendleton Fell Race, which was formerly the turning point for the old course (pre-1981), is 'The Devil's Apronstones' on Apronful Hill. Legend has it that the Devil stepped across from Hameldon Hill to stone Clitheroe Castle and that these stones are some which dropped from his apron.

However, it is with witchcraft that Pendle is most closely associated by the world at large, and the late 16th and early 17th centuries were the periods in which the so-called 'Pendle Witches' flourished. The most well-known witch trial took place at Lancaster Castle in 1612, the accused women having been marched there through the Trough of Bowland. Of the thirteen who made this journey, seven finished up on the gallows, including the notorious Old Chattox (Anne Whittle), though her rival Old Demdike (Elizabeth Southern), had died in her cell. An eighth 'witch' who met this fate was Jenet Preston of Gisburn, who was tried and executed at York.

In reality, it would appear that the likes of Demdike and Chattox were probably nothing more than criminals who used their evil reputations to intimidate the credulous country folk. The continuing popularity of the Pendle Witches is in no small part due to two romantic novels: William Harrison Ainsworth's *The Lancashire Witches* (1841) and Robert Neill's *Mist Over Pendle* (1951).

It may be appropriate to conclude this short article with another quote from Stan Bradshaw, summarising the feelings of those who live within sight of Pendle: 'It's a grand hill is Pendle'.

**Note:** Some of the foregoing material has been gleaned from two main sources: *The Pendle Witches* by Walter Bennett (Burnley 1957) and *Lancashire Witch Country* by W. R. Mitchell (Dalesman, 1966).

### I CAN'T TAKE ANY MORE

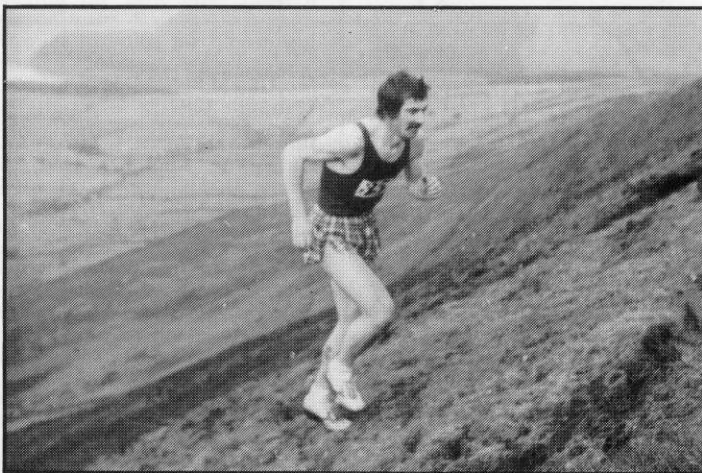
Bill Smith informs me that although Peter Knott in the last 'Fell Runner' asked for material for 'Stud Marks' Mk II to be sent to Bill that he doesn't want to receive anything just yet as he is still recovering from the first effort!

He'll request the information in due course - probably in a couple of years time.



Jim Smith nears the top of the climb up Pendle's 'Big End'. (Photo. Bill Smith).

Harry Walker, who has won the event a record number of seven times, jogs up the 'Big End'. (Photo. Bill Smith).



### REGISTER OF BRITISH FELL RECORDS AND NEW ANNUAL AWARD

With the backing of the Bob Graham Club and the FRA I am trying to set up a Register of British Fell Records. The intention is to fill the gap which now exists - there's no one person or body who holds information on all long distance fell records. At present it can be almost impossible for 'contenders' to find out details of records.

Now I don't know any more than anyone else about present records so the first step is to collect the information which already exists. So I'm asking anyone who thinks he holds a record to send me the details. As always there is a form to make sure we get and can provide full information; it's available from me at the address below. I should point out that we're not just interested in established routes like The Pennine Way or the Cuillin Ridge, but also in new routes which individuals may have invented.

I hope you will agree that this is a project worthy of the support and co-operation of long distance fell runners everywhere.

Some members have criticised the FRA for being too 'race-orientated' and for not being interested in fell running, pure and simple. To broaden the scope and interest of the Association the committee has decided to present an annual award for the year's outstanding long-distance achievement.

The presentation of this trophy will work alongside the Register of British Fell Records, so providing the Register is informed of all noteworthy achievements no specific nominations will be necessary. A small committee of interested parties will select the winner each year. It is hoped that the first such award will be presented at this year's Annual Dinner. To make that possible the year for the purposes of the Award will start on 1st September and end on 31st August. Front runner so far must be Martin Stone with his reportedly death-defying solo winter crossing of the Bob Graham!

Details to and information from:  
Selwyn Wright,  
4 Brade Street,  
Broughton-in-Furness,  
Cumbria

## FRA CALENDAR UPDATE

**Sat. August 15. Witches Clough Fell Race.** 4m/1100ft. From the sports field, Sabden at 12.30 p.m. Record: 1986 I. Robinson, 30.00 mins. Route: marked/obvious. £1.00 to P. Lord, 2 Top Row, Sabden, Via Blackburn BB6 9HL. Tel: 0282 71907. (£1.50 on day). Junior races for U/15s (7s - 15s) at 12.35 p.m. (Half Price). Part of Sabden Village Fun Day.

**Sat. August 29. Mount Skip Fell Race.** 4m/1000ft. from Gala Field, Burnley Road, Mytholmroyd, Hebden Bridge. 3 p.m. Marked Course. £1 on day only, teams free. Local gala. Details: R. Sutcliffe, 3 High Court, Heptonstall, Hebden Bridge, West Yorks, HX7 7HA. (Tel: 0422 845438).

### Change of Date and Organiser.

**Sat. September 5. Horwich RMI Composite Relay.** (Not now being held on Sat. September 12). New organiser: Mr. C. Beesley, 8 Wimbourne Close, Lostock, Bolton, BL6 4NG. Tel: Horwich 693442.

**N Sun. September 13. Footloose Heritage Run.** 26m/6500ft. from Mytholmroyd Community Centre. 10.30 a.m. Navigational skills. £3 by August 31st to Mr. N. Townson, 18 Victoria Street, Wetherby, LS22 4RE. Over 16.

**BS Sat. October 3. Eccles Pike Race.** 3m/750ft from Buxworth Primary School, Buxworth. 3p.m. Records: m. 18.15 J. Wild 1980; f. 23.14 J. Holland 1983. Marked course. £1 ind., teams free to S. Torrance, 'Spiral House', 19 Brierley Green, Buxworth, Stockport, Cheshire, SK12 7NL. Or on day. Over 16. Also U13 - 16, 2p.m., 1.5m, 50p.

### Important Notice - Please note this replaces race in January 1988.

**BL Sun. November 22. Roaches Race.** 13.5m/3600ft. from Meerbrook, Nr. Leek, Staffs. 11.30 a.m. Records: m. 1.52.50 A Trigg 1987; f. 2.13.13 Marked course. £2 ind., teams free, on day only. Details - H. Shercliff, 3 Moorbarns Farm Cottages, Madingley Road, Coton, Cambridge, CB3 7PG (Telephone 0954 211589). Over 18. Also junior race 14-18, 7.5m/1850ft., 11.40 a.m. £1 on day only.

### Three other interesting Non-FRA Races . . .

The SHRA calendar contains a number of races which do not appear in the FRA calendar. Details can be obtained by sending a SAE to Robin Morris, 33, Morningside Road, Edinburgh EH10 4DR. As a sampler, here are details of three A races:

**AL Sun. August 9. Angus Munros Hill Race.** 18m/6000ft. from Glen Doll 11.00a.m. (See p26 of Spring 1987 Fell Runner for details) Navigational skills. £2.00 entry on day.

**AL Sat. August 22. Arrochar Alps Mountain Race.** 13m/7900ft. (Yes it is 7900ft, not a misprint). from Stronfyne Farm, Arrochar (GR 56 299053) 11.00 a.m. Navigation skills £2.00 entry on day.

**AS Sun. August 23. Tweedsmuir Fair Fell Race.** 4m/1000ft. 75p. Entry on the day. Details from F. Smith, Broughton Brewery.

**Editor:** The Arrochar Alps Race should be a real classic, averaging 600 feet per mile throughout, even though the first couple of miles are virtually level running! The race goes over the 4 munros - Ben Vorlich, Ben Vane, Beinn Ime and Beinne Narnain. Shame that the Cobbler is missed out. **But be warned, this race is likely to be one of (if not the) toughest in Britain so be prepared for the worst.**

With respect to the Tweedsmuir Race, John Blair-Fish informs me that although the SHRA claims it to be only 4 miles, a number of hard men from Carnethy Hill took almost 3 hours to go around the proposed course! - is someone pulling my leg?

## IT MAKES AAAs LOOK BENEVOLENT

Whilst the AAA's more or less lets the FRA get on with the job of running the sport in England and Wales, the SAAA's exerts a far greater influence over the Scottish scene. This has recently been illustrated in the selection of the Scottish team for the Snowden International when the SAAA's demanded that the first Scot to finish in their own championship at Goatfell be selected (Alan Farningham). Alan will be the first to admit that so far this season he has been well beaten in all the SHRA events by the first and second reserves, Gifford Kerr and Dermot McGonigle. Neither Gifford nor Dermot were aware that Goatfell was such an important race - it was not identified in the SHRA calendar as a selection race - nor for that matter did the other 3 Jocks - Colin Donnelly, Andy Curtis or Jack Maitland turn out. If Goatfell was to be given such precedence why wasn't it included in the SHRA's own championship - perhaps closer liaison is required between SHRA and SAAA's.

## BOOK REVIEW

### 'THE HIGH MOUNTAINS COMPANION'

by Irvine Butterfield

(93 pages, published by Diadem Books. Price £4.95)

This book takes the form of a condensed version of 'The High Mountains of Britain and Ireland' as reviewed in the Fell Runner (Summer, 1986, p.89). It is intended to provide a log book for those who want to tackle some of those 3,000-footers previously detailed and supported by fine colour photography in Irvine Butterfield's earlier book. It provides the text to be read in conjunction with the relevant OS maps and its size (approximately the same as the old style Fell Runner) means that it could easily be taken along on a back-packing/peak-bagging adventure. Slightly myopic runners should, however, also invest in a magnifying glass.

6TH ANNUAL COURSE ON

## SAFETY AND NAVIGATION ON THE FELLS

September 19th/20th 1987

at

The Youth Hostel, Elterwater, Langdale.

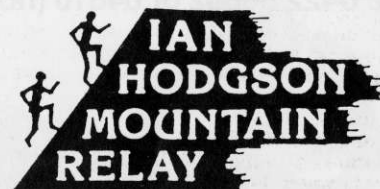
The course will comprise Instruction and Experience on the Fells, Discussions and Talks.

Be prepared for several indoor and outdoor sessions covering:

- |               |                    |
|---------------|--------------------|
| * Fitness     | * Equipment        |
| * Feeding     | * The Terrain      |
| * The Map     | * Emergencies      |
| * The Compass | * Responsibilities |

Come and join this most enjoyable and instructional weekend - resident or daily visit to suit.

Application Forms and Further Details available from:  
Mr. P. Knott, 17 Westbourne Avenue, Wrea Green,  
Nr. Preston. (Tel. 0772 683072).



4th October, 1987

● **EVENT:** 4 Times 2-man Relay (8 to a team). An opportunity to combine the challenge of fell racing with the unique enjoyment of a relay race. last year's inaugural event proved to be very popular, and planned improvements should make 1987 even better.

● **VENUE:** Brotherswater, Patterdale, Lake District. One of the most scenic areas in England. Excellent camping available at Sykeside Camp Site, which is the start and finish of the race. Youth Hostel and bed and breakfast accommodation is available in nearby Patterdale, Glenridding and Troutbeck.

● **COURSE:** Classic Fell Running Terrain. Including Traverses of Hart Crag, Fairfield, St. Sunday Crag, High Street and Red Screens.

Section 1 7½ miles, 2800ft. ascent 1.08.55 - Rossendale

Section 2 4½ miles, 1000ft. ascent 36.07 - Keswick

Section 3 7½ miles, 2600ft. ascent 1.07.34 - Bingley

Section 4 4 miles, 2000ft. ascent 55.41 - Skyrac

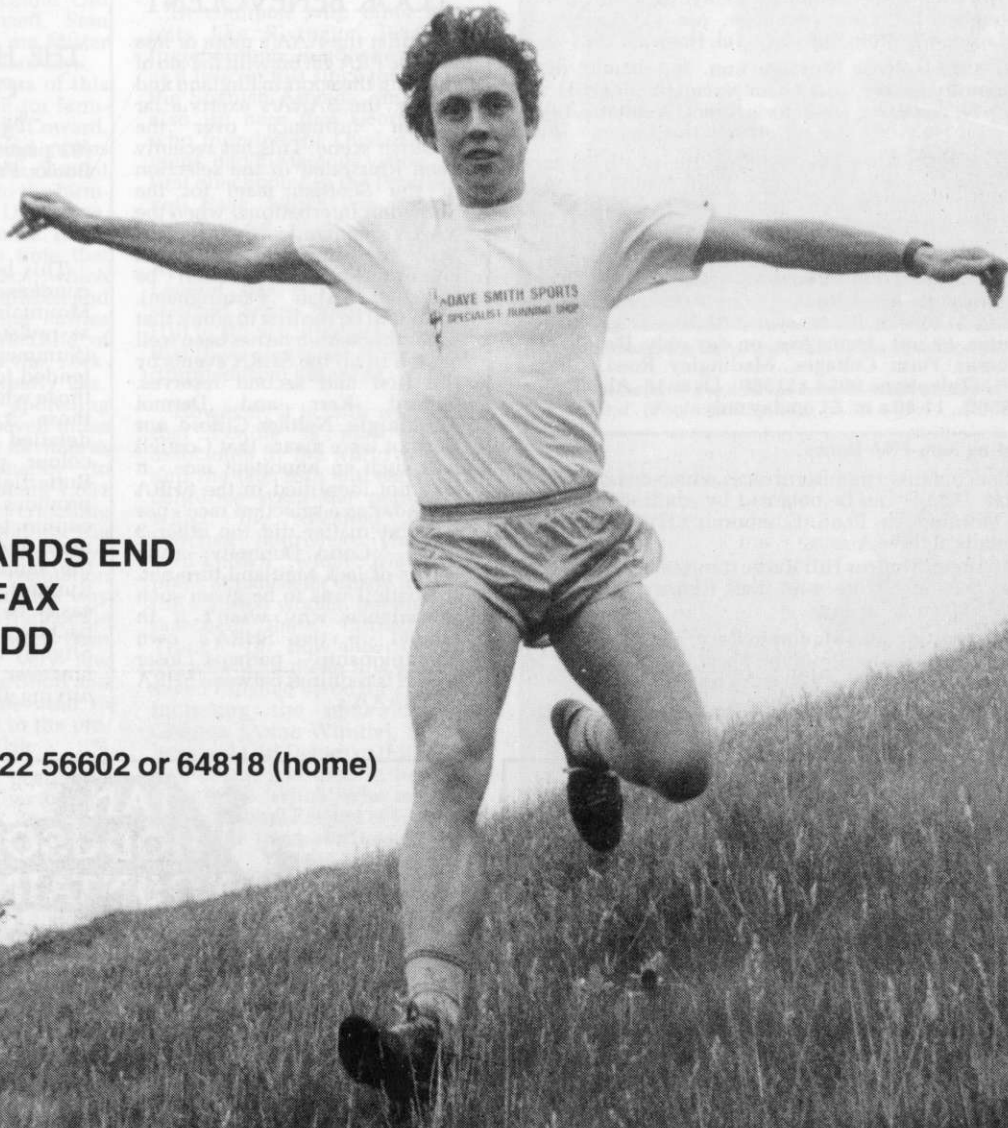
● **PRIZES:** Trophy for Winning Team - 1986 Winners - Rossendale, 3 hrs. 57 mins. 48 secs. Prizes for first three teams and first mixed team (at least four ladies) subject to entry. Fastest leg prizes.

Full details including map references of Control and Takeover Points, available from:

Mrs. K. S. Hodgson, 197 Hall Lane, Horsforth, Leeds. LS18 5EG. Telephone: (0532) 585586.

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## UPDATE ON WORLD CUP 1988

The Keswick venue for the 1988 World Cup event has been warmly welcomed by the local community in the form of the Town Council. They have promised every assistance in ensuring the success of the event. Jon Broxap, course designer, has come up with a typical English Lakes course for the middle distance race - the Couldale Round, from Braithwaite. We have had initial discussions with the National Trust, whose land it is (see elsewhere in the magazine) and do not anticipate any problems in that direction. The short course is still under consideration but we would like to move nearer the centre of Keswick and may try to utilise Latrigg.

The problems of finance have not yet been resolved but the situation is gradually clarifying. Dave Hodgson has now been advised that The Sports Council's support is conditional on the FRA making an effort to raise some of the cash themselves. As a guideline we understand the Council have suggested that one third of the expenses come from sponsors, one third from the Association and they would contribute one third. Consequently, letters have now gone out to potential sponsors and the FRA Committee have embarked upon a special fund raising effort. This will take several forms, spread over the next fifteen months, and the support of all members is encouraged. The major and immediate effort is the nationwide draw for prizes which have been donated by supporters of the event. The purchase of just one book of tickets by each member would ensure a sound financial base on which we could demonstrate to outside contributors our serious intention to have a successful event with the support of the membership. The prizes will be substantial and many of them will be attractive to those who are not fellrunners (for example - wives!)

Members are reminded that the format for the World Cup weekend will include an allcomers race and a veteran's 'open' championship event, both over

the medium length course, so every attempt is being made to involve everyone and to see a great turn out in Keswick that weekend. The International races will be confined to selected representative runners, but since the course is the same as for the open race, direct time comparison will be possible. Anyone familiar with the Couldale Round will appreciate how perfect it is for spectating the race. Offers of help from fell running clubs will be most welcome and I will co-ordinate their efforts. Please consider becoming involved in assisting - there will be jobs for all!

Border T.V. are interested in the event and may combine with Channel 4 to produce coverage.

The IAAF sub-committee, who have 'mountain running' under consideration at the request of the International Mountain Running Committee, are recommending to their council that they associate themselves with the event.

At the risk of repeating what has already been said, this is a great opportunity to show the rest of the world the direction they should be going in developing the sport of fell (hill, mountain) running. Their impressions will be governed as much by the warmth of the welcome we can offer as by the terrain they run over.

Danny Hughes, Event Director.

## FURTHER NEWS ON WORLD CUP AND FINANCE

Reebok have generously offered £6,000 towards the sponsorship of the 1988 World Cup subject to a) Agreement being reached with the National Trust and b) the FRA membership giving the venture their whole-hearted support - this latter point will presumably be placed before the next AGM in October. A large number of prizes have been donated for the draw to raise extra cash with the first prize of a holiday to the value of £500 being donated by BNFL. I also believe that BNFL are likely to donate a further £1,000 for the organisation of the event. The latest news on the courses is that the longer race is now almost certain to take place on the Couldale Horseshoe with the short course being based on Latrigg - both are subject to landowners consent.

## LEAVE IT OUT

Tony Hulme informs me that a number of race organisers want to be in the calendar just to take advantage of our cut price insurance - so those organisers who constantly need to be chased to pay up, you'd better watch out - there are plenty of others ready to take your place. Likewise, he has had to leave a number of races out of the calendar because they are not fell races but just see the calendar as an easy way of cutting costs by opting out of the AAAs permit scheme!

## TITTERSTONE CLEE FELL RACE February 1986

*Above the snowbound clee, another world, fantastic to see, a planet to thrill the sci-fi reader with imposing dome, incongruous, silent, a threatening thing.*

*But we were here to run up steepest rise, a mile of rugged earth now hidden below soft depth of snow.*

*We were a serpentine line, turning, twisting, slithering through wet coldness. Breath, rasping, spreading before our reddened faces, like a thin mist, then to melt away.*

*We passed these monstrous sentinels of high tech, a warning to our transitoriness.*

*But such thoughts were far from our minds as we faced a rugged descent to metalled road.*

*Snow, spuming upwards, disturbed by thudding feet, swirled but for a second and was gone.*

*Speed surrendered to carefulness as holes, invisible snares, waited for the reckless.*

*Slowness had been the hallmark of this race, but the challenge had been taken and satisfaction showed on every face.*

Peter Travis

N.B. This race of approximately two and a quarter miles was undertaken in deep snow. When one considers that the winner's time over so short a distance was almost eight minutes outside the record then conditions can be seen in their true perspective.

## AN ALTERNATIVE VIEW:

### *Internationals, World Cups etc.*

**Editor:** Following the article in the Spring 1987 Fell Runner (P. 34), Will McLewin informs me that he received 28 replies and comments thus:

"I can confirm that apathy rules. I have received 21 votes in favour of the idea, 6 against, and one, bless him, who 'cares about' the idea.

It's hardly appropriate to draw conclusions from such a small return, although it compares well with the AGM, and in the circumstances I did not think it necessary to involve the electoral reform society.

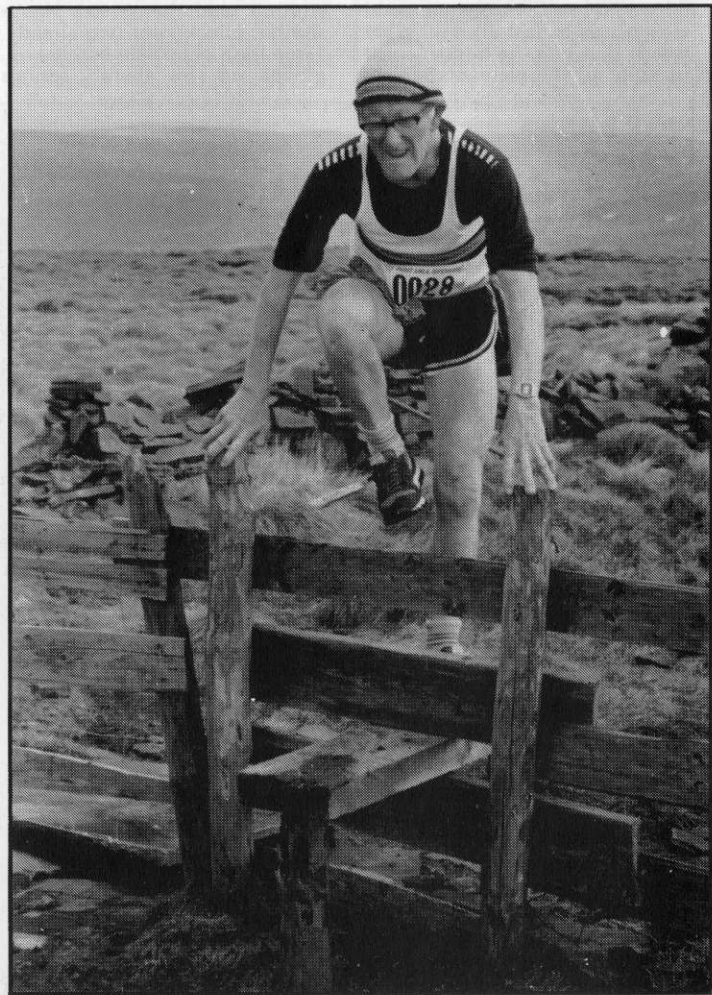
Two points are perhaps worth a mention. Quite a large number of members have expressed verbally sentiments more or less on the lines of 'Well I agree with you but I haven't bothered to vote because whatever the outcome they won't take any notice'. I have delicately refrained from asking precisely who 'they' are and whether this sentiment is a reflection about 'them' or the unusual nature of the proposal.

The numbers above refer to actual votes received. Secondly, several of those not in favour felt moved to explain why. I'm not sure what to infer from this, though I'm tempted, but thank them for their trouble. I'm glad to say that where there was a resort to logic as opposed to simple opinion, this was thoroughly flawed. The olympics were cited to justify the 'inevitably stylish aspect'. I personally cannot see the connection, but in any case the mixture of politics, drug abuse, high finance, shamateurism and general hypocrisy prevalent in much of the olympics hardly seems a worthy model. But one thing that is true, still, of the olympic games, especially in some of the fringe sports, is that a significant number of competitors are not really in the same class as the best ones.

Also the idea was not to choose the whole team at random which much of the argument against seemed to imply.

Lastly, I am not aware of any other suggestions about how my main point, of influencing these developments so that the FRA as a whole would benefit and be involved, can be met.

WILL McLEWIN



You're never too old to enjoy fell running - Jack Riley V.60 on Cowpe. (Photo: W.S. Bateson)

# A WET WEEKEND IN AUGUST . . .

## Day One by Eileen Burnip

Borrowdale on a wet Saturday in August, and time to stop watching fell races. The summer had drizzled by and we had been spectators, due to injury or lack of confidence, or both. We had sunbathed on Pillar during the Ennerdale race watching Billy Bland sweat his way to the summit clutching a half melted Mars bar. At Wasdale we had chosen the best seats at Black Sail, refilling a water carrier from the beck to feed thirsty competitors, handing over chocolate bars, biscuits and moral support. (The only thing we lacked was spare knicker elastic, requested by one falter-ing gentleman holding firmly on to his shorts.) We had photographs of starts and photographs of finishes, and we were race hungry.

And so to Borrowdale, on the first weekend in August, arriving on Friday night at a be-puddled camp site. We sat in the car waiting for the rain to stop. Then we stopped waiting for the rain to stop and put our tents up in the downpour. The mood was optimistic. It could rain like this all night, but by morning it was sure to have blown away.

By morning the tents had blown away, the wind and the rain were testing each other's strength, and the mist (what a tame word to describe the impenetrable blanket) was creeping steadily downwards. At Rosthwaite, runners in wellies waded through mud to the registration tent. In the car park we ate jam sandwiches, pulled on thermal tights, added woolly hats and mittens to the tackle in our bum bags, and prepared to enjoy a summer day on the fells. Rain is nature's way of telling you you're in the Lake District, someone had scrawled on a wall.

Yet I was happy enough, no nerves, no real worries - a mood which was to last all day. What was it that lifts the human spirit in spite of the elements? (Now

there's a thesis in the making). We were away at 11, jogging, jostling along the lane by the river to Stonethwaite, relaxed and chatting. I'm certain it wasn't so at the front of the field.

With this day in mind I had already bagged what must be a record number of ascents of Bessyboot this year, each one different and more confusing than the last. I need not have bothered. A coloured string of vests, hats and cagoules led the way slowly and diagonally up the steep scree and vegetation to a gully where we queued to move. Then we were at the top, much sooner than expected, handing in the first tally to the checkpoint marshal and I started to feel confident.

I also started to feel cold, wet and battered, as a wind with muscles hurled rain down the neck of my bag and occasionally tried to lift me off my feet. but I was moving, albeit slowly, and I was happy. Along a sheep trod towards Allen Crag, contour the summit, and there's Esk Hause shelter, checkpoint two already. Time for a chocolate bar, hat on, gloves on, for there's serious

business ahead. I was with a jolly pack of runners at this stage, being entertained by one stranger who kept asking if we were nearly there; there being the summit of Scafell Pike. I tried to explain how much worse was to come . . .

Where the path disappears to become a track of boot scars over the big boulders was where the wind gained momentum. The rock, of course, was wet and slippery, balance tricky enough without gusts that always caught you with a foot off the ground. It was perhaps as well that we couldn't see where we were going. Yet the summit appeared surprisingly soon . . . though not before I'd seen enough runners retracing their steps to Broad Crag col to realise that only a few knew, or could find, the short cut.

I was lucky and found it easily and cut out a huge corner (and maybe quite a few places) to reach the Corridor Route. It's hardly a secret but I'll not spread the message any further. Suffice it to say that the sense of achievement was elating. No one asked, but I told the wind anyway that I was having a great time.

Elation took a battering on the ascent of Gable from Sty Head. The wind was gale force and there were tales later of runners being blown 20 yards off the path. As advised I put my head down and tried to think of some pleasant music, but I was trapped with a funeral march from a Mahler symphony!

Soon after the summit of Gable, on the aching descent to Windy Gap which pleased my knees not at all, from the mist came a familiar voice disguised in waterproof swaddling clothes, a club colleague known to be a good navigator. On this day, a

hero. Without shame I stuck to him over Brandreth and Grey Knotts, a traverse on which we and a third runner were regularly thrown to the ground by the force of the gale, holding hands to ballast each other. Each time the wind gasped for breath we would raise our heads and see similar prostrate bodies littering the fell top. We would stand up, jog a few feet, then fall again. The hero gave me some chocolate.



We found Honister by a lovely grassy descent and saw strange signs of civilisation such as motor cars and plastic cups of orange juice. Escape would have been so easy, but the thought never crossed my mind . . . I was enjoying myself again. The hero sent me on, claiming a bad back which slowed his climbing, so I plodded solo up Dale Head, a briefly wind-assisted passage. There are heroes of another ilk who ran up there. I walked, but I did pick up a couple of places.

Then the top of Dale Head, the final checkpoint. A glance at the compass - all the bearings were there in my head - and off down picking a grassy route through the rocks to the tarn. Well, it's good to be out of that so-and-so wind, I said aloud and a final blast whipped me off my feet to an indecorous landing. I could only laugh.

I was amazed that my legs did not need assistance over the stile before the descent through the quarries. We were out of the mist now, for the first time, and I felt warm. And quite fresh, on the long run down to the river. 'Have you tried hard enough?' a gremlin voice asked. There was a final obstacle, the crossing of the Derwent, a torrent hurtling towards a weir. The water rose higher and higher until it reached the top of my legs, legs which needed to be propelled with a force that came from somewhere unknown. On the far bank I felt drained and spent, an answer for the gremlin.

The last few hundred yards are along the farm track and then it was into the finishing field, familiar faces, applause, remember to stop my watch, unable to help a kindly woman who was unpinning my last tally, hands unable to move, all co-ordination gone. But within seconds I felt human again, no aches and pains, no distress, tremendous elation. I had run . . . well, jogged, walked and struggled . . . 17 miles and climbed 6,500 feet and it had taken me four hours and 49 minutes. Billy Bland, the winner, had been back for almost two hours. But a lot of folk had retired because of the bad conditions. And as I said it was time to stop watching fell races.

**Postscript:** The hero was Mike Farnsworth and the author still owes him a pint.



Whiteless Pike - Sailbeck 1987.  
(Photo. P. Hartley).



## A WINTER BOB GRAHAM ROUND — THIRD TIME LUCKY!

By Steve Parr

**My first attempt at a winter Bob Graham Round on December 21st 1985 was thwarted by storm force winds and driving rain. On a night when most people were at home in front of the fire, I spent 8 hours battling my way from Keswick to Wasdale. I reached only 3 of the 12 summits on this section and gladly abandoned the attempt.**

My second effort on January 3rd to 4th 1986 was very nearly successful. In 22 hours I traversed 41 summits, but darkness, deteriorating weather and low morale defeated this solo, unsupported attempt on Skiddaw.

I decided on a clockwise circuit for my third attempt and set off at 7 p.m. on December 22nd 1986 with a schedule for 23 hours. This time I had road support from John Barrett and two pacers on the fells, Joe Faulkner and Andy Harding.

Conditions were not ideal, with deep snow on the first section to Threlkeld being replaced by icy and misty conditions on the second section to Dunmail Raise. However, I left Dunmail at 3.40 a.m. (20 minutes ahead of Schedule) having travelled on my own up to that point. I was very pleased to have Joe's company at such an unearthly hour of the morning, but despite his unstinting efforts at trail-breaking through the deep snow, we reached the summit of Bowfell about an hour behind schedule, just after dawn. However, the going soon improved and morale was again restored. With 10 hours remaining in which to traverse 19 summits, the race was on for a sub-24 hour finish.

We made good progress over the Scafell range to Wasdale where we were encouraged to meet John Barrett and Joe's girlfriend, Ruth Taylor, who had driven round from Dunmail in support. After a brief halt I continued on my own to Honister where I was met by John Barrett and Andy Harding at about 4 p.m. For the first time since Bowfell we felt that there was a chance to break 24 hours.

In Andy's cheerful company I raced the gathering darkness over Hindscarth and Robinson to Newland's church, from which a final sprint on the road took me back to Keswick to finish at the Moot Hall at 6.26 p.m. on December 23rd, 23 hours 26 minutes after starting. Santa Claus came a little earlier in 1986!

## A WET WEEKEND IN AUGUST . . . TWO

by Judy Makinson

**It was time to stop watching fell races. I suppose, although I didn't share my friend's enthusiasm for gale force winds and torrential rain. The recce of the race route a few weeks before had been nothing but fun; why couldn't race day be the same?**

It couldn't, of course, because Sod's Law was in full operation, even the Borrowdale sheep were sheltering behind the dry stone walls, not very dry on that 2nd August, 1986. My experiences that day were neither as enjoyable nor as successful as Eileen's, suffice to say that I found nothing exciting about both my feet involuntarily leaving the ground at the same time. The old saying: 'Live to fight another day', was ringing in my ears as I faltered at the Esk Hause checkpoint, contemplating the wind speed at the top of Scafell Pike. The voice in my head won the day and I gladly made my way back down to safety, feeling that with each strong gust I had made the right decision.

This feeling only lasted until I saw Eileen triumphantly enter the finishing field, noting the apparent lack of discomfort that the whole 17 miles and 6,500 feet of climbing had failed to impose upon her. To add insult to injury the weather had made a marked improvement and the gentleman announcing the runners' arrivals was quick to notice a patch of fleeting sunlight on a nearby hill. The rest of the day was spent suppressing feeling of envy, self-doubt and even regret, although the fact that 50 others had come to the same conclusion as myself helped to ease the pain. Another tonic was the liquid refreshment and warm friendship, both found in ample quantity in the Scafell that night.

The next day, Sod was at it again, as the day broke bright and clear. Not content with one race per weekend, talk soon turned to

the Latrigg race, a mere sprint of three miles up a 'little hill' near Keswick. Eileen, still on Cloud Nine from the previous day, was eager to remain there for as long as possible.

Short races demand fast starts, something that Eileen has always been good at. We warmed up together, the previous day's exertions seemingly having taken little toll. There were quite a few other ladies running, all looking younger and more athletic than us.

As the race got under way, I squeezed past Eileen thinking only of the disappointment 24 hours earlier. The next 25 minutes were filled with pain, self-admonition every time I walked, and the constant wonder if I really was in the lead. My question, and prayers, were answered when I arrived at the finishing funnel to applause only given to the first lady back. My first 'first', a wonderful feeling, I can't deny. Eileen came in a creditable third, her only thought to congratulate me on my success. The warmth of that success and dear friends to share it with, what more can you ask?

My final memory of that day, however, was something that brought me firmly back down to earth. As I received my salver, I glanced at the names already engraved on it: Ros Coates, Rosie Naish, Jean Lochhead and Pauline Howarth. 'I don't feel worthy to place my name among these great runners', I commented to the race organiser.

'Don't worry, love', he said 'You don't have to put your time down as well'.

## The Bob Graham 24-Hour Club List of New Members 1986

No.		
378	Geoff Fletcher	413 Nicholas Forwood
379	Steve Pilkington	414 Henry Marston
380	Grant Edmondson	415 Alan Wright
381	Michael Pooler	416 Bob Richardson
382	Derek Price	417 Ian Kerr
383	Jim Doig	418 Nick Parks
384	Roger Coombs	419 Victor Marcinkiewicz
385	John Kidger	420 Bob Mitchell
386	Bill Sutherland	421 Paul Blagbrough
387	Paul Wright	422 Robert Crawshaw
388	Andrew Teasdale	423 Nick Hewitt
389	David Ford	424 David Coghlan
390	David Higgs	425 Graham Poole
391	Keith Longney	426 Carl Fletcher
392	Michael Fox	427 Graham Butcher
393	David Nield	428 Ian Leighton
994	Brian Jackson	429 Keith Tomkins
395	Andy Smith	430 Philip Harris
396	Chris Gravina	431 Jim Slinn
397	Derek Hodgson	432 Ian Thompson
398	Phil Young	433 Stephen Hicks
399	Clive Wilson	434 John Amies
400	Richard Day	435 Geoff Pettengell
401	Havard Prosser	436 Chris Crane
402	Mark Littlewood	437 Darryl Nolan
403	Martin Brook	438 Ian Hamill
404	Arthur Clarke	439 Graham Eccles
405	Martin Fenn	440 Michael Hartley
406	Peter Browning	441 Rex Stickland
407	David Britton	442 Gillian Wilkinson
408	Phil Glendinning	443 Winky O'Neale
409	John Sykes	444 Peter Haig
410	Peter Collingwood	445 Nicola Lavery
411	Tim Daniel	446 Neil Shuttleworth
412	Chris Lincoln-Jones	

## IT'S THE SAME IN THE STATES

Andy Milroy informs me that the trail and off-the-road races in the States are also experiencing conservancy problems. He thinks organised races are an easy target as they are high profile users and, what's more, are an easily identifiable group of people with an address. Sounds similar to here, for example, 3 Peaks, I'm sure that thousands and thousands of nameless backpackers walking the route throughout the year, cause far more damage than 500 runners on one specific day!



Paul Ratcliffe in Rossendale new team gear. (Photo P. Hartley).

## WITCHES CLOUGH FELL RACE

Members may have seen the recent 'Treasure Hunt' programme on Channel 4 which featured Linda Lord dressed up as a witch being chased across Pendle by Annela Rice in pursuit of the final clue. The 1986 race, starting and finishing at Sabden, was run as a fun run in order to raise funds for much needed video equipment at the Stroke Rehabilitation Unit, Burnley General Hospital. It was organised by Pete and Linda Lord as a fund-raising thankyou for their help in treating Peter following his stroke. The fun run will now be turned into an annual race and this year will be run on 15th August starting at 12.30p.m. with 1100ft. of climbing in the 4 miles making it one of the toughest short races on Pendle.

## ANOTHER WORTHY FUND-RAISING EFFORT

Fell races throughout the country are sometimes used by individuals and groups as means of raising badly needed funds for worthy causes. One admirable effort that has recently come to light is that of the youngsters who participate in the race up West Lomond which is run in conjunction with the Lomonds of Fife race. Last year over £1,000 was raised for the blind and this is likely to be exceeded this year. One pleasant feature of this event is that trophies are also presented to the best fundraisers as well as the best runners.

## PROFILE OF CAROL HAIGH *by Neil Shuttleworth*

**Club:** Holmfirth H.A.C.  
**Born:** Huddersfield.  
**Age:** 20.  
**Height:** 5ft. 3in.  
**Weight:** 7st. 3lbs.

**Job:** Full time athlete (unemployed). Single. Self-coached.

**Family:** Andrew my brother is a good club runner and is 2 years older.

**Began Running:** September 1980 (age 14) with the school team.

**Early Successes:** 2nd in National X-Country as an Intermediate, Yorkshire & Northern England International over the country at 16. G.B. Junior track International.

**Early aspirations/heroes:** Joss Naylor on the fells.

**Present Honours Gained:** (1) World Cup Champ (Fell Run), (2) Northern X-Country Champion 1986, (3) English lady F.R.A. - jointly with Diane Ellerton 1986, (4) World Road Relay (G.B. team) Nov. 1986.

**In 1985 you did not run on the fells but gained T.V. exposure in the Gaymers road races. Was that the highlight of 1985?:** No. Probably running 9:07 for 3,000m in the Dale Farm Ulster Games without any real track training.

**Describe in about 200 words your best fell race last year:** This has to be the World Cup 'Mountain' Races at Morbegno (Northern Italy) not far from Lake Como on the first weekend in October. I was quite surprised by the early pace of the Morbegno

race over 7500m, from the town's piazza to the summits of La bona Lambardo and San Marco. When we started the first climb I found myself in front and began to push the pace. The first climb felt relatively easy but I had to concentrate hard on the second long climb. My only problem came about a kilometre from the end of the descent from San Marco, when I went over on my ankle on the zig-zags. (Afterwards my ankles swelled badly and I had x-rays). Fortunately my lead was sufficient from the other competitors and I won in 34:13. The next girl V. Bottarlli (Italy) finishing 46 seconds behind in 35:59. Unfortunately I was taken to hospital after the race for x-rays on my badly swollen ankle.

**You did well at Snowdon (July) and won the World Cup in October. Do any other highlights stand out last year?:** (1) First in the Langdale Horseshoe 16m/4000, (2) First in the Trofeo Vanori fell race in Italy, Morbegno - 3 weeks after running there and winning the world title.

**Did you set any course records last year?:** Yes. 12; Rivington Pike, Pendle, Snowdon, Bradwell, Gategill, Wrekin, Up the Nab, Hades Hill, Eccles Pike, Shelf Moor, Meltham Cop and Rombalds Moor.

**What sort of fell race do you prefer: longer, short, rocky or grass?:** Long/medium, grassy - e.g. Chew Valley, because you can set off at a steady pace.

**Are you self coached?:** Yes.

**Describe a weeks training:** My training averages 60-70 miles per week taking the year as a whole. In winter before Christmas (October to December) I've never done more than 80 a week. I try to peak for the major x-country (National).

From April to October, a typical summer week with a race might be Sunday am, a long run anything up to 2hrs or maybe longer country or fell. Monday am 45 mins over country fartlek, pm 4m. Tuesday am 8m/9m country, pm 3m x-country. Wednesday fast 5m country, pm 4-5m easy. Thursday 8/9m country or fell, pm 3m x-country. Friday am 5m (hills reps) pm 4m easy. Saturday am 3/5m easy country. Sunday race.

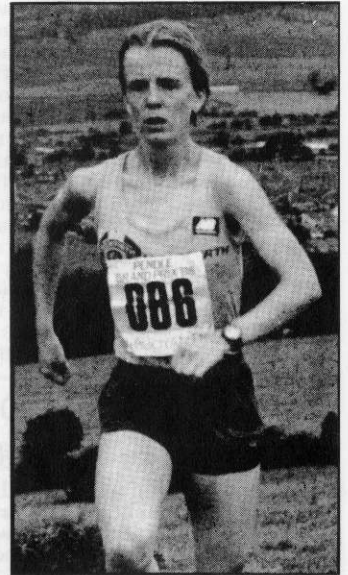
**Do you run on your own, with your brother or men from the club?:** At the moment on my own after recovering from a back injury. Usually train 2 to 3 times a week with the club.

**Do you follow any particular diet?:** Vegetarian.

**Any other outside interests?:** Yes, I am a member of the Holme Valley Wheelers (cycling) and do 10 mile time trials during the summer. Also swim 3 to 5 times per week.

**What are ambitions for the future?:** To defend my world championship title and to carry on improving. Also to have a go at some of the longer championship races over 16 miles (Three Peaks).

**Do you think you'll end up racing on the track, running marathons or stick to fell running?:** Probably stick to fell running, but may have another go on the track when I know my back injury has completely gone.  
**May I add something?:** I think fell running must be friendliest form of running available at any level and also has a great social side. The training and racing is much more interesting on the fell rather than the road and track and the scenery is superb.



## DOING A MOUNTAIN MARATHON THIS YEAR ?

Mountain marathons are a test, not only of speed and navigational abilities, but also of the equipment which must be carried by the competitor. The object being to have as little weight as possible but yet have gear which must be capable of functioning well in all conditions. We have increased the range of products which, we feel, are worthy of consideration by anyone taking part in a mountain marathon.

### SLEEPING BAGS

Down *	Weight	Packed Size	Price
Superlight	28oz	15 x 31	38.50
" De Luxe	35oz	17 x 28	49.60
Jungfrau	48oz	17 x 38	57.50
<b>Synthetic</b>			
Husky 1000	35oz	20 x 22	98.50
Tiree Super	48oz	24 x 34	27.60

### RUCKSACKS

	Weight	Price
Troll Marathon	6½oz	20.95
Vango Climber	24 oz	20.25
Serval Civetta	10½oz	17.65
RR Ridge Runner	10½oz	24.95
<b>TENTS</b>		
Saunders Fellpine		103.00
Saunders Jetpacker		128.00
Saunders Spacepacker		174.00
Lichfield Viper 2		49.00

### SHOES

Walsh PB Racer	38.99
Walsh PB Trainer	38.99
Walsh Raid	38.99
Nokia Sisu	10.30
Silva Ostud	12.50
Silva VM Stud	41.05

Thermal Wear, Bumbags, Compasses, Stoves, Polar Jackets, Tracksters, Spenco Medical Aids, Headlamps, Survival Bags, Sleep Mats etc. Please send a SAE for our Mountain Marathon Equipment guide and price list.

## GUY GOODAIR SPORTS

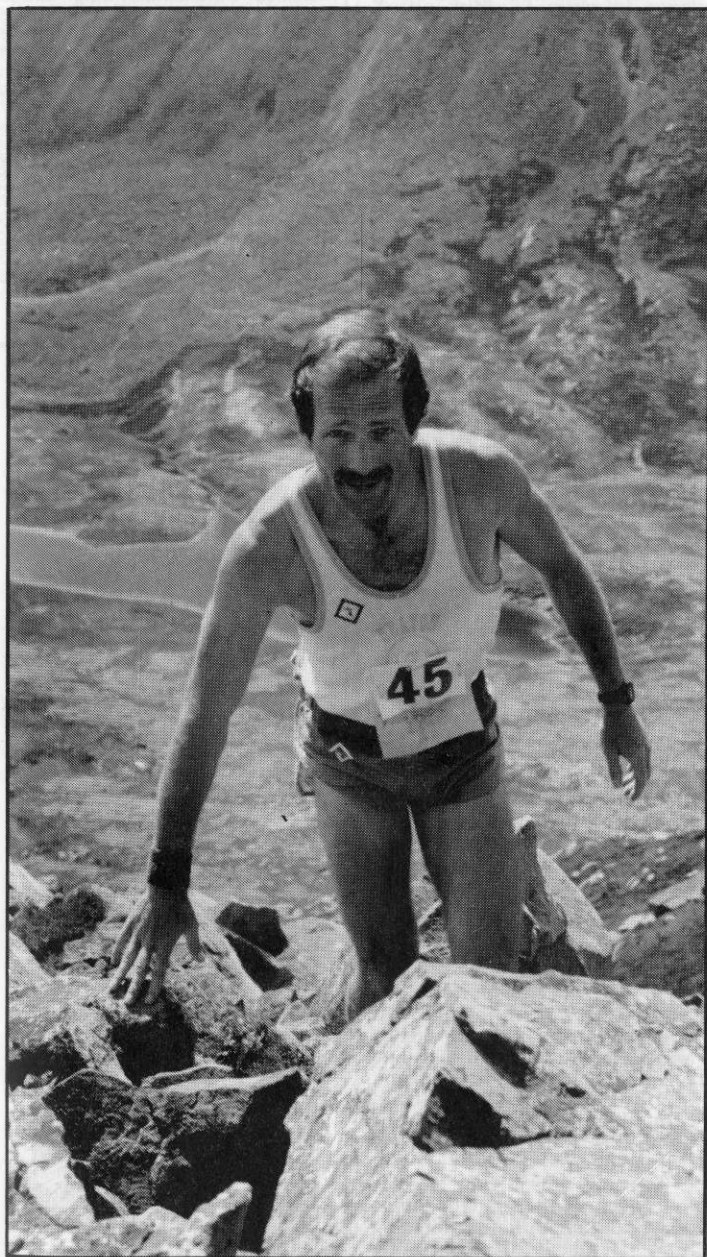
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## WELSH 1000 METRES FIASCO/DISASTER

I understand that this years Welsh 1000 metres from Aber to Snowdon summit was a catastrophe. When the mountaineers set off at 7 a.m. they were told by the organisers to follow the road to Ogwen as the weather was so bad and the Army had pulled out from manning the checkpoints on the Carnedd. With the weather deteriorating and the forecast painting an even darker picture, the organiser told the runners of the later start time to follow the same route - yes, you've guessed it - following anguished protests from hard done-by runners, the organiser relented and allowed them over the tops, resulting in trespass, and damage to a farmstead. Unfortunately the National Trust and National Park Warden witnessed the damage. The race was abandoned, the race organiser has been presented with a large bill and the farmer will not allow any races on his land ever again. Add to that, an already precarious relationship with the National

Trust has been dealt a further blow and other fell races in North Wales are now threatened. I appreciate the frustration involved in being told that a race route has been altered but until such time as we recognise the rights of other people, the sport is being done a great disservice by such selfish attitudes. This is not something peculiar to North Wales for in the past organisers instructions have similarly been ignored at Carnethy and the Ben Nevis. Indeed, at this years Pentlands Skyline the race had to be shortened and there were trespass problems and a very angry farmer at the Howe checkpoint. The English don't have any reason to feel smug either, for Great Hameldon, the old Rossendale course, The 3 Peaks and Pendleton readily spring to mind as problem areas with the greatest obscenity being on the 3 Towers Course where some runners actually cut straight across a graveyard in Darwen in order to save precious seconds! When will we learn to adopt a more responsible attitude?



The last climb up Corra Bheinn in the Bens of Jura

(photo: P. Hartley)

## I HEREBY COMPETE AT MY OWN RISK

**Editor:** Have you ever considered those 'get-out' clauses we all sign when we enter races. You know, the ones which are intended to stop the more mercenary amongst us from taking well-meaning organisers to the cleaners, should anything go wrong? I've often thought that a mere signature of 'I compete at my own risk' wouldn't stand up if ever it was contested by a half-decent legal eagle. Well, recently I entered a local 1/2-marathon and details of the 'get-out' clause are below. Yes, you've guessed it, the sponsors were a firm of solicitors and they made damn sure we all knew that we were competing at our own risk! If anyone comes across other wonderful 'get-outs' please let me know.

"In consideration of you accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Waid Academy FPRFC, Fife Regional and North East Fife District Council, and any of the Sponsors and their representatives, successors and their assignees for any and all injuries suffered by me in the said event, I attest and verify that I will participate in the said event, that I am physically fit and have sufficiently trained for completion of this event and my physical condition has been verified by a Doctor (Medical).

**I hereby state the above particulars are COMPLETE and CORRECT in every detail".**

## THE SAGA OF NELL

By Lawrence Sullivan

Come fill with wine  
This glass of mine  
And a tale to you I'll tell  
Of a climate cold  
And a runner bold  
And a girl called Fell Running Nell  
I'll start in the dawn  
Of a cold Lakeland morn  
A few hours before a big race  
When from over the way  
Came a cry of dismay  
At the sight of a terrible face.  
It wasn't a fella  
Who caused all the terror  
That morning out on the fell  
No, the figure they saw  
As they gazed on in awe  
Was none other than Fell Running Nell  
They knew the disaster  
Of trying to get past her  
Once she'd made up her mind that she'd win  
And never a racer  
Would ever dare face her  
Or risk her left hook to the chin  
Every valley and fell  
Had cause to fear Nell  
As she kicked and sweated away  
And many a boulder  
Tossed over her shoulder  
Just because it got in her way  
I'm not a good loser  
She'd say in the boozier  
As she grabbed the race winner, poor soul  
And taking him out  
Would give him a clout  
With an arm like a telegraph pole  
So a message was sent  
To bring on the gent  
A man who everyone knew  
With his jet black beard  
Big strong and feared  
The mighty Black Jack Carew  
He came down the dale  
In the teeth of a gale  
His running vest half torn apart  
And said with a roar  
As he kicked in the door  
'Where's my number, I'm ready to start'  
The crack of a gun  
The race had begun  
With Nell and Jack coming to blows  
But Nell went to the front  
With a very loud grunt  
Using her fists and elbows

Jack made a try  
Got one in the eye  
But decided he must try to win  
But a vicious back heel  
Hurt him a great deal  
And Nell gave her wickedest grin  
But then it got steep  
So Jack picked up a sheep  
And hurling it over his head  
Hit Nell in the back  
With an almighty thwack  
And ran past her as though she were dead  
Nell knew to her cost  
This was one race she'd lost  
As she started the final descent  
Saw Jack cross the line  
And gave a rude sign  
As she came in bedraggled and spent  
The crowd went to the pub  
As the smell of some grub  
Overcame their misgivings and doubts  
While Nell feeling ill  
Gave a look that could kill  
And her presence soon quietened the shouts  
Then everyone cowered  
As Nell turned and glowered  
At the giant they called Jack Carew  
But he stood his ground  
And bought the next round  
And asked Nell if she'd like one too  
'The booze I can store  
Would put you on the floor'  
She said to Black Jack with a sneer  
'And I do not think  
That I'll have a drink  
With a man who can't handle his beer'  
No mirth in her laughter  
(Though it cracked a main rafter)  
Could worry a man like Carew  
As he downed yet another  
Then called for its brother  
And told Nell just what she could do  
The crowd felt such dread  
They all turned and fled  
And slammed the pub door in their fright  
Then from deep within  
Came a terrible din  
Like a Clayton le Moors Tuesday night  
No-one ever knew  
What befell Jack Carew  
Or why his black beard turned snow white  
Or why he came out  
Gave a pitiful shout  
And ran off in the depths of the night  
And no-one could tell  
What had happened to Nell  
As she staggered away down the track  
And instead of her growl  
She let out a howl  
Saying she wouldn't come back  
And she didn't!

# RESULTS

**CARRAGHYN** Isle of Man  
**AS/2 1/2m/900ft.** 4 Jan. 1987  
 1: K. Callister, MAC, 18.20(R)  
 2: J. Crellin, MAC, 19.36  
 3: S. Hull, BH, 19.39  
 4: T. Varley, BH, 19.48; 1 Vet: J. Tasker, MAC, 21.14; 1 Jun: P. Brew, MAC, 20.35.

**THE ROACHES RACE** England  
**N/13m/3600ft** 25 Jan. 1987  
 After a couple of weeks of uncertainty about our prospects for the race, I was delighted with the field of 86 seniors. The snow dispersed days beforehand, with only a few drifts remaining, and conditions were mild. The late appearance of the FRA Calendar was also a concern, but many people had obviously spread the word around, for which we are grateful. After making a substantial loss on the race last year, it was a little worrying to think of only 30 or so people turning up this time. Jack Maitland led to Shutlingsloe, but was comfortably overtaken on the return leg. Evidently Jack was running 'the race after the night before'.

Frequent changes of land ownership have caused course changes every year, but we now have a route with relatively few (and generally reliable) land-owners, which should make future changes unlikely. The out-and-back course provides varied scenery, and is considerably easier to mark. Returning by the same route has the advantages that runners can pace themselves better, and that three out of five climbs are done at the halfway mark. I also feel that passing returning runners makes the race more enjoyable for those lower down the field. After two years of near cancellations at the start of the year I have decided to hold the next race on November 22nd (this year), at 11.30 a.m., with a junior race as far as the river crossing and back.

Hugh Shercliff

1: A Trigg, Gloss, 1.52.50  
 2: P. Gardner, Telf, 1.54.49  
 3: J. Forster, Mercia, 1.56.26  
 4: P. Ratcliffe, Ross, 1.57.12; 5: J. Maitland, P & B, 1.59.48; 6: R. Bergstrand, Roch, 1.59.49; 7: M. Foschi, Penn, 1.59.59; 8: A. Hulme, Penn, 2.00.25; 9: J. Wootton, Mercia, 2.00.50; 10: P. Blagbrough, S'worth, 2.01.54; 1 Vet: P. Blagbrough, S'worth, 2.01.54; 2 Vet: P. Nolan, M'field, 2.06.43; 3 Vet: C. Tanner-Tremaine, ICL, 2.06.44. 1 Lady: V. Brindle, Clay, 2.13.13; 2 Vet: K. Parker, Man, 2.28.10; 3 Lady: K. Scott, RAF Cosford, 2.47.39.

**BENSON KNOTT** England  
**CS/5m/900ft**  
 1: G. Kerr, Clay, 35.28  
 2: H. Symonds, Kend, 36.16  
 3: G. Schofield, Black, 36.29  
 4: J. Broxap, Kes, 36.50; 5: G. Read, Roch, 37.12; 6: I. Robinson, Lancs, 37.17; 7: P. Harlowe, Kes, 37.19; 8: T. Gibson, Roch, 37.41; 9: I. Dermott, Horw, 38.02; 10: R. Winward, B'row, 38.05.

**CREG-NY-BAA** Isle of Man  
**AM/10m/2700ft.** 7th Feb. 1987  
 1: Tony Varley, Bound, 1.15.02  
 2: Colin Halsall, Manx, 1.18.22  
 3: Keith Callister, Manx, 1.20.16  
 4: Phil Cain, Bound, 1.20.55; 5: John Crellin, Manx, 1.22.41; 6: Ritchie Stevenson, Fell Men, 1.25.19; 1 Vet 40: George Hull, Bound, 1.32.11; 2 Vet 40: Dave Corrin, Manx, 1.33.27; 3 Vet 40: Robbie Collister, West, 1.36.01. 1 Lady: Anne Gomer, Manx, 2.01.12.

**CARNETHY** Scotland  
**AM/6m/2500ft.** 14 Feb. 1987  
 1: M. Patterson, DPFR, 48.47  
 2: H. Symonds, Kend, 49.23  
 3: R. Pilbeam, Kes, 49.51  
 4: J. C. Musgrave, Aber, 50.30; 5: A. Smith, CFR, 50.37; 6: J. Broxap, Kes, 50.43; 7: G. Schofield, B'burn, 50.52; 8: D. Lee, CFR, 51.00; 9: D. McGonigle, Dundee, 51.12; 10: P. Harlow, Kes, 51.53. 1 Vet 40: J. Shields, Clyde, 52.42; 2 Vet 40: G. Bryan-Jones, Central, 55.29; 3 Vet 40: Mike Walford, Kend, 57.39. 1 Lady: Penny Rother, Edin, 60.26.

**TIGER T'HIGGER TOR RACE** England  
**N/8m/1300ft.** 22 Feb. 1987  
 After postponing last year's race in snow-bound February I was pleased to see a clear, mild and calm day for the 115 runners who set off from the cold, wet and windy Tigers Rugby Ground at Done Moor, Sheffield. After the fell gate (checkpoint 1) the route became optional between the check points on the out and back course although the safest route was marked and well marshalled. Most runners chose the rough overland route to the bridge on Houndkirk track and then followed the cairns over Burbage Edge and down to the stone bridge.

After the turn round at the summit of Higger Tor Andy Trigg (Glossop) was leading but by the second crossing of the stone bridge Malcolm Patterson (Dark Peak) had taken over. His local knowledge and fitness proved enough for him to win, for the second year, and set a course record 47m37s with Trigg a close second in 47m49s.

Carol Haigh (Holmfirth) treated the race as a training run after injury. She easily took First Lady and also the course record finishing 29th overall. The race however aggravated an old injury with a result of her missing the Womens Intercounties x-country.

Don Langley

1: M. Patterson, DPFR, 47.37  
 2: A Trigg, Gloss, 47.49  
 3: K. Manning, Clay, 49.30  
 4: D. Ibbotson, Gloss, 49.45; 5: M Prady, Gloss, 49.54; 6: R. Toogood, DPFR, 50.10; 7: D. Woodhead, Horw, 51.20; 8: M. Camping, UN, 51.36; 9: S. Willis, S'worth, 51.40; 10: A. Moffatt, Tigers, 51.47. 1 Vet: R. Toogood, DPFR, 50.10; 2 Vet: G. Berry, DPFR, 52.47; 3 Vet: J. Armistead, DPFR, 55.05. 1 Lady: C. Haigh, H'firth, 56.09; 2 Lady: S. Ratcliffe, S'worth, 1.02.07; 3 Lady: K. DeMengel, DPFR, 1.04.00.

**MYNYDD MAEN TRAV.** Wales  
**7m/1600ft.** 7 March 1987  
 Diabolical weather conditions and the rival attraction of the England - Wales Rugby Match meant a small field for this new event. Andrew Darby won after using Les Williams as a guide on this interesting course situated near Cwmbran.  
 1: A. Darby, N'port, 59.40  
 2: L. Williams (V), MDC, 60.00  
 3: C. Ryder, MDC, 63.19  
 4: F. Parry, N'port, 63.43; 5: A. Woods, Blaen, 67.00; 6: C. Bartley, N'port, 68.20; 2 Vet: L. Ruston, Snayd, 86.00; 1 Lady: A. Bedwell, MDC, 72.37.

**TITTERSTONE CLEE** England  
**AS/2 1/2m/750ft** 28 Feb. 1987  
 A 'Today' photographer altered the course of this race, and ensured that Dave Hall's 4 year old record of 18.05 survived easily despite a quality field, and excellent conditions. Colin Bell stormed off with no idea about the best way, and headed straight for the photographer who had placed himself atop a boulderfield, despite the smooth grassy ramp 50 yards away. Well we had a good photo, Today Saturday March 7th, but the magnificent free descending that this race offers was missed by all the better athletes. Despite being a short race, the winner has taken a different route every year.

Eddie Hawood

1: Colin Bell, Telf, 18.40  
 2: Sean Willis, S'worth 18.46  
 3: Dave Jackson, Telf, 19.06  
 4: Huw Parry, Eryri, 19.16; 5: Paul Ratcliffe, Ross, 19.32; 6: Richard Day, Mercia, 19.37; 7: Richard Heath, Telf, 19.46; 8: Keith Banks, Telf, 20.02; 9: Simon Daws, Telf, 20.33; 10: Vaughan New, Telf, 20.46. 1 Vet. 40: H. Parry, Eryri, 19.16; 2 Vet. 40: R. Hyman, Merc, 21.01. 1 Lady: S. Ashton, Chap, 24.23.

**LONG MYND VALLIES** England  
**N/10m/4000ft.** 1 March 1987

The only problem in planning this route was to avoid it seeming contrived. The vallies are deep, steep and beautiful, and the route crosses most of them at right angles, although there is considerable debate as to the best route choices. Judging by the reactions of both locals and visitors, I have succeeded in producing a very tough, but enjoyable race.

Congratulations to young orienteer Stephen Palmer who ran away from the field at the start, and steadily extended his lead throughout. I think his time will take some beating.

Paul and Huw arrived above the last descent together and Paul, knowing he had to finish 14 seconds clear, flung himself down the hill to win the weekend's trophy. This is correct, the mistake in the posted results was in Paul's Titterstone time.

1: S. Palmer, Merc, 1.42.50  
 2: P. Ratcliffe, Ross, 1.46.48  
 3: H. Parry (V), Ery, 1.47.17  
 4: Paul Sanderson, Telf, 1.52.17; 5: Richard Day, Merc, 1.52.49; 6: Keith Robinson, B'burn, 1.53.08. 1 Vet 40: H. Parry, Ery, 1.47.17; 2 Vet. 40: P. Murray, Horw, 1.54.31.

**CHEW VALLEY** England  
**AL/13m/2000ft.** 1 March 1987

Saturday was fine, so was Monday. What happened to Sunday, then? The Chew weather jinx? Ah well! Adds interest, I suppose. Bob Ashworth's camp followers certainly thought so, as he took them paddling in Chew Reservoir (he can't always get it right).

Bob, who had trained hard though the winter, was confident of victory, and though he led the pack as far as Alphin, he was outprinted on the run-in by Malcolm Patterson to lose by one second. One second down again, in third place, a disappointed Billy Bland had been heard to say on the start line that he really wanted to win this one.

The clag caused problems for the checkpoint marshalls, some of whom had difficulty locating their targets. In fact the Featherbed squad never made it at all. When, after over half the field had finished, I met a rather

shell-shocked looking Roger just returning from a round trip God knows where. He asked somewhat desperately: 'Did anyone find Featherbed?' 'Well with the exception of five-and-a-half-hundred runners, No!'

The spirit of the fells was well demonstrated by the runners on their way down from a marshall-less Featherbed. They sped down tight-lipped, with no intention of giving the game away to the poor souls slogging their way up.

The problem of increasing numbers is now causing us some concern. Whilst on the one hand it's nice to play the numbers game, we must consider the effect that such a large entry has on the quality of the event, and the impact on the environment of what this year became a procession. Is it time to limit the numbers. Your views on this will be appreciated. Frank Sykes

1: M. Patterson, D.Peak, 1.48.38  
 2: R. Ashworth, Ross, 1.48.39  
 3: W. Bland, Kes, 1.48.40  
 4: H. Symonds, Kend, 1.49.16; 5 P. McWade (Vet.), Clayton, 1.50.07; 6: G. Devine, Sky/Int, 1.51.54; 7: R. Rawlinson, Ross, 1.52.04; 8: G. Webb, 1.53.52; 9: A. Styan, Holm, 1.53.54; 10: W. Brindle, Horw, 1.53.55; 11: Jack Holt, 1.53.57; 12: D. Ratcliffe, Ross, 1.54.17; 13: R. Lee, Macclesfield, 1.54.25; 14: I. Barnes, Bing, 1.54.30; 15: D. Ibbotson, Gloss, 1.54.35; 16: M. Rigby, Ambleside, 1.54.44; 17: S. Sunter, Horw, 1.54.53; 18: P. Lambert, Clay, 1.54.59; 19: M. Seddon, Holm, 1.55.25; 20: K. Taylor, Ross, 1.55.33. 2 Vet: H. Waterhouse, S'worth, 1.57.07; 3 Vet: J. Nuttall, Clay, 2.08.09. 1 O/50 Vet: G. Barras, Skyrac, 2.13.11; 2 O/50 Vet: C. B. Ryans, U/A, 2.16.26; 3 O/50 Vet: P. Duffy, 2.18.21. 1 Lady: C. Haigh, H'firth, 2.14.10; 2 Lady: K. De Mengel, D.Peak, 2.23.46; 3 Lady: S. Ratcliffe, S'worth, 2.27.57. 1 Youth: G. Hall, H'firth, 24.25; 2 Youth: J. Cookson, Moston, 25.02; 3 Youth: S. Thompson, Clay, 25.10.

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**RAS MOEL Y CI** Wales  
**AS/2½m/800ft 14 March 1987**  
 A dead heat finish this year gives 2 wins each to Hefin and Glyn Griffiths. They fought it out right to the end with no quarter given. The lead changed several times on the down hill section and in the end the time keeper could not separate them and all in a record time as well. Angela Donnelly won the ladies race in record time as well. In third place was Don Williams who was also 1 Vet.

N. Fisher  
 1: H. & G. Griffiths, Eryri, 16.57  
 3: Don Williams, Eryri, 17.51  
 4: M. Jones, Eryri, 17.58; 5: H. Parry, Eryri, 18.10; 6: K. Longley, Eryri, 19.12; 7: D. Davies, Eryri, 19.16; 8: P. Stott, Eryri, 19.17; 9: E. Evans, Eryri, 19.32; 10: G. Bright, 19.38. 1 Lady: A. Donnelly, Eryri, 20.03; 2 Lady: R. Moore, R'ham, 22.33; 3 Lady: R. Parry, Eryri, 23.59. 1 Vet: D. Williams, Eryri, 17.51; 2 Vet: H. Parry, Eryri, 18.10; 3 Vet: D. Davies, Eryri, 19.16.

**CRIFFEL** Scotland  
**AM/7½m/1800ft. 15 March 1987**  
 1: R. Pilbeam, Kes, 48.57(R)  
 2: G. Kerr, Fife, 50.35  
 3: R. Bryson, Ire, 50.44  
 4: A. Curtis, Liv, 50.54; 5: D. McGonigle, Dund, 51.07; 6: H. Jarrett, CFR, 51.13; 7: B. Potts, Clyde, 51.15; 8: P. Harlowe, Kes, 51.21; 9: R. Hope, Carn, 51.44; 10: A. Spencely, Carn, 52.27. 1 Vet: J. Shields, Clyde, (13th) 52.26 (Rec); 2 Vet: P. Fettes, Loch, 57.54; 1 Vet. O/50: G. Scott, Cumb, 59.28. 1 Lady: C. Haigh, Holm, 61.04, (Rec); 2 Lady: C. Whalley, Liv, 61.47; 3 Lady: A. Curtis, Liv, 68.14. Teams: 1: Carnethy, 31pts; 2: Clydesdale 48pts.

**IAN ROBERTS MEMORIAL FELL/ROAD RELAY** England  
**21 March 1987**

Horwich RMI Harriers made the eighth Ian Roberts Relay virtually a one team show and only on stage two (Fell) were they not in command when Fell Internationals Mike Short and Ray Rawlinson did battle with the latter changing over with a two second lead for Rossendale. Horwich's day was completed with third place for their 'B' team, eighth place for their 'C' team, first veteran team, fastest road leg with Paul Dugdale's 21-22 and fourth stage fastest fell leg Tony Hesketh.

All in all 57 teams completed with Denby Dale Ladies bringing up the rear. Seymour Hills  
 1: Horwich 92.39  
 2: Rossendale 94.44  
 3: Horwich 'B' 94.54  
 4: H'firth, 95.18; 5: Roch, 96.19; 6: Glos, 96.30; 7: Bing. Jnrs, 97.08; 8: H'wich C, 97.52. Fastest Fell Leg: S. Hawkins, Bing. Jnrs, 23.44; Fastest Road Leg: P. Dugdale, Horw, 21.22.



Kevin Gaskell, anchoring Horwich to victory at Ian Roberts Relay. (Photo. E. Woodhead).



Competitors on Black Hamilden.

(Photo W. S. Bateson)

**HAWORTH HOBBLE** England  
**33m/4,400ft. 21 March 1987**  
**Teams of Two**

In 1980, 69 teams lined up to do battle with 33 miles of rough moorland and tracks. The winners, Will, and Anne Marie Grindley completed the route in 6 hours and 29 minutes on hard packed snow and under blue skies. This year in the eighth Hobble, 345 teams started, which is a record, and the winning time: 4 hours 10 minutes.

Certain features of the event readily spring to mind. Firstly, for the last five years Peter Irwin/Ken Taylor Rossendale have reigned supreme, although a determined effort by Colin Valentine and Jack Holt came to nought when Valentine blew up a matter of miles from the finish. Secondly the standard of fitness of competition has risen dramatically. A bloke said to me this year, 'you won't remember me but I grovelled in on the first event in 12 hours 15 minutes. This year I've recorded just under

7 hours'. Gear has changed dramatically with big boots having been cast aside and rucksacks containing everything but the kitchen sink no longer the norm. Gear is now lighter and footwear good quality fell trainers or very light boots. So people are now returning faster times and don't feel as bad either - in the main.

Apparently we are now also the biggest two-man one-day event in the country folks! Entries are received from all corners of the country. Bigger doesn't always mean better especially from the litter and damage to plant life point of view. Other event organisers must be aware of this.

I remember the Brasher Blasting after one of the Karrimor events, damage to walls I think caused by a thoughtless few. Our cross to bear has been plastic disposable cups strewn everywhere - damn the marathon running scene. No more plastic cups from now on everybody

carries their own.

Most people however judge the success of the event by its friendliness. It's good to see so many familiar faces and the vast majority leaving after a hard day out saying - 'Great day George, smashing event, see you next year'. The girls providing food in the kitchens must think it all worthwhile when they hear similar comments. I know that Harry Walker adores the apple pies! George D. (Organiser)

- 1: P. Irwin/K. Taylor, Ross, 4.10
- 2: J. Nuttal/P. Lambert, Clay, 4.12
- 3: P. Mitchell/D. Horsfall, 4.14
- J. Holt/C. Valentine, Clay/Kes, 4.14; 5: M. Wallis/P. Jarman, Clay, 4.19; 6: S. Bradshaw/D. Beresford, Clay, O/40, 4.19; 7: C. Barcroft/P. Hancock, 4.27; 8: A. Schofield/P. Ratcliffe, Roch/Ross, 4.27; 9: M. McDermott/M. Stone, DPFR, 4.28; 10: I. Barnes/D. Foucher, Bing, 4.28. 1 Lady: V. Marot/S. Pain, Leeds, 4.56; 2 Lady: B. Carney/L. Lord, Bing/Clay, 5.23. Mixed 1: T. Peacock/V. Brindle, 4.46. 345 started, 322 finished.

**CALDER VALLEY** England  
**N/14m/3,600ft. 22 March 1987**

The inaugural race from South Pennines' highest pub 'Withens Hotel' took in Luddenden Valley, Midgeley Moor and Calder Valley on its way to Stoodley Pike after a two mile loop, taking in the Pike, the return was the same route. It was a group of three which broke away early on - Derek Ratcliffe, Shaun Livesey and Dave Cartridge with the latter pulling away after the Pike. But Cartridge's many victories at the Mytholmroyd Fell Race proved to no avail as he went astray on Midgeley Moor. Meanwhile Livesey with route advice from Ratcliffe knew none of this until the finish. Further back runners suffered on the last two big climbs notably Kev. Shand, Paul Crew and M. Moore - the first Vet. stripped to the waist even though snow was on the ground. Carol Haigh took the Ladies Honours (surprise) looking drawn and very white - a combination of too many clothes and the race being nearer 15 miles rather than the advertised 12.

Spike Shoeman



- 1: S. Livesey, Ross, 1.59.20
- 2: D. Ratcliffe, Ross, 2.00.15
- 3: D. Woodhead, Horw, 2.01.18
- 4: J. Winder, Cald, 2.01.28; 5: J. Taylor, Holm, 2.01.38; 6: M. Foschi, Penn, 2.03.07; 7: A. Churchill, Clay, 2.03.16; 8: R. White, Holm, 2.03.41; 1 Vet. 40: M. Moore, Salf, 2.11.08; 2 Vet. 40: T. McDonald, Bing, 2.11.15; 1 Lady: C. Haigh, Denby D, 2.11.37.

Shaun Livesey (1st man) and Carol Haigh (1st lady) crossing Midgeley Moor. (Photo. E. Woodhead).

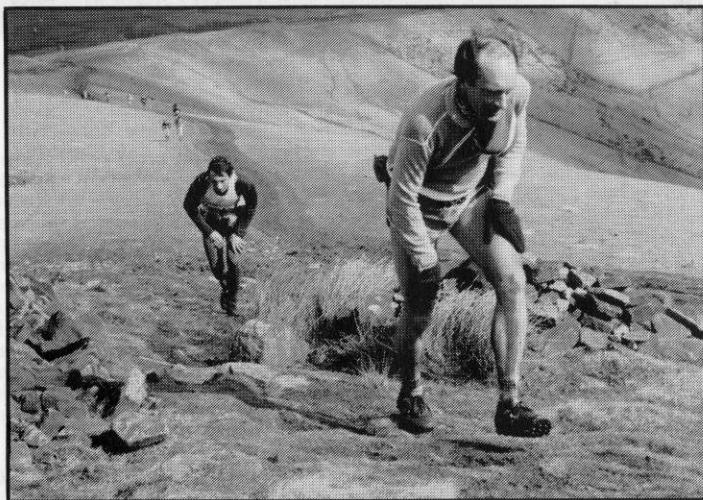
# RESULTS

**AXNFELL Isle of Man**  
**AL/21m/7000ft. 22 March 1987**  
 1: R. Stevenson, F. Runn, 5.19.04  
 2: E. Brew, North, 5.33.43  
 3: T. Varley, Bound, 5.37.31  
 4: J. Crellin, Manx, 5.38.27; 5: R. Callister, South, 5.39.48; 6: G. Hull, Bound, 5.47.06.

**CHAPELGILL Scotland**  
**AS/2m/1400 28 March 1987**  
 1: D. Lee, CFR, 21.14  
 2: R. Hope, Carn, 21.23  
 3: I. Davidson, Carn, 21.27  
 4: D. Bell, Hadd, 21.32; 5: D. McGongile, Dund, 21.34; 6: A. Curtis, Liv, 21.35. 1 Vet. 40: H. Parry, Ery, 22.21; 2 Vet. 40: P. Fettes, Loch, 23.44; 3 Vet. 40: A. Stapeley, Fife, 24.24. 1 Lady: P. Hawtin, Edin, 26.24; 2 Lady: A. Curtis, Liv, 28.15; 3 Lady: R. Parry, Ery, 30.11.

**EDALE England**  
**AL/21m/4500ft. 29 March 1987**  
 1: H. Symonds, Kend, 2.42.54  
 2: R. Whitfield, Bing, 2.45.29  
 3: B. Ashworth, Ross, 2.48.02  
 4: P. McWade, Clay, (1 Vet. 40), 2.48.49; 5: G. Schofield, B'burn, 2.49.51; 6: D. Ratcliffe, Ross, 2.52.52; 7: K. Gaskell, Horw, 2.53.20; 8: G. Webb, Cald, 2.54.09; 9: A. Hauser, Holm, 2.56.56; 10: J. Winder, Cald, 2.57.11; 11: M. Seddon, Holm, 2.57.55; 12: P. Clark, Kend, 2.58.40; 13: B. Brindle, Horw, 2.59.26; 14: R. Toogood, D.Peak, (2 Vet. 40), 2.59.30; 15: A. Harmer, D.Peak, 2.59.53; 16: K. Taylor, Ross, 3.00.18; 17: A. Richardson, Kend, (3 Vet. 40), 3.00.22; 18: J. Holt, Clay, 3.01.06; 19: P. Irwin, Ross, 3.01.08; 20: D. Spedding, Kes, (4 Vet. 40), 3.01.21. 1 Lady: C. Haigh, Holm, 3.12.56; 2 Lady: V. Brindle, Clay, 3.31.31; 3 Lady: K. De Mengel, D.Peak, 3.34.24. 1 Vet. 50: G. Brass, Clay, 3.34.05; 2 Vet. 50: B. Thackeray, D.Peak, 3.35.02.

John Nuttall and Pete Lambert climbing Mam Tor. (Photo. P. Hartley).



**BLAENAVON FELL RACE WEEKEND Wales**  
**AL/14m/4500ft. 28/29 Mar. 1987**  
 The eighth Llanbedr to Blaenavon Fell Race was held in typical South Welsh fell running weather: showery rain (without many gaps between the showers), turning to snow or hail above about 1500ft. With only 42 runners, the race reverted to its old course, i.e. without the diversion just after the start which was introduced for last year's British Championship race.

It was Stuart Rochford who tore into the lead at the start. He was joined by Andy Darby on the ascent of Crug Mawr, and these two started to open up a substantial gap from the rest of the field. Kevin Hagley and Les Williams established themselves as contenders for third place on Sugar Loaf Mountain, and it was here that Rochford began to fall behind Darby. Darby, who usually wins this race in the absence of British Championship contenders, had opened the gap to over 8 minutes by the finish. The fading Rochford was lucky to keep his second place from Hagley, who outsprinted Williams in the final section through the back streets of Blaenavon. Fifth place was secured by Paul Bacon (former English Schools Cross-Country Champion, but new to fell running) with a remarkably fast ascent of the north face of Blorenge (he certainly left me standing! Alice Bedwell won the ladies prize in 26th place overall, and the first local runner was Adrian Woods of Blaenavon, in a

very creditable 12th position in this, his third fell race.

The following day, there was more of the aesthetics of fell running at the Coity Mountain Race: good views of the Black Mountains (with fresh snow on top) could be seen in the clear, cool conditions. Only twelve runners lined up by the Whistle Inn to run this fast course, crossing Coity Mountain to Cwm Tyleri and then returning over the ridge to Forge Side, with a 150-foot ascent. Of the leading trio of Adrian Woods, David Pryce and myself only I had run the race before and knew where we were supposed to be going. Pryce started dropping behind in Cwm Tyleri, and Woods broke away as we started the return ascent of the mountain. But then he realised that he had better not get too far ahead, since he needed me to direct him! However, once we were back on the road into his home town, he didn't need to restrain himself any longer, and opened up a 19-second lead by the finish. Rumour has it that this is one race which would actually benefit from having a few more competitors!

Anthony Kay  
 1: A. Darby, MDC, 1.59.55  
 2: S. Rochford, D.Peak, 2.08.43  
 3: K. Hagley, D.Peak, 2.09.00  
 1 Vet. 40: L. Williams, MDC, 2.09.26; 1 Vet. 50: A. Smith, Swan, 2.25.42; 1 Lady: A. Bedwell, MDC, 2.45.36.

**COITY RACE BS/5m/1000**  
 1: A. Woods 39.29  
 2: A. Kay 39.48  
 3: D. Pryce 40.39



Paul Jarman and Andy Lewsley setting the pace on the 1st climb up Parlick (Photo. E. Woodhead).

**BOWLAND FIENSDALE FELL RACE England**  
**N/9m/2600ft. 28 March 1987**  
 Run over the fells around Fair Snape the race was organised by South Ribble Orienteering Club and proved more of an orienteering type event, or it was for us none map-reading fell runners. We'll follow anyone, here it fell to Clayton's Tony Peacock until Langden Castle (check point 3) where upon Messrs. Jarman, Woodhead and Lewsley, took off in pursuit of Dave Rosen who had used his orienteering art to the full. By Parlick (last check point),

it was a three-man affair with Paul Jarman 'overheating', Dave Woodhead took the honours descending better by 16 seconds from Rosen. Seymour Hills  
 1: D. Woodhead, Horw, 1.26.32  
 2: D. Rosen, SROC, 1.26.48  
 3: P. Jarman, Clay, 1.26.54  
 4: D. Thompson, Red Rose, 1.31.24; 5: A. Lewsley, Border, 1.31.38; 6: T. Peacock, Clay, Vet. 40 1.31.52; 7: K. Robinson, B'burn, 1.31.58; 8: S. Bradshaw, Clay, Vet. 40, 1.33.44; 9: J. Hope, Horw, 1.33.50; 10: J. Quine, Bolt, 1.33.58. 1 Lady: S. Lewsley, Bord, 1.49.12; 2 Lady: H. Snowball, Kes, V/35, 1.57.59; 3 Lady: M. Rosen, SROC, V/35, 2.01.42.

**ROSTREVOR TO NEWCASTLE RELAY, N. Ireland**  
**29 March 1987**

The new fell running season got under way with the 20 mile road and fell relay across the Mourne Mountains. Again this year it was a very close race, with the first three teams finishing in the same order as last year.

Newcastle 'A' led from Mourne and Ballydrain after the first leg, but by the start of the fourth and final leg, Ballydrain had almost a 4 minute lead. However in a dramatic finish similar to last year, Newcastle 'A' took the lead in the final half mile to win by 26 seconds.

B. Ervine  
 1: Newcastle 'A' 2.49.22  
 2: Ballydrain Harriers 2.49.48  
 3: Mourne AC 2.54.45  
 4: Newcastle 'B', 3.04.40; 5: North Down AC, 3.16.57; 6: Greenhill, 3.17.39.

**BLACK COOMBE England**  
**AM/10m/3000ft. 29 March 1987**

1: J. Maitland, P&B, 1.14.20  
 2: G. Devine, P&B, 1.16.04  
 3: D. Lee, CFR, 1.17.45  
 4: H. Jarrett, CFR, 1.18.26; 5: N. Lanaghan, Kes, 1.19.25; 6: S. Moore, Horw, 1.19.48; 7: D. Jones, L&M, 1.20.12; 8: P. Hall, Barr, 1.21.00. 1 Vet. 40: P. Hall, Barr, 1.21.00; 2 Vet. 40: D. Davies, Ery, 1.22.48; 3 Vet. 40: M. Hudson, Hoad H, 1.23.18; 1 Vet. 50: J. Peel, BCR, 1.45.29; 2 Vet. 50: A. Wholeside, BCR, 1.48.11. 1 Lady: J. Newport, BCR, 1.38.50; 2 Lady: G. Salter-Smith, BCR, 1.46.53.

**PENDLE FELL RACE England**  
**AS/4½m/1500ft. 4 April 1987**

271 runners took part in the 32nd Pendle Race from Barley, which took the winner Jack Maitland 2 minutes longer than his 1984 record - so bad were the conditions. The mist was well down, with rain and gale force winds. In fact it must be a first that just about all runners ran the top half of the big end with arms out as wind literally forced you along. But once descending again to Barley it was a different matter, legs were soon taken from under you, eyes watered and stung by the furious biting wind and downhill running became a toll.

A good contingency of top Eryri's runners made the journey with Glynn Griffiths taking third behind Maitland and Shaun Livesey. Fourth went to improving junior Andrew Peace of Bingley who had a stormer even if mis-directed at one point. Easy ladies winner was Hillary Bloor in 43-33, over 2½ minutes clear of Clayton's Eileen Burnip.

Dave Woodhead

## ANOTHER ONE BITES THE DUST

Running review is no longer - the last edition was published in May of this year. Neil Shuttleworth has kindly forwarded a couple of fell running articles which will appear in later editions of the Fell Runner.

**PENTLANDS SKYLINE** Scot  
AL/14m/6200ft. 5 April 1987

This event was unfortunately frustrated by bad weather and insufficient organisation. Drizzle, poor visibility, unmanned checkpoints, inadequate clothing worn by checkpoint officials and runners lack of control tags and/or control cards no marking of 'out of bounds' areas, all added to the confusion. There was no kit check and many runners seem to be under the delusion that the tactic of following the runner in front would suffice in such conditions, even to the extent of half the field not even bothering to look for the third checkpoint. Lessons learnt in organising fell races in the past and published in documents such as those produced by the Cumberland Fell Runners Association seemed to have been forgotten. Recommendations that the SHRA encourage the Scottish fraternity to go on Ken Ledward's Safety and Navigation Course made four years ago have obviously gone unheeded. If the SHRA wishes to go its own way they should pay more attention to how to organise long fell races and to instruct their members to get round them safely. Let us hope that all the checkpoints on Moffat are manned even if it is bucketing with rain and there are no mishaps in the Arrochar Alps.

John Blair-Fish

- 1: A. Curtis, Liv, 2.08.05  
2: G. Kerr, Fife, 2.15.57  
3: M. Rigby, West, 2.21.24  
1 Vet. 40: P. Fettes, Loch, 2.31.47; 1 Lady eq. P. Hawtin, Edwin, 3.25.09; C. Whalley, Liv, 3.25.09.

**SLIEVE MUCK** N. Ireland  
AS/3½m/1400ft. 12 April 1987

Anyone who has not won a Northern Ireland Championship race is eligible to compete in this 'novice' event. In dry sunny conditions the race developed into a two-horse race between Pat McCauna and Brian Ervine. Brian led by 20 seconds at the summit, but Pat closed the gap on the descent and used his track speed to take the lead and finish 9 seconds ahead. Both Pat and Brian smashed the old record by over a minute and a half.

B. Ervine

- 1: P. Cauana, Newc, 31.21 (Rec)  
2: B. Ervine, B'draun, 31.30  
3: D. Ross, Newc, 36.00  
4: J. Savage, Newc, 36.13; 5: G. Murray, Co. Antrim, 37.12; 6: N. McKnight, NBH, 38.22; 1 Vet: G. Geddis, B'draun, 40.47

**BLISCO** England  
AS/5m/2000ft. 12 April 1987

- 1: J. Maitland, P&B, 36.01 (Rec)  
2: M. Patterson, DPFR, 36.08  
3: R. Pilbeam, Kes, 36.32  
4: R. Whitfield, Bing, 37.39; 5: W. Bland, Kes, 37.40; 6: R. Bergstrand, Roch, 37.51; 7: D. Cartridge, Bolt, 37.54; 8: R. Ashworth, Ross, 38.01; 9: G. Devine, P&B, 38.07; 10: G. Griffiths, Eryri, 38.08; 11: H. Griffiths, Eryri, 38.18; 12: R. Rawlinson, Ross, 38.32; 13: I. Ferguson, Bing, 38.48; 14: P. Dugdale, Horw, 38.49; 15: G. Gough, B'burn, 38.50; 16: K. Manning, Clay, 38.54; 17: S. Hawkins, Bing, 39.26; 18: P. Harlowe, Kes, 39.32; 19: M. Rigby, Amb, 39.41; 20: D. McGonigle, Dund, 39.49. 1 Vet. O/40: D. Spedding, Kes, 39.56; 2 Vet. O/40: P. McWade, Clay, 40.07; 3 Vet. O/40: H. Parry, Eryri, 40.34. 1 Vet. O/50: G. Scott, C'mouth, 45.10; 2 Vet. O/50: D. Hughes, CFRA, 45.43; 3 Vet. O/50: W. Gauld, Cam, 45.47. 1 Lady: V. Brindle, Clay, 47.18; 2 Lady: C. Crofts, DPFR, 48.22; 3 Lady: K. Demengel, DPFR, 48.51.

**KENTMERE** England  
AM/12m/3300ft. 5 April 1987

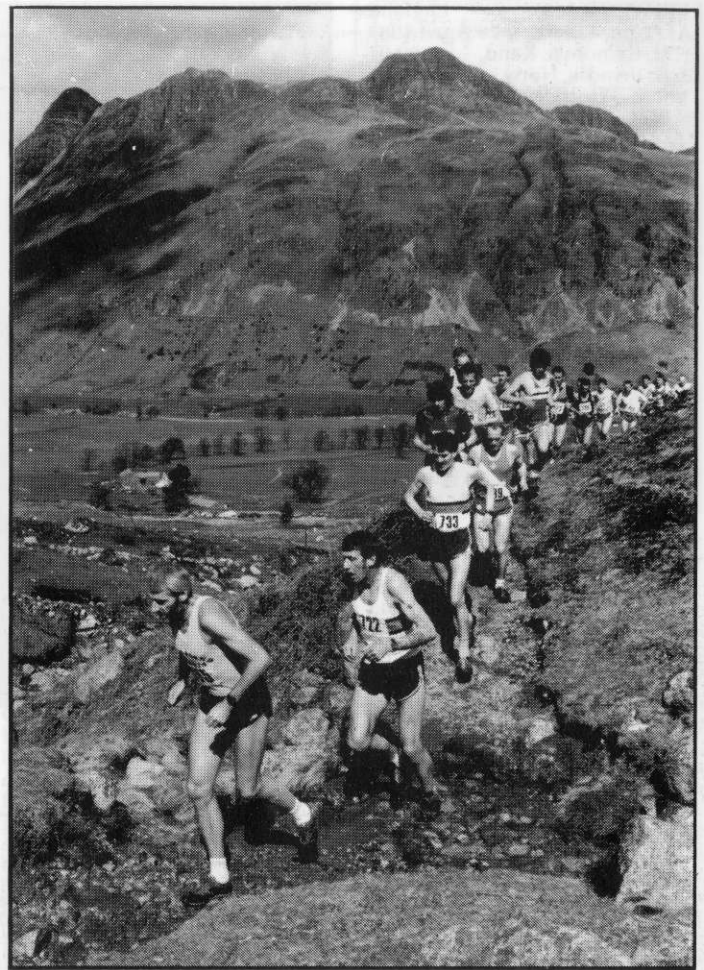
- 1: M. Patterson, DPFR, 1.32.28  
2: B. Ashworth, Ross, 1.33.43  
3: R. E. Whitfield, Bing, 1.33.50  
4: I. Ferguson, Bing, 1.34.07; 5: H. Jarrett, CFR, 1.34.26; 6: A. Styan, Holm, 1.34.31; 7: D. Ratcliffe, Ross, 1.34.33; 8: J. Broxap, Kes, 1.34.36; 9: J. Holt, Clay, 1.34.37; 10: G. Webb, Cald, 1.34.39; 11: W. Brindle, Horw, 1.34.42; 12: M. Bagness, Amb, 1.34.56; 13: M. Seddon, Holm, 1.34.57; 14: D. Lee, CFR, 1.35.11; 15: K. Manning, Clay, 1.35.24; 16: B. Brindle, Horw, 1.35.36; 17: D. Spedding, Kes, 1.35.51. (1 Vet O/40); 18: P. Clark, Kend, 1.35.55; 19: P. McWade, Clay, 1.36.17. (2 Vet. O/40); 20: R. V. Rawlinson, Ross, 1.36.50. 3 Vet. O/40: B. Toogood, DPFR, 1.37.59. 1 Lady: C. Haigh, Holm, 1.43.53; 2 Lady: V. Brindle, Clayton, 1.49.23; 3 Lady: C. Crofts, DPFR, 1.51.31. 1 Vet. O/50: G. Barras, Sky, 1.47.17; 2 Vet. O/50: D. Hughes, CFR, 1.47.57; 3 Vet. O/50: G. Scott, C'mouth, 1.48.35; 1 Jun: G. Hall, Holm, 1.46.06; 2 Jun: S. Thompson, Clay, 1.46.43; 3 Jun: J. Taylor, Holm, 1.46.47; 4 Jun: A. Jones, Puds, 1.48.25; 5: E. Cotton, Kend, 1.48.40; 6 Jun: T. Gibson, Roch, 1.50.11.

**MANX MOUNTAIN MARATHON** Isle of Man  
AL/30m/8000ft. 18 April 1987

Brent Brindle made a successful return to the Isle of Man, to win the Easter Saturday's 30 mile Manx Mountain Marathon for the second successive year. This year's event, brought forward from the usual Easter Monday, saw possibly the finest line up of fell talent seen on Manx soil, including both British Champions, Jack Maitland, fresh from his previous weeks victory at Blisco Dash, and Angela Donnelly, wife of the course record holder Colin. Despite atrocious weather conditions, low, thick mist covering all the Island's peaks, along with strong head winds, the race produced a fascinating battle between Brent, Jack and Peter Irwin, winner in 1984 and 1985. The victory for Brent was all the more commendable as he has only been back in training since Christmas, this after breaking his foot last October. A tremendous race long battle in the Veteran's class, resulting in victory for Martin Hudson over Kendal's Tony Richardson, placing 4th and 5th respectively, while Angela Donnelly broke the ladies course record, finishing in 15th place overall. The team prize went to Horwich (Messrs. Brindle B., Hesketh, and Brindle, W.), taking the trophy from Rosendale, who were missing Derek Ratcliffe, fog bound at Heysham Harbour! The change to Easter Saturday was a complete success with everybody present, unfortunately it did upset Kevan Shand and the Rochdale lads, hopefully you'll come next year Kevan. The final question is, who will stop Brent Brindle making it three-in-a-row, only ever done by the great Jos Naylor in the early 70's. Perhaps Billy Bland?, we shall see. Roll on 1988!

Phil Cain

- 1: B. Brindle, Horw, 4.59.00  
2: J. Maitland, Leeds, 5.05.06  
3: P. Irwin, Ross, 5.06.19  
4: 1 Vet: M. Hudson, Hoad, 5.06.44; 5: 2 Vet: T. Richardson, Kend, 5.07.33; 6: P. Ratcliffe, Ross, 5.10.37; 7: M. Stone, D.Peak, 5.20.58; 8: T. Hesketh, Horw, 5.23.10; 9: W. Brindle, Horw, 5.23.36; 10: A. Schofield, Roch, 5.23.51; 11: P. Browning, Clay, 5.28.46; 12: E. Richardson, Ross, 5.31.40; 13: A. Belton, Mand, 5.46.51; 14: P. Haines, Mand, 5.48.25; 15: 1 Lady: A. Donnelly, Eryri, 5.48.26.



Pete Bland, Colin Taylor and Cameron Choyce on Blisco. (Photo. P. Hartley).

**CRAIG DUNAIN** Scotland  
CS/6m/900ft. 18 April 1987

- 1: G. Crawford, Elg, 33.16  
2: C. Armstrong, Elg, 34.50  
3: A. Read, Coast, 35.03  
4: McCulloch, Forres, 35.27; 5: R. Boswell, Loch, 35.52; 6: E. Butler, Aberd, 35.59; 1 Vet: P. Cartwright, Falk, 37.39.

**BEN RHA** Scotland  
CM/7½m/800ft. 25 April 1987

- 1: W. Miller, Caith, 46.31  
2: G. Harper, Ork, 47.26  
3: L. Veerkamp, Caith, 48.37  
1 Vet: W. Bruce, Caith, 1 Lady: K. Dunneth, Caith, 72.10.

**ROSSENDALE** England  
BM/13m/2700ft. 19 April 1987

- 1: R. Ashworth, Ross, (R) 1.32.36  
2: R. Rawlinson, Ross, 1.35.47  
3: R. Whitefield, Bing, 1.39.02  
4: D. Ratcliffe, Ross, 1.39.18; 5: G. Gough, B'burn, 1.39.23; 6: D. Woodhead, Horw, 1.40.15; 7: A. Styan, Holm, 1.40.46; 8: M. Targett, CLM, 1.41.36; 9: A. Corbishley, Ross, 1.42.00; 10: J. Holt, CLM, 1.42.08. 1 Vet: R. Hird, Macc, 1.45.02; 2 Vet: D. Kay, Bolt, 1.48.45; 3 Vet: C. Taylor, CLM, 1.49.56; 4 Vet: P. Kelly, Ross, 1.51.18. 1 Lady: C. Haigh, Holm, 1.53.15 (R); 2 Lady: W. Dodds, CLM, 2.14.15; 3: J. Cottey, Sarn H, 2.16.12; 4: A. French, CLM, 2.20.24; 5: M. Preedy, Burn, 2.30.22.



Keith Makinson on the climb to Knowl Hill. (Photo. P. Hartley).

**3 PEAKS RACE** England  
**AL/23m/4500ft.** 26 April 1987

1: H. Symonds, Kend, 3.00.01  
2: B. Brindle, Horw, 3.07.46  
3: R. E. Whitfield, Bing, 3.08.00  
4: A. Richardson, Kend, 3.09.45; 5: R. Bryson, New, 3.10.20; 6: K. Gaskell, Horw, 3.13.03; 7: P. McWade, Clay, 3.13.18; 8: G. Schofield, B'burn, 3.13.56; 9: R. M. Shaw, Sky, 3.16.03; 10: A. Curtis, Liv, 3.16.03; 11: P. Hands, Leic, 3.16.17; 12: R. Toogood, D.Peak, 3.16.52; 15: D. Rosen, Lanc, 3.17.42; 16: S. Needs, Leic, 3.18.20; 17: M. Short, Horw, 3.18.31; 18: J. Winder, Kes, 3.19.42; 19: J. Broxap, Kes, 3.19.42; 20: A. Hauser, Holm, 3.21.12.  
1 Vet. O/50: A. Richardson, Kend, 3.09.45; 2 Vet. O/40: P. McWade, Clay, 3.13.18; 3 Vet. O/40: R. M. Shaw, Sky, 3.16.03; 4 Vet. O/40: R. Toogood, D.Peak, 3.16.52. 1 Vet. O/50: L. Sullivan, Clay, 3.42.59; 2 Vet. O/50: G. Barrass, Sky, 3.49.48; 3 Vet. O/50: G. Scott, C'mouth, 3.54.30. 1 Lady: V. Brindle, Clay, 3.44.05; 2 Lady: H. Diamantides, D.Peak, 3.57.38; 3 Lady: J. Smith, D.Peak, 3.59.18.

**PEN-Y-GHENT JUNIOR RACE**

1 U20: J. Dermott, Horw, 49.21  
2 U20: B. Devine, Sky, 58.43  
3 U.20: A. Schofield, Roch, 59.29  
1 U18: G. Hall, Holm, 50.11; 2 U18: S. Thompson, Clay, 50.47; 3 U18: E. Cotton, Kend, 51.32.

**MOW COP KILLER MILE** Eng  
**Road/1m/600ft.** 29 April 1987

The sixth Killer Mile featured record numbers, fierce competition, and a dazzling 'A' race. From 1060 entries, 900 people actually ran, spread across 9 separate events. With crowds like this, and perfect racing weather, the atmosphere was electric all night; the main buzz centred around the question of whether Jack Maitland's record of 6.31 would survive. It turned out that Roger Hackney had to break it by 14 seconds simply to win.

The start of the 'A' race was so fast there was an audible gasp from the spectators, and our cameraman had to dive for cover. Roger Bradley set about defending his unbeaten record in typical aggressive fashion, reducing the field to himself, Phil Makepeace and Roger Hackney by halfway, with Clive Hensby adrift but closing after a 'sensible' start. Phil pressed on, making a brave but unsuccessful attempt to break Roger (H) on the 1-in-4 section at the three-quarter mile mark. Roger waited until the slope eased off before pulling away to win by 4 seconds in 6:7. His next problem was working out how to pack Gillian, baby and ICL One-Per-Desk computer into a small fast car.

So, the question moves ever onwards. Can anybody manage 6:15?

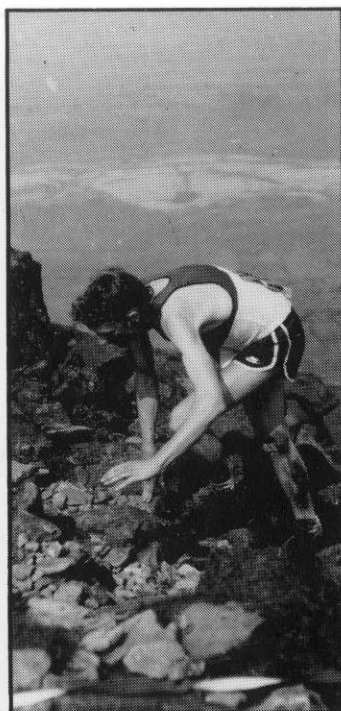
Sandra Bentley came from behind to beat defending champion Jayne Spark in the ladies race, winning in 8:20. This event had a record field of 75. Will we ever see a lady break 8 minutes?

Stuart Jones was untroubled in the Under-18 race, winning by half a minute in 6:54. Barrie Williams ignored a series of over-ambitious breaks by assorted opponents to record a hat-trick of Over-40 wins, this year in 7:07.

Thanks to all concerned for an unforgettable evening.

John Britton

1: R. Hackney, A'shot, 6.17  
2: P. Makepeace, Leic, 6.21  
3: C. Hensby, Wok, 6.26  
4: R. Bradley, Wolves, 6.37; 5: J. Maitland, P&B, 6.38; 6: M. Patterson, D. Peak, 6.41.



Hugh Symonds in the lead on Ingleborough. (Photo: D. Hammond).

**ARAIL MOUNTAIN RACE** Wales  
**BS/7m/1200ft.** 26 April 1987

The new course with three arduous climbs proved to be much tougher than expected. No problems for Glyn Griffiths who celebrated his move to South Wales with a comprehensive victory over Andy Darby. Mind you Andy had been up through the previous night lambing!

J. Gibbon

1: G. Griffiths, Eryri, 53.10  
2: A. Darby, MDC, 56.05  
3: A. Woods, Blaen, 57.11  
4: K. Page, Les Croupiers, 57.51; 5: 1 Vet. L. Williams, MDC, 58.45; 6: M. Lucas, MDC, 58.59. 2 Vet: T. Smith, Les Croup, 71.10; 1 Vet. O/50: E. Alexis, Les Croup, 72.05. 1 Lady: S. Stirrups, Stroud, 67.18; 2 Lady: K. Lucas, MDC, 91.12.

**PENTYRCH HILL RACE** Wales  
**N/7½m/1700ft.** 28 April 1987

Second victory in 3 days for Glyn Griffiths on a much harder course than he expected to find within 6 miles from the centre of Cardiff. Beddau's evening promotion proved popular once again, and hopefully gave people a good introduction to fell running.

J. Gibbon

1: G. Griffiths, Eryri, 48.26  
2: S. Stokes, CHSOB, 50.34  
3: 1 Vet: J. O'Brian, B'end 51.21  
3: M. Williams, Beddau 51.21  
5: H. Day, Bedd, 52.31; 6: K. Page, Les Croup, 52.51. 2 Vet: P. Morris, Barry, 55.14; 3 Vet: R. Williams, Bedd, 55.22.  
1 Lady: A. Bedwell, MDC, 63.04; 2 Lady: R. Powell, Swan, 63.43. 1 Jun: J. James, Pentyrch, 58.25.

**CONISTON** England  
**AM/9m/3500ft.** 2 May 1987

1: W. Bland, Kes, 1.16.05  
2: R. Rawlinson, Ross, 1.16.07  
3: G. Devine, Sky, 1.16.08  
4: G. Webb, CV, 1.16.23; 5: J. Ferguson, Bing, 1.16.26; 6: M. Rigby, Amb, 1.16.27; 7: A. Peace, Bing, 1.16.39; 8: R. Whitfield, Bing, 1.17.44; 9: R. Bergstrand, Roch, 1.19.32; 10: T. Pilling, Penn, 1.19.41; 1 Vet. 40: D. Spedding, Kes, 1.23.49; 1 Vet. 50: C. Gravina, Amb, 1.42.34; 1 Lady: V. Brindle, Clay, 1.35.16.

**CAVE HILL** N. Ireland  
**AS/2m/800ft.** 29 April 1987

Richard Rodgers, a good road and cross-country runner successfully turned his attention to fell running and set a new record for this steep little 'lung bursting' race. His time of 13 minutes 51 seconds, broke the record set last year by Robin Bryson by a remarkable 21 seconds. A flying descent by Ballydrain's Jim Hayes, now a veteran, took him from 4th at the top to second at the finish, only 2 seconds behind Rodgers. All Ireland Champion, Jim Patterson now also a veteran, was 2 seconds inside the old record in 3rd place. With Brian Ervine 4th and Davy Graham 5th, Ballydrain won the team prize by 3 points from Newcastle AC.

B. Ervine

1: R. Rodgers, New, 13.51 (R)  
2: 1 Vet: J. Hayes, B'drain, 13.53  
3: 2 Vet: J. Patterson, Mourn  
14.10  
4: B. Ervine, B'drain, 14.23; 5: D. Graham, B'drain, 14.23; 6: J. Savage, New, 15.21; 7: N. Douglas, New, 15.27; 8: W. McKay, A'ville, 15.40. 3 Vet: J. Sloan, N.Down, 17.12; 4 Vet: J. Gibson, B'drain, 19.59.

**ELLAM VANNIN** Isle of Man  
**AL/20m/6000ft.** 3 May 1987

1: M. Hudson, Hoad H. 3.23.54.4  
2: S. Hull, Bound H. 3.23.54.6  
3: D. Davies, MAC, 3.52.07  
4: G. Hull, Bound H. 3.55.24; 5: J. Crellin, MAC, 4.07.27.

**SHINING TOR** England  
**AS/5m/1450ft.** 6 May 1987

Thanks to all of you who turned up for the third running of the Shining Tor Race. A record field of 187 set off, just about an ideal number (so keep quiet about it if you enjoyed it, we don't want to spoil it with too many).

Mike Prady had an excellent run, triumphing over some strong opposition from Alan Adams, who managed to go knee-deep in the only muddy section of the course, the Buxton pair of M. Bradbury and N. Stone ran well just staying ahead of a fast finishing Jeff Norman, who was also first veteran. British Fell Running Champion Jack Maitland was obviously below par in eighth place. The dry conditions contributed to some very fast times, Mike Prady knocking 63 seconds off the old record.

Prizes went to the first 22 men, 2 veterans, 2 ladies and 2 teams. Hope to see some of you next year.

Tony Hulme

1: M. Prady, Gloss, 33.27 (R)  
2: A. Adams, ICL, 33.47  
3: M. Bradbury, Buxt, 33.48  
4: N. Stone, Buxt, 33.54; 5: 1 Vet: J. Norman, Alt, 33.58; 6: H. Waterhouse, S'worth, 35.07; 7: R. Bloor, U/A, 35.11; 8: J. Maitland, Puds, 35.16; 9: P. Oates, Buxt, 35.23; 10: A. Woolridge, Alt, 35.29. 2 Vet: C. Tanner-Tremaine, ICL, 36.56; 3: R. Hird, Macc, 37.32. 1 Lady: S. Ratcliffe, S'worth, 43.31.

**BEN LOMOND** Scotland  
**AM/9m/3192** 9 May 1987

1: M. Patterson, D.Peak 1.03.15  
2: R. Pilbeam, Kes, 1.03.35  
3: J. Maitland, P&B, 1.04.43  
4: S. Livesey, Ross, 1.04.55; 5: G. Devine, P&B, 1.05.03; 6: D. McGonigle, Dund, 1.05.24; 7: W. Bland, Kes, 1.06.33; 8: A. Curtis, Living, 1.07.19; 9: B. Potts, Clydes, 1.07.25; 10: G. Kerr, Fife, 1.08.05; 11: D. V. Bell, Hadd, 1.08.18; 12: P. Marshall, Hadd, 1.08.30; 13: M. Rigby, Amb, 1.08.45; 14: G. Schofield, B'burn, 1.08.52; 15: G. Gough, B'burn, 1.08.57; 16: 1 Vet. O/40: P. McWade, Clay, 1.09.04; 17: G. A. Webb, Calder, 1.09.16; 18: N. Lanaghan, Kes, 1.09.24; 19: R. L. Morris, Carn, 1.09.29; 20: A. Farningham, Aber, 1.09.43. 2 Vet. O/40: D.

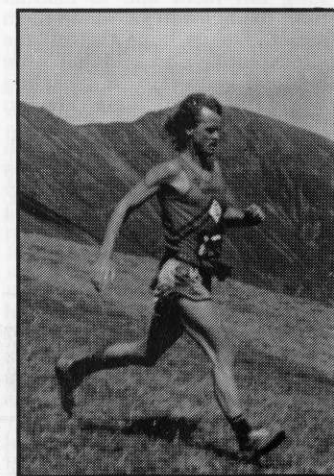
Spedding, Kes, 1.10.12; 3 Vet. O/40: H. Parry, Eryri, 1.11.27. 1 Vet. O/50: B. Gauld, Carn, 1.19.21; 2 Vet. O/50: G. H. Scott, 1.19.45; 3 Vet. O/50: R. Richardson, 1.20.03. 1 Lady: J. Smith, D.Peak, 1.24.33; 2 Lady: A. Salisbury, Stew, 1.26.27; 3 Lady: C. Menhennet, Bella, 1.31.00.

**SLIEVE BEARNAGH** N. Ireland  
**AM/7m/2800ft.** 10 May 1987

Good conditions for this year's race, dry and bright but not too warm. Pat McCauna set a fast pace up the track, but by the top of Bearnagh last year's winner, Jim Patterson was just in front. Brian Ervine took the lead on the steep descent and stayed in front to the third and final summit. On the final descent Jim forged ahead to break the record by 2 seconds. A really good race; plenty of prizes too, with over a third of the field winning a prize.

B Ervine

1: J. Patterson, (V.40), 58.51(R)  
2: B. Ervine, B'drain, 59.20  
3: P. McCauna, New, 60.00  
4: J. Hayes, B'drain, 51.03; 5: R. Bryan, New, 61.20; 6: W. Brown, Mourn, 64.40; 7: D. Ross, New, 64.43; 8: S. Graham, New, 65.30; 9: G. Murray, U/A, 67.15; 10: W. McKay, A'ville, 67.19. 3 Vet. O/40: J. Sloan, N.Down, 73.02.



Brent Brindle descending rapidly in the Buttermere Sailbeck. (Photo: E. Woodhead)

**BUTTERMERE SAILBECK** Eng  
**AM/9.4m/3200ft.** 10 May 1987

Race favourites Rod Pilbeam and Jack Maitland could not overcome the efforts of the day before Rod conceded defeat, finishing legless and Jack settled for a training spin. Winner Ray Rawlinson must be counting himself fortunate to have beaten Don Lee. Don, with a convincing lead coming off Whiteless was crippled with severe blistering of his feet and struggled to the finish in great pain. Ray sensing his difficulties put in a supreme effort to catch up and succeeded, to win by 5 secs. Don went to hospital afterwards for treatment. St. John's coped with minor cases of blistering caused by the very dry conditions underfoot.

Danny Hughes

1: R. Rawlinson, Ross, 1.26.41  
2: D. Lee, Cumb, 1.26.45  
3: R. Bergstrand, Roch, 1.27.21  
4: R. Pilbeam, Kes, 1.27.53; 5: R. Whitfield, Bing, 1.28.08; 6: W. Bland, Kes, 1.28.10; 7: B. Ashworth, Ross, 1.28.58; 8: H. Jarrett, Cumb, 1.30.15; 9: D. Woodhead, Horw, 1.31.02; 10: M. Hoffe, U/A, 1.31.22. 1 Vet. O/40: R. Shaw, Sky, 1.34.31; 2 Vet. O/40: P. McWade, Clay, 1.36.50; 3: D. Spedding, Kes, 1.38.17. 1 Vet. O/50: D. Hughes, Cumb, 1.43.44. 1 Lady: H. Diamantides, D.Peak, 1.55.44; 2 Lady: G. Wilkinson, U/A, 1.59.08.



**CWM LLWCH RACE** Wales  
3½m/2000ft. 11 May 1987

The Eryri Harriers who made the journey south for this Welsh Championship race were rewarded with the points they sought, if not the prizes they rightly deserved.

Welsh cross country International Paul Wheeler set the pace to the summit of Pen-Y-Fan, but Hefin Griffiths kept in touch and on the steep descent showed that there is more to fell running than speed and strength, breaking the existing record by 2 minutes, 46 seconds.

- J Gibbon  
1: H. Griffiths, Eryri, 31.38  
2: G. Griffiths, Eryri, 32.44  
3: A. Darby, MDC, 33.59  
4: M. Jones, Eryri, 34.48; 5: 1 Vet: D. Williams, Eryri, 35.14; 6: A. Furlong, S. Helen, 35.33; 7: K. Hagley, D. Peak, 36.37; 8: P. Wheeler, Card, 37.11; 9: P. Hampson, MDC, 38.08; 10: C. Gildersleeve, Les Croup, 38.15. 1 Sen. Vet: D. Johnson, Eryri, 45.15. 1 Lady: A. Bedwell, MDC, 44.12; 2: D. Kenright, S. Helen, 44.53; 3 Lady: S. Ashton, Chepstow, 46.35.

**SIMON'S SEAT** England  
N/3½m/1300ft. 14 May 1987

- 1: G. Devine, P&B, 24.49  
2: S. Hawkins, Bing, 24.52  
3: S. Livesy, Ross, 25.10  
4: J. Maitland, P&B, 25.59; 5: G. Schofield, B'burn, 26.08; 6: T. Pilling, Penn, 26.23; 7: M. Wallis, Clay, 26.25; 8: G. Webb, Calder, 26.30; 9: G. Kirkbright, Sky, 26.33; 10: R. Pallister, P&B, 26.36. 1 Jun: A. Jones, P&B, 26.41; 2 Jun: C. Harney, Bing, 28.11; 3 Jun: R. Lawrence, Bing, 28.11. 1 Vet: D. Cartwright, P'stone, 27.21; 2 Vet: R. Shaw, Sky, 22.23; 3 Vet: G. Brooks, Bing, 27.49. 1 Lady: B. Carney, Bing, 34.19; 2 Lady: J. Stephenson, P&B, 36.07; 3 Lady: M. Dunn, Bing, 36.10.

**HAYFIELD FELL RACE** England  
N/3m 13 May 1987

A new midweek race from the Old School Playing Field in Hayfield taking the runners to the top of Lantern Pike before descending diagonally down the rough grass.

The race itself looked as though it would be a battle between Mike Prady, Ricky Wilde and Tony Hulme. Although these three were to fill the first three places the gaps appeared at a very early stage as Mike opened up a lead he was not to lose whilst Ricky pulled away for second and first veteran by almost two minutes. The ladies went to J. Haynes by a clear thirty seconds.

- Alan Bocking  
1: M. Prady, Gloss, 20.26  
2: R. Wilde, Man, 20.35  
3: A. Hulme, Penn, 21.06  
4: S. MacDonald, Stock, 21.25; 5: T. Rhodes, D. Peak, 22.40; 6: S. Priestley, Gloss, 23.02; 7: D. O'Brien, U/A, 23.05; 8: A. Bocking, Penn, 23.07; 9: C. Campbell, Gloss, 23.12; 10: R. Tuson, Stock, 23.15. 1 Vet: R. Wilde, Man, 20.35; 2 Vet: J. Hyde, Gloss, 23.32; 3 Vet: D. Holloday, Peni, 24.46; 4 Vet: B. Lewis, U/A, 25.25; 5 Vet: W. Buckley, Gloss, 25.59; 6 Vet: W. Helliwell, U/A, 26.12. 1 Lady: J. Haynes, U/A, 27.41; 2 Lady: G. Goldsmith, D. Peak, 28.17; 3 Lady: H. Williams, U/A, 32.07.

**GOATFELL** Scotland  
AM/9m/2860ft. 16 May 1987

- 1: M. Rigby, West, 1.15.35  
2: A. Farningham, Aberd, 1.15.39  
3: H. Jarrett, CFR, 1.17.23  
4: M. Lindsay, Cain, 1.18.44; 5: R. Morris, Carn, 1.20.06; 6: M. Ogston, HBT, 1.21.39; 7: J. Stevenson, Irv, 1.22.28; 8: D. Buchan, Carn, 1.22.51; 9: J. Blair-Fish, Carn, 1.22.55; 10: H. Richmond, Lond, 1.23.17.

**PINHAW MOOR** England  
N/5m/750ft. 15 May 1987

Mark Aspinall carried on where he left off last year with a fine win in a new record time for the opening Pendle Grand Prix Event, Pinhaw Moor Fell Race. This evening event was very popular with a field of 150 toeing the line. It's not a true fell race, with the most of the leaders opting for road racing shoes, but is a good test of stamina towards the summit, with a very fast descent back to the village of Earby. Organiser John West is a runner too, so it's a £1 on day, with prizes first ten and good results just what us runners like!

- D. Woodhead  
1: M. Aspinall, Ross, 28.03(R)  
2: T. Chew, Clay, 29.12  
3: M. Smith, Burn, 29.30  
4: B. McKenna, Clay, 29.40; 5: 1 Vet. O/40: R. Hargreaves, Clay, 29.46; 6: C. Valentine, Kes, 29.56; 7: M. Keys, U/A, 30.03; 8: M. Addison, Clay, 30.10; 9: S. Breckell, B'burn, 30.20; 10: D. Waterworth, Clay, 30.25. 2 Vet. O/40: J. West, Clay, 31.03. 1 Lady: V. Brindle, Clay, 33.31; 2 Lady: T. Lewis, Clay, 36.29; 3 Lady: L. Batty, Clay, 37.45; 4 Lady: A. French, Clay, 38.45.

**CLOUGHA PIKE** England  
BS/6½m/1650ft. 16 May 1987

Quernmore Sports, near Lancaster, were this year held in a field farther north from that used in recent years, resulting in around 1½ miles being added to the fell race course, plus an extra 500 feet of climbing over the southern end of the 540-foot hill (unnamed on my maps: Askew Hill?), which is crossed on both the outward and homeward route. The long, flat cross-country section between here and the main climb (the old route is joined by the car park) may not suit the purists, but a short valley crossing and direct ascent to Clougha were unfortunately ruled out by the farmer whose land such a route would have crossed. The day was warm and sunny.

A surprise winner of the senior race was southern athlete John Sherban (Shaftesbury), despite him straying off-course on the climb up to Clougha, and he finally outpaced runner-up Chris Lyon (Skelmersdale) by 40 seconds with a time of 52.10. Lyon, a formidable competitor over short, runnable courses, had also finished 2nd last year, and although he twice held the lead on this occasion, it was Sherban who finally asserted his authority at the stream-crossing on the way back, from which point he pulled away strongly. John Taylor (Holmfirth) was the first junior home in 3rd place, 18 seconds behind Lyon, while Peter Hall in 6th repeated his 1986 victory in the O/40s class, with George Brass triumphing among the O/50s in 26th position. 1986 winner Ann Harris (Stockport) once more claimed the ladies prize in 29th position overall out of 85 finishers, 31 seconds ahead of Vanessa Brindle, who was 32nd. There were 12 entries for the Under-15s race, in which S. Brophy (Holmfirth) defeated Jonathon Taylor (Clayton) by 84 seconds in 20.40.

- Bill Smith  
1: J. Sherban, Shafts, 52.10  
2: C. Lyon, Skem Bound, 52.52  
3: J. Taylor, Holm, 53.10  
4: J. Smith, P&B, 53.29; 5: D. Cass, L&M, 54.34; 6: P. Hall, Barr, 55.05; 7: R. Bangham, Holm, 55.24; 8: D. Beresford, Clay, 56.07; C. Valentine, Kes, 57.11; 10: J. Nuttall, Clay, 57.48.



Pete McWade winning the Belmont Winter Hill in front of Brent Brindle (photo: M Kelly).

**BELMONT WINTER HILL** Eng  
BS/4½m/1000ft. 16 May 1987

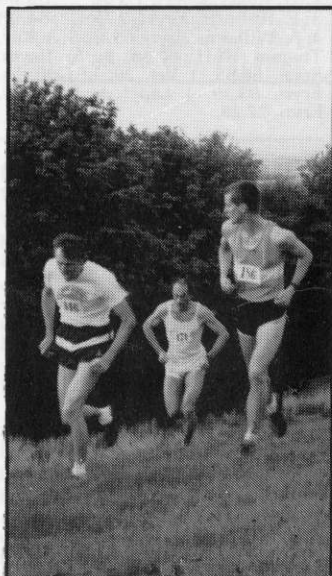
By the end of the first climb to the summit, the leading group of Brindle, Sunter, Gaskell, McWade and Thompson was starting to sort itself out with Brindle leading from McWade. On the return to the summit Brindle had opened a 15 second lead but McWade made some headway on the descent to the finish and when Brindle lost his stride by going slightly off course (called back by McWade). Pete McWade timed his run-in to perfection opening a gap of 11 seconds to the finish. Hilary Matthews made a return to the fells after an absence of nearly 2 years and not only was she untroubled but trimmed Carol Walkington's course record by 46 seconds.

Mike Kelley

- 1: P. McWade, 1 Vet. 40, 33.36(R)  
2: B. Brindle, Horw, 33.47  
3: S. Sunter, Horw, 34.19  
4: K. Gaskell, Horw, 34.31; 5: D. Thompson, R. Rose, 34.35; 6: A. Sunter, Horw, 34.49. 1 Jun: R. Smith, Chor, 36.49. 1 Vet. 50: M. Houghton, Chor, 38.50; 1 Lady: M. Matthews, Bolt, 43.36(R).



Bob Ashworth shows his descending skills at Sailbeck (Photo: E. Woodhead)



Peter Hall and John Sherban, the eventual winner, head the field at the top of the first climb. (Photo: Bill Smith).

**MOEL EILIO RIDGE RACE W AM/8m/3000ft. 16 May 1987**

It was a beautiful spring day in Llanberis, and a small number of outsiders lined up among the massed hordes of the Rhedwyr Eryri at the start of the Moel Eilio Race. Visibility was excellent, and there was a gentle breeze to help us along the ridge. It was a day for the fell runners dilemma: should one take advantage of the excellent conditions to run as fast as possible, or slow down to spend more time admiring the glorious view? Fortunately, on this grassy course one can admire the views while running fast, without too much risk of breaking one's neck.

It was about half-way along the initial road/track section that Glyn Griffiths broke away from the leading group. From that moment onwards, he just gradually receded into the distance ahead of us, eventually finishing 2¼ minutes clear in a new record time. Huw Parry had firmly established his claim to second place by the time he reached the summit of Moel Eilio, and had no trouble defending that position along the rest of the ridge. In third place on Moel Eilio was an Englishman, resident in Scotland but passing through Wales on his way home from a visit to Ireland. This Englishman was closely pursued by two more Rhedwyr Eryri, so he felt rather isolated, which may account for his cry of 'For England and St. George' on reaching the summit. It didn't do him much good; his pursuers, Emlyn Roberts and Don Williams, soon passed him on the descent from Eilio, and kept 3rd and 4th positions to the finish. In fact, the results list seems to imply that the Dragon had St. George for an afternoon snack. Talking of which, there was excellent food provided at Llwyn Celyn Youth Hostel after the race, and also lots of good prizes.

There were two veterans in the first four, even in the absence of Del Davies. One is led to wonder whether the secret of eternal youth lies buried deep in the Snowdonia mountains. Is that what they are digging out in all those quarries around Llanberis?

Anthony Kay

- 1: G. Griffiths, Eryri, 61.24  
2: H. Parry, Eryri, 1 Vet. 63.39  
3: E. Roberts, Eryri, 2 Vet. 64.08  
4: A. Williams, Eryri, 65.46; 5: A. Kay, Thames H&H, 67.18; 6: A. Hayes, Eryri, 68.55. 1 Vet. 50: L. Griffiths, Eryri, 83.39. 1 Lady: A. Donnelly, Eryri, 77.28.

**KAIM HILL Scotland N/3½m/1250ft. 17 May 1987**

The inaugural race, held in fairly good racing conditions (barring the mist) attracted 63 runners from as far afield as Aberdeen, Lochaber, Argyllshire and England. The local clubs fielded a strong turnout but only managed to hold onto the junior (and the local) as most of the honours left for foreign parts.

In the race itself, Mike Lindsay looked strong at the top and seemed to have it all sewn up with a 15 second lead over Alan Farningham at the summit. However Harry Jarrett (3rd top made up the necessary ground with the fastest descent of 9 mins 5 seconds to open up a 7 second gap for a win in 27.44. Mike's efforts did not go unrewarded however as he lead the Carnethy

team of Ross Hope, Ewen Patterson and David Buchan home to a 5 minute victory over the local Irvine squad.

Hopefully more runners will be able to make the trip north for the weekend next year and the mist will have dispersed as the race affords a spectacular view of the Firth of Clyde (for those who can spare the time).

Anybody requiring a copy of the results, including split times at the summit should send a s.a.e. to John McKendrick, 128 Sundrum Place, Pennyburn, Kilwinning, Ayrshire, KA13 6SX.

- 1: H. Jarrett, CFR, 27.44  
2: M. Lindsay, Carn, 27.51  
3: A. Farningham, Aberd, 28.05  
4: R. Hope, Carn, 28.49; 5: J. Stevenson, Irvine, 29.05; 6: P. Ratcliffe, Ross, 29.33; 7: Ian Auchie, Darly, 29.46; 8: S. McKendrick, Irvine, 29.53; 9: E. Paterson, Carn, 29.59; 10: H. Richmond, L'doun Vall, 30.10. 1 Lady: C. Menhennet, Bella, 38.47; 2 Lady: H. MacPherson, Wester, 39.54; 3 Lady: H. Morton, Irvine, 41.00. 1 Jun: S. McKendrick, Irvine, 29.53; 2 Jun: M. Cowan, Darly, 33.19; 3 Jun: G. Melville, Irvine, 44.21. 1 Vet: R. Shields, Clydes, 31.49; 2 Vet: P. Duffy, Aberd, 32.45; 3 Vet: M. Wood, CFR, 33.02.

**FAIRFIELD England AM/9m/3000ft. 17 May 1987**

Another year of poor weather. Perhaps next year will be better. The conditions meant that again a record was very unlikely; thick mist almost to valley level. There were only two retirements, one man out of 351 male entries and 19 female. Robin Bergstrand was unable to defend his 1986 win because of his final examinations at college, but Billy Bland who missed the event last year had a good run and took first place. Sarah Haines successfully defended her title but took a rather longer time. The first veteran was Peter McWade in 7th place and I believe that we almost had a veteran winner; Billy is 40 later this year. Certainly seems to suggest life begins at 40.

Sue Courchee

**Men's Race:**

- 1: W. Bland, Kes, 76.57  
2: I. Ferguson, Bing, 77.13  
3: J. Broxap, Kes, 77.32  
4: G. Devine, Puds, 78.41; 5: M. Prady, Gloss, 79.10; 6: G. Schofield, B'burn, 79.29; 7: 1 Vet. 40: P. McWade, Clay, 79.39; 8: I. Holloway, Roch, 79.54; 9: W. Brindle, Horw, 80.14; 10: I. Dermott, Horw, 80.23; 11: S. Hawkins, Bing, 80.28; 12: S. Lydka, Kend, 81.31; 13: G. Kirkbright, Sky, 81.34; 14: B. Schofield, Calder, 81.48; 15: D. Hall, Kend, 81.49; 16: S. Sunter, Horw, 81.51; 17: D. Barnes, Kes, 82.03; 18: D. Wallis, Clay, 82.08; 19: D. Read, Roch, 82.25; 20: P. Mitchell, Bing, 82.32. 2 Vet. 40: D. Spedding, Kes, 82.56; 3 Vet. 40: P. Hall, Barr, 84.20; 1 Vet. 50: G. Barras, Sky, 93.11; 2 Vet. 50: W. Fielding, Leeds, 97.53; 3 Vet. 50: D. Hodgson, Fell, 99.26.

**Women's Race:**

- 1: S. Haines, York U, 96.52  
2: S. Ratcliffe, S'worth, 99.07  
3: B. Carney, Bing, 107.34.

**SNAEFELL Isle of Man AM/5m/1900ft. 19 May 1987**

- 1: T. Rowley, WAC, 40.45(R)  
2: A. Gage, WAC, 41.07  
3: S. Hull, BH, 41.35  
4: P. Cain, BH, 46.03; 5: T. Varley, BH, 47.07; 1 Vet: G. Hull, BH, 49.13; 1 Jun: P. Brew, MAC, 51.48.

**BLACKSTONE EDGE England AS/3½m/1200ft. 20 May 1987**

Fine weather greeted the record entry of 306 runners for this mid-week FRA junior championship event. Records fell in both the senior mens and ladies race.

K. Shand

- 1: M Prady, Gos, 27.27(R)  
2: R. Rawlinson, Ross, 27.32  
3: S. Livesey, Ross, 27.48  
4: G. Devine, Sky, 28.18; 5: K. Manning, Clay, 28.26; 6: G. Schofield, B'burn, 28.29; 7: R. Pallister, P&B, 28.32; 8: (1 Jun) G. Hall, Holm, 28.38; 9: (1 Vet. 40) P. McWade, Clay, 28.41; 10: D. Ashworth, U/A, 28.48; 1 Vet. 50: M. Houghton, Chor, 33.28; 1 Lady: A. Jones, U/A 36.00; 2 Jun: A. Jones, P&B, 29.25; 3 Jun: E. Cotton, Kend, 29.31.

**BENS OF JURA Scotland AL/16m/7500ft. 22 May 1987**

- 1: W. Bland, Kes, 3.19.06  
2: D. Ratcliffe, Ross, 3.21.35  
3: A. Curtis, Liv, 3.22.28  
4: C. Donnelly, Ery, N/K; 5: A. Stvan, Holm, N/K; 6: M. Rigby, West, N/K. 1 Vet: P. Fettes, Loch, N/K. 1 Lady: A. Carson, Eryri, 4.12.09.

**HUTTON ROOF CRAGS Eng BM/7m/1300ft. 23 May 1987**

This race is run in conjunction with Hutton Roof Gala, and the varied and interesting course crosses both Hutton Roof Crag and Farleton Knott, with a testing climb up the latter's steep northern flank, returning over both fells by a different route, save for the final descent to the finish.

A warm, sunny afternoon, with a cooling breeze on the tops, saw Alan Buckley (Warrington) reduce Dave Hall's 1986 record of 47.49 by 55 seconds with a decisive victory over W. Nock (Halesowen) and Mark Croasdale (Royal Marines), who hails from the Lancaster area and had previously won the Caton Moor race from Wray, the first event in the Lune Valley Championship.

Peter Hall predictably won the O/40s prize in 10th position, with Denis Beresford 2nd in this

**GREAT HAMELDON England N/6m/900ft. 24 May 1987**

- 1: M. Patterson, DPFR, 35.12  
2: A. Buckley, Warr, 36.16  
3: K. Manning, Clay, 36.45  
4: G. Schofield, B'burn, 36.48; 5: G. Wadsworth, Rossen, 37.13; 6: 1 Vet: P. McWade, Clay, 37.16; 7: T. Rutherford, Clay, 37.21; 8: K. Gaskell, Horw, 37.37; 9: P. Jarman, Clay, 37.42; 10: D. Woodhead, Horw, 37.47; 2 Vet: K. Taylor, Ross, 37.54; 3 Vet: J. West, Clay, 39.02. 1 Vet. O/50: M. Houghton, Chor, 42.12; 2 Vet. O/50: G. Brass, Clay, 45.10; 3 Vet. O/50: T. Hothersall, Accr, 45.47. 1 Lady: J. Smith, DPFR, 44.28; 2 Lady: A. Thorpe, Hynd, 46.57; 3 Lady: J. Hartley, Bolton, 47.32.

**BENTHAM GALA England CM/10m/800ft. 25 May 1987**

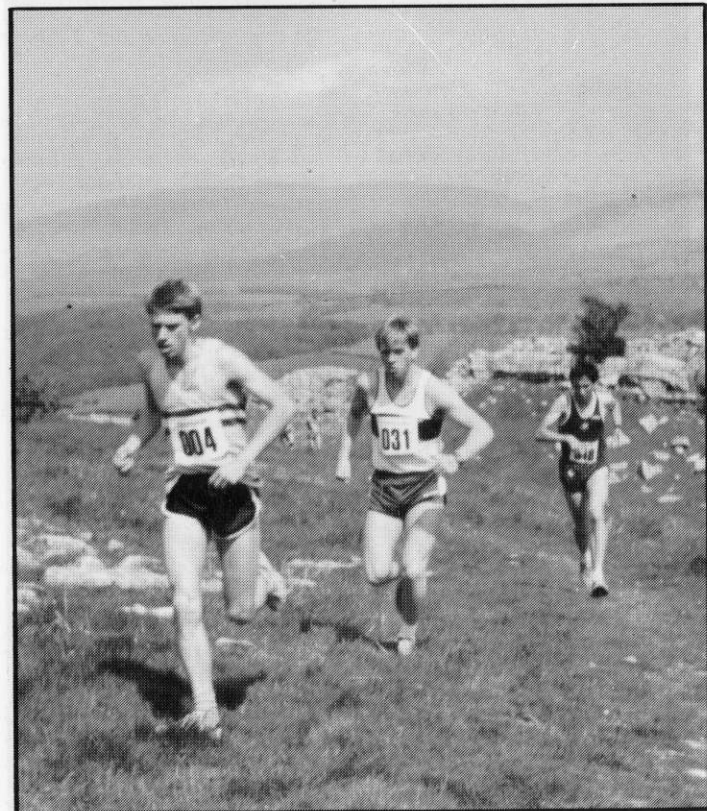
- 1: A. Buckley, Warr, 53.24  
2: T. Davis, Skip, 54.58  
3: R. White, Hales, 55.44  
1 Vet. O/40: R. Hargreaves, CLM, 55.55. 1 Vet. O/50: J. West, Swift, 63.49. 1 Lady: P. Walsh, Preston, 65.50. 1 Jun: J. Greenwood, CLM, 78.09. 95 runners.

category (18th), while B. Wilson (Northern Vets) took the O/50s award in 87th out of 106 finishers. West Midlands club Halesowen were the team prize-winners with three runners in the first eight.

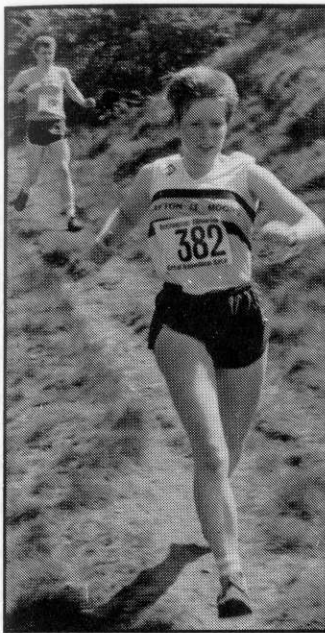
Sylvia Watson (Valley Striders), fresh from her record-breaking Fellsman Hike win the previous weekend, was the fastest lady by 28 seconds over H. Whitehead (Kendal), their respective positions being 65th and 67th.

Bill Smith

- 1: A. Buckley, Warr, 46.54(R)  
2: W. Nock, Hales, 47.26  
3: M. Croasdale, R.M'rines, 47.34  
4: R. Cudworth, Hales, 47.38; 5: H. Jarrett, CFR, 48.46; 6: B. Hilton, Leeds, 48.56; 7: D. Woodhead, Horw, 49.28; 8: R. White, Hales, 49.35; 9: P. Walters, Kend, 49.54; 10: 1 Vet: P. Hall, Barr, 49.58. 2 Vet: D. Beresford, CLM, 51.51; 3 Vet. O/50: B. Wilson, N/Vets, 68.58. 1 Lady: S. Watson, V. Striders, 61.06; 2: H. Whitehead, Kend, 61.34; 3: J. Butterworth, Prest, 69.48.



W. Nock leads from Mark Croasdale and Alan Buckley, the eventual winner, near the top of the first climb. (Photo. Bill Smith).



Eileen Woodhead in the Gt. Hameldon. (Photo: D. Woodhead).

### SCOTTISH ISLANDS PEAKS Scotland

**AL/50m/12000ft. 15th May 1987**  
**Overall - Sailing and Running**

1: Viva, M. McDermott & M. Stone 2 days 1 hr 40 mins  
2: Memec & Chips, P. Brookes & R. Aucott 2 days 1 hr 41 mins.  
3: Aperitif, A. Curtis & D. McGonigle 2 days 2 hrs 40 mins.  
**Running only:** 1: R. Ashworth & P. Haines, 9 hrs, 23 mins, 58 secs; 2: R. Bryson & D. Ratcliffe, 9 hrs 29 mins, 03 secs; 3: M. McDermott & M. Stone, 10 hrs, 05 mins 31 secs; 4: P. Brooks & R. Aucott, 10 hrs, 35 mins, 04 secs; 5: A. Curtis & D. McGonigle, 10 hrs, 55 mins, 06 secs;

### ALWINTON England

**N/14m/2500ft. 30 May 1987**

Despite the unpromising weather the numbers taking part were up on last year, with 77 starters in the long race and 21 in the 6 mile event. In the long race Andy Curtis and Dave Woodhead broke away from the leading group on the steep descent from Cushat Law and stayed together from there on, Andy pulling ahead at the finish to win by a mere 5 seconds. This year the race incorporated the North Eastern Counties AAA Fell Race Championship, which was won by Michael Ligema of Elswick (3rd overall), followed by Steve Murdoch and Neil Dunn. First over 40, Derrick Littlewood was close behind. Stephanie Quirk set a new ladies record of 1 hour 55 minutes and 25 seconds, while 1986 winner, Paula Hawtin (2nd lady) also improved on her time from last year.

In the short race, the under 18 awards went to joint winners Andrew Thompson and Paul Waller, while the ladies honours were also shared, by Sarah Smith and Brigid Murphy, both also under 18.

1: A. Curtis, Liv, 1.32.47  
2: D. Woodhead, Horw, 1.32.52  
3: M. Ligema, Els 1.34.31  
4: S. Murdoch, J&H, 1.34.55; 5: N. Dunn, U/A, 1.35.14; 6: D. Littlewood, Crook, 1.36.00; 7: C. Wright, Man, 1.36.15; 8: G. Woolnough, Kend, 1.40.23. 1 Vet. 40: D. Littlewood, Crook, 1.36.00; 2 Vet. 40: S. Balfour, Liv, 1.41.48; 3 Vet. 40: A. Philipson, Gosf, 1.45.34. 1 Vet. 50: S. Milton, Morp, 1.48.43; 2 Vet. 50: A. Morgan, Gosf, 1.53.43; 3 Vet. 50: M. Hyman, Liv, 1.57.23. 1 Lady: S. Quirk, Kend, 1.55.25; 2 Lady: P. Hawtin, Edin, 1.57.83; 3 Lady: A. Curtis, Liv, 1.59.37.

### CAIRNPAPPLE Scotland

**CS/6Mm/800ft. 30 May 1987**

**Veterans only**  
1: D. Fairweather, Law, 34.28  
2: I. Leggatt, Liv, 36.00  
3: P. Cowan, Sheff, 36.32  
4: S. Cameron, ESH, 36.40; 5: J. Brown, Law, 36.55; 6: G. Blair, Sheff, 37.16. 1 Vet. 50: B. Covell, EAC, 42.20; 1 Lady: J. Ferrari, P&F, 41.40.

### DUDDON FELL RACE England

**AL/20m/6000ft. 30 May 1987**

1: W. Bland, Kes, 2.58.33  
2: D. Ratcliffe, Ross, 3.03.29  
3: C. Valentine, Kes, 3.04.48  
4: P. Irwin, Ross, 3.14.01; 5: J. Nixon, Horw, 3.15.01; 6: S. Hughes ERYRI, 3.21.15; 7: P. Haines, Mand, 3.27.53; 8: P. Skelton, C'mouth, 3.29.11; 9: T. Laney, Clay, 3.30.59; 10: A. Schofield, Roch, 3.31.36. 1 Vet. 50: J. Naylor, CFR, 3.43.24. 1 Vet. 40: S. Barnard, BCR, 4.00.11. 1 Lady: A. Robinson, Ross, 2.21.00; 2 Lady: S. Haines, York, 4.10.47.

### REETH HILLS England

**N/12m/3300ft. 31 May 1987**

1: K. West, Bord, 1.34.44  
2: D. Woodhead, Horw, 1.37.47  
3: P. Mitchell, Mand, 1.38.05  
4: A. Lewsley, Bord, 1.38.18; 5: H. Nicholson, Clay, 1.42.25; 6: M. Garrett, Mand, 1.42.48; 7: B. O'Rourke, Mand, 1.49.17; 8: G. Charles, Vaux, 1.49.47; 1 Lady: S. Lewsley, Bord, 2.02.17; 1 Vet: K. West, Bord, 1.34.44; 2 Vet: G. Charles, Vaux, 1.49.47; 3 Vet: R. Wright, Dur, C. 1.52.34.

### SADDLEWORTH England

**AS/3m/950ft. 31 May 1987**

1: M. Patterson, DPF, 19.05  
2: R. Pilbeam, Kes, 19.24  
3: R. Rawlinson, Ross, 19.37  
4: G. Devine, Sky, 19.49; 5: N. Peach, Sale, 19.50; 6: A. Smith, CFR, 20.07; 7: A. Peace, Bing, 20.14; 8: H. Symonds, Kend, 20.20; 9: R. Ashworth, Ross, 20.24; 10: K. Manning, Clay, 20.25; 1 Vet. 40: P. McWade, Clay, 20.52; 1 Vet. 50: D. Hughes, CFR, 23.07; 1 Lady: V. Brindle, Clay, 24.26.

### TISO CAMPSIE Scotland

**AS/4 1/2m/1500ft. 31 May 1987**

The morning's showers held off for this, the third running of the race up and down the steepest part of the Campsie escarpment above Lennoxtown; but at least the rain had done something to stabilise the loose soil near the top of the hill. Gifford Kerr and Peter Marshall tore away from the rest of the field soon after the start, while Alan Farningham held third place for much of the ascent. Andy Curtis started at a gentle pace, but got going once the steeper part of the slope had reduced the rest of the field to a walk/crawl. He had moved up as far as third place at the start of the 'why didn't I bring my hang-glider' part of the race; not being so severely handicapped by self-preservation instinct as Messrs. Kerr and Marshall, he was in the lead on reaching the bottom of the hill, having made up a substantial gap on the summit leaders. Marshall, a man after my own heart, had dropped to fourth behind Farningham, while the McKendrick brothers (both still juniors) performed well with John in fifth and Scott in eighth place.

I have some doubts as to the wisdom of running races over slopes of loose earth and stones. I am not worried about the safety aspect - fell runners are used to rocks bouncing off their heads and clods of earth landing in their mouths as they gasp for breath - but what about the damage to the rocks and earth on this already badly eroded slope.  
Anthony Kay

1: A. Curtis, Liv, 28.19  
2: G. Kerr, Fife, 28.28  
3: A. Farningham, Aberd, 28.32  
4: P. Marshall, Help, 29.03; 5: J. McKendrick, Irv, 29.15; 6: R. Morris, Carn, 29.27; 7: E. Paterson, Carn, 29.36; 8: S. McKendrick, Irv, 30.18; 9: R. McNiven, Oban, 30.32; 10: D. McGillivray, Loch, 30.30; 1 Vet. 40: P. Fettes, Loch, 31.40; 2 Vet. 40: I. Jackson, Liv, 32.12; 1 Vet. 50: R. Richardson, SVHC, 32.49; 2 Vet. 50: W. Gauld, Carn, 33.17; 1 Lady: C. Whalley, Liv, 35.36; 2 Lady: C. Menhennett, Bell, 37.32.

### 2 LADS England

**N/4m/800ft. 31 May 1987**

1: P. Massey, Horw, 25.44  
2: R. Owen, Horw, 25.54  
3: A. Hesketh, Horw, 26.44  
4: V. Rutland, Prest, 27.17; 5: S. Sunter, Horw, 27.27; 6: A. Sunter, Horw, 27.39; 7: D. Kay, Bolt, 28.09; 8: J. Worswick, B'burn, 28.15. 1 Vet. 40: D. Kay, Bolt, 28.09; 2 Vet. 40: D. Kearns, Bolt, 31.31; 1 Vet. 50: W. Holden, Bolt, 33.57; 1 Lady: D. Sharp, Spen, AC, 35.00; 2 Lady: P. Dickinson, 36.13.

### OTLEY CHEVIN England

**BS/3m/1000ft. 3 June 1987**

1: R. Pallister, P&B, 17.48  
2: G. Schofield, B'burn, 18.03  
3: M. Mason, Hal, 18.12  
4: G. Kirkbright, Sky, 18.21; 5: S. Holliday, Leeds C, 18.25; 6: M. Roscoe, Leeds U, 18.35; 1 Lady: A. O'Neill, Camb, U, 22.39; 2 Lady: E. Denby, Denby D, 23.05; 3 Lady: S. Spencer, Leeds U, 23.06.

### RAVENSTONES BROW England

**BM/10m/1250ft. 6 June 1987**

1: M. Prady, Gloss, 65.24  
2: R. Owen, Horw, 65.43  
3: T. Pilling, Penn, 66.00  
4: A. Trigg, Gloss, 67.05; 5: M. Seddon, Penn, 69.04; 6: D. Cartwright, Penn, 69.04; 6: D. Cartwright, Penn, 69.14; 1 Lady: A. Harris, Stock, 82.24.

### KELBROOK England

**N/3m/600ft. 6 June 1987**

Fifth race in Pendle Grand Prix saw Mark Aspinall of Rossendale chalk up another victory, but he was pushed hard on the steep descent. The course is mainly track and road, but fell shoes were needed on the wet, muddy grass, and beck crossing. 124 runners took part, afterwards enjoying the ale in Craven Heiffer then prizing at the garden party.  
1: M. Aspinall, Ross, 17.50  
2: M. Smith, Burn, 18.06  
3: (1 V40) R. Hargreaves, CLM, 18.18  
4: T. Chew, CLM, 18.25; 5: M. Target, CLM, 18.31; 6: M. Wallis, CLM, 18.32; 7: D. Woodhead, Horw, 18.34; 8: D. Waterworth, CLM, 18.38; 9: N. Weaver, CLM, 18.44; 10: J. Hartley, CLM, 18.47. 1 Lady: V. Brindle, 21.33.

### PEN-Y-GHENT England

**AM/5 1/2m/1500ft. 6 June 1987**

1: A. Smith, CFR, 47.20  
2: S. Hawkins, Bing, 47.38  
3: I. Ferguson, Bing, 47.52  
4: T. Davies, Skip, 48.18; 5: G. Webb, CV, 48.54; 6: G. Kirkbright, Sky, 49.34; 7: J. Parker, Ilk, 50.12; 8: D. Thompson, R. Rose, 50.18; 9: J. Wiczorek, Hynd, 50.22; 10: I. Robinson, Clay, 50.25. 1 Vet. 40: D. Kay, Bolt, 50.31; 2 Vet. 40: T. McDonald, Bing, 53.38; 1 Vet. 50: J. West, A&S, 57.03; 2 Vet. 50: W. Fielding, Leeds, 57.13. 1 Lady: A. Watmore, Totley, 61.16; 2 Lady: M. Dunn, Bing, 64.08.

### EDENFIELD England

**BS/7 1/2m/1600ft. 7 June 1987**

1: S. Livesey, Ross, 43.32  
2: R. Ashworth, Ross, 44.30  
3: G. Gough, B'burn, 45.15  
4: G. Read, Roch, 45.33; 5: M. Keys, U/A, 46.10; 6: D. Woodhead, Horw, 46.31; 1 Vet: P. Jepsen, Bury, 49.44; 2 Vet: P. Lyons, Bury, 49.54; 3 Vet: T. Shaw, Roch, 49.57; 1 Lady: V. Brindle, Clay, N/K; 2 Lady: J. Lochead, Holm, N/K.

### SCOLBY Scotland

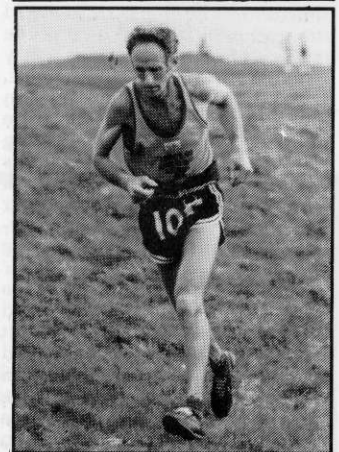
**BS/5 1/2m/800ft. 7 June 1987**

1: F. Clyne Aberd, 30.04  
2: J. Doig, Aberd, 31.50  
3: E. Arrowsmith, Aberd, 31.56  
4: B. Moroney, Aberd, 32.08; 5: S. Cassells, Aberd, 32.19; 6: M. Ogston, HBT, 33.04; 7: J. Mackay, Aberd, 33.14; 8: C. Noble, Fras, 33.16; 1 Vet. 40: B. Maker, Aberd, 34.04; 2 Vet. 40: P. Fettes, Loch, 35.38; 1 Vet. 50: L. Boyne, Aberd, 38.43; 1 Lady: H. Butler, Aberd, 42.18; 1 Jun: D. Brewster, U/A, 43.23.

### GLENGOYNE GALLOP Scot

**AS/2m/1050ft. 10 June 1987**

1: R. Jones, Glas. U, 22.41  
2: D. McGonigle, Dund, 22.44  
3: A. Curtis, Liv, 23.40  
4: J. Musgrave, Aberd, 23.47; 5: M. Lindsay, Carn, 24.10; 6: M. Rigby, West, 24.12; 7: P. Dugdale, Dund, U, N/K; 8: R. Mount, Carn, N/K; 1 Vet: R. Shields, Loch, 26.26; 1 Lady: H. McPherson, West, 35.53; 1 Jun: S. McKendrick, Irv, 25.57.

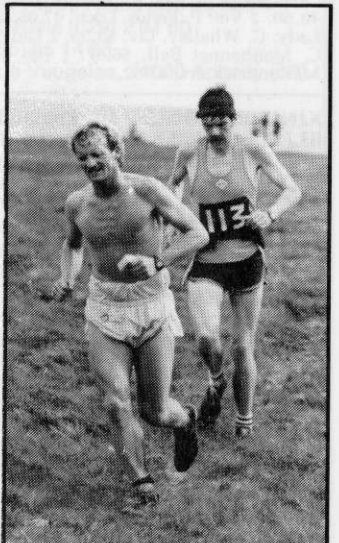


Jos Naylor, V.50 winner in 1987, seen here in the 1986 race. (Photo: J. Ulrick).

### ENNERDALE England

**AL/23m/7500ft. 13 June 1987**

1: W. Bland, Kes, 3.23.54  
2: R. Ashworth, Ross, 3.28.43  
3: R. Ashworth, Eryri, 3.31.16  
4: S. Livesey, Ross, 3.32.03; 5: J. Maitland, P&B, 3.34.13; 6: A. Styan, Holm, 3.34.44; 7: H. Symonds, Kend, 3.38.43; 8: M. Rigby, Amb, 3.39.19; 9: G. Read, Roch, 3.45.42; 10: 1 Vet. 40: P. McWade, Clay, 3.46.25; 11: I. Ferguson, Bing, 3.47.33; 12: K. Shand, Roch, 3.48.33; 13: S. Hughes, Penn, 3.48.38; 14: P. Haines, Mand, 3.48.59; 15: M. Wallis, Clay, 3.49.19; 16: 2 Vet. 40: D. Spedding, Kes, 3.50.24; 17: M. McDermott, Kend, 3.50.30; 18: P. Skelton, Cock, 3.50.40; 19: G. Webb, CV, 3.51.00; 20: J. Winder, CV, 3.51.18; 1 Vet. 50: J. Naylor, CFR, 3.59.21; 1 Lady: V. Brindle, Clay, 4.21.31(R).



Kevan Shand 12th in 1987, seen here in the 1986 race. (Photo: J. Ulrick).

**TRAPRAIN LAW** Scotland  
**CM/6m/650ft.** 13 June 1987  
 1: S. Matheson, Hadd, 41.28  
 2: J. Fork, Hadd, 41.48  
 3: A. Bone, Hadd, 43.19  
 1 Vet: A. Cameron, ESH, N/K; 1 Lady:  
 E. Ryan, Hadd, 54.23.

**DOLLAR** Scotland  
**AM/5½m/2000ft.** 13 June 1987  
 Scottish hill races can sometimes be a bit predictable, with the same bunch of people in the leading positions in most of the races. However, every now and then some strangers turn up to liven up the competition; this function was performed by the Royal Marines Cross-Country Skiing team at this year's Dollar Hill Race. There were two Marines among the leading group of six who battled it out all the way up the hill; such was the competitiveness of the climbing that even Andy Curtis and Dermot McGonigle couldn't hold on, and had dropped behind the other four by the time they reached the summit. Those four, who arrived at the summit within eight seconds of each other were Peter Marshall (showing remarkable uphill prowess in his first season on the fells), Mark Croasdale (Marines), Gifford Kerr and A. Wylie (Marines). However, summit positions became irrelevant as the Curtis/McGonigle show took off on the descent. These two stayed together until the fell gate, but then the little Irishman sprinted away from the tall Englishman to take a 6 second lead at the finish, by which time a gap of over half a minute had been opened up to the tiny Scotsman in third place.

The race was one of the best organised that I've been to for a long time. For 75p on the day competitors got a cuppa, doughnut, hot showers and a computerised result sheet within 45 minutes of the last man finishing. The result sheet gave summit positions and times together with times of descent and also positions of descent only. What more could anybody want?

Anthony Kay john Reade

1: D. McGonigle, Dund, 41.38  
 2: A. Curtis, Liv, 41.44  
 3: G. Kerr, Fife, 42.16  
 4: P. Marshall, Help, 42.31; 5: M. Croasdale, RM, 42.56; 6: A. Wyle, RM, 43.31; 7: D. Bell, Help, 43.33; 8: A. Farningham, Aberd, 43.59; 9: E. Paterson, Carn, 44.26; 10: R. Morris, Carn, 44.46; 1 Vet: R. Shields, Loch, 46.50; 2 Vet: P. Fettes, Loch, 47.05; 1 Lady: C. Whalley, Liv, 53.35; 2 Lady: C. Menhennet Bell, 56.37; 1 Jun: J. McKendrick, Irv, 47.52.

**KINDER TROGG** England  
**BL/14m/3000ft.** 14 June 1987  
 1: T. Teff, D.Pk, 1.53.42(R)  
 2: D. Ibbotson, Gloss, 1.54.24  
 3: R. Aucott, D.Pk, 1.55.47  
 4: P. Browson, Alt, 1.55.49; 5: J. Stevenson, Grims, 1.57.22; 6: D. Woodhead, Horw, 1.58.08; 1 Lady: S. Duff, Spen, 2.42.04; 2 Lady: G. Freeman, Alt, 2.48.47.

**SKIPTON** England  
**BS/4m/1000ft.** 14 June 1987  
 1: G. Devine, Puds, 21.44  
 2: D. Leaf, Rownt, 21.53  
 3: G. Schofield, B'burn, 21.55  
 4: M. Mason, Hali, 22.06; 5: T. Davies, Skip, 22.08; 6: T. Rutherford, Clay, 22.10; 7: B. Hilton, Leeds, 22.21; 8: R. Grillo, Keith, 22.33; 9: G. Kirkbright, Sky, 22.43; 10: A. Venn, Sheff, 22.44. 1 Vet: 40: R. Shaw, Sky, 22.52; 2 Vet: 40: D. Cartwright, Peni, 23.02; 3 Vet: 40: K. Summersgill, Skipt, 23.04. 1 Vet: 50: D. Lawson, Bing, 24.59.

**LOMONDS OF FIFE** Scotland  
**AM/9½m/2200ft.** 14 June 1987  
 Dermot and Gifford re-opened their battle of the previous day with Dermot again getting away on the descent. Although a negligible 'A' this race contains the whole of the 2200 feet of climbing (and descending!) within 3 miles with the remainder consisting of cart-tracks. The final descent contains about 600 feet of the steepest descent I've encountered which was made extra slippery this year by rain and skidmarks from the youngsters races. Children aged between 10 and 18 ran the course up and down West Lomond which is probably 2m/1200ft!! - the full senior course is really the soft option by comparison.

John Reade

1: D. McGonigle, Dund, 64.50  
 2: G. Kerr, Fife, 66.03  
 3: A. Farningham, Aberd, 66.36  
 4: D. Bell, Help, 67.09; 5: S. Hale, Perth, 68.11; 6: A. Kay, St. And, 71.44; 1 Vet: P. Fettes, Loch, 73.29; 2 Vet: R. Shields, Loch, 78.58; 1 Lady: P. Hannaford, Carn, N/K.

**ROYAL DOCKRAY** England  
**AL/17m/4500ft.** 20 June 1987  
 1: D. Hall, Kend.,  
 2: M. Hoff, CFR,  
 3: D. Barnes, Kes.

**Y GARN** Wales  
**AS/3m/1500ft.** 20 June 1987  
 1: C. Donnelly, Eryri  
 2: M. Patterson, D.Peak  
 3: R. Pilbeam, Kes.  
 1 Vet: P. McWade, Clay; 2 Vet: H. Parry, Eryri; 3 Vet: D. Spedding, Kes. Team: Eryri.

**EILDON 2 HILLS** Scotland  
**AS/4½m/1400ft.** 20 June 1987  
 For the past 3 years this race has had British Championship billing and attracted fields of over 100 runners. This year, it reverted back to its non championship status and consequently attracted a smaller field of 67 runners compared to the 45 at the 1983 race. Nevertheless, it remains a well organised, friendly event and the prize list totalling £250 plus trophies puts many events with far greater income to shame. For those of us who didn't win any prizes the excellent course together with food and beer supplied at Melrose RFC provided adequate compensation. In the race itself Mike Lindsay just managed to overhaul Andy Curtis in what proved to be, for him, a very successful weekend. John Reade

1: M. Lindsay, Carn, 27.29  
 2: A. Curtis, Liv, 27.31  
 3: R. Hope, Carn, 27.54  
 4: A. Farningham, Aberd, 28.00; 5: D. Bell, Help, 28.06; 6: D. Weir, Help, 28.48; 7: R. Morris, Carn, 29.39; 8: A. Spaceley, Carn, 29.39; 9: B. Neilson, Tev, 29.50; 10: W. Knox, Tev, 29.56. 1 Jun: J. McKendrick, Irv, 30.01; 2 Jun: S. McKendrick, Irv, 30.51. 1 Vet: R. Shields, Loch, 30.31; 2 Vet: I. Jackson, Liv, 31.37. 1 Lady: H. Morton, 40.42.

**BIZZIBERY** Scotland  
**BS/3m/500ft.** 20 June 1987  
 1: D. Woodhead, Horw, 16.03  
 2: B. Potts, Clydes, 16.04  
 3: J. McAllister, E. Kil, 16.10  
 1 Jun: G. Taylor, Muir, N/K. 1 Vet: A. Letham, Muir, N/K. 1 Lady: E. Woodhead, Clay, 25.01.

**JAMES BLAKELY** England  
**3m** 20 June 1987  
 1: R. Harbisher, Holm, 16.15  
 2: M. Mason, Hal, 16.25  
 3: G. Hall Jnr., Holm, 16.39  
 4: J. Taylor, Holm, 16.46; 5: A. Jones, P&B, 16.54; 6: J. Noon, P&B, 16.57. 1 Vet: D. Cartwright, Pen, 17.00; 2 Vet: G. Hall, Snr., Holm, 17.27; 3 Vet: R. Hardcastle, Long, 18.25.

**EDINBURGH 7 HILLS** Scotland  
**CM/14m/2200ft.** 21 June 1987  
 This is not a fell race - if you don't get run over or poisoned by the petrol fumes then it can be quite an enjoyable experience. If however you have an aversion to tarmac or like to know where you're going then don't bother entering. I suppose the best way to describe the event could be urban orienteering but having said that, some of the routes taken by runners around me weren't shown on any maps! For instance, I was coming up to a junction at the Gorgie Road when this chap from Livingston 20 yards behind me suddenly appeared the same distance in front, having cut through a factory yard and petrol station! The race is really a fun event which shouldn't be taken too seriously - it is a wonderful way of seeing Britain's most attractive city, constantly providing magnificent views of Auld Reekie. The 7 Hills are Calton Hill (start and finish), Edinburgh Castle, Corstrophine, Craiglockhart East, Braid, Blackford and last but definitely not least the superb Arthur's Seat. It is very well organised with drinks stations at most of the checkpoints. This year they were needed because it was very hot weather. The first five all broke the record with Mike Lindsay pulling away to win by over two minutes after being behind Alan Farningham at the top of Arthur's Seat.

John Reade

1: M. Lindsay, Carn, 1.32.40(R)  
 2: A. Farningham, Aberd, 1.34.58  
 3: P. Marshall, Help, 1.35.54  
 4: A. Curtis, Liv, 1.37.40; 5: D. Bell, Help, 1.37.46; 6: R. Brown, Ferr, 1.44.20. 1 Vet: 40: E. McKenzie, Fer, 1.49.48; 2 Vet: 40: K. Burns, Carn, 1.52.14. 1 Vet: 50: W. Gauld, Carn, 1.50.09. 1 Lady: P. Rother, EAC, 1.48.24.

## RUMOUR HAS IT

... that a certain reputable Clayton honorary secretary actually went very slowly in the Witches Clough Fun Run just to get a better view of Anneka's bum!

... that the IAAF want to become increasingly involved in the World Cup events and that this could mean drug tests.

... that John Broxap had better keep off the Benlyn if he wants to be selected.

... that fell races in Snowdonia are an endangered species.

... that certain Northern Ireland veterans are getting faster as they get older.

... that Danny Hughes' new lease of life (4.08 at Ennerdale!) has nothing to do with working at Sellafield.

... that certain FRA committee members want the editor to publish the first 30 finishers in championship races because they keep finishing in the 20's.

... that the National Trust are wanting a hundred quid just to look at the FRA calendar races plus more for any new races.

... that BOFRA stands for 'Bigger Off Fell Runners Association'!

... that the FRA committee are considering altering the present championship set up.

... that the All the A's Championship really means Some of the A's.

... that AAAs rejected the FRAs request for assistance to send teams to more international events as they will only contribute towards World Cup events.

... that the Arrochar Alps Race on August 23rd could turn out to be the toughest fell race in Britain.

... that certain non-fell race organisers are attempting to get their races in the FRA calendar in order to avoid applying for a AAAs permit - one race was described as 4 miles/100ft. - I know hillier track races!

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# FOREIGN RACES

Printed below are details of those mountain races on the Cime calendar from July until the end of 1987.

John Blair-Fish will be happy to supply details of any of these European events and can be contacted at 28, Howdenhall Crescent, Edinburgh EH16 6UR. Telephone: 031 664 8425.

For those wishing to tackle events in N. America may I suggest that a subscription to the Ultrarunning Magazine may be useful as they produce an extensive calendar of road and trail races throughout the year with distances ranging between 20 and 100 miles, over all types of terrain. Annual subscriptions are \$25.00 (surface mail), \$40.00 (air mail) and for that you get 12 copies a year. The address to write to is Ultrarunning, 300 N. Main St., P.O. Box 481, Sunderland, Massachusetts 01375, U.S.A.

## John Blair-Fish comments as follows on some of these races:

'Reading this month's Spindon Magazine, the French-Swiss Running-for-All Magazine, my attention was drawn to several new races.

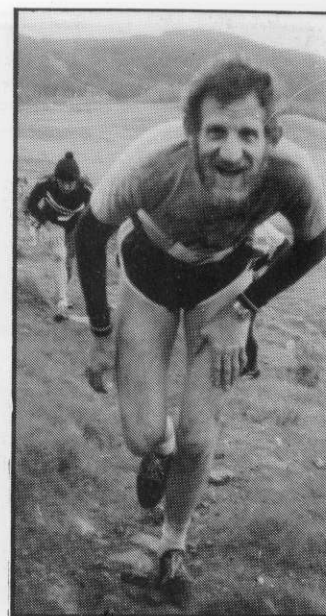
In the Pyrennes on 19th July, there is the Trophy of Vignemale, rumoured to be the toughest of races for European climbers, starting at 935m in De Cauters, ascending to Le Vignemale at 3298m, then returning to De Cauters over a total of 51Km, 2Km of glacier; 200m of a "à-pic", and 500m of a "éboulis" are included. Translation this would appear to be a real fell runners course. The record of 5 hours 22 minutes was set by Jean-Marie Bordenare in 1906. Accommodation is offered to the first 100 entries sent to Office du

Tourisme, 65110 Cauterets. Telephone 62 92 50 37 or 62 92 55 20 (France).

There will also be a Trans-Pyrennes relay from 2nd to 15th August for 15-man teams, 1600Km over 24 passes. This is organised by the Spindon Club of Occitanie and the organisers give three phone numbers but no address: 61 54 33 65; 61 74 56 09 or 61 56 06 18.

Details given of the 12-stage run along the Great Wall of China, 22nd June to 2nd July, and the 5-stage Supermarathon of the Himalayas, starting on 4th July will probably be superceded by this magazine.

A trekking firm, Coeur d'Aventure, based at Geneva, is organising a two-week 172Km Supermarathon of Iceland continued with a tour of the glaciers and volcanoes. This may not be adventurous enough or within the purse strings of the dedicated fell runner, but André Podleushi of Coeur d'Aventure, par Tourisca, Voyages S.A., 20 rue du Mont-Blanc, 1201 Geneva, can provide details'.



Peter Knott, equal 3rd in V.50's Championship at Ben Lomond. (Photo. J. Reade).

# European Mountain Cup: Official Calendar of the CIME 1987

4.7	Crêtes du Pays Basque	F	super	28	750	G. Etxart 64250 Espelette, (59) 29 95 24
5.7	Danisberglauf	CH	grey	13	860	Verkehrsverein Lenzerheide, Sportsekretariat, 7078 Lenzerheide, (081) 34 15 89
5.7	Randonnée des Douaniers	F	red	20.8	300	J. Y. Salliou, 10 r. de la Croix-Blanche, 22590 Pordic, (96) 79 00 73
5.7	Cross du Mont-Blanc	F	red	23.3	1360	C. Roussel, 63 rte des Praz, 74400 Chamonix, (50) 55 88 59
12.7	Grimpée du Môle	F	super	12	800	S. Stedile, le Vieux Pont, 74130 Marignier, (50) 34 53 38
12.7	Luz - Ardiden - Luz	F	red	27	1100	J. Lopez, r. du Doumet, 65120 Luz-St-Sauveur, (62) 92 81 60
12.7	Torrenthornlauf	CH	brown	7	1220	A. Mathieu, Haus Sabine, 3941 Albinen, (027) 63 27 06
12.7	Brides - Courchevel	F	red	18.5	1100	Office du Tourisme, 73120 Courchevel (79) 08 00 29
18.7	Arles-s-Tech	F	red	50	1320	J. Faure, Alzine Rodone, 66150 Arles-s-Tech (68) 39 08 23
19.7	Scex Carro	CH	brown	7.5	1500	A. Cerchierini, av. Jung 34, 1290 Versoix, (022) 55 42 13
19.7	Vogorno - Bardughee	CH	brown	7.9	1143	A. Marra, via Mulini, 6596 Gordola, (093) 67 11 09
19.7	Chaumont - Chasseral	CH	red	32	1150	J-P Humbert, 2067 Chaumont, (038) 33 44 86
19.7	Crêtes de Megéve	F	red	22	765	Club des Sports, rue de la Poste, 74120 Megéve (50) 21 31 50
25.7	Cime de la Bonette	F	red	27	1722	P. Jaud, 2 bd Raimbaldi «B», 06000 Nice, (93) 85 53 67
26.7	Frutigen - Adelboden	CH	red	19	950	Vehrkehrsbüro, 3715 Adelboden, (033) 73 22 52
26.7	Sierre-Montana	CH	grey	17	1030	M.A. Berclaz, Rilke 4,3960 Sierre, (027) 55 47 69
2.8	Grand prix des Isards	F	brown	12.9	710	P. Honthaas, 64190 Aydius, (59) 34 75 69
2.8	Pin-sur-Bex-Plan-Névé	CH	brown	6.4	1190	R. Ciana, Mt Goulin 11, 1008 Prilly, (021) 37 93 19
8.8	St-Martin-la Planchette	F	grey	11	800	R. Bois, Les Lisots, 73140 St-Martin-la-Porte, (79) 56 65 71
9.8	Barèges - Pic du Midi retour	F	red	27	1600	J. Lopez, r. Doumet, 65120 Luz-St-Sauveur, (62) 92 68 19
9.8	Sierre-Zinal	CH	hors cl.	31	2000	J C Pont, Guillamo 4,3960 Sierre (027) 65 13 70
15.8	Cross du Grand-Massif	F	red	20.3	1029	C. Sauvage, Club des Sports. 74300 Flaine (50) 90 80 74
16.8	Neirivue - Moléson	CH	red	20	1265	C. Pythoud, Russalet 9, 1630 Bulle (029) 2 91 60
30.8	Trophée des Martinaux	CH	brown	10	1370	M. Borloz, Lavey-Village, (025) 65 14 63
30.8	Anancy - Semnoz	F	red	19	1200	Salésienne Athlétisme, 34 rue Vaugelas, 74000 Anancy (50) 45 74 10
30.8	Kitzbühelerhornlauf	A	grey	12.9	1234	F. Puckl, Kaiserweg 111, 6353 Going, 05358.2590
30.8	Matterhornlauf	CH	brown	12	977	P. Fuchs, Haus Mistral, 3920 Zermatt, (028) 67 20 63
30.8	Crêtes Vosgiennes	F	red	32	1000	L. Marlier, 8 r. de Zimmerbach, 68000 Colmar (89) 79 51 87
6.9	Ovronnaz - Rambert	CH	brown	8.4	1360	B. Bessard, 1912 Ovronnaz, (027) 86 17 84
13.9	Grimpsellauf	CH	brown	10.7	886	K. Jost, 3981 Obergesteln, (028) 73 16 42
13.9	Balçon du Léman	F	grey	11.647	780	M. Duby, école de la jonction, 74190 Passy (50) 78 23 40
20.9	Fellhornberglauf	D	grey	8.2	870	G. Soellinger, Lindenstr, 7,8980 Oberstdorf, (083) 22 51 30
20.9	St-Julian-Le Salève	F	rouge	18.5	900	G. Reix, 3 allée de l'Aunage, Collonges-sous-Salève, 74160 St-Jul-en-Genev
20.9	Ivrea - Mombarone	I	red	25	2100	B. Nicolotti, Albergo Mombarone, Mombarone, 0125 790 256
26.9	St-Imier - Mt Soleil	CH	grey	10	500	SFG St-Imier, 2610 Saint-Imier
27.9	Fully-Sorniot	CH	brown	7.7	1600	A.M. Bender, Ch. Pré Fleuri, 1926 Fully, (026) 5 38 80
4.10	La Marnerote	F	brown	10.28	1000	A. Depoisier, rue de Borny, 74460 Marnaz, (50) 98 61 14
4.10	Liberec	TCH	grey	8.4	567	O. Cepelka, Gagarinova 754, 46007 Liberec 7
11.10	Peyrinissime	F	red	21	450	N. Chambaud, 26380 Peyrins, (75) 02 70 92
11.10	Crêt de la Neuve	CH	super	15	830	P. Humbert, 1261 Marchissy, (022) 68 14 34
18.10	Aldapa	F	red	20	500	P. Ainciart, Elizaberry, 64240 Hasparren, (59) 29 57 51
25.10	Astberglauf	A	grey	7.7	568	F. Puckl, Kaiserweg 111, 6353 Going, 05358 2590

# COMPETITION RESULTS



(Photo: The Kebab Kids. Sean Sunter (the one with the risqué T-shirt) and Brent Brindle (Photo: E. Woodhead)

## Winner:

Archie Rollason of Birmingham.  
 "So do I Sean - but I don't carry my bed around with me on the off chance!"

## Runner Up:

Guy Goodair of Horbury.  
 "You're sure the brewery will swop this barley for six pints each, Brent?"

## Some others:

"All I can say Brent is that black-faced ewe must mean an awful lot to you".  
 "Hey Sean - tell me again why hay is better than a Mars Bar?"  
 "Two competitors coming away from the wrong refreshment table during the man vs horse marathon".

"We'll show them Sean - All these bloody poofters in the Karrimor with their running sacs and Karrimats".

"Slow down Worzel, you said if I wore the T-shirt I could stuff Earthy Mangold".

"Inter County Fell Running War continues - Ennerdale Race cancelled; 'Haystacks' stolen by Lancastrians".

"Have I bonked, or are we carrying a large plastic-covered Weetabix?"

"Bloody typical, vegetarians have to bring their own supplies".

"I've heard of Carrymore but this is ridiculous".

"Why can't we use a baton like other relays do?"

"I still say Mars Bars are better - they fit in the bum bag and they don't give you the squits".

"Fell Racing European Style - runners putting last checkpoint in position".

"Two keen alliance supporters take a straw poll for the general election".

"When you said 'take the sod with us', I didn't think you meant it literally".

"Come on Sean, we've got this one in the bag".

"Couldn't you have eaten your third Shreddie like all the rest".

"I'm telling you, Pete Bland doesn't make bum bags this size".

"Do you think I'll get my oats tonight, Brent?"

"The Doctor said more roughage - corny eh!"

"Slow down Worzel, Earthy Mangold will have to wait for her stuffing".

"Come on Sean, the committee want their tea".

"Eh up Brent, aint the rule daft about rations in the Man vs Horse Marathon? Aye Sean lad, but have yer ever seen a nag using a map and compass?"

# COMPETITION



(Photo: Messrs: Maitland, Livesey, Cartridge and Pilbeam at Coniston 1986 - photo E. Rennie)

## Entries to:

John Reade, 22 Skene Street, Strathmiglo, Fife, KY14 7QL. - By 1st September, 1987.

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Address: \_\_\_\_\_  
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Comments: \_\_\_\_\_  
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## Back Cover:

Billy Bland approaches the summit of Whiteless Pike in the Northern Counties Sailbeck fellrace  
 (photo: W.S. Bateson)

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