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CONTENTS

Editorial	page 3
Championships	4
Race Results	7
The Warriors' Run Sligo , Ireland	58
Letters	60
Le Coq Sportif by Sylvaine Boler	65
The Case For Jeff Connor by Bill Smith	65
Threlkeld to Dunmail Raise - A Fell Run	69
My Creation by Bill Fielding	70
The Fell Runners Guide by Bill Fielding	71
The Role of The F.R.A. A personal view-John Reade	72
The fourth annual F.R.A safety and navigation course	73
Competition Results	74
Competition	76
The British Championship Questionnaire	78
Committee News	79
AGM Proposals	80
AGM and Dinner Notice	80
Membership Application Form	82
Committee Members	82
Supplement to 1985 Fixture Calendar	83
Final Page	84

Front Cover: top : Thieveley Pike 1984

bottom : Tour of Pendle 1984.

(Dave Hall (beard) and Pete Irwin)

Photo by Peter Hartley



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EDITORIAL

Take a number of runners and a bonny hill or a rough mountain and you can have a race. It sounds simple but are we in the FRA making things more complicated? We now have FRA rules for competition but have these changed the atmosphere of any races? This year we have entertained runners from abroad during the Reebok International Mountain Challenge. Did this change the simplicity and beauty of fell running? Race organisers are now insured if their event is listed in the FRA calendar for the payment of a small fee. The insurance of individuals is also being investigated. Is this furthering the bureaucratic interests of the committee or is it acting in the interests of the membership? There have been fears that these subtle changes may be the beginning of a big change in fell running as we know it. I find these fears hard to understand and can only justify them by realising that our sport is simple and that it seems contradictory to complicate the structure. No. I am not concerned by foreign legs at Fairfield; I am not concerned by our best runners travelling abroad for fun or for big prizes or for both, nor am I concerned by the introduction of insurance. I am pleased for all these things. I feel sure that all these are in the interests of fell running and that in no way do they jeopardise the future of our sport. If anything concerns me in fell running it is the fence that lies between the so called amateurs and professionals. On one side there is a wide choice of races under an athletic structure which is recognised throughout the World. On the other there is a very narrow range of competition with very few races in the annual calendar. In recent years, lots of athletes wanting a wider choice of races have applied for reinstatement and have been granted amateur status rapidly. I know of only one athlete who has gone the other way. (see page 65) It is not possible to compete in both types of races just as it is not possible for Alan Wells to compete in the Powderhall sprint and the Olympics. So long as there are non AAA events and there are athletes wanting to compete in these races then there will be two sides of the fence. Hugh Symonds

CHAMPIONSHIPS

1984 ALL THE A's CHAMPIONSHIP

Pos	Name	Pts	Pos	Name	Pts	Pos	Name	Pts
1.	J Maitland	135		M Rigby	49		B Woodward	28
2.	A Curtis	126	52.	B Baxter	47	102.	P Brooks	27
3.	D Hall	113		D Ratcliffe	47		G Kirkbright	27
	N Lenaghan	113		D Stuart	47		S Kirkbride	27
5.	G Devine	109	55.	M Cowbourne	45	105.	D Barnes	26
6.	W Bland	108	56.	K Capper	44		G Byers	26
	D Woodhead	108		P Dixon	44		M Jones	26
8.	J Broxap	107		T Hulme	44		R Pallister	26
	T Varley	107		M Johnstone	44		G Webster	26
10.	K Stuart	106	60.	I Davidson	43	110.	G Russell	25
	R Ashworth	106		I Ferguson	43		M Weedall	25
12.	M Lindsay	103		M McDermott	43	112.	A Andrews	24
13.	A Darby	102	63.	R Aucott	41		J Darby	24
14.	B Brindle	98	64.	A Nixon	39		M Targett	24
	D Cartridge	98		D Wilkinson	39		M R Jones	24
	P Tuson	98	66.	T Birtwistle	38		D Maher	24
17.	S Livesey	97		P McWade	38	117.	D Bland	23
18.	P Cain	93		J Clemens	38		R Hand	23
19.	A Spenceley	91	69.	P Cadman	37		P Hand	23
20.	M Hoffe	88		R Hardman	37		M Joughin	23
21.	K Callister	85		J Patterson	37		A McDonald	23
22.	J Crellin	84	72.	D Bleakley	36		J Nixon	23
23.	D Lee	79		G Hull	36		A Richardson	23
24.	R Boswell	78		G Griffiths	36	124.	M Bishop	22
	R Morris	78		P Lambert	36		F Bohnzi	22
26.	D McGonigle	76		M Patterson	36		M Cara	22
27.	M Short	74		A Philipson	36		G Huddleston	22
28.	H Jarrett	73		J Stevenson	36		J Hayes	22
	A Styan	73	79.	J Norman	35		P McDonald	22
30.	R Campbell	72		R Rawlinson	35		I Park	22
	J Blair-Fish	72		K Dobson	35		R Smith	22
32.	I Holloway	68		K Taylor	35		S Varney	22
	A Harner	68	83.	S Sutcliffe	33	133.	D Booth	21
	C Valentine	68	84.	S Baker	32		P Barron	21
35.	S Moore	65	85.	R Bergstrand	31		W Buckley	21
36.	C Donnelly	63		A Churchill	31		W Darby	21
	R Pilbeam	63		R Ervine	31		T Farnell	21
	H Symonds	63		R Owen	31		J Verity	21
39.	P Brooks	62		R Whitfield	31	139.	A Ansell	20
40.	M Burton	61	90.	H Walker	30		W Gauld	20
41.	J Ritson	56	91.	A Adams	29		D Leaf	20
	A Hyslop	56		P Bowler	29		P Stott	20
	I Callister	56		G Byers	29	143.	R Anderson	19
44.	M Edwards	55		G Hall	29		R Bryson	19
45.	S Breckell	52		F Reeves	29		L Wallace	19
	J Robinson	52	96.	J D Davies	28		P Taylor	19
47.	K Mingins	51		R Hope	28		T Duckworth	19
48.	B Peace	50		P Prady	28		P Pezzoli	19
	L Williams	50		R Shaw	28	149.	T McConnachie	18
50.	G Clucas	49		J D Williams	28		C Browhall	18

- 18 pts. R Blamire, D Davies, H Griffiths, G Gough, M Hunter, J Hayes, G. B. Jones, E Parker, R Pearson, A Richardson, J Stout, C Wright, D Woodward.
- 17 pts. M Bishop, J Brockbank, R Unwin, M Dean, R Eagle, D Graham, M Goodwin, P Livesey, A Lewsley, J Musgrove, A Murray, M Newby, D O'Neil, R Rutherford, P Skelton.
- 16 pts. D Cartright, R Asquith, J Batson, J Eaton, J Emmott, S Graham, J Matterson, J Marsh, P Standing, C Webb, H Smith.
- 15 pts. R Stevenson, T Barnett, M Mattinson, J Marstrand, G Patten, D Rankin, J Robinson, J Stone, G Vallenge, A Walker, M Wilson, G Young.
- 14 pts. R Collister, B Gornley, C Halsall, P Hampson, A Ligela, S McMillan, T Peacock, J Wright, E Richardson, A Smith, P Simpson, R Shields, D Spedding.
- 13 pts. A Rutherford, P Abbot, A Almalfa, G Berry, G Booth, C Birchall, J Comaish, P Crow, P Connor, N Douglas, M Farmery, G Grant, P Hartley, G Morrison, S McLeod, R Wood.
- 12 pts. S Bradshaw, P Clarke, T Deal, P Fettes, R Futrell, C Fox, I Halfpenny, F Harper, S Kruger, P Leaf, M Brown, J Leece, S Orrells, H Parry, E Rennie, K Woodhouse, K Webster,
- 11 pts. M Aspinall, J Boswell, A Corlett, T Hunter, J Jackson, W London, M Martin, B Mitchell, R Toogood, G Wright, S Williams, M Wallis, R L Williams, R Wall.
- 10 pts. H Aspinall, D J Armitage, P Blagborough, G Cresswell, G Edwards, A Gomer, D Guy, P Hall, E R Hughes, D F Hawkins, T McCulloch, D Overton, D Ruddock, K Shand, M Seddon, S Skelton.
- 9 pts. J Atkinson, H Buchanan, B Grant, E Harwood, G Horsburgh, I Hodgson, C Johnstone, D James, F Loftus, G Moffat, J Naylor, S Parker, D Robinson, D Wraith, R White.
- 8 pts. B Bullen, H Forrest, G Hudson, C Knox, P Longfield, A Ligema, N Matthews, M Pickering, S Sunter, D Tosh, D Wilkins, P Stott, S Skelton, S McLeod.
- 7 pts. G Appleyard, B Barlow, P Bates, C Barincroft, C Brown, R Day, I Dermott, S Furness, A Hesketh, E Hall, M Speight, J Stannard, N Thorndike, W Taylor, D Thomas, J Wagstaffe.
- 6 pts. J Bass, P Beedle, R Birtwistle, J Cant, P Chapman, R Deuy, I Ferguson, P Garner, A J Hughes, A Jones, D Lawson, T McDonald, C Perry, S Tosh, D Mackenzie, N Rose, M Raine, G Schofield.
- 5 pts. W Procter, H Atkinson, M Brady, P Bonner, A Bocking, A Cole, P Jones, S Johnson, D Livesey, B McLaughlan, D G Macallun, D Quinlan, F Reddington, A Schofield, J Sweeting, E Ywong, A Thornton, D Weir, M Winstanley.
- 4 pts. G Bell, J Bowman, M Bradshaw, T Boss, G Covedale, C Coote, B Harlowe, A Huddleston, J Jackson, A Kay, T Cresswell, S Longdon, M Lucas, R Marshall, P S Mitchell, C Richardson, D Richardson, D Smith, S Sunter, C Taylor, G Woolnough, J Wilson.
- 3 pts. A Addis, A Belton, S Barnard, S Brady, G Brooks, C Dulson, P Evans, B Hilton, S Howe, D Jones. A Jeffries, D Kay, W Kingston, I Kerr, F. Montague, D Mewse, W Padgett, M Ricketts, A Rothwell, G Woodburn, B Yon, R West, T Walker, R D Worth.
- 2 pts. G Duckworth, M Fleture, C Harvey, S Hubbard, W Harwood, R Miller, J Jardine, J Macrea, R O'hara, M Peace, A C Ross, N Walmsley.
- 1 pt. P Brownson, M Boodwin, K Beach, C Campbell, A Evans, M Farmery, A Hauser, S Hall, A Johnson, D Ibbotson, P W Jones, S Rochford, T Richardson, M Stone, S Wright, R J Williams, N Walker.

Two from way north of the border and one from south of Watford led the way in 1984. Jack won with seven races:- 4 wins, a 3rd, 6th and 7th.

83 more runners scored points than in 1983.

MAKE OCTOBER 12 and 13 a WEEKEND OF FELL RUNNING IN THE LAKES.

Saturday: The Langdale Race

The AGM

The Dinner.

Sunday: The Buttercrag Race.

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MAPS FOR FELL RUNNERS!

- * Scafell and the _____ *Wasdale, Langdale*
Langdale Fells _____ *Borrowdale, Ennerdale*
- * Howgill Fells _____ *Sedbergh Hills*
- * Isle of Arran _____ *Goat Fell*
- * Dartmoor _____ *Ten Tors*
- * Peak District _____ *Edale Skyline, High Peak Marathon*
- * Borrowdale _____ *Buttermere Horseshoe*

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British Fell Running champion Pauline Haworth during the 1984 Tour of Pendle Race (photo/ Peter Hartley)

race results

BRECON BEACONS

Category B, 20 miles, 4,500'

6 October

1. M Jones	Eryri	2.37.22	11. A Pickles	DPFR	2.49.03
2. P Dixon	MDC	2.37.40	12. N Jones	RSAC	2.53.26
3. A Darby	MDC	2.39.40	13. D Williams	Eryri	2.53.28
4. R Eagle	MDC	2.40.21	14. R Hampson	Rucksack	2.54.24
5. H Griffiths	Eryri	2.42.16	15. M Hartley		2.58.27
6. S Hughes	Shrewsbury	2.44.06	16. L Wallace	MDC	2.59.55
7. R Boswell	Lochaber	2.46.02	17. M Walker	BOK	3.00.55
8. P Stott	Eryri	2.46.49	18. A Andrews	MDC	3.04.09
9. L Williams	MDC	2.46.52	19. A.L. Davies	TH&H	3.05.21
10. W Darby	MDC	2.48.47	20. M Lucas	MDC	3.05.31

Veterans

1. D Williams	Eryri	2.53.28
2. T.A. Stephens	TH&H	3.12.23
3. R West	MDC	3.15.53

Ladies

1. F Russell	TH&H	3.40.32
2. A Bedwell	UBOC	3.44.05
3. H Johnson	SSHAC	3.45.17

Teams

1. Mynyddwyr de Cymru - 9 pts. 2. Eryri - 14 pts. 3. Mynyddwyr de Cymru - 35 pts.

THE 3RD ANNUAL TOUR (& HALF TOUR) OF PENDLE FELL RACES

Category A, 17 miles, 4,500'

6 October

This year the races were blessed with perfect running conditions, that is, clear but cool and relatively dry underfoot. Consequently, every record with the exception of the senior men's record in the full tour was broken.

In the full tour Dave Cartridge held onto his title by pulling back a two minute deficit from Shaun Livesey who, like many others, "bonked" on the last climb. The performance of the day was that of Pauline Howarth who broke the ladies record by 21 minutes, closely followed by that of George Brass in breaking the V50's record by 9 minutes! Rossendale retained their team title for the 3rd year running despite their final counter finishing 39th. Congratulations to Mike Wallis upon winning the 4th tour, breaking the record and winning the Clifton Timber Trophy for the best performance by a Burnley & Pendle resident. A close 2nd for this trophy was Vanessa Brindle finishing 2nd in the ladies full tour and beating Linda Lord's old record by nearly 7 minutes. The first 3 finishers in the Half tour are, of course, now banned from competing in this race again.

John Reade

THE HALF TOUR OF PENDLE FELL RACE

1. N Wallis	Clayton	1.08.56	11. F Saddington	Clayton	1.15.58
2. K Robinson	Blackburn	1.09.09	12. J Hope	Horwich	1.16.14
3. R Hargreaves	Clayton	1.09.19	13. G Scott	Pennine FR	1.16.27
4. G Kerr	U/A	1.10.25	14. M Pownall	S Ribble OC	1.16.31
5. T Ashworth	Clayton	1.10.34	15. P Gallagher	Clayton	1.16.46
6. P Jarman	Clayton	1.12.56	16. J Betney	V50 Clayton	1.17.14
7. J Rutter	U19 Clayton	1.13.28	17. D Nuttall	U/A	1.17.18
8. S Thompson	U19 Clayton	1.13.39	18. B Crewdson	Blackburn	1.17.20
9. A Ashworth	Burnley	1.14.13	19. G Palmer	Rochdale	1.17.48
10. D Scott	V40 Clayton	1.15.35	20. H Manning	V40 Clayton	1.18.23

Ladies

1. K Taylor	Clayton	1.28.12	2. W Jagon	U/A	1.30.42
3. S Richardson	U/A	1.33.35			

THE TOUR OF PENDLE FELL RACE

1. D Cartridge	Bolton	2.15.56	4. M McDermott	Kendal	2.20.07
2. S Livesey	Ribble V	2.17.41	5. D Woodhead	Horwich	2.21.20
3. R Ashworth	Rossendale	2.18.46	6. B Brindle	Horwich	2.21.37

7.	P Lambert	Red Rose R	2.21.44	14.	S Furness	Blackburn	2.27.08
8.	A Harmer	DPFR	2.21.59	15.	M Targett	Clayton	2.27.22
9.	P Irwin	Rossendale	2.24.27	16.	D Hall	Kendal	2.27.59
10.	P McWade	Clayton	2.25.28	17.	S Kirkbride	Kendal	2.28.08
11.	K Taylor	Rossendale	2.25.59	18.	B Hilton	Leeds	2.28.15
12.	A Farnell	DPFR	2.26.07	19.	I Birtwistle	Rossendale	2.28.34
13.	J Nixon	Horwich	2.26.18	20.	G Appleyard	Leeds	2.30.09

Veterans 0/40

1.	P Murray	Horwich	2.31.47
2.	A Peacock	Clayton	2.33.06
3.	J Nuttall	U/A	2.34.18

Ladies

1.	P Haworth	Keswick	2.45.17
2.	V Brindle	Clayton	3.00.00
3.	W Dodds	Clayton	3.10.33

Veterans 0/50

1.	G Brass	Clayton	2.41.35
----	---------	---------	---------

MOUNT FAMINENot yet categorised, 5 miles, 1,400'

7 October

Just 70 runners set off from Hayfield in ideal conditions on their journey to the twin summits of Mt Famine and South Head. The size of the field was perhaps hit by the proximity of the Tour of Pendle and the previous nights FRA dinner. Indeed only Bob Ashworth attempted all three events but with third place in the 'Tour', 18 hard miles in his legs and nearly as many hard pints in his belly, he could only manage seventh place here.

Geoff Gough of Blackburn led throughout and by the top of the first short but steep climb up Elle Bank was already 5yds clear, in fact his initial course record would probably have been a few seconds faster if he had not had to pause on South Head until a marshal shouted the way. Co-organiser Tony Hulme was a clear second, ahead of John Kershaw of Macclesfield and Andy Styan. Carol Haigh inevitably won the ladies race in a magnificent twelfth place overall and was second scorer in Holmfirths team which finished second to Pennine FR. The event was excellently sponsored by Peak Gear of Glossop and prizes of a box of cakes went to the first fifty runners, all for 70p.

The course was very popular with the runners and I hope we can double the field next year and confirm its 'A7 category status by the time the calendar comes out. Next year a cup will be presented to the runner with the best overall performance in all the Hayfield based races in the calendar.

Alan Evans

1.	G Gough	Blackburn	38.28	11.	P Nolan	Macclesfield	42.13
2.	A Hulme	Pennine FR	38.42	12.	C Haigh Lady	Holmfirth	42.25
3.	J Kershaw	Macclesfield	39.07	13.	A Huddleston	Buxton	42.31
4.	A Styan	Holmfirth	39.28	14.	D Emerson	Bury	42.39
5.	D Cartwright	Penistone FR	39.57	15.	B Clay	Notts FB	43.13
6.	G Creswell	Pennine FR	40.12	16.	I Wainwright	Holmfirth	43.51
7.	R Ashworth	Rossendale	40.40	17.	A Bocking	Pennine FR	44.27
8.	A Moffat	DPFR	41.10	18.	M Taylor	U/A	44.40
9.	J Cant	DPFR	41.18	19.	R Hird	Macclesfield Vet	44.51
10.	A Barrett	Penistone FR	41.55	20.	M Cudahy	Rucksack	45.01

Ladies

1.	C Haigh	Holmfirth	42.25	2.	D Ellerton	U/A	46.53
3.	G Goldsmith	DPFR	54.43				

MOFFAT CHASECategory A, 20 miles, 5,000'

7 October

1.	Mark Rigby	Ambleside	2.45.00	5.	J Blair-Fish	Carnethy
2.	Andy Curtis	Livingstone	2.47.38	6.	Robin Morris	Carnethy
3.	Andy Hyslop	Ambleside		7.	Andy Philipson	Gosforth
4.	D McGonigle	Dundee, Newcastle, N. Ireland.				

LANGDALE HORSHOECategory A. 16 miles. 4,000'13 October

Regarded as a Classic by many the Langdale was revived this year by Ambleside A.C., though it was unfortunate that it clashed with the Three Towers Race the next day. Some hardy souls did both as a warm up for the Karrimor! For some the day dawned bright with no thoughts of mystery tours around Bow Fell and Crinkle Craggs, but as the Lake District approached this false sense of security was dismissed as there was plenty of low cloud and rain. Apart from the crossing of Martcrag Moor, after Thunacar Knott, the race was mostly sheltered from the high winds.

There was no clear break by anyone on the climb up Thunacar Knott but on the long run to Esk Hause Billy Bland and M. Rigby, of the host club, opened up a three minute gap on the rest headed by Andy Styan. Con-touring the side of Esk Pike to Bow Fell and its summit checkpoint Billy opened up a three minute gap that was to grow and grow. M. Rigby was four minutes clear of the rest but this was to gradually change. Billy had opened up nine minutes by Crinkle Craggs but now Andy Styan, Dave Wilkinson, Dave Woodhead and A. Ligema were only two minutes behind second. The run to the top of Pike of Blisco changed this as this group over-hauled M. Rigby though no in-roads were made in to the lead of Billy Bland. Billy opened up the gap to eleven minutes on the descent back to the Old Dungeon Ghyll whilst Andy used his descending ability to open up half a minute on A. Ligema with M. Rigby coming back to finish fourth.

J. Nuttall and Pauline Howarth were clear winners of the veterans and ladies respectively. For Pauline it was another fine performance as overall she finished in thirtieth position.

Alan Bocking

1.	W Bland	Keswick	2.06.46	11.	J Nixon	Horwich RMI	2.28.33
2.	A Styan	Holmfirth	2.18.01	12.	J Nuttall	U/A	2.29.33
3.	A Ligema	Cumberland FR	2.18.30	13.	R Berzins	DPFR	2.29.39
4.	M Rigby	Ambleside	2.18.51	14.	A Farnell	DPFR	2.30.03
5.	D Wilkinson	Keswick	2.19.17	15.	A Harmer	DPFR	2.32.12
6.	D Woodhead	Horwich RMI	2.19.21	16.	A Richardson	Kendal	2.32.13
7.	C Valentine	Keswick	2.22.29	17.	W Taylor	SNOC	2.33.10
8.	A Peacock	Clayton-le-Moors	2.23.46	18.	P Jebb	Bingley	2.34.20
9.	J Gibbison	Lanc & More.	2.27.23	19.	A Clarke	Lanc & More.	2.34.32
10.	G Wright	Rossendale	2.27.36	20.	E Parker	Ambleside	2.35.10

VeteransLadies

1.	J Nuttall	U/A	2.29.33	1.	P Howarth	Keswick	2.40.14
2.	D Lord	Morpeth	2.43.07	2.	B Hogge	Eryri	3.04.32
3.	S Bradshaw	Clayton-le-Moors	2.43.26	3.	L Lord	Clayton-le-Moors	3.10.05
4.	R Mitchael	Kendal	2.46.22	4.	J Docherty	Saddleworth	3.25.42
5.	M Breslin	Lanc & More.	2.47.21	5.	R Hancock	Airentears	3.36.03
6.	C Bland	Keswick	2.49.20	6.	J Graham	Ambleside	3.37.58

OLD DUNGEON GHYLLGREAT LANGDALEAMBLESIDE

Proprietors: Neil and Jane Walmsley (Ambleside A.C.)

Discount for FRA members.

Club Dinners.

Tel. Langdale 272.

THREE TOWERS

Category B. 20 miles, 2,500'

14 October

1.	J Wild	RAF Cosford	1.56.22	11.	D J Hall	Kendal	2.03.12
2.	D Cartridge	Bolton	1.56.07	12.	P Irwin	Rossendale	2.03.18
3.	R Owen	Horwich RMI	1.58.09	13.	R Wilde	M/cr.H.	2.03.25
4.	M Neary	Leigh	1.59.07	14.	P Hands	Leic. Cor	2.03.35
5.	J Norman	Altrincham	1.59.57	15.	B Brindle	Horwich RMI	2.03.57
6.	S Needs	Leic. Cor	2.00.39	16.	D Ratcliffe	Rossendale	2.04.07
7.	M Patterson	DPFR	2.00.59	17.	I Holloway	Rochdale H	2.05.08
8.	H Symonds	Kendal	2.01.15	18.	R Edward	Leic. Cor	2.05.43
9.	M McDermott	Kendal	2.01.25	19.	M Harrison	Horwich RMI	2.06.08
10.	T Stone.	Leic. Cor	2.02.41	20.	A Curtis	Livingstone	2.06.29

Veterans

1.	D Kay	Bolton	2.11.09	3.	P T Lomas	U/A	2.15.15
2.	P Murray	Horwich RMI	2.12.09				

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KARRIMOR INTERNATIONAL MOUNTAIN MARATHON

27 October

Elite Class

1.	Peter Irwin	12.41.44	6.	Graham Sellens	13.45.59
	Derek Ratcliffe			Martin Sellens	
2.	Malcolm Patterson	12.41.46	7.	James Brown	14.01.36
	Kenneth Taylor			Roger Bloor	
3.	Pete Barron	13.09.48	8.	John Nixon	14.17.12
	Jonathan Broxap			Brent Brindle	
4.	Martin Stone	13.11.26	9.	John Rye	14.18.42
	Stan Bradshaw			Mark Elgood	
5.	Adrian Belton	13.28.15	10.	Ros Evans	14.24.49
	Andrew Addis			David Rosen	

Class 'A'

1.	Howard Forrest	11.50.45	6.	Trevor Harden	12.44.54
	Andrew Philipson			Cliff Etherden	
2.	Jonathan Williams	12.03.31	7.	Keith Tomkin	12.46.13
	Rick Garratt			Pete Lewis	
3.	Rory Gregory	12.05.29	8.	Peter Jones	12.55.22
	Robert Toogood			Phil Turpin	
4.	Alan Bradley	12.31.55	9.	Tim Martland	13.06.39
	Don Hill			Simon Martland	
5.	Chris Bolshaw	12.33.30	10.	Keith Dawson	13.23.39
	Eddie Thurrell			Alan Velecky	

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CALE FELL RACE

Category C, 4.25 miles, 1,200'

28 October

Always guaranteed a fast start as everyone wants to have a clear run into the passage, and this year was no exception as the field was strung out from early on due to the pace and having to run in single file for a while. Phil Dixon soon opened up a small gap that he was to defend successfully to the finish. The main battle was for second between Keith Barrett and Peter McWade, the former prevailing by just two seconds, Colin Valentine, who travelled down from the Lakes, ran the race in spikes! It's rumoured that they use a special soft tarmac for this race.

Bingley swept the veterans through Alan Spence, 0/40, and Gerry Spink, 0/50. After taking it easy in the Manchester League the previous day Bill Harwood was a bit dis-spirited when he saw Gerry. Brenda Robinson had a hundred and fifty yards to spare in winning the Ladies.

Alan Bocking

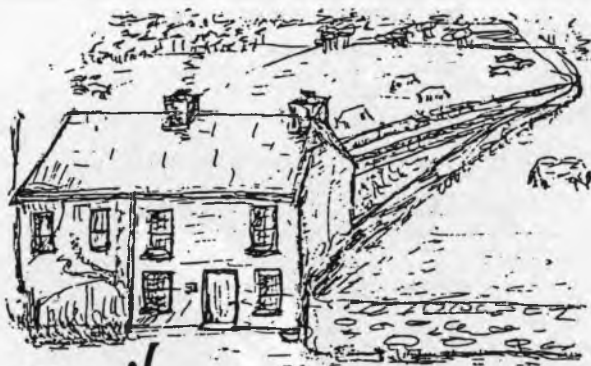
1.	P Dixon	Rossendale	24.50	11.	C Valentine	Keswick	26.13
2.	K Barrett	Rochdale	25.00	12.	G Read	Rochdale	26.31
3.	P McWade	Clayton-le-Moors	25.02	13.	M Target	Clayton-le-Moors	26.42
4.	S Livesey	Ribble Valley	25.12	14.	R Howarth	Rochdale	26.43
5.	R Wood	Frodsham	25.23	15.	R Hargreaves	Clayton-le-Moors	26.51
6.	R Ashworth	Rossendale	25.34	16.	D McCallum	Clayton-le-Moors	27.15
7.	I Clarkson	Rochdale	25.42	17.	P Hazeltine	Rochdale	27.18
8.	P Brownson	Altrincham	25.45	18.	D Beels	Rochdale	27.23
9.	J Verity	Airedale & Spen V.	25.50	19.	A Gafney	Blackburn	27.25
10.	A Spence	Bingley	25.58	20.	G Johnson	Tipton	27.42

Veterans

1.	A Spence	Bingley	25.58
2.	A Gafney	Blackburn	27.25
3.	G Spink	Bingley	27.48
4.	K Lodge	Halifax	27.57
5.	A Peacock	Clayton-le-Moors	28.11
6.	T McDonald	Bingley	28.32

Ladies

1.	B Robinson	Bury	31.42
2.	V Brindle	Clayton-le-Moors	32.08
3.	A French	U/A	35.57



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BLACK LANE ENDS

Category C, 5 miles, 1,000'

4 November

Dave Cartridge of Bolton made up a hat trick of wins in this the events tenth year and although he led for most of the way, there was plenty of good competition to keep him on his toes! After torrential rain during the week before the race we all expected the course to be like a mud bath, but, due to extensive drainage work done by the landlord of the Hare and Hounds Inn, from where the event is staged, we were all pleasantly surprised by the good going underfoot.

Entry fees were charged at the rate of 25p before the day and 50p on the day for juniors (61 finishers) and 50p and £1 respectively for seniors, but we were pleased to be able to give:- 19 Senior prizes, 3 Ladies prizes, 6 Vets prizes, 9 Boys prizes and 4 Girls prizes. We have no sponsors. All prizes were bought from proceeds and a couple of donations, although the highest value of any prize is about £15, we feel it is important to put as much money as possible back into the race, and feel that some other events might try to follow suit a little more.

Harry Walker

1.	D Cartridge	Bolton	29.34	11.	D Woodhead	Horwich	32.41
2.	P Dixon	Rossendale	30.16	12.	S Kirkbride	Kendal	32.46
3.	M Short	Horwich	30.27	13.	D Lawson	Bingley	32.50
4.	S Livesey	Ribble Valley H	30.34	14.	J Hartley	Clayton-le-Moors	32.56
5.	P McWade	Clayton-le-Moors	30.42	15.	T Chew	Clayton-le-Moors	32.58
6.	J Norman	Altrincham	31.19	16.	R Hargreaves	Clayton-le-Moors	33.02
7.	C Valentine	Keswick	31.30	17.	J Devine	Skyrac	33.08
8.	H Walker	Blackburn	31.45	18.	M Wallis	Clayton-le-Moors	33.10
9.	M Bradshaw	Rossendale	31.52	19.	J Emmott	Skipton	33.30
10.	B Brindle	Horwich	32.01	20.	M Targett	Clayton-le-Moors	33.39

Veterans

Ladies

1.	D Lawson	Bingley	32.50
2.	A Peacock	Clayton-le-Moors	34.20
3.	D Scott	Clayton-le-Moors	35.18

1.	V Brindle	Clayton-le-Moors	39.36
2.	L Lord	Clayton-le-Moors	41.31
3.	M Dunn	Bingley	44.07

Juniors

1.	S Winstanley	Bingley	15	10.04	6.	M Peace	Bingley	15	11.10
2.	A Peace	Bingley	15	10.40	7.	G Davidson	P & B	13	11.13
3.	A Jones	P & B	14	10.44	8.	P Barker	Spen.	16	11.14
4.	S Thompson	Clayton	14	10.56	9.	A Preedy	Burnley	14	11.23
5.	G Shaw	Skipton	16	11.03	10.	B Devine	Skyrac	16	11.25

DUNNERDALE FELL RACE

Not yet categorised, 5 miles, 1,500'

10 November

Keswick dominated the second running of this race from the Blacksmith's Arms as Kenny Stuart led the club to team victory. Although Kenny and Graham Huddleston moved away from the rest of the field early on it wasn't until later that he opened up his decisive winning margin, also lowering the course record of 38:04. With Colin Valentine third and Pete Barron ninth it was a comfortable team win.

For the host club John Clemens won the veterans but not without a struggle against Paul Murray and T. Peacock. Pauline Haworth narrowly lowered the ladies record with a comfortable win over much improved Vanessa Brindle.

Alan Bocking

1.	K Stuart	Keswick	38.04	11.	A Hulme	Pennine FR	42.31
2.	G Huddleston	Black Combe R	39.03	12.	M McDermott	Kendal	42.37
3.	C Valentine	Keswick	39.55	13.	D Ratcliffe	Rossendale	42.40
4.	D Hall	Kendal	40.15	14.	P Bateson	Black Combe R	42.47
5.	S Moore	Horwich RMI	40.25	15.	D Spedding	Keswick	42.52
6.	A Smith	Cumberland FR	40.42	16.	J Clemens	Black Combe R	43.15
7.	S Elliott	Notts	41.11	17.	A Richardson	Kendal	43.21
8.	H Jarrett	Cumberland FR	41.35	18.	P Murray	Horwich RMI	43.28
9.	P Barron	Keswick	41.40	19.	M Hudson	Keswick	43.29
10.	K Taylor	Rossendale	41.45	20.	T Peacock	Clayton-le-Moors	43.36

Veterans

Ladies

1.	J Clemens	Black Combe R	43.15
2.	P Murray	Horwich RMI	43.28

1.	P Haworth	Keswick	49.08
2.	V Brindle	Clayton-le-Moors	50.36

3.	T Peacock	Clayton-le-Moors	43.36	3.	L Lord	Clayton-le-Moors	52.00
4.	J Nuttall	U/A	45.23	4.	J Graham	Ambleside	57.07
5.	N Matthews	Horwich RMI	47.00	5.	A Robinson	U/A	65.09
6.	H Blenkinsop	Keswick	48.59	6.	J Bower	U/A	65.12

Teams

1.	Keswick	13	(1 K Stuart, 3 C Valentine, 9 P Barron)
2.	Black Combe Runners	32	(2 G Huddleston, 14 P Bateson, 16 J Clemens)
3.	Kendal	33	(4 D Hall, 12 M McDermott, 17 A Richardson)

COPELAND CHASE

Category 0, 12 miles, 3,000'

11 November

The Copeland Chase was held successfully on November 11th, supported by that hardy but small band of sportsmen who can combine mountain running with navigation. Fell running numbers were expanded by a sprinkling of orienteers brave enough to face the rigour of the shorter course. The event certainly has its adherents who love the atmosphere of a small lakeland event, getting changed in front of a log fire, arriving back to hot soup, home made cakes and gallons of tea.

We could not really maintain the atmosphere if numbers were much larger - "small's beautiful" and most of the competitors know each other. I would pick out as the outstanding performances (Bland and Ratcliffe we expect to be at the top) Veteran Roger Blamire 4th position in the long course and Anne Salisbury's third position on the short course.

Danny Hughes

1.	W Bland	Keswick	1.57.00	11.	N Matthews	Vet Horwich RMI	2.21.15
2.	D Ratcliffe	Rosendale	2.01.37	12.	P Skelton	CASA	2.24.21
3.	A Richardson	Kendal	2.09.02	13.	A Nixon	Mynyddwyr de Cymru	2.26.50
4.	R Blamire	Stewartry	Vet 2.13.02	14.	J Crummett	U/A	2.27.41
5.	D Hall	Kendal	2.13.25	15.	K Taylor	Rosendale	2.28.45
6.	M McDermott	Kendal	2.13.32	16.	P Mackrill	Cumberland FR	2.31.20
7.	J Broxap	Keswick	2.14.43	17.	D Nield	Clayton-le-Moors	2.31.26
8.	S Moore	Horwich RMI	2.14.53	18.	C Bland	Vet Keswick	2.31.53
9.	P Murray	Horwich RMI	Vet 2.15.54	19.	W Burns	Vet Cleveland Nuclear	2.33.06
10.	J Naylor	Cumberland FR	Vet 2.19.51	20.	J Stout	Cumberland FR	2.35.04

Short Course

1.	M Fanning	West Cumb. OC	1.26.59	6.	R Astley	Cumberland FR	1.42.30
2.	R Warner	West Cumb. OC	1.34.34	7.	P Cheshire	U/A	1.46.22
3.	A Salisbury	S. Ribble OC	Lady 1.36.55	8.	E Coope	Vet Horwich RMI	1.50.52
4.	R Moore	Keswick	1.41.51	9.	R Nelson	Vet Cumberland FR	1.52.12
5.	R Baxter	West Cumb. OC	1.42.03	10.	A Crabb	Lady Cumberland FR	1.53.27

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SHELF MOOR FELL RACENot yet categorised, 6 miles, 1,500'17 November

Organised by Glossopdale the race goes out along Doctor's Gate path before turning up James's Thorn to the trig point at Higher Shelf Stones. Turning sharp west there follows a run across the moor to the western edge of Yellowslacks Brook to descend down to the finish.

David Crookes soon made his intentions clear by pulling away from the rest quite early on to have a commanding lead by the trig point. Ricky Wilde, although starting slower, gradually pulled back some of the gap but twenty seconds difference still remained at the finish. D. Cartwright was third to the top but was unable to hold onto this as Graham Cresswell came through from fifth to third followed by a sprint finish for fourth between A. Trigg and Tony Hulme which the former just managed to win. David Crookes also led East Cheshire & Thameside to a narrow team win.

Harry Kelly easily won the veterans race from locally based Peter Duffy. Dark Peak's G. Goldsmith was an easier winner of the ladies race coming seven minutes clear.

Alan Bocking

1.	D Crookes	E. Cheshire & Thameside	43.35	11.	W Schofield	E.Cheshire & T.	46.56
2.	R Wilde	Manchester	43.54	12.	F Loftus	Horwich RMI	47.19
3.	G Cresswell	Pennine FR	45.05	13.	B Moss	Buxton	47.22
4.	A Trigg	Glossopdale	45.16	14.	M Cudahey	U/A	47.25
5.	A Hulme	Pennine FR	45.17	15.	S Clayton	E Cheshire & T.	47.30
6.	D Woodhead	Horwich RMI	45.24	16.	H Kelly	E Cheshire & T.	47.53
7.	D Cartwright	Penistone FR	45.41	17.	J Hampshire	Nottingham Univ.	49.33
8.	A Moffatt	DPFR	46.05	18.	N Reeve	E Cheshire & T.	49.57
9.	A Jones	Glossopdale	46.20	19.	P Nolan	Macclesfield	50.19
10.	A Huddleston	Suxton	46.47	20.	M Taylor	U/A	50.26

Veterans

1.	H Kelly	E cheshire & Thameside	47.59
2.	P Duffy	Aberdeen	51.30
3.	W Harwood	Oldham & Royton	51.56
4.	J Bradley	Buxton	56.47
5.	D Clutterbuck	Rochdale	57.04
6.	G Simpson	U/A	59.23

Ladies

1.	G Goldsmith	DPFR	63.41
2.	S Boler	Penistone FR	71.10
3.	C Beech	Penistone FR	71.33
4.	C Keighley	Buxton	71.56

Teams

1. East Cheshire & Thameside - 27 pts. 2. Pennine Fell Runners - 29 pts. 3. Glossopdale - 46 pts.

ROMBALDS MOORCategory B, 5 miles, 800'18 November

1.	R Ashworth	Rossendale	31.31	11.	M Targett	Clayton	33.16
2.	S Breckell	Blackburn	31.35	12.	M Seddon	Holmfirth AC	33.18
3.	M Short	Horwich RMI	31.37	13.	R Pallister	Pudsey & Bram.	33.21
4.	P McWade	Clayton-le-Moors	31.43	14.	G Devine	Skyrac	33.33
5.	C Valentine	Keswick AC	31.46	15.	M Wallis	Clayton	33.35
6.	B Brindle	Horwich RMI	32.15	16.	N Weaver	Clayton	33.37
7.	H Walker	Blackburn	32.43	17.	J Hartley	Clayton	33.38
8.	G Gough	Blackburn	32.52	18.	K Summersgill	North Vets	33.44
9.	D Woodhead	Horwich RMI	32.53	19.	S Sunter	Horwich RMI	33.45
10.	J Eaton	Rossendale	33.05	20.	D G McCallum	Clayton	33.53

Photos overleaf: top: Shelf Moor fell race.854 Malcol Simpson, Skipton, 711 Colin Taylor, Clayton, 831 Nick Brown, Halifax, 836 Pete Browning.

Bottom: Start of the same race.

(photos by Eileen Woodhead)

WINTER HILL

Category A, 11 miles, 2,650'

25 November

From the mist of last year to perfect conditions this year, so it was no surprise that the first twenty-three finishers all dipped under last year's winning time in the inaugural race.

The early pace was set by Dave Cartridge, Bob Ashworth and last year's winner Ray Owen, together with Mike Short who was following his own line between checkpoints. Dave managed to open up a gap after the third control on the far side of the moor as the course steadily climbed up to the next control at the stone post. Ray managed to stay in reasonable contact but was still thirty seconds down at the finish. Bob and Mike were left to battle for third with Bob just managing to reach the finish first.

With five to count in the team race Horwich, the host club, had an easy victory from Bolton and Horwich 'B'. Victory also went to Bolton in the veterans with Derek Kay a clear three minutes clear of any challenge. In the ladies race Angela Carson also lowered the record set last year by ten minutes.

Alan Bocking

1.	D Cartridge	Bolton	1.24.29	11.	P Standing	Bolton	1.32.16
2.	R Owen	Horwich RMI	1.25.31	12.	P Irwin	Rossendale	1.32.32
3.	R Ashworth	Rossendale	1.27.06	13.	S Sunter	Horwich RMI	1.32.34
4.	M Short	Horwich RMI	1.27.12	14.	A Hesketh	Horwich RMI	1.32.41
5.	S Breckell	Blackburn	1.27.59	15.	G Schofield		1.32.54
6.	D Hall	Kendal	1.28.39	16.	J Nixon	Horwich RMI	1.33.53
7.	J Broxap	Keswick	1.30.10	17.	M Targett	Clayton-le-M.	1.34.17
8.	P McWade	Clayton-le-moors	1.30.12	18.	G Woodburn	Blackburn	1.34.32
9.	B Brindle	Horwich RMI	1.30.20	19.	D Kay	Bolton	1.35.17
10.	S Moore	Horwich RMI	1.30.48	20.	P Brownson	Altrincham	1.35.23

Veterans

1.	D Kay	Bolton	1.35.17
2.	A Peacock	Clayton-le-Moors	1.38.30
3.	D Vickers	Horwich RMI	1.39.01
4.	D Weir	Horwich RMI	1.39.06
5.	N Matthews	Horwich RMI	1.41.11
6.	P Blagborough	Saddleworth	1.42.39

Ladies

1.	A Carson	DPFR	1.52.21
2.	V Brindle	Clayton-le-M.	1.55.02
3.	J Graham	Ambleside	2.05.29
4.	C Swain	Liverpool	2.10.10
5.	K Taylor	Clayton-le-M.	2.10.26
6.	S Watson	Valley Striders	2.15.10

Teams

1.	Horwich RMI - 38 pts.	2.	Bolton - 106 pts.	3.	Horwich 'B' 109 pts.
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HEADSTONE HEADACHE

22 December

A seven kilometre race from Redmires Playing Fields on the outskirts of Sheffield next to the Sportsman Inn. The area recently being made 'famous' in the T.V. programme on Seb Coe. An informal sort of race, the proceeds going to the British Orienteering Squad for Australia, one makes one's way to the Headstone on the moor and back via any route, except for the out of bounds areas of course.

This year it was Malcolm Patterson's turn to don the yellow vest worn by the favourite as his name was called out as everyone lined up for the off. Unfortunately favourites don't always win as Steve Hale took a minute out off Malcolm over the course, with Tim Tett pushing the yellow jersey into third. Liz Dunn was first lady home in 29th out of a field of 158, which included all age groups.

Alan Bocking

1.	Steve Hale	27.43	11.	Graham Sellens	31.19
2.	Tim Tett	28.07	12.	Graham Berry	32.15
3.	Malcolm Patterson	28.42	13.	John Alflatt	32.27
4.	Simon Martland	29.18	14.	Dave Pressley	32.35
5.	Bilbo Bagness	29.24	15.	Terry Mansell	32.49
6.	Dave Bradley	29.28	16.	Dave Sant	32.56
7.	Dave Cartwright	29.45	17.	Simon Bourne	33.04
8.	Andy Moffat	30.54	18.	A. Lilley	33.31
9.	Peter Webster	30.54	19.	Paul West	33.59
10.	Alan Bradley	31.05	20.	Pete Lewis	34.00

Veterans

1.	Dave Cartwright	29.45
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Ladies

1.	Liz Dunn	34.45
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2.	Peter Kohn	35.06	2.	Roz Clayton	35.10
3.	G. Evans	33.37	3.	Wendy Lightfoot	35.35
4.	Dick Cowell	35.37	4.	Dee de Mengel	36.11
5.	Chris Worsell	37.46	5.	Kay Whittle	40.55
6.	Clive Allen	39.49	6.	Camilla Dyson	41.07

Poor Malcolm - what a headache having to wear a yellow vest.

GUISEBROUGH WOODS HILL RACE

Category C, 5.75 miles, 700'

27 December

Thick mist and fog on a very cold day probably deterred many people from competing in this years race. On the hills however the sun shone, although minor course adjustments had to be made due to deep frozen ruts on one of the bridlepaths and an 'ice rink' on another.

The junior race was keenly contested between Paul Love and Malcolm Rose the former just managing to open a small gap on the last part of the long, winding descent, in a new record time. In the senior race gaps quickly developed, so that at two miles Sutcliffe had pulled ahead by 50 metres with Smith, Jack and Williams closely contesting second place, with Fox only slightly adrift. On the second loop Steve Sutcliffe kicked hard to open up a 1½ minute gap which became two minutes by the end to record a new record in 35:18. Andrew Smith showed excellent form to beat Rod Jack and the experienced Jon Williams. Chris Woodall now a veteran won this section of the race finishing 10th overall. Both Steve Sutcliffe and Chris Woodall went on to win their appropriate sections in the Gt.Ayton - Captain Cooks Monument Race on New Years Day.

Dave Parry

Long Course

1.	S Sutcliffe	Mandale H & HC	35.18	6.	T Woods	Boyden H & HC	40.00
2.	A Smith	Mandale	37.20	7.	S Bell	Mandale	40.02
3.	R Jack	Loughborough Col.	37.28	8.	D Wilson	Mandale	40.07
4.	J Williams	Mandale	37.33	9.	C White	Newton Aycliffe AC	40.47
5.	C Fox	Crook AC	38.04	10.	C Woodall	Cleveland Mountaineering	40.54

Short Course

1.	P Lowe	MU16	Mandale H & HC	12.16	6.	D Fielden	Mandale	MU14	14.14
2.	M Rose	MU16	Mandale	12.18	7.	D Green	Mandale	MU18	14.30
3.	J Ker	MU16	Mandale	13.20	8.	J Woodall	Mandale	MU14	15.39
4.	S Watson	MU18	Mandale	13.22	9.	C Garland	Mandale	FU16	15.40
5.	D Barns	MU16	Mandale	13.57	10.	P Jenkins	Mandale	MU16	16.06



(photo/p.Hartley)

Boxing Day 1984: Whinberry Naze Dash. Stephen (fly like a butterfly) Moore and Jimmy (sting like a bee) Eaton
Opposite page: Alan Bocking (Pennine Fell Runners) Bringing up the rear of the Wansfell 1984 (Photo/Woodhead)





10th WARRIOR O-TRAILSKELGHYLL WOODS20 January

100 competitors turned out at Ambleside on a fine day with snow and ice underfoot for the 10th single handed annual Mick McGill epic. The formula this time was a 10 control in any order orienteering exercise in Skelghyll Woods followed by a marked route ascent of Wansfell and back to a second 10 control 0 in the woods. It attracted a strong field from both fell runner and orienteer with Andy Hyslop a clear winner by 3 minutes to take the "Mace and Chair" trophy.

For the less energetic there was an all 0 short course which cut out the Wansfell run. This was won jointly by Dick Collins and Richard Lamb of the South Ribble Orienteering Club, who turned out more competitive in both events than any other club.

'A' Course

1. A Hyslop	1.13.00	8. M Garratt	1.19.21	15. J Sherriff	1.23.12
2. J Williams	1.16.01	9. D Ratcliffe	1.20.10	16. T Richardson	1.23.13
3. T Harper Vet	1.16.02	10. M Fanning	1.20.20	17. M Pownall	1.23.15
4. A Lewsley	1.16.30	11. P Ratcliffe	1.22.40	18. P Murray	1.24.10
5. S Priestley	1.16.35	12. M Stone	1.22.45	19. M Seddon	1.24.25
6. M Hudson	1.16.40	13. P Hartley	1.22.50	20. K Taylor	1.24.29
7. B Bullen	1.18.00	14. S Kruger	1.23.10		
1st Lady. A Salisbury	1.30.30	1st 0/50 T Sykes	1.26.02		

'B' Course

1. R Collins	1.02.30	5. C Thake	1.09.40	8. D Manning	1.12.00
1. R Lamb	1.02.30	6. P Ferguson	1.10.25	9. J Richards (V)	1.12.03
3. D Parker	1.03.30	7. M Standring (V)	1.12.03	10. D Ward	1.12.05
4. M Roome	1.08.45				
1st Lady K Parker	1.14.00				

BOX HILL RACECategory B, 7½ miles, 1,800'26 January

1. A McGee	GEC Avionics	51.40	11. L Reilly		57.50
2. B Copps	Hounslow	54.08	12. F Shipman	Hounslow	57.57
3. G Booth	ICCCC	54.40	13. R Pitt		57.59
4. M Rigby	CUFRC	55.57	14. D Heeley	Kingston Poly	58.03
5. Q Harding	CUFRC	56.02	15. G Waterson	ICCCC	58.24
6. S Keyes	LOK	56.26	16. W Taylor	SN	58.34
7. F Marsh	SLOW	56.33	17. S Bradneck	CUFRC	59.06
8. R Campbell	WRP	57.06	18. I Cameron	CUFRC	59.20
9. J Forster	CUFRC	57.08	19. H Dowdell	LOK	59.38
10. D Rosen	LOK	57.35	20. P McHugh	Elmbridge RR	59.53



Above: Dave Woodhead flying down Wansfell (photo/Woodhead)

Opposite: Kruger of Keswick and P. Ratcliffe of Rossendale descending Wansfell in the Warrior '0' (photo/Hartley)

BENSON KNOTT FELL RACECategory B, 5 miles, 900'3 February

Kenny Stuart was untroubled in this early season encounter, winning by a clear four hundred yards from Mark Aspinall who headed a strong Rossendale contingent that made the journey North. A further two hundred yards behind was Hugh Symonds of the host club, Kendal. Back down in 34th was John Reade who seems to be getting fitter by the week now and it should not be too long before he is challenging up front again. Norman Berry was the first veteran and Pauline Haworth the first lady but the results sheet shows a lack of runners in both categories. Does every one want to be classed as male U/40 I could have sworn there were more of both.

Alan Bocking

1.	K Stuart	Keswick	33.43	11.	M Bradshaw	Rossendale	36.49
2.	M Aspinall	Rossendale	35.01	12.	G Byers	Cumberland FR	36.51
3.	H Symonds	Kendal	35.36	13.	K Robinson	Kendal	36.57
4.	S Livesey	Ribble Valley	35.47	14.	D Frampton	Keswick	37.03
5.	K West	Border	35.48	15.	B Thompson	Copeland	37.07
6.	M Newby	Rossendale	35.53	16.	P Tuson	Kendal	37.07
7.	J Broxap	Keswick	36.35	17.	D Woodhead	Horwich RMI	37.19
8.	A Hulme	Pennine FR	36.39	18.	H Jarrett	Cumberland FR	37.27
9.	F Reeves	Kendal	36.42	19.	H Aspinall	Rossendale	37.33
10.	R Ashworth	Rossendale	36.44	20.	T Brown	Kendal	37.42

Veterans

1.	N Berry	Holmfirth	39.25
2.	J Stout	Border	40.05

Ladies

1.	P Haworth	Keswick	44.15
2.	C Shelley	Altrincham	45.16
3.	C Roberts	U/A	60.21

CARNETHY 'FIVE'Category A, 6 miles, 2,500'16 February

1.	K Stuart	Keswick (New record)	48.08	11.	D Bell	HELP	53.56
2.	J Maitland	Aberdeen	49.54	12.	J Stevenson	Irvine	53.57
3.	H Symonds	Kendal	50.57	13.	J Blair-Fish	Carnethy HR	53.59
4.	C Valentine	Keswick	51.14	14.	A Philipson	Gosforth H & AC	54.46
5.	J Broxap	Keswick	51.56	15.	D Buchan	Carnethy HR	55.37
6.	A Curtis	Livingston: & Dist.	51.57	16.	A Farningham	Fife AAC	55.43
7.	R Morris	Carnethy HR	52.28	17.	P Paterson	Livingston & Dist.	55.46
8.	H Jarrett	Cumberland FR	52.37	18.	P Dugdale	Dundee Univ.	55.47
9.	D McGonigle	Dundee Univ.	52.40	19.	L I'Anson	Keswick	55.56
10.	P Tuson	Kendal	52.58	20.	A Kay	St. Andrews Univ.	56.20

Ladies

1.	P Haworth	Keswick	61.18	2.	A Curtis	Livingston & Dist.	63.42
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LITTERSTONE CLEECategory A, 2 1/2 miles, 750'23 February

Sadly the numbers at this race have gone down each year since the its inception in 1983, although poor publicity this year could well account for the entry of just 29, which fell rather short of the number of prizes made. It is a very pleasant race striking diagonally to the summit and back. The straight line is rather rough but is more or less equivalent in time to longer, smoother routes. Whichever way is chosen the final climb is briefly very steep before the superb descent.

This year the wind was briskly against the climbers and the going was soft, in sharp contrast to the frozen ground and strong tail winds of previous races. I hope this accounts for most of the 4 minutes of arrears on Dave Hall's record. The first six arrived, by two different routes, at the summit within a few seconds of each other with most positions changing on the way down. The under 18's had an even more topsy turvey race with Philip Pointon from Bowbrook House School, Worcester out sprinting those from the local comprehensive, three of whom were out of sight at the top.

Please note this race is fixed for the last Saturday in February (as long as numbers don't deteriorate

further). It is beautiful country and is a soundly organised race with rapid results postage including split times at the summit. We believe in many prizes of relatively little value, although organiser has twice had to subsidise the event.

Eddie Harwood

1.	S Skelton	Halesowen AC	22.03	11.	P Pointon	Bowbrook House	27.51
2.	A McDonald	Vegetarian C & AC	22.12	12.	A Cuthbert	Lacon Childe Sch.	28.00
3.	K Beach	Vegetarian C & AC	22.13	13.	A Barnett	Lacon Childe Sch.	28.01
4.	E Harwood	DPFR	22.31	14.	D Ellis	Wyre Forest	28.46
5.	S Preece	Ludlow	23.10	15.	A Thompson	Lacon Childe Sch.	28.49
6.	M Clark	Clayton-le-Moors	23.55	16.	R Middleton	Stourport	29.26
7.	R Gee	Bristol OK	25.32	17.	A Lennox	Lacon Childe Sch.	29.27
8.	R Lecky-Thompson	BUOC	25.50	18.	I Thompson	Lacon Childe Sch.	30.43
9.	L Knott	Tipton	26.19	19.	R Bailey	Bowbrook House	30.59
10.	C Spears	Harlequins OC	27.38	20.	R Seymour	Lacon Childe Sch.	31.02

CHEW VALLEY SKYLINE

Category A, 13 miles, 2,000'

3 March

1.	R Owen	Horwich	1.45.12	11.	A Styan	Holmfirth	1.51.03
2.	R Ashworth	Rossendale	1.46.00	12.	G Schofield	Blackburn	1.51.50
3.	J Broxap	Kewick	1.49.00	13.	A Hulme	Pennine FR	1.52.17
4.	P McWade	Clayton-le-Moors	1.49.02	14.	G Read	Rochdale	1.52.39
5.	P Irwin	Rossendale	1.49.42	15.	D Cartwright	Penistone FR V.0/40	1.54.34
6.	M Short	Horwich	1.49.47	16.	S Moore	Horwich	1.55.04
7.	A Hyslop	Ambleside	1.49.58	17.	J Emmott	Skipton	1.55.07
8.	B Brindle	Horwich	1.50.09	18.	D Jones	Lancs & Morecambe	1.55.09
9.	S Breckell	Blackburn	1.50.19	19.	M Seddon	Holmfirth	1.55.59
10.	R Bergstrand	Rochdale	1.50.33	20.	R Aucott	DPFR V.0/40	1.56.57

Veterans

1.	D Cartwright	Penistone FR	0/40	1.54.34	4.	W Harrison	Horwich	0/40	1.58.23
2.	R Aucott	DPFR	0/40	1.56.57	5.	C Taylor	Clayton-le-M	0/40	2.00.08
3.	A Peacock	Clayton-le-M	0/40						
1st.	0/45	T Eckersley	Saddleworth	2.03.36	1st.	0/55	W Fielding	Leeds City	2.21.09
1st.	0/50	P Glover	DPFR	2.15.35	1st.	0/60	E Mitchell	DPFR	2.35.16

Teams

1. Horwich - 31 pts. 2. Rochdale - 88 pts. 3. Horwich - 101 pts.

Ladies

1.	R Naish	Eryri	2.22.18	1.	S Willis	Saddleworth	24.59
2.	B Hogge	Eryri	2.22.44	2.	S Thompson	Clayton-le-Moors	26.12
3.	K Taylor	Vet Clayton	2.32.26	3.	I Dermott	Horwich	26.22
4.	S Watson	Vet Valley Striders	2.35.53	4.	J Rutter	Clayton-le-Moors	27.17
5.	J Docherty	Saddleworth	2.36.19	5.	S Curran	Horwich	27.21

Boys

1.	S Brook	Bingley	26.23	1.	S Heffernan	Saddleworth	38.10
2.	J Cookson	Moston Brook Sch.	26.23	2.	D Williamson	Rochdale	39.51
3.	G Hall	Holmfirth	26.35				
4.	M Greaves	Holmfirth	27.26				
5.	A Rhodes	Bingley	27.51				

Intermediate Girls

1.	J Brocklehurst	Sale	31.33
2.	M Nuttall	Moston Brook Sch.	34.19

Girls

- Teams: 1. Bingley - 109:21 2. Moston Brook School - 112:08

Junior teams had to contain at least two boys.

Girls Team: Rushworth School

Senior Race: 323 started - 301 finished

Junior Race: 109 started - 99 finished
(Inc 23 girls) (Inc 18 girls)

MOEL Y CI RACENot yet categorised. 2 miles, 600'9 March

The third Moel Y Ci fell race saw the return of Glyn Griffiths to the fell running scene after a nine month lay off due to injury.

The early leader was Glyn Griffiths with his brother Hefin passing him at the start of the steep climb, opening up a small gap by the time he reached the top. From there on he opened up on the down hill section and won breaking his brothers record from 1981 by 44 seconds.

N. Fisher

1.	H Griffiths	Eryri	17.49	6.	H Parry	Eryri	19.07
2.	G Griffiths	Eryri	18.14	7.	P Stott	PFR	19.12
3.	M Jones	Eryri	18.42	8.	C Davies	S. Liverpool	19.19
4.	D Roberts	Eryri	18.51	9.	E Roberts	Eryri	19.23
5.	D Williams	Eryri	Vet 18.56	10.	N Fisher	Eryri	Vet 19.35

Ladies

1.	B Hogge	Eryri	22.33	2.	R Parry	Eryri	27.27
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HAWORTH HOBBLE REPORT 1985

Isn't our weather a fickle companion? The week prior to the Hobble it had been dry with moderate amounts of sunshine and near normal temperatures for the time of year. However the forecast from Thursday onwards promised a return to much more wintry weather. The weather-men didn't disappoint us and when we opened up at Haworth the tempest began to rage. "Is it on" somebody said. "Probably not because nobody will turn up" was my gloomy reply. Amazingly, two hundred and sixty two teams appeared and at nearly eight o'clock the top of Butt Lane was jammed with familiar grinning faces from near and far ready to beat the local moors into submission.

What of the event itself? Ken Taylor and Pete Irwin triumphed again for the third consecutive year in the very fast time of 4 hours 4 minutes, taking only five minutes longer than the record set the previous year. These two lads seemed to have cornered the market in long distance fell running, certainly in our event. Congratulations to you both on achieving yet another notable victory. Scrutiny of the results shows however that the Rossendale duo were made to run every inch of the way hounded persistently by the Horwich R.M.I. pair of Brent Brindle and new signing Sean Sunter.

HAWORTH HOBBLE STATEMENT OF ACCOUNTS FOR 1985

CREDIT: 281 entries at £9.00 each equals £2,529.00

DEBIT:

	£		£
Advert in Fell Runner	16.00	Insurance for event	20.00
Entry forms printing	28.00	Results printing	90.00
Final details printing	47.00	Stamps for results 2nd class	79.80
Postage final details 1st Class	51.00	Petrol to helpers before & after event,	
Envelopes 1000	28.00	and telephone calls	60.00
Fablon/Route descriptions, Tally Cards etc.	30.00	Damage to Farm Property	10.00
Trophies	140.00	Shipleigh Red Cross	40.00
Lakeland Plastics	8.55	Keighley & Elland Scouts Service Teams	75.00
Certificates	30.00	Keighley Todmorden & E Lancs RAYNET radio	70.00
Townends Cash & Carry	313.87	Mankinholes Y.H.	50.00
Morrisons Supermarket	82.94	Ingrow Scouts	25.00
Southams Bakery	376.00	Honoraria to over 30 Checkpointers,	
Budget Rent a Van 3 vehicles	76.00	Drivers etc, etc.	150.00
Keighley Self Drive Hire 1 vehicle	31.00	Donation to Martin House Childrens	
Petrol for above vehicles	38.00	Hospice Appeal	250.00
Hire & affiliation of Community Centre	22.00	Donation for use of Sunshine Minibus	60.00
Cleaning Bill Bradford Met. for above	32.00	Returned entries	36.00

Total Debit: £2403.16

Balance remaining of £125.84 to be put towards costs of the 1986 event. This statement was provided in response to comments made by some people who think that we do not offer value at £4.50 per person.



Haworth Hobble

1.	K. Taylor	/	P. Irwin	Rossendale Harriers	4.04
2.	B. Brindle	/	S. Sunter	Horwich R.M.I.	4.12
3.	H. Walker	/	S. Moore	Clayton-le-Moors	4.21
4.	M. Brady	/	S. Brady	Clayton-le-Moors	4.32
5.	G. Wright	/	G. Bleakley	Rossendale Harriers	4.33
6.	F. Yates	/	L. Stephenson	Long Distance Walker Ass.	4.34
7.	D. Beresford	/	S. Bradshaw	(040) Clayton-le-Moors	4.36
8.	P. Hartley	/	T. Birtwistle	Rossendale Harriers	4.42
9.	G. Edwards	/	I. Ferguson	Bingley Harriers	4.43
10.	P. Jagan	/	R. Sutcliffe	E.P.O.C.	4.44
11.	R. Brittan	/	D. Shore		4.47
12.	J. Nixon	/	R. Fowler	Horwich R.M.I.	4.49
13.	S. Amos	/	M. Smith	Bingley H. & A.C.	4.50
14.	M. Targett	/	J. Read	Clayton-le-Moors H. & H.C.	4.52
15.	P. Clarke	/	P. Mitchell	Bingley H. & A.C.	4.53
16.	C. Bolshaw	/	G. Thurrell	E. Cheshire H. & A.C.	4.54
17.	A. Peacock	/	V. Brindle	(M) Clayton-le-Moors	4.58
18.	G. Barras	/	N. Hawkin	(045) U/A	4.59
19.	C. Etherden	/	T. Harden	Rossendale H. & A.C.	5.00
20.	B. Peace	/	P. Jebb	Bingley Harriers	5.03

IAN ROBERTS RELAY

23 March

The sixth running of the Ian Roberts Relay, at Marsden on March 23rd, saw the name of Rossendale AC added to the list of winners. Over a minute down at the end of the first leg, they moved through strongly to win by almost two minutes. The star individual performance of the day was put up by Bingley's Colin Moore, who broke his own course record on the road with a time of 20.29.

Kendal led at the end of the first stage through Andy Taylor (21.06), with Anthony Marsh for Holmfirth (21.50) just holding off a group of three for second place. Fred Reeves retained the lead for Kendal on the opening fell stage, but Alan Buckley moved Holmfirth within eight seconds at the change. Blackburn's Bob Shorrocks with a return of 23.25, put up the day's fastest fell stage on this leg.

On the third leg, Graham Ellis pushed Holmfirth to the front, but Rossendale, in the shape of Phil Dixon, were in close attendance. Mark Aspinall made no mistake for the men from Rawtenstall on the final lap with Holmfirth just holding on to second place from Blackburn.

1.	Rossendale	1:31:35	M. Newby	22.10	M. Bradshaw	23.52	P. Dixon	21.34	M. Aspinall	23.59
2.	Holmfirth	1:33:21	A Marsh	21.50	A Buckley	23.38	G Ellis	22.02	R White	25.51
3.	Blackburn	1:33:24	T Wood	22.54	R Shorrocks	23.25	P Hall	22.00	G Schofield	25.02
4.	Bingley	1:34:32	C Norris	22.51	P Crewe	24.54	C Moore	20.29	M Westman	26.18
5.	Kendal	1:34:49	A Taylor	21.06	F Reeves	24.14	K Robinson	25.57	G Woo'nough	26.32
6.	Bolton	1:34:55	R Chadbond	21.50	A Fielding	25.51	P Turner	22.14	P Standing	25.00
7.	Rochdale	1.35.37	B. Frodsham	1.35.57	9.	Horwich RMI	1.37.03			
10.	Longwood	1.37.33	11.	Holmfirth 'B'	1.37.41	12.	Rossendale 'B'	1.39.17		
13.	Pudsey & B	1.39.59	14.	Blackburn Vets	1.40.00	15.	Holmfirth 'C'	1.40.48		

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EDALE SKYLINE

Category A, 21 miles, 4,500'

24 March

The first Championship race of the new season didn't herald good weather as it deteriorated during the later stages of the race with snow being swept across the moor from the Hayfield direction. Both of last years champions, Kenny Stuart and Pauline Haworth, were affected by a virus though Kenny did start but was to drop out over Lord's Seat. With the race being in the Championship the ladies were given the option of their original fourteen mile course or the full distance.

Ten chose the full distance and seven the shorter. Of the 243 starters there were 24 retirements, all men! There were no real breakaways throughout the race as it was more of a case of the leading group being diminished as athletes dropped off the pace. Could it have been everyone was content to keep an eye on Bob Ashworth and his knack of finding his way round courses? At Mam Tor there was nothing really separating Bob Ashworth, Billy Bland, Colin Donnelly, Hugh Symonds, Jack Maitland, Andy Darby, Kenny Stuart and Malcolm Patterson, plus others who were still in striking distance.

Over Lord's Seat Kenny was to drop out and Malcolm drop back off the pace, as did Billy slightly. These six were still together at Brown Knoll and at Edale Cross being led through by Hugh Symonds and Andy Darby. From here the race began to Grindslow Knoll and down to the finish. It was Bob Ashworth who found the best route to come home a minute clear of Billy Bland with Colin Donnelly and Hugh Symonds following at thirty second intervals. Jack was fifth and Andy sixth with Brent Brindle next having cut a six minute deficit at Edale Cross to eighty seconds.

Ray Aucott was first veteran but not without having to chase Dave Cartwright hard over the later stages. Dave had opened up a five minute gap over the rest of the veterans by Win Sill and still held a four minute lead at Edale Cross, but it can be an awful long way back from there if one begins to struggle as Ray turned the position round to a thirty second win. Angela Carson was never headed in the longer ladies race although Bridget Hogge was never too far adrift most of the way., whilst in the shorter race Wendy Lightfoot led to Mam Tor but was overtaken on the descent by K. Taylor.

Alan Bocking

1.	R Ashworth	Rossendale	2.43.45	16.	S Sunter	Horwich RMI	2.56.05
2.	W Bland	Keswick	2.44.36	17.	D Ratcliffe	Rossendale	2.56.10
3.	C Donnelly	Cambuslang	2.45.04	18.	J Blair-Fish	Carnethy	2.56.16
4.	H Symonds	Kendal	2.45.30	19.	M Patterson	DPFR	2.57.01
5.	J Maitland	Aberdeen	2.46.20	20.	A Harmer	DPFR	2.57.02
6.	A Darby	Mydyndwyr de Cymru	2.46.40	21.	R Aucott	DPFR	2.57.05
7.	B Brindle	Horwich RMI	2.48.04	22.	R Bergstrand	Rochdale	2.57.13
8.	P McWade	Clayton-le-Moors	2.48.38	23.	M Hudson	Keswick	2.57.16
9.	A Hulme	Pennine FR	2.49.42	24.	D Cartwright	Penistone FR	2.57.34
10.	S Moore	Horwich RMI	2.50.30	25.	R White	Holmfirth	2.57.49
11.	S Livesey	Ribble Valley	2.52.03	26.	L I'Anson	Keswick	2.57.54
12.	J Broxap	Keswick	2.54.50	27.	P Irwin	Rossendale	2.58.36
13.	H Walker	Clayton-le-Moors	2.54.55	28.	A Farnell	DPFR	2.59.04
14.	P Tuson	Kendal	2.55.12	29.	J Nixon	Horwich RMI	2.59.22
15.	G Read	Rochdale	2.55.45	30.	D Wilkinson	Keswick	3.00.26

Veterans 0/40

1.	R Aucott	DPFR	2.57.05
2.	D Cartwright	Penistone FR	2.57.34
3.	C Taylor	Clayton-le-Moors	3.07.56
4.	A Philipson	Gosforth	3.10.06
5.	N Matthews	Horwich RMI	3.13.31
6.	R Stickland	Invicta	3.16.21

Veterans 0/50

1.	B Thackery	DPFR	3.31.14
2.	W Fielding	Leeds City	3.37.55
3.	G Brass	Clayton-le-Moors	3.38.51
4.	C Gravina	U/A	3.49.03
5.	W Gauld	Carnethy HR	3.51.20
6.	C Henson	DPFR	4.23.55

Ladies Long Course

1.	A Carson	Eryri	3.35.36
2.	B Hogge	Eryri	3.39.41
3.	J Smith	DPFR	3.42.40
4.	W Dodds	Clayton-le-Moors	3.51.35
5.	J Robinson	Ilkeston	4.02.57
6.	A Soper	Achille Ratti	4.03.45

Ladies Short Course

1.	K Taylor	Clayton-le-Moors	2.35.10
2.	W Lightfoot	DPFR	2.36.45
3.	J James	Escarg	2.50.48

Teams

1.	Horwich	2.	Keswick
3.	Rossendale		

RUMOUR HAS IT THAT: Tony Cresswell is starting a Championship
for dogs.

THE ROACHES RACECategory B. 18 miles. 4,000'30 March

For a third year we fell just short of 100 runners, and the weather pattern was identical to last year. The marking team from Cambridge had a wet time of it on Friday, then the race day was hot and fine after a cloudy start, with strong winds and rain catching the slower runners during the afternoon. Mike Bishop dropped back from the front suffering from the heat and allowed Jeff Norman through to win - a just victory following his loss of first place due to a marking error last year.

The source of that trouble, the warden of Gradbach Y.H., was out to disrupt the event once again, but this time we were prepared and all went well. The work of the radio and marking teams was tremendous, and all are equally willing for next year's race, to be held earlier in the year on February 16th.

1. J Norman	Altrincham	2.28.46	11. R Day	W.C.H.	2.44.47
2. P Irwin	Rossendale	2.29.49	12. P Blagborough	Saddleworth	2.45.35
3. R Pearson	DPFR	2.31.46	13. A Forsyth	DPFR	2.46.00
4. M Bishop	Staff. Morlands	2.32.50	14. P Nolan	Macclesfield	2.47.07
5. A Jones	Glossopdale	2.34.23	15. R Powell		2.48.28
6. R Wilde	Manchester	2.37.26	16. K Hall	Macclesfield	2.48.36
7. B Bergins	DPFR	2.38.15	17. C Tanner-Tremaine	I.C.L.	2.50.16
8. J Britton	I.C.L.	2.39.53	18. G Scott	Pennine FR	2.51.10
9. T Ashworth	Clayton-le-Moors	2.41.33	19. S Foster	Macclesfield	2.51.23
10. G Spalton	Charnwood	2.42.48	20. W Buckley	Glossopdale	2.51.38

Veterans

1. P Blagborough	Saddleworth	2.45.35
2. K Hall	Macclesfield	2.48.36

Ladies

1. V Brindle	Clayton (record)	3.05.01
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Senior Teams

1. D.P.F.R.	7.56.01
2. Glossopdale	8.25.19
3. Macclesfield	8.27.06

Junior (5 miles, 1,000')

1. K Wood	Staffs Moorlands	37.23
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REEBOK MOUNTAIN TRIALLong Course 15 miles 3,200', 5 controls.

1. J Maitland	2.13	8. Lamb	3.11	15. K Burns	Vet	3.35
2. A Thornton	2.18	9. R Blamire	Vet 3.11	16. J Brockbank		3.41
3. A Hyslop	2.20	10. L Pratt	3.14	17. P Murray	Vet	3.41
4. M Walford	2.38	11. C Valentine	3.16	18. J Crummett		3.46
5. A Dyтч	2.45	12. T Deall	3.16	19. S Hicks		3.46
6. D Ratcliffe	2.57	13. P Mackrill	3.23	20. K Turner	S/Vet	3.47
7. A Evans	Vet 3.09	14. J Stout	Vet 3.27			

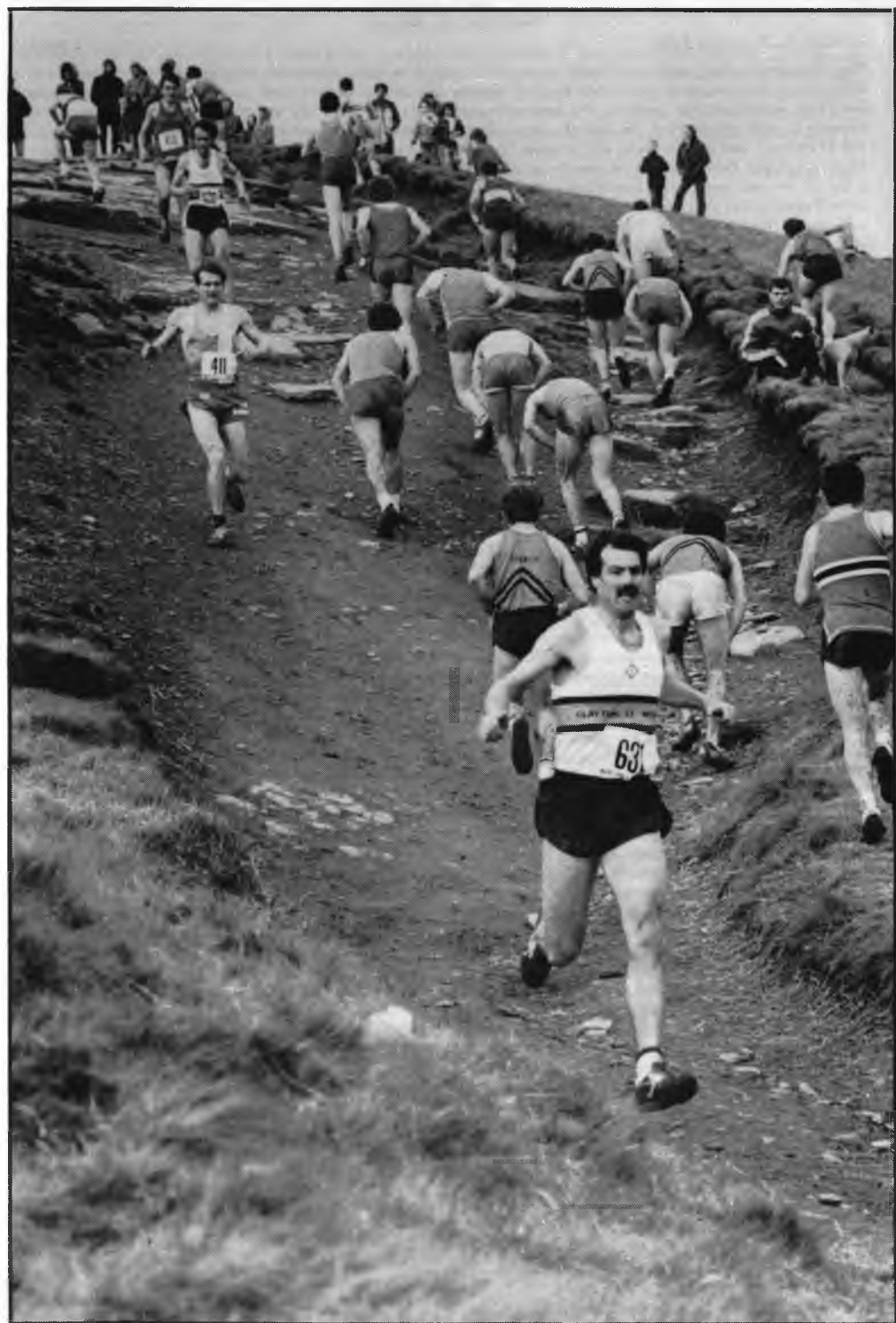
Short Course 8.2 miles. 2,200', 4 controls

1. N Walker	1.33	5. P Clark	1.57	8. A P Lowe	2.05
2. G Russell	1.35	6. C Bland	Vet 1.58	9. S Wright	2.07
3. J H Brown	1.52	7. B Cox	2.02	10. A Brown	2.07
4. P Davies	1.55				

QUIZ: Who Said? " The Healthy open air life, the vivid incidents, the excitement, the generous and cheery friendships, the chances of distinction which are open to all, invest life with keener interests and rarer pleasures. The uncertainty and importance of the present reduce the past and future to comparative insignificance, and clear the mind of minor worries. And when all is over, memories remain which few men do not hold precious".

Was it: - a) Derick Jewell b) Kenny Stuart c) Tony Cresswell
d) Winston Churchill e) Andy Styan f) Danny Hughes ?

----- see page 84 for the answer. -----



MANX MOUNTAIN MARATHONCategory A, 30 miles, 8,000'8 April

This sixteenth annual event was held, as usual, on Easter Monday, April 8th 1985 and the six classes attracted a similar total of entries to 1984 despite the readjustment needed in many cases because of the new ferry schedules from Meysham. The weather was cold and generally dry but the northern hills were covered in mist which meant the use of compass bearings which were available at each mountain checkpoint. The Elite race had 19 starters, all of whom finished. The main feature was the ding-dong battle between Peter Irwin and Martin Hudson, winner's in 1984 and 1983, respectively, and Derek Ratcliffe. Derek led for a lot of the way and at the penultimate check point all three were clocked through together, but from this point Derek's challenge faded and he was beaten into fourth place by Manxman Tony Varley who put up a new record for insular runners. Pete managed to win by a mere 6 seconds from Martin which is the narrowest margin ever recorded in this event.

In the Standard Event run over the same course there were 60 starters and 57 finishers, the winner being Nicholas Wilton, of the Artist's AC in a time of 5hrs.19 mins.31 secs. Judy Allegro won the Ladies Standard Event in 6hrs. 30mins. 55secs. The Boys Event (12 miles) was won by Roff Hope of the Carnethy Club and Simon Forster of Coventry who tied in a time of 1 hour 53-55secs. For the third successive year the racing was radio controlled by the Civil Defence Commission and details fed into a computer at the finishing point so that full results were available shortly after the conclusion of racing.

Athur Jones

Elite

1.	P Irwin	Rossendale H	4.37.53	11.	P Cain	Boundary H	5.26.52
2.	M Hudson	Keswick AC	4.37.59	12.	M Ball	East Hull H	5.36.55
3.	T Varley	Boundary H	4.49.37	13.	D Bleakley	Rossendale H	5.43.18
4.	D Ratcliffe	Rossendale H	4.52.37	14.	I Callister	Manx AC	5.43.27
5.	I Holloway	Rochdale H	4.56.12	15.	A Nixon	Mold R	5.49.02
6.	M Rigby	Cambridge Univ.	5.08.20	16.	K Callister	Manx AC	5.56.21
7.	E Richardson	Rossendale H	5.16.13	17.	R Baumeister	DPFR	6.02.15
8.	B harney	DPFR	5.16.18	18.	J Crellin	Manx AC	6.09.58
9.	M Cowbourne	Boundary H	5.20.40	19.	D Carratt	Rochdale H	6.10.49
10.	W Buckley	Glossop Dale H	5.21.59				

PENDLECategory A, 44miles, 1,500'13 April

1.	J Maitland	Leeds Univ.	30.36	11.	M Smith	Burnley	34.34
2.	C Moore	Bingley	32.00	12.	B Peace	Bingley	34.40
3.	G Gough	Blackburn	32.16	13.	D Ratcliffe	Rossendale	34.47
4.	M Aspinall	Rossendale	32.30	14.	P Jarman	Clayton-le-Moors	34.55
5.	M Speight	Bingley	32.43	15.	R Pallister	Pudsey & B	35.01
6.	P McWade	Clayton-le-Moors	32.46	16.	R Wood	Sefton	35.04
7.	S Breckell	Blackburn	33.22	17.	J Emmott	Skipton	35.05
8.	S Parker	Rossendale	33.38	18.	D Woodhead	Horwich RMI	35.09
9.	H Walker	Clayton-le-Moors	33.44	19.	M Wallis	Clayton-le-Moors	35.10
10.	N Bradshaw	Rossendale	33.46	20.	R Rawlinson	Rossendale	35.18

Veterans

1.	A Gaffney	0/40	Blackburn	36.07
2.	D Scott	0/40	Clayton-le-Moors	37.26
3.	C Taylor	0/40	Clayton-le-Moors	37.46
4.	G Spink	0/50	Bingley	38.08

Ladies

1.	C Haigh	Holmfirth	36.46
2.	H Matthews	Bolton	41.12
3.	V Dempsey	Livingstone	42.50

RUMOUR HAS IT THAT: Egon Ronay may include Haworth Hobble's

post run meal in next year's good food guide.

CEFN BACH CLIMBNot yet categorised, 5 miles, 1,000'

14 April

This race was the second in this years Welsh Mountain Running Championship and it was good to see a strong Eryri contingent making the long journey South to compete. The early race leader was a horse startled by the runners as they left the rugby ground. This animal obviously much distressed by the torrent of foul abuse directed at it declined the left turn at the foot of the climb up the valley side and continued on up the road. Running a controlled race the eventual winner was a rather tired looking sheep farmer with Eryri's Hefin Griffiths some six seconds adrift.

Les Williams

1.	A Darby	M de C	36.43	11.	J Darby	M de C	41.05
2.	H Griffiths	Eryri H	36.49	12.	J Wilson	M de C	41.32
3.	A Ormond	M de C	37.49	13.	N Fisher	Eryri Vet	42.13
4.	M Jones	Eryri	38.52	14.	K Jones	Abertillery	43.20
5.	P Dixon	M de C	39.26	15.	A Smith	Club 69	43.37
6.	L Williams	M de C	40.01	16.	J Sweeting	Great Western R	44.18
7.	D Williams	Eryri Vet	40.14	17.	N Jones	M de C	45.07
8.	A Lewsley	DPFR	40.48	18.	A Staples	Great Western R	45.23
9.	M Lucas	M de C	40.54	19.	B Marshall	M de C	46.12
10.	S Macdonough	Abertillery	40.59	20.	B Hood	M de C	47.25

Veterans

1.	D Williams	Eryri	40.14
2.	N Fisher	Eryri	42.13
3.	B Hoos	M de C	47.25

Ladies

1.	M Morgan	M de C	52.18
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DALES TRAVERSE FELL RACENot yet categorised, 25 miles, 6,500'

14 April

Dales Traverse 25 miles Fell Race 1985 from Kilnsey Crag near Kettlewell. It was my first organized Fell race. I found organizing was not going to be easy. Runners for this kind of race were not easy to find, because with only a few weeks to go the numbers were down on what I had hoped for, my helpers and Marshalls out numbered the runners on the day, the reason was the weather, in fact, getting things ready the day before was no joke, in pouring rain, putting tents up in pouring rain was very hard, my wife was soaked to the skin, we all were, in fact on the day things were not much better, the rain was still coming down before the start at 9.30.

A total of 38 decided not to come to test this hard course, over very beautiful country in the Yorkshire Dales. Those who set off were blessed by a bit of sunshine not knowing how fast they would be, gave some of my checkpoint people a bit of extra work to get in place. In fact those at the top of Buckden Pike had to set off in very good time to make sure they were ready. Buckden Pike proved to be hard for some which pulled out at the village knowing they had a hard climb over to Litton. After Litton they had a nice easy stretch to Arncliffe, one thing that made things easy for them, I provided Marshalls at every gate which was opened for them along the route. Also to make sure they did not leave any open. After Arncliffe they had a long hard stretch to Street Gate with stiles, every so often to give them a bit of a challenge en route. At Street Gate after refreshments, down to the finish was very easy. Down to Mastiles Lane, some said it looked as if it was never going to end. In fact it was 5 miles.

Simon Townson

1.	S Breckell	Blackburn AC	3.47.21	11.	K Makinson	Clayton H	4.41.03
2.	A Belton	West Anglian OC	3.48.12	12.	G Wright	Rossendale H	4.46.13
3.	P Irwin	Rossendale	3.52.07	13.	G McLeod	British Triathlon A	4.46.17
4.	G Wright	Rossendale H	3.54.58	14.	C Barker	Spenborough	4.47.28
5.	J Bradshaw	Clayton Moor H	3.58.56	15.	R Miller	Horwich RMI	4.55.50
6.	A Jones	DPFR	4.01.26	16.	G Lilley	Skipton AC	4.58.32
7.	G Welmsley	Clayton H	4.21.27	17.	J Baldry	Dewsbury R R	5.00.11
8.	A Morris	Clayton H	4.31.10	18.	W Tannahill	Dewsbury R R	5.00.11
9.	K Thomson	Liverpool H HAG	4.36.55	19.	C Towers	Atley AC	5.03.08
10.	L Lord	Clayton-le-Moors	4.38.18	20.	M Falgate	AAA Reg. Scheme	5.04.00

RUMOUR HAS IT THAT : Dave Cartridge came first.



Gisborough Moors 1985.

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GISBOROUGH MOORSCategory B, 12½ miles, 2,400'14 April

The 1985 Gisborough Moors Race proved to be the wettest on record, with a very high water table and constant rain, so that the track had no time to drain. Some sections were worse than the Milton Keynes National Cross Country event for heavy mud. What a day! The sun shone briefly as the 306 runners left the start and for 70 minutes it was cool, overcast and humid. Then it changed with a vengeance, with most of the field now in high open country a cloudburst arrived followed by thunder and lightning, then large hailstones and finally heavy rain. The dangers were obvious, but no one was hurt apart from a few cases of slight exposure, particularly amongst the marshalls at Highcliffe. Some runners seemed to enjoy the sound effects, visual extravaganza and the sting of hail. (I knew fell runners were all crazy, being one myself, but some are not only masochists, but positively perverse!). The one serious injury happened just before the foul weather, when Malcolm Grainger, running in sixth place, tore his knee open above Hutton Gate - our thanks to Wendy Crawford-Smith who was the first to give aid, the search and rescue units who got him down efficiently, plus messages from C.B. units and accurate information from Mick Garratt.

David Parry

1.	S Sutcliffe	Mandale H & AC	82.48	11.	C Wright	Mandale	92.59
2.	S Hale	Newton Aycliffes	85.34	12.	D Littlemore	Saltwell Harriers	93.18
3.	J Williams	Mandale H	85.58	13.	S Walker	Macclesfield AC	93.52
4.	H Burdett	Mandale H	87.45	14.	R Mitchell	Mandale	94.21
5.	P Buckley	M & C.H.	89.39	15.	E Moody	M & C.H.	94.26
6.	M Garratt	Mandale H	91.19	16.	G Bellord	M & C.H.	94.35
7.	D Lancaster	Rowntrees AC	92.12	17.	G Potts	M & C.H.	94.42
8.	R Heald	M & C.H.	92.16	18.	M Lister	Harrogate AC	94.46
9.	G Pennington	Vet Mandale	92.54	19.	S Backhouse	Scarborough AC	94.51
10.	B Dale	Harrogate AC	92.56	20.	P Connor	Mandale H	94.55

KENTMERE HORSESHOECategory A, 12 miles, 3,300'14 April

Another large field of 344 for the Kentmere which this year had a new start and finish. Both Pauline Haworth and Kenny Stuart made successful starts to the defence of their respective championships. Jack Maitland 'won' the race for second and could well provide Kenny with his strongest challenge if he were to compete in all the championship races. A name for the future is Robin Bergstrand of Rochdale. Out of the junior ranks this year he finished ninth, a truly outstanding performance. Pauline's closest challenger was Angela Carson with a much improving Vanessa Brindle a further two minutes behind her. Former champion Jeff Norman, now turned forty was first veteran home in thirteenth place, just short of two minutes clear of Barrow's P. Hall. P. Carmichael of Morpeth was first over 50.

Alan Bocking

1.	K Stuart	Keswick	1.24.05	16.	R Pilbeam	Keswick	1.30.40
2.	J Maitland	Aberdeen	1.26.35	17.	R Whitfield	Kendal	1.31.07
3.	W Bland	Keawick	1.26.50	18.	D McGonigle	Dundee Univ	1.31.30
4.	S Livesey	Ribble Valley	1.27.01	19.	M Rigby	Ambleside	1.31.36
5.	J Broxap	Keswick	1.27.41	20.	G Read	Rochdale	1.31.43
6.	H Symonds	Kendal	1.28.06	21.	P Hall	Barrow	1.32.02
7.	A Curtis	Livingston & Dist.	1.28.09	22.	T Pilling	Pennine FR	1.32.21
8.	B Brindle	Horwich RMI	1.28.39	23.	S Moore	Horwich RMI	1.32.37
9.	R Bergstrand	Rochdale	1.28.43	24.	P Dugdale	Horwich RMI	1.32.38
10.	R Ashworth	Rossendale	1.28.59	25.	H Jarrett	Cumberland FR	1.32.48
11.	P McWade	Clayton-le-Moors	1.29.09	26.	A Spenceley	Carnethy HR	1.32.50
12.	A Harmer	DPFR	1.29.32	27.	D Lee	Cumberland FR	1.33.04
13.	J Norman	Altrincham	1.30.17	28.	M Seddon	Holmfirth	1.33.15
14.	A Smith	Cumberland FR	1.30.22	29.	H Walker	Clayton-le-Moors	1.33.22
15.	A Hulme	Pennine FR	1.30.25	30.	A Hyslop	Ambleside	1.33.50

Veterans 0/40Veterans 0/50

1.	J Norman	altrincham	1.30.17	1.	P Carmichael	Morpeth	1.46.56
2.	P Hall	Barrow	1.32.02	2.	G Brass	Clayton-le-Moors	1.49.23
3.	D Spedding	Keswick	1.36.04	3.	B Thackery	DPFR	1.51.17
4.	J Nuttall	Clayton-le-Moors	1.37.08	4.	B Fielding	Leeds City	1.52.14
5.	A Phillipson	Gosforth	1.37.21	5.	T Sykes	Rochdale	1.56.34
6.	A Peacock	Clayton-le-Moors	1.37.54	6.	C Henson	DPFR	2.04.22

Ladies

1.	P Haworth	Keswick	1.47.59
2.	A Carson	Eryri	1.51.30
3.	V Brindle	Clayton-le-Moors	1.53.45
4.	W Lightfoot	DPFR	2.02.06
5.	J Ramsden	E.C.K.C.	2.02.50
6.	R Clayton	Ribble Valley D	2.04.20

Teams

Keswick - 9pts.	Horwich - 55pts.
Kendal - 61pts.	C.F.R. - 66pts.
Pennine - 69pts.	

WARDLE SKYLINE

Category C, 7 miles, 1,000'

14 April

Foul weather and an unexpected clash with Pendle reduced our numbers from 1984's 223 to 128 starters. Whilst we are not looking for Fun Run numbers, this was disappointing, as we thought that we were establishing a South Pennine classic! Times were down as well, with the first three men home (Bell and Read of Rochdale and Wood of Frodsham) all failing to reach the times set in 1984 by Jeff Norman, Ian Holloway, and Bob Ashworth. The course record remains at 43.32 (Norman, 1984).

Brenda Robinson still holds the ladies record (55.80), though she was not placed this year due to an injury early in the Race (despite which she gamely finished in 66.49). Mike Poulton of Rochdale still holds the Male Vets' record (46.40).

In fact, the only category in which a significant time was established was in the category of First Unattached Wardle Entrant (for which the winner receives, for a year, the handsome trophy presented by Wardle Community Association). Paddy Bates took this, with a time of 57.26, knocking two minutes off the time managed by the writer of this report in both 1984 and 1985! Our grateful thanks to all who turned up. We look forward to seeing you, and hopefully a few more, on 12th April 1986.

1.	G Bell	Rochdale	44.34	6.	P Standing	Bolton	45.58	Allan Buckley
2.	G Read	Rochdale	44.58	7.	I Holloway	Rochdale	46.47	
3.	R Wood	Frodsham	45.02	8.	C Davies	U/A	46.54	
4.	R Wilde	Manchester	45.30	9.	J Eaton	Rosendale	47.17	
5.	M J Fairley	Frodsham	45.52	10.	R Howarth	Salford	47.19	

Veterans

1.	W Cooper	Manchester	48.32
2.	C Robinson	Rochdale	49.02
3.	J Dean	Holmfirth	50.11

First Team: - Rochdale (Bell, Read, Holloway).

Ladies

1.	R Clayton	D.N.O.	55.44
2.	M Jagon	E.P.O.C.	57.51
3.	M Rosen	Thames H & H	59.57

Veteran 0/50

1.	D clutterbuck	Rochdale	56.01
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Junior

1.	P Round	Halifax	55.11
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Unattached Wardle Entrant

1.	P Bates	U/A	57.26
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Above : M.Aspinall at the Kinder Downfall.

Opposite:Also at the Kinder Downfall.

Both photos by John Myerscough



BLISCO DASHCategory A, 5 miles, 2,000'21 April

1.	K Stuart	Keswick AC	36.31	16.	B Brindle	Horwich RMI	40.14
2.	B Bland	Keswick AC	36.47	17.	P Hall	Barrow & Furness AC	40.27
3.	C Valentine	Keswick AC	37.40	18.	D Leaf	Rowntrees	40.32
4.	S Livesey	Ribble Valley	37.48	19.	R Rawlinson	Rossendale H	40.38
5.	M Lindsey	Carnethy HR	37.54	20.	D Woodhead	Horwich RMI	40.40
6.	J Broxap	Keswick AC	38.01	21.	P Mitchell	Bingley H	40.44
7.	R Ashworth	Rossendale H	38.08	22.	D Cartwright	Penistone H	40.56
8.	H Symonds	Kendal AC	38.21	23.	R Morris	Carnethy HR	40.58
9.	R Pilbeam	Keswick AC	38.25	24.	S sunter	Horwich RMI	40.59
10.	A Smith	Cumberland FR	38.39	25.	G Appleyard	Otley AC	41.01
11.	A Ligema	Cumberland FR	38.53	26.	J Emmott	Skipton & Dist. AC	41.08
12.	P McWade	Clayton-le-Moors	39.07	27.	A sunter	Horwich RMI	41.12
13.	A Styan	Holmfirth	39.31	28.	N Lanaghan	Keswick AC	41.18
14.	S Moore	Horwich RMI	39.53	29.	L I'Anson	Keswick AC	41.23
15.	R Pallister	Pudsey & Bramley	40.04	30.	D Spedding	Keswick AC	41.27

Veterans 0/40

1.	P Hall	Barrow & Furness	40.27
2.	D Cartwright	Penistone	40.56
3.	J Nuttall	Clayton-le-Moors	41.45
4.	T Peacock	Clayton-le-Moors	41.50
5.	A Philipson	Gosforth H & AC	42.05

Ladies

1.	P Haworth	Keswick AC	49.35
2.	A Carson	Eryri H	51.45
3.	j Graham	Ambleside AC	54.46

Veterans 0/50

1.	G Barres	U/A	47.54
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KINDER DOWNFALLCategory A, 10 miles, 2,150'21 April

A typical Peak District winter's day kept all but fell runners away. However, we still got 265 hardy soul! In the conditions: strong cold headwind over the hardest going, deep wet peat, rain, and a classic Kinder clagg, the times were good. Dave Crookes was well ahead at the Downfall but decided with the benefit of local knowledge that the fastest way to Edale Cross was via the Three Knolls path! He sportingly disqualified himself saving us the job of checking. Rob Pearson used all his orienteering training to reach Edale Cross via Noe Stool taking many others with him! For others Edale Rocks was a firm favourite whilst some preferred to investigate Jacobs Ladder.

Steve Hale won in fine style proving that not all orienteers get lost without a compass (or maybe he had one) and Ros Clayton made it a notable orienteering double winning the ladies race. Pennine easily won the team trophy with Tony Hulme, Trevor Pilling and local, Alex Huddleston as their counters. 1st vet was Keith Lodge of Halifax with B. Harwood Oldham and Royton as 1st supervet.

Neil Goldsmith

1.	S Hale	Sheffield Univ	66.59	11.	M Brady	Glossopdale	73.28
2.	A Hulme	Pennine FR	67.19	12.	P Harlowe	Rowntrees	73.29
3.	A Harner	DPFR	67.52	13.	D Barker	Ilkeston	73.29
4.	T Pilling	Pennine FR	68.35	14.	A Addis	Glossopdale	73.38
5.	S Elliott	Notts	68.55	15.	E Richardson	Rossendale	73.42
6.	A Buckley	Holmfirth	69.05	16.	D Gibbons	Glossopdale	73.50
7.	S Willis Jun	Saddleworth	70.02	17.	D Gilbourne	U/A	73.59
8.	A Jones	Glossopdale	72.17	18.	J Whalley	Macclesfield	74.04
9.	A Huddleston	Pennine FR	72.44	19.	V Tudor	Rossendale	74.15
10.	J Winder	Halifax	73.05	20.	G McMahon	U/A	74.35

Veterans 0/40

1.	K Lodge	Halifax	75.31
2.	C Taylor	Clayton-le-Moors	75.44
3.	W Buckley	Glossopdale	75.53
4.	R Hird	Macclesfield	77.20
5.	P Kelly	Rossendale	78.38
6.	M Hayes	DPFR	78.49

Veterans 0/50

1.	W Harwood	Oldham & Royton	82.15
2.	K Brooks	Horwich	85.42
3.	E Mitchell	DPFR	93.06

Ladies

1.	R Clayton	Derwent Valley O	86.32
2.	C Dwain	Liverpool	89.25
3.	K Taylor	Clayton-le-Moors	90.04
4.	R Marlton	U/A	92.02
5.	G Goldsmith	DPFR	93.56
6.	J Docherty	Saddleworth	94.55

Teams

1. Pennine - 15 pts.
2. Glossopdale - 33 pts.
3. Dark Peak - 66 pts.

Boys U/16

1. G Hall	Holmfirth	29.23
2. S Thompson	Clayton-le-Moors	30.26
3. S Frost	Holmfirth	32.20

Girls U/16

1. K Stoney	Holmfirth	34.46
2. J Cooke	Holmfirth	36.29
3. A Cooke	Holmfirth	38.27

TREFRIW FELL RACE

Not yet categorised, 16 miles, 2,000'

27 April

1. H Griffiths	1.40.15	8. R Powell	1.48.29	15. A Nixon	1.53.49
2. P Stott	1.41.04	9. N W Fisher	1.48.47	16. D Wrennall	1.57.14
3. H Perry	1.41.06	10. E Evans	1.48.54	17. J Holding	2.02.17
4. E Roberts	1.45.09	11. A Perkin	1.48.56	18. R West	2.03.10
5. M Jones	1.45.14	12. M Stone	1.49.31	19. B Stirling	2.04.44
6. D Williams	1.46.06	13. M Parkinson	1.49.33	20. A Carson	2.05.55
7. I Fox	1.47.42	14. D Davies	1.51.49		

Veterans

1. D Williams	1.46.06
2. N W Fisher	1.48.47
3. D Davies	1.51.49
4. R West	2.03.10
5. B Stirling	2.04.44

Ladies

1. A Carson	2.05.55
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MOW COP 'KILLER' MILE

'A' Race. (old record 6.44 by Alan Buckley and Roger Bradley)

Phew! What a scorcher! The most competitive race we've had ended in a dramatic sprint finish as Jack Maitland held off Guy Heathers with defending champion Alan Buckley simply short of the basic speed. Alan and Jack had been together at the front for some time, but Guy had come sneaking through with a late run. It's amazing how much ground you can make up with a well-timed 'charge' after the 1-in-4. The obvious question is just how much difference the rather generous following wind made to the times. My own guess is somewhere around 8 to 10 seconds compared with 1984, which was slightly into the wind. This should be borne carefully in mind when comparing our previous spectacular winners and when contemplating the prospects for next year, and possibly 6.30.

Other points of interest are - Alan Adams' fourth consecutive sub - 7 clocking, the amazing geographical spread of the first 20, and the 16 finishers inside 7 minutes. Grovelling apologies to Tracy Boss for telling the 'Sentinel' that he'd taken the ladies record. I deny allegations of setting up Basha Hussain as pacemaker - it was all his own work. It was very nice to get so many entries this year from students this seems to be the most noticeable effect of moving away from the Easter holiday. Clearly the event appeals as much to the young and daft as it does to the old and stupid. Seriously, though, I'd like to see more young fast men having a go, (but probably coming to grief) in what is surely simply a trial of strength. Oh yes, the official winning time was 6.30.96.

John Britton

1. J Maitland	Leeds Univ.	6.31	11. P Bowler	Staffs Moorlands	6.55
2. G Heathers	Bath & Percy	6.32	12. A Darby	Newport	6.55
3. A Buckley	Holmfirth	6.36	13. M Farvery	Frodsham	6.56
4. D Constable	Birchfield	6.40	14. J Newby	Crewe & Alsager Col.	6.58
5. V Sadler	Salford	6.47	15. P Leaf	ICL	6.59
6. R Wood	Frodsham	6.48	16. S Taylor	Cumbernauld	6.59
7. P Turner	Bolton	6.49	17. S Edmunds	Sale	7.02
8. A Adams	ICL	6.50	18. A Ward	Massey Ferguson	7.06
9. N Keeves	Crewe & Al. Col.	6.52	19. W Boss	Tipton	7.08
10. S Bell	North Staffs Pol.	6.54	20. T Hardman	Durham Univ.	7.10

Veterans

1. B Williams	ICL	6.59
2. D Farmer	Sale	7.22
3. G Patton	Massey Ferguson	7.30
4. D Attwell	Altrincham	7.34
5. R Barrington	City of Stoke	7.37

Ladies

1. C Walton	Crewe & Nantwich	8.16
2. D Ellerton	Newcastle	8.20
3. H Finch	Bath & Percy	8.22
4. C Kilkenny	City of Stoke	8.40
5. D Fellows	Cannock Chase	9.02



6.	C Berretto	Plymouth	7.38	6.	S Cooper	Crewe & Nantwich	9.09
7.	C Tanner-Tremain	ICL	7.39	7.	H Leigh	Macclesfield	9.19
8.	R Bunn	Halesowen	7.49	8.	J O'Leary	City of Stoke	9.20
9.	G Wood	Stafford	3.05	9.	J Newton	Crewe & Alsager Col.	9.26
10.	E Johnson	City of Stoke	8.06	10.	R Pleeth	Macclesfield	9.30

Under 18's

1.	D Bannister	Altrincham	6.55	6.	B Mabon	Altrincham	7.19
2.	J Walshaw	PMAC	7.03	7.	K Wood	Staffs Moorlands	7.42
3.	T Bradbury	City of Stoke	7.05	8.	T Wardle	Winsford	7.51
4.	M Crosby	Altrincham	7.10	9.	C Harris	Abbotsholme Sch.	7.57
5.	K O'Toole	Crewe & Nantwich	7.18	10.	J Morrison	Cumbernauld	8.00

THREE PEAKS

Category A, 22 miles, 4,500'

28 April

Before the start of the race, competitors stood in a short, but moving ceremony while a brief tribute was paid to Jack Bloor, one of the founders of the race, a former winner and for several years Chairman of the Three Peaks Association, who died recently. After a few moments of silence, they set out on the 32nd Three Peaks race, sponsored again by "The Mirror".

By the top of Penyghent, the race was beginning to take shape, with Jack Maitland, Hugh Symonds, Mick Short, Steve Breckell, Bob Ashworth and Andy Harmer moving ahead in the field of 389 starters. At the Ribblehead check-point a quartet, comprising Steve Breckell, Jack Maitland, Bob Ashworth and Hugh Symonds were clear, with scarcely the depth of a chest between first and last of the bunch. The same four were ahead at the top of Wherside with Jack a minute ahead of Hugh. At Chapel-le-Dale Jack continued to lead by over a minute, a lead which he held all the way to the top of Ingleborough.

In the final run-off, however, it was Hugh Symonds who sped away to a clear-cut win for the second year in succession, with Jack Maitland a little over a minute behind, clocking 2hrs. 50mins. 16secs. to the winning time of 2.49.13. Bob Ashworth finishing strongly to place third, but with a gap of 5mins 52secs. separating him from Jack. First veteran (over 40) was C. Taylor, Clayton, in 38th position and time of 3.18.36. and first super vet (over 50), was P Carmichael, Morpeth, 76th in 3.29.41.

Kendal A.C. were winning team for the fourth year in a row. Vanessa Brindle won the ladies' race from a record entry of 18, with a time of 3hrs. 38mins. 10secs. which must be worth two or three minutes less than Sue Parkin's 1980 race record, set before the Selgill diversion was introduced. The Penyghent Junior Race attracted a record field of 38, and overall winner was Micah Wilson of Hallamshire in a new record time of 46mins. 07secs. slicing 1min. 20secs. from the previous best mark. First in the Under 18 category was Tom Richardson of Bolton. The development of this event, run this year with B.B.C. T.V. cameras in attendance, is a credit to Race Secretary, Eddie Roberts, who has made it his baby and is nurturing it well.

George Kirby

1.	H Symonds	Kendal	2.49.13	11.	J Blair-Fish	Carnethy HR	3.02.55
2.	J Maitland	Leeds Univ.	2.50.16	12.	K West	Border	3.03.08
3.	R Ashworth	Rossendale	2.56.08	13.	A Hauser	Holmfirth	3.04.00
4.	R Whitfield	Kendal	2.56.54	14.	M Speight	Bingley	3.04.33
5.	H Walker	U/A	2.57.36	15.	R Futrell	Holmfirth	3.05.29
6.	A Harmer	DPR	3.00.03	16.	M Short	Horwich RMI	3.05.44
7.	A Richardson	Kendal	3.00.16	17.	J Hartley	Clayton-le-M.	3.07.13
8.	S Breckell	Blackburn	3.00.29	18.	G Schofield	Blackburn	3.08.07
9.	P McWade	Clayton-le-M.	3.01.10	19.	D Woodhead	Horwich RMI	3.08.33
10.	S Moore	Horwich RMI	3.02.29	20.	P Irwin	Rossendale	3.08.49

Veterans 0/40

1.	C Taylor	Clayton-le-M.	3.18.36	1.	P Carmichael	Morpeth	3.29.41
2.	J Nuttall	Clayton-le-M.	3.21.19	2.	G Brass	Clayton-le-M.	3.45.19
3.	A Peacock	Clayton-le-M.	3.23.46	3.	W Fielding	Leeds City	3.47.30
4.	S Bradshaw	Clayton-le-M.	3.25.47	4.	D Barton	Clayton-le-M.	3.51.31
5.	J Stout	CumberlandFR	3.27.10	5.	P Duffy	Aberdeen	3.55.13
6.	W Buckley	Glossopdale	3.28.42	6.	A Heaton	Clayton-le-M.	3.56.38

Veterans 0/50

Opposite: John Nuttall of Clayton Harriers at Sulber Nick. (photo by Peter Hartley)

Ladies

1. V Brindle	Clayton-le-Moors	3.38.10	1. M Wilson	Hallamshire	46.07
2. J Smith	DPFR	3.50.00	2. T Richardson	Bolton	49.27
3. R Naish	Eryri	4.01.09	3. I Dermott	Horwich	49.54
4. S Watson	Valley Striders	4.01.22	4. C Mustill	Pudsey & Bramley	50.02
5. L Lord	Clayton-le-Moors	4.01.23	5. S Willis	Saddleworth	50.29
6. A Wright	Durham University	4.04.51	6. M Whittall	SKYrac	50.40

Teams: - Kendal - 8:43:23. Horwich - 9:16:46. Rossendale - 9:17:17.

CONISTON FELL RACECategory A. 9 miles. 4,500'4 May

Who put the lights out? 365 started but only 299 finished: And there I was having a quiet run from Wetherlam to Swirl How when suddenly everywhere resembled Piccadilly Circus in the rush-hour. To be precise the mist was right down for this, now-classic, race. The route to Wetherlam seemed longer than normal with no clear paths to follow most of the way but then a large group headed off in the wrong direction to Swirl How. Some managed to correct themselves joining those that had taken the right route en masse, whilst others retired having lost their bearings completely. Others took their own individual routes. Needless to say there were some red faces at the finish.

Up front Kenny Stuart and Jack Maitland had a battle royal in the mist both dipping under the course record set by Kenny last year. The mist and their speed of travel took them over three minutes clear of the rest. Jack certainly sprinted victory, his leaping of stiles would have done the Grand National proud, but in the end Kenny's sprit just managed to preserve his almost domestic invincibility. Peter Hall continued his quest for the veterans title being two and a half minutes clear of Tom MacDonald and Derek Kay. Pauline Haworth had an almost eight minute win over a much improved Vanessa Brindle in the ladies. Earlier S. Willis led home the junior race from I. Dermott and is already establishing himself as an early favourite for the title. It was very encouraging to see 57 starting the junior race.

Alan Bocking

1. K Stuart	Keswick	65.46	16. M Seddon	Holmfirth	76.19
2. J Maitland	Leeds University	65.47	17. M Jones	Ambleside	76.20
3. W Bland	Keswick	69.17	18. A Hulme	Pennine FR	76.39
4. R Ashworth	Rossendale	69.20	19. B Peace	Bingley	76.48
5. R Whitfield	Kendal	69.48	20. P Hall	Barrow	76.59
6. S Livesey	Ribble Valley	70.06	21. D Stuart	Keswick	79.26
7. G Gough	Blackburn	70.58	22. K MacDoanld	Keighley	79.33
8. H Symonds	Kendal	73.50	23. D Kay	Bolton	79.39
9. J Broxap	Keswick	73.56	24. K Shand	Rochdale	79.40
10. A Harmer	DPFR	74.18	25. S Priestley	Glossopdale	79.55
11. P Irwin	Rossendale	74.30	26. T Peacock	Clayton-le-Moors	81.51
12. P Barron	Keswick	74.37	27. J Nixon	Horwich	82.43
13. I Holloway	Rochdale	74.47	28. J Pallister	Pudsey & Brasley	82.55
14. P Tuson	Kendal	74.50	29. P Steventon	Pudsey & Bramley	83.01
15. S Moore	Horwich	75.24	30. F Anderson	Cumberland FR	83.05

Veterans 0/40

1. P Hall	Barrow	76.59
2. T MacDoanld	Keighley	79.33
3. D Kay	Bolton	79.39
4. T Peacock	Clayton-le-Moors	81.51
5. P Murray	Horwich	83.09
6. R Jackson	Sale	83.25

Veterans 0/50

1. G Barras	SKYrac	84.34
2. B Thackery	DPFR	91.04
3. W Fielding	Leeds City	91.54
4. Brooks	Horwich	92.53
5. P Duffy	Aberdeen	95.27
6. B Hodgson	U/A	100.10

Ladies

1. P Haworth	Keswick	86.33
2. V Brindle	Clayton-le-Moors	93.15
3. A Crabb	Cumberland FR	96.32
4. J Ramsden	ECKO	97.40
5. J Robinson	Ilkley	98.26
6. A Wright	Durham University	102.08

Juniors

1. S Willis	Saddleworth	32.10
2. T Dermott	Horwich	32.31
3. T Richardson	Bolton	32.48
4. S Winstanley	Bingley	32.51
5. S Green	Bingley	33.40
6. Fanning	Keswick	33.47

Opposite: top: Micah Wilson at the Pen y Ghent race (photo / Woodhead)

Bottom: Stan Bradshaw (65) and D. Jones (193) starting the ascent of Whernside in the Three Peaks race. (photo/ Peter Hartley)



BEACON HILLCategory B, 1 1/4 miles, 500'6 May

1. J Maitland	Leeds University	9.55	11. B Berzins	DPFR	11.10
2. M Aspinall	Rossendale	10.17	12. D Smith	Halifax	11.14
3. R Pallister	Pudsey & Bramley	10.35	13. R Eccles	Bingley	11.21
4. P Crewe	Bingley	10.41	14. R Asquith	Holmfirth	11.25
5. M Hawkins	Skipton AC	10.52	15. T Donlon	Blackburn	11.27
6. C Valentine	Keswick	10.54	16. P Stevenson	Pudsey & Bramley	11.28
7. K Dobson	Bingley	10.59	17. A Schofield	Rochdale	11.31
8. P Daly	Halifax	11.03	18. C Haigh	Holmfirth	11.33
9. P Mitchell	Bingley	11.08	19. P Clarke	Bingley	11.37
10. P brownson	Altrincham	11.09	20. M Atkinson	Bingley	11.38

First Team - Bingley Harriers. 4, 7, 9, Total - 20 pts.

Veteran 0/40Veteran 0/45Veteran 0/50

1. R Asquith	Holmfirth	1. P Watson	Pudsey & Bramley	1. D Lawson	Bingley
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Veteran 0/60Ladies

1. E Stuttgart	Todmorden	1. C Haigh	Holmfirth	2. D Sharp	Spenborough
		3. S Watson	Valley Striders		

PENISTONE HILLNot yet categorised, 5 1/4 miles, 900'6 May

A glorious day, a quality field, a larger field of runners than expected made this inaugural race a cracker. about 6 1/4 miles, and one 900' of climb. The first 2 miles involves climbing up to Brockholes and a leading group pulled away from the field. At this point this group were a bit astray on the descent to Langsett (sorry lads, we'll get it right next year!), a group including Jeff Norman, Andy Harmer, Bob Ashworth, Bill Domoney, Alan Buckley and Rob Hand. Local youngster Mike Senior took advantage of this and was first to the summit at Hartcliff, followed by Holmfirth's Martyn Seddon. But on the descent to the finish at the showground Norman fired on all cylinders and came through a worthy winner, followed by Senior and Seddon. Local favourite and top-welder Dave Cartwright collected the vets award, as Jeff had taken the overall prize, with the running philosopher George Lilley running Dave a close second.

A good ladies' performance saw Gill Carrier run out a winner to Val French, while Angela Soper was first lady vet. And the local M.P. awarded the prizes! Thanks for coming everybody, see you next year.

John Wright

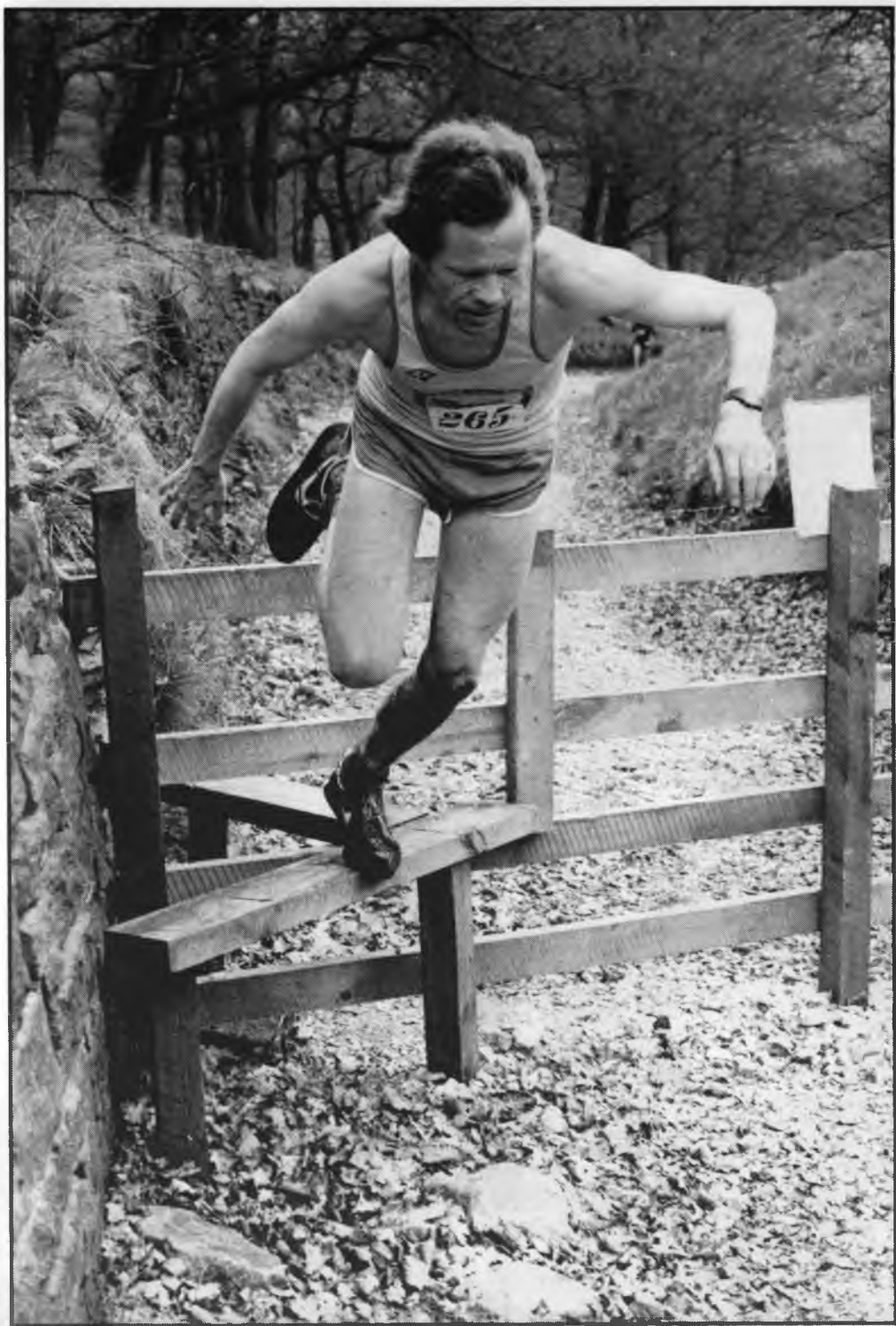
1. J Norman	Alt & Dist.	38.14	11. P Mirrlees	Rotherham H	39.52
2. M Senior	Penistone FR	38.22	12. A Gill	Leeds City AC	40.00
3. M Seddon	Holmfirth H	39.02	13. W Domoney	Sheffield AC	40.03
4. A Buckley	Holmfirth H	39.12	14. A Moffatt	DPFR	40.04
5. R Hand	Sheffield Univ.	39.26	15. S Bell	Nottingham Univ.	40.07
6. A Harmer	DPFR	39.35	16. R Bradley	Holmfirth H	40.09
7. S Mahterfield	Hallam H	39.36	17. B Hague	Penistone FR	40.16
8. D Cartwright	Penistone FR	39.38	18. N Raitt	Nottingham Univ.	40.18
9. A Lilly	Penistone FR	39.40	19. W Moss	Buxton AC	40.27
10. R Ashworth	Rossendale H	39.46	20. H Clark	Bangor University.	40.38

VeteransLadies

1. J Norman	Alt & Dist.	38.14	1. J Carrier	Rotherham H	47.31
2. D Cartwright	Penistone FR	39.38	2. V French	Sheffield Univ.	47.50
3. A Lilly	Penistone FR	39.40	3. A Carson	DPFR	49.04

Teams - Men - Penistone FR. 36 pts. Women - Stocksbridge P. 424 pts.

Opposite: Jeff Norman running through Tockholes woods on route for Darwen Tower in the Darwen Moors race.
(photo/P.Hartley)





PENRITH BEACON HILLCategory C, 4 miles, 500'

6 May

1.	F Reeves	Kendal AC	23.52	10.	M Winstanley	Lancs & More.	25.40
2.	K West	Border Harriers	23.57	12.	J Ritson	Derwent AC	25.50
3.	N Williams	Border Harriers	24.20	12.	S Hickey	Blackpool & Fylde	25.50
4.	S Sharp	Cockermouth AC	25.00	14.	D Littlewood	Crooks AC	26.00
5.	T Holme	Pennine FR	25.10	15.	D English		26.20
5.	S Barton	Kendal AC	25.10	15.	P Dawson	Blackburn H	26.20
7.	D Spedding	Keswick AC	25.20	17.	P Richards	Pennine FR	26.40
7.	D Murray	Blackppol & Fylde	25.20	18.	J Gibson	Crook	27.00
9.	M Jones	Ambleside	25.30	19.	A Holmes	S'port Waterloo	27.10
10.	J Waszhiel	U/A	25.40	20.	S Martin	Couplend AC	27.30

Junior

1.	L Gordon	Stelford AC	5.15	4.	C Harney	Bingley Harriers	5.30
2.	J Cookson	Stelford AC	5.21	5.	D Fay		6.00
3.	P Gatley	Stelford AC	5.25				

NORTHERN COUNTIES FELL CHAMPIONSHIP (BUTTERMERE)Not yet categorised, 9½ miles, 3,700'

12 May

No matter what one thought about the change of course and so on with the Championship this year the route chosen is still tough and excellent in its own right. The sun also shone for once which made the job of the television crew a little easier. Briefly the route followed Aitken Knott, Ard Crags, Knott Rigg, Causey Pike, Crag Hill, and Whiteless Pike. The race also started the week of the Reebok Mountain Challenge with international teams from England, Scotland and Wales, the Italians, not coming due to elections for which all things must stop!

That the English selectors were on a hiding to nothing soon became apparent as Mike Short set the early pace once the starting gallop had settled down. Kenny Stuart, though, was in no mood to relinquish his crown or be challenged as closely as he was the previous week at Coniston. Once he got his nose in front that was it for the rest whilst for the third week running Jack Maitland had to make do with second. Young Robin Bergstrand had a tremendous run in seventh and has the look of a future champion about him. In Welsh colours Heffin Griffiths also showed his future potential in fourteenth. The veterans Championship went to D. Spedding who was ninety seconds ahead of Peter Hall with John Clemens a further two minutes in arrears in third. Peter Carmichael was the first 0/50 just winning a close battle over George Brass and Peter Duffy. Pauline Haworth was completely untroubled in the ladies as her nearest challenger Carol McNeill, was thirteen minutes behind. There were only a disappointing six entrants in the junior race to Whiteless Pike and back after the turnout at Coniston the previous week. S Willis returned with a minute to spare over M. Fanning.

Alan Bocking

1.	K Stuart	Keswick	Eng.	1.21.50	11.	J Broxap	Keswick	1.30.10	Eng.
2.	J Maitland	Aberdeen	Scot.	1.25.13	12.	G Gough	Blackburn	1.30.20	
3.	M Short	Horwich		1.26.35	13.	A Smith	Cumberland FR	1.30.28	
4.	H Symonds	Kendal	Eng.	1.27.09	14.	H Griffiths	Eryri	1.30.51	Wales
5.	C Donnelly	Cambuslang	Scot.	1.27.47	15.	R Bryson	Ajax H R (Eire)	1.31.00	
6.	S Livesey	Ribble Valley	Eng.	1.28.01	16.	W Bland	keswick	1.31.50	Eng.
7.	R Bergstrand	Rochdale		1.29.03	17.	H Jarrett	Cumberland FR	1.32.04	
8.	M Lindsay	Carnethy HR	Scot.	1.29.22	18.	I Holloway	Rochdale	1.32.10	
9.	R Ashworth	Rosendale	Eng.	1.29.43	19.	S Moore	Horwich	1.32.20	
10.	R Whitfield	kendal		1.29.51	20.	D Woodhead	Horwich	1.32.35	

Further International Placings

22.	A Darby	Newport	Wales.	1.34.03
27.	P Stott	Pennine FR	Wales	1.36.14
48.	S Hughes	Pennine FR	Wales	1.41.18
49.	M Burton	Carnethy HR	Scot.	1.41.25
50.	J Stevenson	Irvine	Scot.	1.41.31
64.	R Evans	Aberystwth	Wales	1.45.33

Veterans 0/40

1.	D Spedding	Keswick	1.37.17
2.	P Hall	Barrow	1.38.51
3.	J Clemens	Black Cowbe R	1.40.54
4.	J Stout	Cumberland FR	1.44.27
5.	D Davies	Eryri	1.46.31
6.	A Philipeon	Gosforth	1.47.20

Veterans 0/50

1.	P Carmichael	Morpeth	1.50.51	4.	W sykes	Rochdale	2.02.00
2.	G Brass	Clayton-le-Moors	1.51.31	5.	H Peace	U/A	2.02.49
3.	P Duffy	Aberdeen	1.52.56	6.	D Hodgson	Leeds City	2.05.12

Opposite: Runners ascending Great Hill for the second time on their way back to the finish at Brinscall. (photo/P.Hartley)

Ladies

1.	P Haworth	Keswick	1.50.44	4.	B Simpson	West Cumb. OC	2.13.55
2.	D McNeill	Cumberland FR	2.03.58	5.	A Teasdale	Keswick	2.17.35
3.	W Dodds	Clayton-le-Moors	2.11.19	6.	N Peace	U/A	2.36.15

Juniors

1.	S Willis	Saddleworth	30.39	1.	K Stuart	Keswick	1.21.50
2.	M Fanning	Keswick	31.39	2.	M Short	Horwich	1.26.35
3.	I Dermott	Horwich	32.20	3.	S Livesey	Ribble Valley	1.28.01

Southern Counties

1.	H Symonds	Kendal	1.27.09	1.	R Whitfield	Kendal	1.29.51
2.	D Spedding	Keswick	1.37.17	2.	D Woodhead	Horwich	1.32.35
3.	G Scott	Pennine FR	1.46.29	3.	N Lanaghan	Keswick	1.33.13

Lancashire

1.	M Short	Horwich	1.26.35	1.	C Webb	Cumberland FR	1.44.02
2.	S Livesey	Ribble Valley	1.28.01	2.	A Cresswell	Keswick	1.44.52
3.	R Bergstrand	Rochdale	1.29.03	3.	C Knox	Keswick	1.47.20

Cheeshire

1.	A Hulme	Pennine FR	1.34.24	1.	K Stuart	Keswick	1.21.50
2.	P Stott	Pennine FR	1.36.14	2.	H Symonds	kendal	1.27.09
3.	T Pilling	Pennine FR	1.40.06	3.	J Broxap	keswick	1.30.10

Northern CountiesYorkshireNorth East CountiesCumbriaSaturday 4th MayMoel Ffilio Ridge Race.8miles/3000ft.

1	G.Griffiths	69.51	Eryri
2	H.Griffiths	63.29	Eryri
3	H.Parry	64.17	Eryri
4	M.Bagness	65.03	Aire
5	M.Jones	66.07	Eryri
6	P.Stott	66.52	Pennine FR
7	M.Farmery	67.00	Pennine FR
8	D.Williams (Vet)	67.17	Eryri
9	L.Williams	67.41	M.D.C.
10	S.Hughes	67.58	Pennine FR
11	E.Roberts	68.02	Eryri
12	E.Evans	68.07	Eryri
13	D.Roberts	69.00	Eryri
14	N.Fisher (Vet)	69.23	Eryri
15	R.Powell	69.31	Eryri
16	S.Skelton	70.41	Halesowen
17	D.Davies (Vet)	70.55	Eryri
18	A.McDonald	71.01	Veg. C & A.C.
19	K.Beech	71.09	Veg. C & A.C.
20	D.Wrennall	71.34	Eryri
First over 50 B.Harwood		79.14	Oldham & Royton
Ladies:			
1	S.Exon	84.11	Stretford
2	S.Walsh	84.53	Eryri
3	A.Carson	90.56	Eryri
4	R.Parry	91.23	Eryri

Gwynedd AAA Fell Running Award: G.A.Griffiths

RUMOUR HAS IT THAT: Kevan Shand will be giving half his
Turnslack prizes away at next year's Welsh 1000

REEBOK INTERNATIONAL MOUNTAIN CHALLENGEBUTTERMERE-GRASMERE-RYDAL

12th, 16th and 19th May 1985

The absence of overseas teams for the first two races was disappointing, but the Italians showed their potential in the Fairfield race until the mist put paid to any slim chance they had of winning. There were several performances of note besides the self evident ones of the 'King' and 'Queen' titles. Mike Short showed that he is still very much in the forefront of British fell running by beating some of the selected England team. Young Heffin Griffiths (Wales) must surely challenge for top honours soon, while Mike Lindsay (Scotland) is a much improved runner. Kenny Stuart's all-comers record for the Grasmere Dash was produced in a small race field but against the stiffest opposition in the country. His time of 12.01 beat Fred Reeves's 1978 professional record by 21 secs. Jack Maitland also beat Kenny's amateur record.

Race 1.

1.	K Stuart	Keswick AC	1.21.50	11.	A Smith	Cumberland FR	1.50.28
2.	J Maitland	Aberdeen AC	1.25.13	12.	H Griffiths	Eryri	1.30.51
3.	M Short	Horwich RMI	1.26.35	13.	R Bryson	Ajax Hill RC	1.31.00
4.	H Symonds	Kendal AC	1.27.09	14.	W Bland	Keswick AC	1.31.50
5.	C Donnelly	Cambuslang	1.27.47	15.	I Holloway	Rochdale H	1.32.10
6.	S Livesey	Ribble Valley	1.28.01	16.	N Lanaghan	Keswick AC	1.33.13
7.	M Lindsay	Carnethy HR	1.29.22	17.	A Darby	Newport H	1.34.03
8.	R Ashworth	Rosendale H	1.29.43	18.	P Stott	pennine FR	1.36.14
9.	J Broxap	Keswick AC	1.30.10	19.	D Stuart	Keswick AC	1.36.52
10.	G Gough	Blackburn H	1.30.20	20.	D Spedding	Keswick AC Vet	1.37.17

Ladies

1.	P Haworth	Keswick AC	1.50.44	3.	G Simpson	West Cumb. OC	2.13.55
2.	W Dodds	Clayton-le-Moors	2.11.19				

Race 2.

1.	K Stuart	Keswick AC	12.01	11.	J Broxap	Keswick AC	13.29
2.	J Maitland	Aberdeen AC	12.33	12.	A Smith	Cumberland FR	13.35
3.	S Livesey	Ribble Valley	12.50	13.	N Lanaghan	Keswick AC	13.48
4.	R Bryson	Ajax Hill RC	12.58	14.	G Devine	Skyrac AC	13.57
5.	H Symonds	Kendal AC	13.02	15.	I Holloway	Rochdale H	13.58
6.	W Bland	Keswick AC	13.03	16.	A Darby	Newport H	13.59
7.	M Lindsay	Carnethy HR	13.14	17.	P Bateson	Black Combe HR	14.04
8.	H Griffiths	Eryri	13.14	18.	R Ashworth	Rosendale H	14.08
9.	G Gough	Blackburn H	13.24	19.	P Stott	Pennine FR	14.17
10.	M Short	Horwich RMI	13.28	20.	A Sunter	Horwich RMI	14.19

Ladies

1.	P Haworth	Keswick AC	16.13	3.	S Bricknell	Nuneston H	26.10
2.	W Dodds	Clayton-le-Moors	20.13				

Race 3.

1.	K Stuart	Keswick AC	71.54	11.	B Inhof	Switzerland	78.33
2.	J Maitland	Aberdeen AC	74.55	12.	M Short	Horwich RMI	78.56
3.	P Pezzoli	Italy	75.14	13.	F Bonzi	Italy	79.46
4.	S Livesey	Ribble Valley	75.20	14.	P Hall	Barrow & F AC	80.01
5.	R Ashworth	Rosendale H	76.58	15.	I Holloway	Rochdale H	80.17
6.	J Broxap	Keswick AC	77.28	16.	R Bryson	Ajax Hill RC	80.54
7.	H Griffiths	Eryri	77.35	17.	A Ligema	Cumberland FR	81.03
8.	H Symonds	Kendal AC	77.58	18.	D Rossi	Italy	81.10
9.	G Gough	Blackburn H	78.12	19.	A Darby	newport H	81.42
10.	M Lindsay	Carnethy HR	78.26	20.	M Burton	Carnethy HR	81.51

Ladies

1.	P Haworth	Keswick AC	92.16	3.	G simpson	West Cumb. OC	112.41
2.	W Dodds	Clayton-le-Moors	107.54				

Overall Points Table

		<u>Pts</u>	<u>Races</u>			<u>Pts</u>	<u>Races</u>
1. K Stuart	Keswick	3	3	35. I Hodgson	Horsforth	122	3
2. J Maitland	Aberdeen	6	3	36. P Haworth	Lady Keswick	125	3
3. S Livesey	Ribble V.	13	3	37. G Brass	Clayton	130	3
4. H Symonds	Kendal	17	3	38. I Callister	Manx	131	3
5. M Lindsay	Carnethy	24	3	39. D Findlay	Cockermouth	137	3
6. M Short	Horwich	25	3	40. P Glendinning	Valley Str.	141	3
7. J Broxap	Keswick	26	3	41. P Carmichael	Morpeth	141	3
8. H Griffiths	Eryri	27	3	42. M Briars	Plymouth	145	3
9. G Gough	Blackburn	28	3	43. B Johnson	Cumberland	152	3
10. R Ashworth	Rossendale	31	3	44. D Hodgson	Leeds City	153	3
11. R Bryson	Ajax Hill	33	3	45. R Barritt	Valley Str.	154	3
12. I Holloway	Rochdale	45	3	46. R Gee	Bristol	156	3
13. A Smith	Cumberland	45	3	47. T Halpin	Central Reb.	159.	3
14. A Darby	Newport	52	3	48. K Hargreaves	Cockermouth	160	3
15. N Lanaghan	keswick	54	3	49. W dodds	Lady Clayton	168	3
16. B Imhof	Switzerland	56	3	50. R Kelly	U/A	170	3
17. D Stuart	Keswick	61	3	51. A Clarke	Eryri	174	3
18. P Hall	Barrow & F.	62	3	52. E Macdermid	GECH	178	3
19. P Stott	Pennine	65	3	53. B Bricknell	Lady Nuneston	181	3
20. A Ligema	Cumberland	66	3	54. W Bland	Keswick	20	2
21. A Sunter	Horwich	69	3	55. C Donnelly	Cambuslang	53	2
22. G Devine	Skyrac	70	3	56. S sunter	Horwich	62	2
23. P Bateson	Black Combe	71	3	57. D Barnes	Keswick	67	2
24. B Brindle	Horwich	72	3	58. A Philipson	Gosforth	78	2
25. D Spedding	Keswick	76	3	59. J Naylor	Cumberland	90	2
26. W McAuliffe	Ajax Hill	84	3	60. G Simpson	Lady West Cumb.	115	2
27. J Stevenson	Irvine	89	3	61. P Pezzoli	Italy	3	1
28. M Burton	Carnethy	90	3	62. F Bonzi	Italy	13	1
29. S Hughes	Pennine	92	3	63. D Rossi	Italy	18	1
30. J Clemens	Black Combe	97	3	64. M Jones	Eryri	29	1
31. R Evans	Aberystwth	104	3	65. J Farnery	Pennine	34	1
32. S Varney	Kendal	106	3	66. C Dulson	Cumberland	35	1
33. A Rothwell	Horwich	114	3	67. G Clucas	Cumberland	37	1
34. K Callister	Manx	116	3	68. C Bonzi	Italy	43	1

Overall Team Results

1. - England - 45 pts. 2. - Scotland - 99 pts. 3. - Wales - 135 pts.
 4. - Italy - 43 pts (1 race only)

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COMMEDAGH 'TO THE TOP ONLY'Category A, 2 miles, 2,650'

15 May

Held in the worst possible conditions with pouring rain and mist, pre race favourite Davy Graham made a good start to the Mourne Forest and Fell League finishing one minute ahead of Stanley Graham. English runner Bill Buckley ran well to take third position ahead of Tollymores Mike McNulty.

1.	D Graham	Ballydrain Harriers	36.40	5.	W Brown	Mourne AC	40.58
2.	S Graham	Newcastle AC	37.44	6.	D Watson	Vet 0/40 Lagan Valley 0	41.16
3.	B Buckley	Vet0/40 Glossopdale Harriers	38.08	7.	A Callan	U/16 Tollymore AC	41.37
4.	M McNulty	Tollymore AC	38.39				

Ladies

1.	B Reeves	Tollymore AC	28.53	3.	B Carey	Tollymore AC	32.43
2.	C McGonigle	Tollymore AC Vet 0/50	29.04				

SHINING TOR RACENot yet categorised, 5 miles, 1,400'

15 May

The inaugural Shining Tor Race saw an unexpectedly high entry of 167 competing on what must be one of the more spectacular courses in the South Pennines. Shining Tor, the highest point in Cheshire at 1,834 feet offers uninterrupted views to the coast 30 miles away and having departed en route for Cats Tor, entails numerous challenges to budding long-jumpers in the form of shallow gullies filled with wet peat; these continue to Cats Tor where a short stretch of tussocks precedes some fast grassland leading to some wooded paths and short climbs which provides a varied tough race.

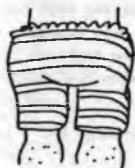
The race itself was a clear and well deserved victory for Dave Crookes, Jeff Norman won the battle for second place from John Kershaw and was also the first veteran. The first eighteen received a prize and all those who stayed for the presentation received some cakes courtesy of Mr Kipling. Everyone seemed to enjoy the event and I hope it will become an annual feature.

Tony Hulne

1.	D Crookes	East Cheshire	34.30	11.	K Shand	Rochdale	37.29
2.	J Norman	Altrincham	35.41	12.	A Wooldridge	Altrincham	37.47
3.	J Kershaw	Macclesfield	35.46	13.	J Priestley	Glossop	38.14
4.	A Hulne	Pennine	35.51	14.	A Smallman	Macclesfield	38.15
5.	R Wilde	Manchester	36.03	15.	S Longdon	Altrincham	38.17
6.	T Pilling	Pennine	36.41	16.	S Torrance	Manchester	38.22
7.	J News	Macclesfield	36.57	17.	J Whalley	Macclesfield	38.27
8.	G Read	Rochdale	36.58	18.	D Gibbons	Glossop	38.28
9.	P Brownson	Altrincham	37.06	19.	G Thorpe	Matlock	38.35
10.	A Huddleston	pennine	37.13	20.	V Moss	Buxton	38.34

LadiesTeams

1.	D Allerton	Newcastle	42.51	1.	Pennine	(4th, 6th, 10th).	20 pts
2.	R Clayton	D.V.C.	46.59	2.	Altrincham	(2nd, 9th, 12th).	23 pts
3.	D Thompson	Buxton	48.31	3.	Macclesfield	(3rd, 7th, 14th).	24 pts



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CLOUGHA PIKECategory B, 5 miles, 1,150'18 May

Colin Valentine broke the race record previously set during the initial running of the race in 1982 by Ray Keeney. A new junior record has now been set at 39.15 by S. Willis as this is the first time that the juniors have run the full five miles. This left G. Hall of the 12 - 14 year contingent to set the time of 22.19 as a target for the three mile course.

Harry Ball

1. C Valentine	Keswick AC (Record)	36.30	11. J Nuttall	Clayton-le-Moors	40.27
2. H Jarrett	Cumberland FR	37.31	12. H Atkinson	Bingley	40.33
3. T Marshall	U/A	37.39	13. G Woolnough	Kendal	41.23
4. D Jones	Lancs & More. AC	38.39	14. J Hope	Horwich	41.39
5. M Winstanley	Lancs & More. AC	38.57	15. A Jones	Slow OC	41.47
6. R Asquith	Holmfirth	39.20	16. R Bradley	Holmfirth	42.06
7. D Cass	Lancs & More. AC	39.30	17. B Hall	Blackburn H	42.12
8. D Lee	Cumberland FR	39.43	18. A McDonald	Vegetarian AC	42.20
9. A Rothwell	Horwich	39.57	19. K Beech	Vegetarian AC	42.26
10. S Wolstenholme	A.S.U.A.C.	40.08	20. K Lodge	Halifax	42.30

Veterans

1. R Asquith	Holmfirth	39.20
2. J Nuttall	Clayton-le-Moors	40.27
3. K Lodge	Halifax	42.30

Ladies

1. K Jones	Slow OC	56.58
2. J Bower	U/A	56.00
3. J Taylor	U/A	60.56
4. C Homer	U/A	70.27

Juniors

1. S Willis	Saddleworth	39.15
2. I Dermott	Horwich RMI	40.04
3. P Barker	Skyrac	40.29
4. E Cotton	Kendal	41.27

Boys

1. G Hall	Holmfirth	22.19
2. C Harney	Bingley	23.44
3. S Annand	U/A	23.55
4. A Rhodes	Bingley	24.16

Girls: 1. O Ball U/A 33.30GOATFELLCategory A, 8 miles, 2,800'18 May

123 runners, including 11 ladies, turned up to verify a basic law of meteorology: the sun always shines at the Goatfell Race. This was the biggest field ever at the race, and as usual they were watched by a large crowd of locals and tourists. One often sees a few road-runners tearing off at great speed along the 1½ miles of road from Brodick to the start of the path up the mountain; however, this year's leading bunch stayed close together, at a more moderate pace. The ascent of Goat Fell was dominated by academics from the East Coast: St. Andrews Universities Anthony Kay took the lead a few hundred feet up. When he decided that he was knackered (about half-way up), it was Dundee Universities Paul Dugdale who took over, and kept the lead to the summit. Meanwhile, Kay left the tourist path to wander across the bogs and heather, which didn't do him much good, but it confused a few other runners. Positions in the ascent became irrelevant due to the presence of in the race of the Old Descender (Andy Styan) and the Young Descender (Michael Fanning). 17-year-old Fanning, who had climbed the steep upper part of Goat Fell fairly briskly to arrive at the summit 6th, then moved into top gear on the way down. However Styan, slower on the ascent, was even faster than Fanning on the descent, with the result that these two had to battle it out along the road back into Brodick.

At the finish, only 5 seconds separated them, despite their 20-year age gap. Dugdale had to be content with third place, more than half a minute adrift of the two Descenders. Dundee Universities strong team had come across to Arran in the hope of picking up the team prize, but were deprived by Carnethy Hill Runners, despite the fact that many of Carnethy's best runners were away at the Reebok International or the Scottish Island Peaks Yacht Race. The Monopolies Commission ought to investigate the activities of Carnethy Hill Runners.

Anthony Kay

1. A Styan	Holmfirth	1.20.12	9. R McInroy	Helensburgh AAC	1.24.14
2. M Fanning	Keswick	1.20.17	10. J Bowman		1.24.20
3. P Dugdale	Dundee Univ.	1.20.52	11. G Manderson		1.24.41
4. D Buchan	Carnethy	1.21.23	12. D Gorman	HM Roy. Co. Trans	1.25.37
5. P Mitchell	Bingley	1.22.23	13. A Kay	St Andrews Univ	1.25.55
6. J Thomson	Ayr Seaforth	1.22.29	14. M Johnston	Carnethy	1.26.01
7. D shepherd	Carnethy	1.22.39	15. D Lord	Morpeth H	1.26.13
8. R Blamire	Vet Stewarty AC	1.23.57	16. D Booth	DPFR	1.27.19

17. T McCulloch	Ayr Seaforth	1.28.17	19. D McGonigle	Dundee Univ.	1.28.52
18. D Davies	Eryri H	1.28.32	20. P Wilson	irvine AC	1.29.10

Ladies

1. E Faulkner		1.55.53	4. N Rodman		2.02.24
2. H McPherson	Kelvin H	1.59.12	5. A Robinson		2.18.53
3. P Kelly	Irvine AC	2.02.15			

SPELGA SKYLINE

Category A, 12 miles, 4,500' 18 May

1. J Patterson	Mourne AC	2.04.43	7. B Mitchell	Mourne	2.15.36
2. J Hayes	Ballydrain H	2.05.15	8. P Hargan	Ajax	2.19.20
3. S Graham	Newcastle AC	2.09.16	9. W Brown	Mourne	2.23.33
4. M O'Hara	Ajax	2.11.15	9. B Ervine	Ballydrain	2.23.33
5. D Graham	Ballydrain	2.12.56	11. B Corbett	U/A	2.26.37
6. B Buckley	Vet Glossopdale	2.13.24	12. N Douglas	Newcastle	2.39.41

1st Lady. S Carson L.V.O. Record 3.01.09

FAIRFIELD HORSESHOE

Category A, 9 miles, 3,000' 19 May

What a lovely venue Rydal Hall is. Is this why the entry was up by fifty percent? We looked at the entry for the last three years and took an average, two hundred and fifty. On the day we had three hundred and eighty two entries; I had prepared for three hundred and fifty but the last thirty numbers were manufactured on the spot. Thanks to the last few competitors who waited patiently whilst they rolled hot from the press. It was particularly satisfying to me that the women's entry was dramatically increased; I hope this is just the beginning of a renewed interest in fell running for women.

We were asked as an association if we would put on a special event to commemorate the opening of the Gerry Charnley Way in May. As we were already committed to the Fairfield Race we felt that to give a special prize would perhaps suffice. In view of the increase in numbers we have given a prize to the fastest woman over forty, in this case Angela Soper. If we are to have a system of tokens as a safety measure then you the competitors must obey a simple rule. The token must be thrown in the container on the summit - shouting to the person there that you have lost it and cutting the corner won't do. Next year anyone who does this will risk disqualification. Next year we shall be prepared for an increase in numbers, but if it exceeds four hundred you will be parking in Ambleside.

Sue Courchee

1. K Stuart	Keswick	71.54	16. M Short	Horwich	78.56
2. J Maitland	Aberdeen	74.55	17. F Bonzi	Italy	79.46
3. P Pezzoli	Italy	75.14	18. S Moore	Horwich	79.56
4. S Livesey	Ribble Valley	75.20	19. P Hall	Barrow	80.01
5. R Owen	Horwich	75.59	20. I Holloway	Rochdale	80.17
6. R Whitfield	Kendal	76.57	21. M Seddon	Holmfirth	80.31
7. R Ashworth	Rossendale	76.58	22. R Bryson	Ajax Eire	80.54
8. J Broxap	Keswick	77.28	23. A Ligema	Cumberland FR	81.03
9. H Griffiths	Eryri	77.35	24. D Rossi	Italy	81.10
10. H Symonds	Kendal	77.58	25. A Darby	Newport	81.42
11. A Harner	DPFR	78.05	26. M Burton	Carnethy	81.51
12. G Gough	Blackburn	78.12	27. D Stuart	Keswick	82.01
13. M Lindsay	Carnethy	78.26	28. A Smith	Cumberland FR	82.03
14. B Imhof	Switzerland	78.33	29. B Brindle	Horwich	82.11
15. K West	Border	78.43	30. A Sunter	Horwich	82.36

Veterans0/40

1. P Hall	Barrow	80.01
2. J Nuttall	Clayton-le-Moors	85.59
3. D Spedding	Keswick	86.15
4. J Clemens	Black Combe	86.19
5. T MacDonald	Bingley	86.28

Teens

1. Keswick
2. Horwich
3. Kendal

Ladies 9th Fairfield Horseshoe

1.	P Haworth	Keswick	92.16	9.	G Salter-Smith	Black Combe	108.46
2.	A Hollands	Durham	98.58	10.	A Wright	Durham	109.46
3.	J Smith	DPFR	99.55	11.	A Soper	Achille Ratti	110.27
4.	A Carson	Eryri	103.42	12.	G Simpson	W.C.O.C.	112.41
5.	S Haines	Leith	105.01	13.	C Walkington	Horwich	113.06
6.	K Taylor	Clayton	106.25	14.	H Damantides	U/A	116.36
7.	A Crabb	Cumberland FR	107.32	15.	C McDermott	Lakeland OC	119.43
8.	W Dodds	Clayton	107.54				

BLACKSTONE EDGECategory A, 3 miles, 1,000'

22 May

Course was slightly changed from last year to the better, going off runners comments, even though it makes it a lot tougher. Weather good, dry but hazy. Fantastic response for a night race, 200 turned up on spec. Good win for travelling Jack though he didn't have it all his own way, Mark gave him a good run for his (money) prize I mean. And another good prize list went down to last 25 seniors, which does not include 6 vets, 4 ladies, 3 youths, 12 team indiv. and 6 spot prizes etc, etc, etc. Help! it's 1-30am must go to bed.

Kevan Shand

1.	J Maitland	Leeds	27.33	11.	R Seager	Charnwood	29.04
2.	M Aspinall	Rossendale	27.59	12.	J Eaton	Rossendale	29.30P
3.	R Bergstrand	Rochdale	28.25	13.	K Shand	Rochdale	29.41
4.	M Newby	Rossendale	28.39	14.	S Willis	Saddleworth Junior	29.46
5.	R Pallister	Pudsey	28.57	15.	S Tune	S. Moorlands	29.49
6.	J Norman	Altrincham Vet	29.04	16.	T Pilling	Pennine FR	29.56
7.	G Read	Rochdale	29.06	17.	G Brooks	Bingley	29.59
8.	A Adams	S. Moorland	29.10	18.	I Ferguson	Bingley	30.04
9.	R Bloor	Liverpool Univ.	29.14	19.	D James	Liverpool Univ.	30.14
10.	M Seddon	Holmfirth	29.18	20.	D Beels	Rochdale	30.18

LadiesTeams

1.	S Smith	Spensorborough	37.20	1.	Rochdale	43 pts.
2.	W Dodds	Clayton-le-Moors	37.51	2.	Rossendale	47 pts.
3.	K Taylor	Clayton-le-Moors	37.54	3.	Bingley	94 pts.

CURRAGHARD FELL RACECategory B, 3 miles, 900'

22 May

Mike McNulty won for the third successive year holding off Belfast runner Eddie Duffy in a close finish to the race, the second in the Mourne Forest Fell League Series. Betty Carey had her first win in the series. In the juvenile race a new record was raised by 11 year John Fitzpatrick and 12 year old Dara Carton who finished joint first.

1.	M McNulty	Tollymore AC	21.52	6.	D Brannigan	Tollymore AC	23.55
2.	E Duffy	Craibh Rua AC	22.04	7.	A Callan	Tollymore AC Y.U/16	24.28
3.	D Graham	Ballydrain	22.35	8.	D Watson	Lagan Valley O Vet	25.01
4.	W J Brown	Mourne AC	23.29	9.	S Rice	Tollymore AC	32.01
5.	H Downey	Craobh Rua AC	23.53				

Ladies

1.	B Carey	Tollymore AC	36.21	3.	F Barr	Tollymore AC	39.17
2.	C McGonigle	Tollymore AC Vet O/50	38.38				

1st Team: Tollymore A.C. (1, 6, 7,) 14 pts.

Opposite photo: Winner of the Bens of Jura Race in a record time of 4hrs, 32mins, 35 secs, Ann Curtis receiving a gallon bottle of malt whisky from Donald Mackinlay. The piper played a rousing bagpipe welcome as Ann crossed the finishing line.



BENS OF JURACategory a, 16 miles, 7,500'25 May

1. R Aucott	DPFR	3.18.36	11. P Brooks	Lochaber AAC	3.53.27
2. A Styan	Holmfirth H	3.20.41	12. A Spenceley	Carnethy HR	3.56.17
3. D Ratcliffe	Rossendale H	3.24.05	13. J Stout	Cumberland FR	3.58.58
4. A Curtis	Livingston & Dis.	3.25.22	14. R McInroy	Helensburgh AAC	3.59.12
5. J Blair-Fish	Carnethy HR	3.41.52	15. A Philipson	Gosforth HEAC	3.59.57
6. A Dyth	Clydebank AC	3.44.00	16. D Bleakley	Rossendale H	4.04.48
7. J Stevenson	Irvine AAC	3.50.23	17. B maher	Aberdeen AAC	4.05.45
8. D Bell	HELP	3.51.00	18. A Howie		4.07.03
9. D Booth	DPFR	3.51.28	19. M Johnstone	Carnethy HR	4.07.25
10. D Lord	Morpeth H	3.52.51	20. A Mackenzie	Inverness H	4.07.57

Veterans

1. R Aucott	DPFR	3.18.36	1. A Curtis	Livingston & Dist.	4.32.35
2. D Lord	Morpeth H	3.52.51	2. V Dempsey	Livingston & Dist.	4.52.13
3. P Brooks	Lochaber AAC	3.53.27	3. A Soper Vet	Achille Ratti	4.55.16
4. J Stout	Cumberland FR	3.58.58	4. C Taylor	Bellahouston H	5.04.00
5. A Philipson	Gosforth HEAC	3.59.57			

Team: Dark Peak F.R.

LadiesTHE 14TH WELSH 1,000MCategory A, 20 miles, 9,000'25 May

This years race was held in the worst imaginable weather conditions which resulted in a record number of retirements and much slower finishing times. Despite all this it is pleasing to report that the organisation did not suffer in any way and in particular the medical and rescue services were not seriously involved.

K Jones

1. W Bland	Keswick AC	3.44.13	11. P Tuson	Kendal AC	4.07.53
2. R Whitfield	Kendal	3.45.05	12. Hulme	Pennine FR	4.10.45
3. K Stuart	Keswick AC	3.48.35	13. Jones	Eryri	4.12.32
4. B Brindle	Horwich	3.58.31	14. Nixon	Horwich RMI	4.13.56
5. H Symonds	Kendal AC	3.59.29	15. Powell	Eryri	4.14.01
6. S Moore	Horwich RMI	4.01.38	16. P Stott	Pennine FR	4.16.38
7. K Shand	Rochdale	4.04.05	17. Stone	DPFR	4.17.16
8. P Irwin	Rossendale	4.05.12	18. Futrell	Holmfirth	4.18.44
9. H Griffiths	Eryri	4.06.25	19. Owen	Eryri	4.19.56
10. M Short	Horwich RMI	4.07.48	20. Hughes	Pennine FR	4.22.28

Ladies

1. P Haworth	Keswick AC	1.54.38	3. Whittle	DPFR	2.42.28
2. A Carson	Eryri	1.56.12	4. Richardson	U/A	3.07.14



Above: Ray Aucott winner of the Bens of Jura

HUTTON ROOF CRAGS RACENot yet categorised, 7 miles, 1,300'25 May

Whit Saturday saw the inaugural run of the Hutton Roof Crag Race. On a clear day, and if you have time to stand and stare, the panoramic views from Hutton Roof Crag and Farleton Knott are quite unique. From Black Combe in the south, and the Coniston Fells, through the central fells, the Langdales and Fairfield, crossing the Kentmere Range, through Shap Fell and Whinfall common to the Howgills. Looking east we have the Middleton Fells and Barbondale sweeping down to Leck Fell, Twistleton Scar (Whernside) and Ingleborough before dropping off to Roeburndale and Littledale in the quernmore fells and Morecambe Bay.

Needless to say race day was wet and miserable, and detracted a little from what should have been a lovely day out. The course 7 miles rises and falls 1,300 feet over limestone crags and tracks through an Area of Outstanding Beauty, and there is an abundance of wildlife to be seen on quiet mornings and evenings. Whilst flagging the course, we saw fox, hares, deer and rabbits; a weasel, kestrels and a buzzard amongst all the other common birds to be found. Early purple orchids abound and the flora of the limestone pavement is, of course unique. Winter is the best time to view the actual limestone scars as in summer the bracken closes the tracks, growing to a height of 7 feet.

A heavy downpour at the start of the race did not dampen the spirits of the 80 runners who attacked the greasy tracks, (just 2 hours before those tracks were dusty) Next years race is again planned for Whit Saturday, coupled with the local small village fete. The village hall and the toilets should be in use by then, thanks to the profits of this years race. Car parking has already been arranged and the race will be on exactly the same course. A limited entry, so please be in touch before the day if you are travelling from away. There is a campsite on the race field, and prior notification is needed if you intend to use this facility for a caravan.

Ian Rooke

I like a new fell race; a change of scene; a new experience; a chance to make a name for yourself before the good guys get there next year! This wasn't entirely new as I'd looked over some of the possible routes with Ian beforehand, and enjoyed the terrain. We both knew that the course would be underestimated; runners would be pleasantly surprised.

The weather did its worst, with a downpour to lubricate the limestone just before the start. The basic formalities over, the usual jokes and comments, and we start. Firstly a short steep ascent onto Hutton Roof Crag, narrow, fairly fast tracks then cross the road onto Farleton Knott. A slippery, undulating cart track to the road - it's only short - then along grassy trod rising and falling over the north shoulder of the Knott to an old quarry. Suddenly - zap - straight up the screes to the summit, now everyone will know it's a fell race! As usual positions are more or less settled by this stage. Away on your own - it's well flagged (pity, I might have had a chance!), back over to Hutton Roof. Tight twists and turns through the dense gorse - more flags - to the top of the crags. Pity about the lack of views, they really are superb in all directions on a clear day. A lovely long grassy descent to the finish, quite the best and fastest part of the course.

I overtake a couple of runners in my exuberance but pay for it on the short concrete road to the finish (which like the rest of the course is well flagged and marshalled). Pete Bland, finishing fast, nearly catches me on the line. I must be getting old. In spite of the weather the event was most enjoyable, informally but well organised and with that feeling of intimacy and camaraderie of all small fell races. It is an event worthy of a place in any fell runners calendar.

Dave Bayliss

1. R Pallister	Pudsey & Brawley	49.26	11. A Thornton	Kendal	53.30
2. H Jarrett	Cumberland FR	49.50	12. D Thompson	Red Rose	53.37
3. C Valentine	Keswick	50.00	13. P Marlowe	Rowntrees AC	53.48
4. G Byers	Cumberland FR	50.45	14. S Varney	Kendal	54.08
5. D Hall	Kendal	51.24	15. W A Tate	Tyne Dale	54.33
6. D Woodhead	Horwich RMI	52.22	16. E Cotton	Kendal	54.45
7. D Lee	Cumberland FR	52.32	17. G Scott	Pennine FR	55.09
8. G Webster	Kendal	53.10	18. B Hall	Blackburn	55.20
9. T Brierley	Clayton-le-Moors	53.15	19. D Bayliss	Kendal	55.25
10. A Rothwell	Horwich RMI	53.22	20. P Bland	Kendal	55.25

VeteransLadies

1. P Bland	Kendal	55.25	1. J Exon	Stretford	63.24
2. D Gibson	Stretford	56.54	2. K Taylor	Clayton-le-Moors	66.12
3. R Barlow	Lancs. & Morecambe	57.58	3. C Walkington	Horwich RMI	66.24
4. T Walker	Ambleside	58.02	4. J Graham	Ambleside	67.56
5. B Smith	Clayton-le-Moors	60.35	5. J D Brown	U/A	72.15

RUMOUR HAS IT THAT : Andy Styan had last year's bottle of Jura whisky before this year's Bens race.

BENTHAM GALA '10'Category C, 10 miles, 800'

27 May

Despite breakdowns en route and heavy Bank Holiday traffic a record 124 entrants arrived from as far afield as Gwent and Aberdeen. As in recent years the most heavily represented and successful club was Clayton-le-Moors. Outstanding performers were those of the winner J. Maitland from Aberdeen A.A.C. who completed the course in a comfortable 52mins. 44secs. I. Richardson from the Bolton Club, winner of the junior section for the second consecutive year and placed 9th overall and D. Lawson of Bingley H & A.C. winner of the super Veterans (a new category this year for over 50's) and placed 10th overall, in a time of 57mins 10 sec.

Kenneth Robertson

1. J Maitland	Aberdeen	52.44	11. M Prady	Glossopdale	57.41
2. A Buckley	Holmfirth	52.54	12. D A Massey	Horwich RMI	57.49
3. S Livesey	Ribble Valley	53.56	13. R Hargreaves		57.57
4. D Leaf	Rowntrees	54.32	14. P Lamber	Clayton-le-Moors	58.01
5. K Taylor	Rossendale	56.15	15. V Tudor	Rossendale AC	58.02
6. M P Harrison	Horwich RMI	56.20	16. T Wigglesworth		58.29
7. N Monaghan	Leeds City AC	56.52	17. H Pinkerton	Lancs & Morecambe	58.43
8. M Wightman	Clayton-le-Moors	57.00	18. S Wolstenholme		59.14
9. T Richardson		57.03	19. M Batty		59.27
10. D Lawson	Bingley	57.10	20. M Brady	Clayton-le-Moors	59.31

Veterans

1. D Lawson	Bingley	57.10
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Ladies

1. C Walkington	Horwich RMI	71.38
2. K Taylor	Clayton-le-Moors	73.59
3. K Pierce	Clayton-le-Moors	74.23

Juniors

1. T Richardson	57.03
2. M Batty	59.27

CHANGING WAYSCategory C, 3.25 miles, 300'

29 May

Gerry Bradley and Eddie Duffy of Craobh Rua A.C. Belfast proved too strong for last years winner Mike McNulty, although the winner finished one second outside last years winning time. This race was the third in the Mourne Forest & Fell League and it proved the third different winner to put the league wide open.

In the ladies race American Bobbie Reeves got the better of Betty Carey to record her second victory. The juvenile race was won in a new record time by Tollymores Kate Thomason.

1. G Bradley	Craobh Rua AC	20.26	8. A Callan	Tollymore AC	22.55
2. E Duffy	Craobh Rua AC	20.27	9. E Mills	Tollymore AC	23.35
3. M McNulty	Tollymore AC	21.06	10. S Rice	Tollymore AC	24.18
4. D Graham	Ballydrain H	21.18	11. D Watson	Lagan Valley O Vet0/40	24.27
5. W J Brown	Mourne AC	22.18	12. D Brannigan	Tollymore AC	26.00
6. H Downey	Craobh Rua AC	22.29	13. J Mills	Tollymore AC Vet 0/40	31.43
7. S Graham	Newcastle AC	22.35	14. J Mills	Tollymore AC	50.40

Ladies

1. B Reeves	Tollymore AC	31.54	1. K Thomason	Tollymore AC (Record)	8.26
2. B Carey	Tollymore AC	32.19	2. D Carton	Tollymore AC B.U/14	8.34
3. C McGonigle	Tollymore AC	35.36	3. A Murphy	Tollymore AC B.U/12	8.57
4. F Bara	Tollymore AC	35.39	4. J Fitzpatrick	Tollymore AC B.U/12	9.02
5. P Deery	Tollymore AC	38.34	5. K McComb	Tollymore AC B.U/12	9.06
6. K Keown	Tollymore AC	40.42	6. C McGonigle	Tollymore AC G.U/10	9.17

Juniors

Pen y Ghent by Eileen Woodhead

Opposite Photos: Top: P.S.Mitchell (80), A.Rothwell(139),
R.Asquith(53), J.Ewott(95), D.Woodhead(33)

Bottom Left: Ray Owen

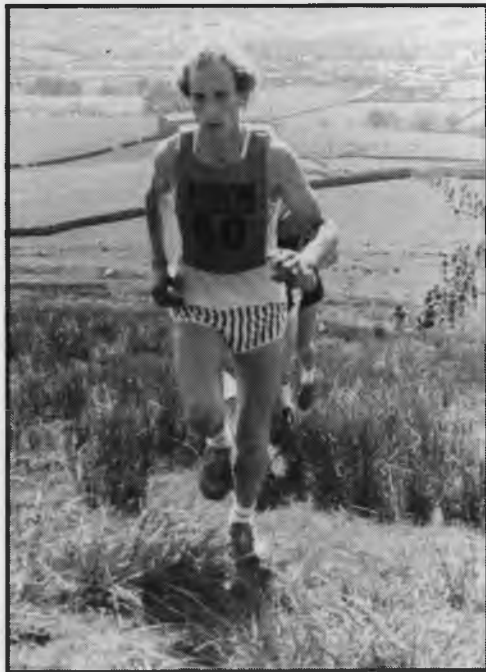
Bottom Right: Mark Aspinall leading up Whitber Hill

PEN-Y-GHENT

Category A, 5½ miles, 1,500'

1 June

1.	R Owen	Horwich RMI	45.49	11.	A Rothwell	Horwich RMI	51.44
2.	M Aspinall	Rossendale	47.14	12.	H Pinkerton	Lancs & Morecambe	51.47
3.	M Speight	Bingley	47.35	13.	D Waterworth	Clayton-le-Moors	51.54
4.	D Woodhead	Horwich RMI	49.27	14.	A Macdonald	Veg/Cycle AC	52.01
5.	G Kirkbright	Skyrac	50.15	15.	R Hargreaves	Clayton-le-Moors	52.08
6.	P Gallagher	Clayton-le-Moors	50.23	16.	P Mitchell	Bingley	52.12
7.	R Asquith	Holmfirth	50.41	17.	T Macdonald	Bingley	52.14
8.	T Brierley	Clayton-le-Moors	51.14	18.	G Woolnough	Kendal	52.37
9.	J Emmott	Skipton	51.37	19.	K Jones	Bingley	52.56
10.	M Wallis	Clayton-le-Moors	51.40	20.	P Browning	Clayton-le-Moors	53.01



THE WARRIORS' RUN SLIGO, IRELAND 21st June 1985

The Sligo Mid-Summer Festival Committee, organisers of the Irish International Triathlon championship, staged the first "Warriors Run" as an opening event of a weekend of sport and celebration.

This 4½ mile event starts at Strandhill and climbs 1078 feet to the summit of Knocknarea mountain, four fifths of the distance being on the road. Small cheer you may say for British fell runners, but introducing the fascinating question as to whether road runners or hill runners would have the upper hand.

One problem facing the organisers was how to attract runners to this remote corner of Western Ireland for a sporting event (hill running), which has no great tradition in the country. An enthusiastic festival committee, led by one Patrick Curley, decided that a big winner's prize was the answer and found a local bank (Allied Irish Banks) willing to put up £1000 for the purpose. The end result of several telephone calls to establish credentials resulted in Kenny Stuart, Jack Maitland, Alex Smith, Geoff Clucas and myself making the 700 mile round trip to find out more.

Sligo is both the beautiful country of the romantic poet Yeats -

"And I shall have some peace there, for peace comes dropping slow,
Dropping from the veils of the morning to where the cricket sings;"

and the awful country of privation and massacre, as was experienced by the local population when an uprising, supported by the French invasion of 1798, was suppressed by British troops. The bubbling warmth of our welcome seemed in some ways an unconscious effort by everyone to displace that past and present enmity.

The Warrior's race is much more than an athletic event, being loaded with ancient historical associations. The runners assumed the mantle of Queen Maeve's warriors who used the race route to the top of the mountain, which served as both a beacon point and burial ground. A huge mound of rocks on the summit is reputed to be Maeve's grave. The first warrior to the top was to ignite a great fire to signal the start of the summer solstice and which would burn throughout the weekend festival.

About 200 runners lined up at the start, many of them locals out for the fun, the challenge, and the oysters which followed. From the gun, two speedy Irish road runners - John Lenahan and Noel Harvey (both sub 48 minute 10 mile men) alternated the lead, with Kenny following every move in order to be in striking position for the last mile, which contained most of the climb. This he managed to do in reasonable comfort and took a slight lead as they hit the last 400 yds. of steep grass slope. Then Lenahan showed that his outstanding ability included short hill climbs and he surged ahead, leaving Kenny in oxygen debt and reduced momentarily to a walk. Maintaining his effort, Lenahan won by 20 seconds from Kenny in 27 mins. 24 secs. Harvey paid the price for his early fast pace and folded up, to be passed on the climb by Irish hill runner Robin Bryson, who finished third in 28 mins. 30 secs. Alex Smith was just about to cross the line in 7th position, after a good run on the road section, when Jack (I'll make my own way!) Maitland crashed past him on the post. Geoff (Charlie) Clucas, enjoyed his run and finished strongly in 12th position, whilst I managed 30th, just in front of the first and very determined Irish girl (my measure of success these days) who was 35th. Great things are planned for next year and if these come to fruition it will be a weekend which many British runners would thoroughly enjoy.

Danny Hughes



letters

What Sir!

No ladies in any of the photographs in the January "Fell Runner". Shame on you. Apart from the incidental inclusion of Pauline Howarth descending the Ben and Karen Mather at Doctor's Gate on the Glossop, I fear that there is a photographic imbalance. Nothing personal Norman, Kenny, Brent et al., but certain ladies whose names I forbear to mention, lest by their exclusion others are offended, are somewhat more photogenic. I, therefore, enclose a sample of quick snaps taken 'on the run'. How I came to be carrying a camera at these times may be of some interest.

The trouble with Fell Running for me is I never see a bloody thing. Within ten minutes of the start I am 7/8 down the field and chasing a pair of heels from which there is no escape, and I dare not take my eyes off the ground lest every other part of my anatomy makes a succession of hard contacts with same. As I rather like the hills and would like to enjoy the views, the answer was obvious, take a camera. Thus with a total refusal to take anything really seriously, I usually find a run enjoyable. It is either "Great, hardly had time to take any pictures." or "Great, total leg-lung collapse but I got a few good shots".

As my Great-Grand-Daddy twice removed (to the nut house) used to say, "Travel in the hills should be leisurely, relax, enjoy the view, reflect a while....."

Technical note:- I carry the lightest 35mm camera I could find, a Balda, in a 'Camera Care' case. I cannot praise either enough.

Mike Dunough,
(Saddleworth Hill Runners)

Dear Hugh,

I would like to give the 2 races organised by Cambridge University FRC a bit of a plug, as both have new dates: firstly the Box Hill Race, provisionally on Oct. 19th, and then the Roaches Race, to be held on February 16th. This latter is a tough 18 miles which we hope will be attractive at this new position in the calendar as a challenging first long race of the season in preparation for the Championship, and events such as the High Peak Marathon. We at Cambridge are also very keen to compete with other University teams at a mutually convenient race or races.

Edinburgh, Durham, Sheffield and Oxford spring to mind, but I'm sure there are others. Any University fell runners interested in pursuing this should write to CUFRS Captain, Jon Forster, at Emmanuel College.

Yours,

Hugh Shercliff.

Dear Editor

I would just like to congratulate Danny Hughes and Cumberland Fell Runners on the organisation of the Buttermere Sailbeck Horseshoe Fell Race on May 11th. As a runner I found the event and setting most impressive, it tending to remind me of continental races in Switzerland and France.

As for the new course, I couldn't find fault with this either, providing some spectacular ridge running to Aitkin Knott, some very steep grassy descents, a gruelling ascent of Causey Pike and Crag Hill which provided an adequate test for everyone.

Filming the race were the BBC, helicopter included which rather than detract from the event brought home the size of the mountains and reduced the machine to insect like proportions against a backdrop of Causey Pike.

Sandwiches and cakes provided by the local cafe included in the entry fee and speedily dealt with. The international part of the event seemed to go smoothly and it was good to see some of our top fell runners in the colours of their country. The event had come in for some prior criticism, so I feel a few words in its favour are well deserved and I know this is the view of many who took part, mind you we don't want the helicopter every time!

All in all an excellent day out and an event which can only grow in popularity in years to come.

Yours sincerely

A J Hulme

Dear Sir,

It was unfortunate that Kevan Shand spoke uninvited as he did at the prize giving of the Welsh 1,000m race. What he had to say about the prize allocation was a matter to be discussed elsewhere and at another time. If he had to speak publicly, a word of thanks to the organizers and marshalls for their tremendous efforts in atrocious weather conditions, so that the race could take place and he could run, would have been more fitting.

Joan Glass



Angela Soper not topless at Coniston. Photo by Mike (I love ladies) Dunough.



Dear Editor,

Since both Terry Trueman's and Fred Reeves's letters in the last edition of Fell Runner may be causing some confusion among readers who have not been following the saga of the "Metlex Rydal Round" perhaps I could intersperse some detail in the controversy surrounding the appearance and apparent acceptance of this event in the FRA calendar.

There has been a professional race at Ambleside Sports for 40 years. Although a comparative newcomer in terms of longevity and history it is still one of the top three or four events in the traditional professional sports calendar. For many of the paying customers in Rydal Park on the first Thursday in August the highlight of the afternoon was the short professional race up Low Pike, commencing at about 3.30 in the afternoon.

That is, until last year, when at 2.15 a large body of runners set off from the same sportsfield, on the same day, on the so-titled Metlex Rydal Round, a new event run under AAA rules. Metlex, incidentally, are manufacturers of bathroom equipment with headquarters in Croydon, Surrey. Since in detail the race follows almost identically the Fairfield Horseshoe the leaders began to arrive back just over an hour later followed of course by a steady stream of the less able. In the meantime a field of professionals endeavoured to run their race - a Championship event - up and down the traditional course while spectators tried to work out who was running where, when and with whom.

Competitors in the amateur event, for the price of their entry fee, had the no doubt novel experience of running into a packed showfield and every finisher was presented with a slate medallion to round off their day. The winner of the Rydal Round won a prize valued at £75. First prize in the traditional event was £40, cash. The traditional event was open to all-comers, as always, while the Rydal Round was open only to amateurs as defined by AAA laws.

Those are the facts and I let them pass without comment although there are certain ironies there, not least the sight of a former guides racer, now a retailer of running equipment, vigorously enforcing AAA laws as an organiser of the amateur event.

Turning to some of the points raised by Fred Reeves in his letter to the Fell Runner:

He says the situation of the sports field lends itself to no other course, as if there was no alternative venue. Why not a new race, a new course on a new date? But then of course our benefactors from Metlex would not have had the same marketing opportunities as afforded by the extremely popular Ambleside Sports. Commercial considerations seem to have outweighed everything else, including the environmental issue of routing another drove of bodies round the well-trodden Fairfield Horseshoe.

Fred's notion that two races round one course is justified by the Half Ben and Grasmere simply does not wash since with such justification we are going to finish with five Kentmere Horseshoes and a monthly race around the Grasmere course and the classics are going to end up as two-lane highways, their delights lost forever to future generations.

Fred asks: Why should not an amateur event be run from a pro meeting if the events are kept completely separate? Well, these events weren't kept separate and indeed how could they be when they both come under the auspice of Ambleside Sports Committee (Secretary: F. Reeves)?

Again taking such logic to the ultimate conclusion, how would Mr. Bland feel if two dozen pros turned up at Kentmere on April 14th to run a new race up Kentmere Pike and back? If you really want to go the whole hog, why not run the Ennerdale Horseshoe from Ennerdale Show and Wasdale from Wasdale Show and hi-jack a few more traditional Lakeland events? Fred doesn't expect pros to think they can compete in both codes at once. Fair enough. AAA rules are OK as long as they are applied consistently. To my specific knowledge they are not, and never have been. Both Fred Reeves and Pete Bland, both so keen apparently to enforce Rule 1 these days - seem to have developed conveniently short memories regarding participation in amateur events while still professionals.

Fred won 10 times at Ambleside as a pro and I'm sure his memories are all happy ones. But he talks about these memories as if they're a saleable item, something you can package and hand on. If, as I'm sure it was intended, the Rydal Round sounds the death knell for the traditional race at Ambleside Sports, what happens to the 40 years of memories some folk have of the Sports as it was?

Fred concludes with the ominous news that he has received an offer of increased sponsorship over five years from Metlex as if this is the ultimate balm for criticism, an attitude which bodes ill for the future of the sport. Amateur fell running is blatantly on the same slippery slope as road running and track with sportswanship and fun taking second place to overt competition and the avid collecting of sponsors. Please, FRA committee members, look long and hard at the current scene and the future as represented by events like the Rydal Round and ask yourselves: Do we really care about our heritage and environment? The appearance of another race at Grasmere in the midst of a sponsored "Lakeland Festival of Fell Running" and this new event at Ambleside do not inspire much confidence for the future.

Nor for that matter does the Fell Runner picture of a competitor in the Moel Siabod race climbing over a rickety wooden gate.... two yards from a sturdy wooden stile.

Yours in Sport,

Jeff Connor.

Dear Hugh,

Through the pages of the Fell Runner, could I bring to the attention of race organisers the common confusion being made between ourselves, Penistone Footpath Runners and Pennine Fell Runners. I have told our runners not to abbreviate our club name when entering a race and I believe my counterpart at Pennine has done this as well. For publication of results, I can understand that abbreviations may be necessary, in which case could they be Penistone FR and Pennine FR and never PFR?

To assist other organisers, Penistone Footpath Runners wear white vests, while the Pennine lads wear a more Joseph-and-his-Technicolour- dream coat vest - you can't miss em!

Thanks for the co-operation received in this matter,

John Wright.

Hon. Secretary.

Dear Hugh,

May I congratulate you and Denis Bland (the printer) on the quality of the last magazine which I consider to be the best yet. I was particularly interested to read Robin Bergstrand's letter and your reponse to the question of the number of prizes awarded at the 1984 Snowdon Race. I must say however that either you are both being slightly naive or alternatively very diplomatic! As the first 3 British finishers were awarded a free trip to Italy and every competitor got a free meal I would have thought that a more pertinent question would be to ask how the organisers could afford to award so many prizes!! I also presume that the top-notch Italian runners who make this race their annual pilgrimage to our shores do so out of their sheer love of the grandeur of Snowdonia. For surely this must be the reason because as we all know commercialism and elitism has no place within the British fell racing Scene..... or has it?

Yours,

John Reade.

LE COQ SPORTIF!

Somehow you stood out from the rest
 Was it your rugged face above your Ovett vest,
 Or your Frank Shorter shorts,
 Brief and revealing
 Or your Sub-4 sweat band that sent me reeling?
 Your hairy brown legs above new balance socks
 Gave me little erotic shocks,
 Burning up the road in your latest Nikes
 Or squelching cross country in your Puma Spikes.
 And your sexy blue Bill Rodgers gore-tex
 Sent me into a positive vortex.
 Your sex appeal exceeds the normal quota
 It would cause Grete to Wait(Z) or Rosa to Mota.
 You wore your Ron Hill bum bag for Tanky's Trogg*
 I did it too - and even enjoyed the fog
 Knowing you were in front in your P.B. Racers
 Gave me incentive greater than pacers.
 I tripped in a peat bog and fell into your arms
 - Even mist and sludge have their hidden charms
 At last you swore your love eternal
 As we embraced - Thermal to Thermal.

Sylvaine Boler
 (Penistone Footpath Runners)

* The Marsden to Edale 22 mile fell race on 2nd December.



Penistone Footpath Runners.



THE CASE FOR JEFF CONNOR

By Bill Smith

Up to October, 1984, 39-year-old Jeff Connor was a member of Cumberland Fell Runners. A sports journalist with the Daily Star, he had written an article on Fred Reeves for that paper's November 11th, 1982 issue, and had also contributed three of the best articles ever to appear in The Fell Runner: interviews with Reeves (December, 1982), Dave Cannon (July, 1983) and Kenny Stuart and John Wild (January, 1984). In common with others who have a genuine interest in traditional fell racing and wish to see the sport retain its true character, Jeff does not turn his back on its so-called "professional" side, which is, after all, the grass-roots from which amateur fell racing has grown. Last year, Jeff Connor moved house from Manchester to Eskdale Green, and in October he entered the fell race at his local event, the Eskdale Show, for which cash prizes are awarded, the first prize being the princely sum of £5. The winner was Steve Carr, Kendal, from John

Atkinson, Ireleth, and the Highland champion, Duncan Gillies, Aultmore, Aberdeenshire: "I doubt very much whether he made a profit on his journey from Scotland!", comments Jeff, who was himself awarded £1 for finishing 6th. Shortly afterwards, he won another £1 in the fell race at the neighbouring Wasdale Show, which was also won by Steve Carr, this time from Roger Gibson, Winterburn, with Connor again finishing 6th.

In the meantime, he had been informed by his club that someone had reported him to the NCAA for competing and winning money in non-AAA registered events. Disgusted, Jeff resigned from the CFRA so as to avoid causing them possible embarrassment, and then wrote to the NCAA secretary, J.C. Rice, at Liverpool, explaining his position and seeking official confirmation that he was no longer an amateur. This was duly forthcoming in the form of a letter from Mr. Rice which stated that he was no longer eligible to compete in AAA-governed fell races, though he could, if he wished, apply for reinstatement, supported by testimonials from persons holding positions of responsibility within the AAA. Since Jeff enjoyed his two "professional" races so much, However, also two more at Buttermere and Torver, he does not at this time feel that he could give his word that, if reinstated, he would not compete in any more guides races. And besides, as Jeff remarks: "If I am guilty then so are 99% of our current track international, and God knows how many road and cross-country runners."

Ironically, after having admitted all to the NCAA of his own free will, it now appears that Connor was never reported to that body at all. Charles Rice tells me that the first he knew about the affair was from Jeff's own letter. Nor could he have been reported to his local district committee, for Mr. Rice receives their minutes each month and they have so far contained no mention of the case. He is of the opinion that a member of the district committee must have mentioned Connor's "misdeeds" to a CFRA official, who had automatically assumed that Jeff had been officially reported.

In informing Connor that he was no longer an "amateur", incidentally, Charles Rice was merely carrying out the proper functions of his office, and it would have been the same had it been a road or track runner who had been reported. I am personally acquainted with Mr. Rice and find him to be a friendly and fair-minded man who is totally dedicated to athletics, though I doubt that he would disagree with my opinion that, like other athletics enthusiasts outside of fell racing, he does not appreciate all that is entailed in being deeply-involved in a sport in which love of the fell country and its traditions might sometimes override observance of AAA Laws, as it has done in Jeff Connor's case. When I briefly discussed Jeff's case with him initially, Mr. Rice did his utmost to be helpful and made a few tentative suggestions, one of which was that guides races could possibly be held under AAA Laws. However, I am afraid that such a suggestion would not be very well-received among the participants and followers of "professional" Northern and Scottish sports meetings, who are proud of the traditions which they uphold. And what Roger Ingham would have to say about this just does not bear thinking about!

As I've emphasised before in The Fell Runner, guides racers are actually more truly amateur sportsmen than many runners competing nominally under AAA Laws. None of them makes a living from his sport, unlike many "amateurs", and there are no sponsored trips abroad for them, nor exorbitant "expenses" or fantastic sums being paid into their personal funds. The major prizes for a "professional" fell race winner these days are £100 each at Kilnsey and Alva, £75 at Grasmere, and £40 each at Ambleside and Braemar. Many first prizes amount to only £10, while some are as low as £5. How does that compare with the \$100,000 won by Steve Jones in last year's Chicago Marathon, or the \$22,000 each awarded to Dave Murphy and Veronique Marot in the New York Marathon?

Also, I've read in Athletics Weekly that the organisers of the Glasgow Marathon are considering offering cash prizes this year in an effort to attract more top runners.

Roger Ingham, the Skipton runner and fell racing authority, wrote eight years ago, long before cash payments in amateur events became legalised: "Professional is rather a lavish name with which to bestow contestants when certain 'amateurs' can now make a full time living from sport. Many professionals do not win enough in a season to cover their entry fees, let alone travelling expenses, but they uphold a tradition which dates back well over a century."

In similar vein, the legendary Bill Teasdale, MBE (the only fell runner to have been awarded this honour apart from Jos), has described today's guides racers as being "true professionals regarding their dedication to training, yet true amateurs regarding what they stand to make out of winning."

In these days of highly-expensive road race prizes, such as cars, televisions, videos, holidays abroad and trips to foreign events, not to mention the cash awards paid into the funds of top performers in various events, and the numerous fast-buck merchants who have muscled in on road racing since the advent of the jogging boom, I see no reason at all why amateur fell runners should not be allowed to compete in guides races if they feel so inclined - and vice versa. If top professional sportsmen like John Conteh and Kevin Keegan are allowed to compete in road races alongside fun runners and genuine amateur athletes, then surely it should be permissible for Steve Carr, Roger Gibson and Tommy Sedgwick to enter amateur fell races if they wish to.

Jeff Connor had a letter regarding his ban published in Athletics Weekly,

December 8th, along with a copy of the letter he had received from the NCAA. It took pride of place in the "Letters to the editor" section, and was headed in big, bold type: "Fell runner banned for winning £2!" - which would appear to indicate that A.W. also found the ban unfair.

(Jeff didn't actually state what amount he had won in his letter to Charles Rice, incidentally, though according to AAA Laws it wouldn't have made any difference whether it was £2 or £200.) I immediately sent off a letter in support of Connor, most of its contents being incorporated into this article, and it appeared in the January 5th issue of A.W., again being given pride of place at the head of the letters section under the title, "Immediate support for Jeff Connor".

This was followed by another letter decrying the ban from Dave Curry of Lincoln, who wrote in part: "I have taken the time to study the AAA "Ineligibility for Competition" rules, and exactly what constitutes an amateur. What a total farce is being made of these rules. All our top athletes and the vast majority of club runners are now ineligible to compete if these rules were applied. It seems to me that the rules are slightly out of touch with the real world, and apply only to those athletes below 'super-star' status."

Yet another letter appeared in A.W. a fortnight later, this time from John Reade. "As a FRA committee member, I am somewhat disappointed that the NCAA did not see fit to refer the matter to the FRA as it is now the sport's governing body," wrote John among other things. "...I feel that the whole question of rules concerning competition need updating to reflect present day requirement, and I would urge the AAA to undertake this task as a matter of some urgency..." *J. Reade was misinformed.* My own view about AAA Laws is that they are wholly admirable if strictly adhered to and consistently enforced with regard to both superstars and scrubbers.

Unfortunately, this is not now the case. In cycling, amateurs and professionals compete together in both cyclo-cross and road races, and in view of the current trend in athletics in general, but more importantly of the fact that guides races as just as much "amateur" events as AAA-governed fell races, I feel that it should be permissible for runners of both codes to compete in each other's events. If the

AAA is not prepared to officially endorse mixed competition, then it should at least be prepared to turn a blind eye to it as it has done for so long in regard to the appearance money and "expenses", etc., picked up by our international athletes.

At the time of writing (mid-March), Andy Styan and John Reade are examining ways of bringing about open fell racing. Jeff Connor himself has suggested that one way would be for the FRA to have, say, six "open" races in the calendar similar to Ken Ledward's Duddon Fell Races before they came to be run under AAA Laws. There were no cash prizes, but guides racers were allowed to compete and indeed Graham Moffat, Fred Reeves and local star Chris Hartley all did so with distinction. Says Jeff: "I can't see the NCAA raising any objections, especially in the light of international permit races in amateur athletics these days... I would willingly set the ball rolling with a promotion in Eskdale, possibly basing it at Eskdale Puppy Show, a notoriously occasion which would go down well with all true fell runners: the King George IV stays open all day!"

On the day which my letter appeared in Athletics Weekly, January 5th, I went to the Lancashire cross-country championships at St. Helens and was there approached by numerous athletes, mainly non-fell runners, who expressed complete agreement with my views (and Dave Curry's) on the subject. Jeff Connor stands acquitted by his peers and should be immediately reinstated.

Editor's Notes:

page 66 second paragraph:

Jeff Connor's position was that he had competed in unregistered races where he had won cash. He was seeking advice on whether he could continue to compete in unregistered races and AAA races.

Naturally the AAA could only explain their laws.

They cannot have special cases for some unregistered events. These events apparently have no desire to be connected with the national governing body.

page 66 paragraph three:

the true position is that the AAA received an anonymous letter reporting Jeff Connor's racing.

This letter was passed on to the NCAA who in turn passed it on to the FRA secretary Jon Broxap .

This letter dated 10.10.84 was now to be dealt with by the FRA. If Jeff Connor wants to be reinstated he can be , the choice is his.

Steeply rises Clough Head fell.
 Behind, Threlkeld, diminishing village,
 as we near the summit cairn,
 Beneath our feet course greeness
 gives way to a smothering whiteness.

Lungs have mastered new demands.
 Brief stop, views absorbed, directions found,
 a faster pace; for in this solitary place
 mind and body are lifted
 to reach such heights that are beyond
 the grasp of those who cannot free themselves
 of all the mundane clutter of life.

Great Dodd, Watson Dodd; rounded fells
 that have watched the hollowed lake since time began.
 Stybarrow - hill of the pass,
 Ulfr's lake - a distant sheet, silver glinting.

A fellsman stares, bemused, as across
 the pass we race - a hasty greeting
 is all that we can spare,
 and it's on to Raise.

Mountain walkers, coloured moving sticks,
 appear on Helvellyn's summit plateau.
 Through the moving groups we weave,
 until, like some crowded railway station,
 they are far behind.

Grisdale Tarn, well of kingly crown.
 Here we pause, refresh our tired limbs.
 We storm Fairfield, as though it
 were some impregnable citadel.
 We run the summit and,
 with vigour newly gained,
 hurtle down its steepest path
 to reach the tarn by which we sat.

Sandalfr's mountain shieling, short in steepness,
 yet drags from both of us
 the power to which we cling.
 The narrow valley leads us
 to our destination - Dunmail Raise.

We have run the fells;
 memories that will forever excite and calm
 the mind when this world's cares
 seek to thwart our peacefulness.
 These fells have sealed our friendship,
 for together we have run as one.

* * * *

MY CREATIONBy Bill Fielding

I specialise in Privys,
Panelled with fine straight grain,
With four by two's well anchored,
To thwart the wind and rain.

I abhor the use of Knotty Pine
And the embarrassment that ensues,
From rasping wind and peeping toms
When knots expose the views.

The seats I carve would frame a Duke
Matched in triplicate or pairs,
With all the rough grain chamfered smooth
Preventing trapped stray hairs.

The siting is most paramount
And need a lot of thought,
Of aspect, and how far to go
If wet and taken short.

I dig the pit quite deep and dark
And completely boxed from view,
With a family sized capacity
To last a year or two.

The doors are hung quite firm and flush
Being the only thing that will,
With a safety hasp and inward swing
Which prevents an overspill.

For everyone's convenience
There's a hook behind the door,
With string suspended cut outs
It keeps them off the floor.

To take advantage of the light
Where windows are tabu,
My combined heart-holes in the door
Allows sunshine to pass through.

In a holder just behind the door
But not too near the seat,
There is a candle you can light
To provide a little heat.

So when you visit my place
In reply to nature's call,
My creation is reposing
Beside the kitchen garden wall.

THE FELLRUNNERS GUIDEBy Bill Fielding

I'm a fellrunners assistant
I smooth out the rocky path,
I also warm the water
Should he take an early bath.

I carry the map and compass
And all that surplus gear,
Plus a stainless steel can opener
Should he take a drink of beer.

I use diversionary tactics
To thwart the pursuing throng,
By tampering with the scenery
So they can't tell right from wrong.

Chivalry plays a leading roll
Should we have to ford a moat,
And if the mud is not too deep
I Raleigh with 'me' coat.

In the catering enclosure
As he takes his accolade,
I'm the one who gets the tea
And sympathy in the shade.



THE ROLE OF THE FRA - A PERSONAL VIEWby John Reade

I have now served on the FRA committee for 3 years and during the last 18 months I have begun to increasingly question the way that decisions are being hastily made and, indeed, to even ask the question does the FRA committee still try to represent the views of the majority of the membership?

The role which the FRA should play also needs to be considered for since the FRA has obtained governing body status I have detected a slight change in attitudes from that of the committee being in existence to serve the membership to one of "we are here to govern the sport and, these are the decisions which we have made on your behalf". There is a subtle difference and I feel that this move needs wider discussion. Let me illustrate my point of view by drawing members attention to 2 major occurrences at Committee during the last six months.

Firstly in July the committee decided to make a small charge for a race to be included in the 1985 calendar and in addition the race would also be covered under a new insurance scheme which was made available to the FRA through AAA's. Race organisers weren't consulted prior to this decision being made but were faced with an ultimatum "either agree or you're not going to be in the calendar". As a result a number of races have been lost from the FRA calendar which clearly provides a dis-service to our members. If this then was not rushed through with such haste then the wider ramifications of the decisions could have been foreseen and the FRA would not have ended up "with egg on it's face".

Secondly, another typical example is that of the introduction of International fell running in Britain. Although the committee has been pursuing the objective of promoting international fell racing it has at no time made any attempt to seek members views as to whether or not this is a desirable objective nor has any article been published in the Fell Runner by the advocates' supporting what they are trying to achieve.

I find this rather regrettable but never the less the committee has set its own terms of reference in that it has been investigating the possibility of finding a "low key" sponsor to back such a venture to which I and several other committee members have given our guarded agreement. Our chairman has visited Italy on 3 occasions on behalf of the FRA to establish contacts in the European mountain scene whilst Andy Styan has been sounding out prospective sponsors. The impressions given at committee meetings was that things were progressing slowly but that an event would finally come to fruition without drastically altering the type of race.

So what then happens? Right at the end of the December committee meeting the FRA chairman informs us that he has, on behalf of CFRA, organised an international event called the Reebok International Mountain Challenge and the organisers are to be himself on behalf of CFRA and Messrs Brasher and Disley for the sponsors. We are then told (ie: the decision has already been made - "like it or lump it") that in order to be fair to the Italians the former Northern Counties Fell Race Course is to be scrapped; a new shorter flagged course with 2 km of of road is to be introduced; the fee for the three events is to be £7.50 (presumably to finance the medals to be awarded to every finisher). The safety equipment requirements are likely to be waived and the event is to be widely advertised outside fell running circles both abroad and in Britain. Clearly what should have been a "low-key FRA promotion of a typically British fell race was now appearing to be a completely different proposition with the FRA having no say on the organisation. Consequently, at the next committee in February the majority of members felt that they had been left with no other alternative that to withdraw any FRA involvement.

By the time this article is published the event will have taken place and no doubt bearing in mind the usual superb CFRA organisation, the event will to some people be a resounding success. So why all the uproar? Well, I for one do not want to see my sport imitate the commercialism of the road running scene. I feel that we have enough problems trying to cope with the large numbers of runners who already run the fells for the sheer love of the surroundings without exacerbating the problem by trying to attract even larger numbers who may or may not be there for other ulterior motives.

The FRA should surely act in the best interests of the membership. O.K. if the membership wants us to promote fell running outside its own numbers I will have to accept that (or turn to guides racing!) but let's find out one way or t'other. It is surely wrong to jump in at the deep end without having some feed back from the members.

The place to determine the FRA's direction must surely be the AGM or alternatively by the increased use of questionnaires with the magazines and calendars. It would obviously be impractical to refer all administrative matters back to the members but surely in matters involving a major shift in the status quo some form of liason with the membership should take place. Similarly I would also suggest that well-meaning race organisers who misguidedly wished to by-pass such democratic processes are not necessarily acting in the best interest of our sport.

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(Weekend of the Three Shires Fell Race)

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Novices and experienced welcome. Resident or daily visit to suit.

Course includes: Fitness, Feeding, Equipment, Map and compass, the Terrain, Emergencies, Responsibilities.

Be prepared for several indoor and outdoor sessions.

Technical Director: Ken Ledward (K.L.E.T.S)

Organiser (on the weekend): John Gibbison
(F.R.A. Lancaster and
Morecambe A.C.)

Organiser (before the weekend): Peter Knott
(F.R.A. S.R.O.C.)

Expert Assistance: from leading fell runners and mountain navigators.

Course Applicants: Send S.A.E. for details to:

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Assistant: (Competent Navigator) please contact
Ken Ledward or John Gibbison

20 places reserved at Elterwater Y.H. (1st come
1st served)

Apply to P. Knott on above.

"Competition Results"



Winner:- Colin Taylor of Downham, Lancs, says: Brent Brindle is singing
"I wish I was in Greenall Whitley Land".

Runner up:- Alan Yates of Sheffield

Man from behind :-

"Mackeson and beans again for supper, was it Brent?"

Worst of the rest:-

Adrian Foot of Burnley:-

" Everyone keep absolutely still, there's a tarantula
crawling up my arm"

Alan Yates :-

" I've heard of getting stuck in but you're taking it
a bit too far" says Brent.

Mike Farnworth of Ribchester:-

Voice from the back: "peep o"

Bill Fielding of Leeds:-

"There's a guy up here selling shoes"

Andrew Burt of Edinburgh:-

" Help! My Hand's stuck to my leg"

Opposite photo: Alan Heaton of Clayton finishing this year's Three Peaks race (photo/Hartley)

OF FINISH LA

DAILY MIRROR

Daily
Mirror
4



competition



Picture: Approaching the deer fence shortly after the start of this year's Bens of Jura race. The 82 runners queue to go through the only gap in the fence.

Entries to Hugh Symonds by October 1st.

Name FRA number.....

Address.....

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Comments.....

.....

.....

First prize: T shirt + one year's membership. Second: a T shirt.



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See you on the fells.

THE FELL RUNNING SPECIALIST

THE BRITISH CHAMPIONSHIP QUESTIONNAIRE

J Reade

There were 52 replies to the questionnaire in January's Fell Runner which considering this represents at least double those who bother to attend the AGM (excluding serving elected officers) can be considered quite encouraging!

The response showed virtually a 3-way split between those who wanted the championship to remain unchanged (37%). Those who preferred a "Cime-type" championship as proposed by J. Blair-Fish (31%) and those who wanted a championship based on less races (29%). The remaining 3% fell into none of these categories.

Although there was an extremely wide diversity of views 3 main themes in the replies became apparent:-

- (1) There should be a separate English Championship.
- (2) There should be a greater geographical spread of races to be a true British Championship. (Note, however, that those who did choose individual races showed a remarkable preference for the status quo - see below).
- (3) The opportunity of being able to "have one's say" was welcomed.

Where races were specified the ten most popular in each category for inclusion in any form of championship in terms of % of total votes were as follows:-

<u>Long</u>		<u>Medium</u>		<u>Short</u>	
1. Wasdale	68%	1. Ben Nevis	68%	1. Blisco	58%
2. Ennerdale	52%	2. Fairfield	63%	2. Burnsall	42%
3. Welsh 1000m]		3. Coniston	47%	3. Eildon	32%
Edale]	42%	4. Kentmere]		4. Thieveley]	
5. Borrowdale	37%	Skiddaw]	42%	Butter Crag]	28%
6. Langdale	32%	Snowdon]		6. Melantee]	
7. Tour of Pendle	26%	7. Winter Hill]		Pendle]	
8. Three Peaks]		Kinder Downfall]		Gategill]	21%
Sedbergh]	16%	Downham]	11%	Latrigg]	
10. Glossop	11%	Rosendale]		Saddleworth]	

So what has been gained from the questionnaire? Hopefully, Committee will take the views into account when finalising the 1986 Championship. It is also worthwhile in that it enables the Association to function more democratically and bridge the gap between Committee and the general membership. It has proved a good way of canvassing opinions and I would like to see it adopted again for other contentious issues.

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committee news

9th December, 1984, at Simonstone, Burnley. - Committee decide to produce 2 copies of FRA News in 1985 for distribution to the membership. Initial steps to produce a Good Race Guide made by membership services sub-Committee.

Report of Shr. meeting of Scottish sub committee given at which two associations constitutions had been linked: forward to SHRA AGM for approval. Chairman outlined sponsorship that he had obtained for series of races in May. Concern expressed over commercial nature of the event and lack of direct FRA control in first international in England.

3rd February 1985, at Kendal. - No progress by AAA towards providing finance for an administrative assistant SAAA reported as not being favourable towards FRA and SHRA branch set up but had recognised SHRA Championship. Membership services sub committee proposed individual insurance scheme for members. Sec. suggested that it be put to AGM for approval and it be published.

Lively discussion on move away from evolutionary to revolutionary progress with advent of Reebok Challenge. Invitation to international match in Italy in autumn received. Format for 1985 Junior Championships announced - 8 races from 13, these to be same as 1984 plus Chew Valley. Treasurer reported £4891 in Building Soc. and £3100 in Bank but Dec 1984 mag to pay for and the need to change constitution to avoid paying tax. N. Fisher reported access problems in Wales and P. Knott reported opening of Charnley Way.

3rd March 1985 at Meltham. - Lengthy discussion by 10 members present on recent developments in fell running and the increase in bureaucracy, being perceived in some quarters. Motion of no confidence passed in Chairman due to his independent behaviour. Further motion asking for him to consider resigning also passed. Treasurer reported the opening of a Midas account paying 11.25% interest into a current account. Letter from SAAA to R. Morris read out that said that they were unable to accept Scottish body being affiliated to an English body, SHRA to FRA, to AAA, SAAA proposed UK federal structure. Disagreement in Committee on this view; asked sub committee to continue negotiations. England team will be chosen for Reebok Challenge as alternative to one being chosen independently by D. H. N Matthews disagreed saying that it would compromise his views to do so and indicate that he might resign.

19th April 1985 at Langdale. - Chairman had written to the Secretary saying that he would not resign, having been elected by an AGM he intended serving to the next. Committee accepted his decision to avoid forcing an EGM but some members indicated a need to be diligent and slow the pace of events. Committee agreed all responsible for pace and direction of events and of the need to seek members views more often. N. Matthews resignation reluctantly accepted. A. Hulme asked to serve in his place. SAAA having chosen to reject FRA/SHRA branch structure, R Morris said that he was making attempts to formulate five way talks between FRA, SHRA, SAAA, NIAAA and BAAB. K Stuart, W Bland, S Livesey, H Symonds, R Ashworth and J Broxap chosen to represent England in Reebok Challenge: SAAA also to send team selected by SHRA. SAAA also approved home international at Ben Nevis.

4th May 1985, at Conistone. - Details and motions for AGM discussed. Committee posts for next year chewed over - any offers for Treasurer.

9th June 1985, at Ennerdale. - K Shand to reply to 3 letters complaining about comments he made at the prize presentation of Welsh 1000m. Race. He apologised for manner in which he had spoken and involving Committee with no motion to do so. Committee agreed to discuss prizes at next meeting. Team of K Stuart, W Bland, H Symonds and R Ashworth chosen to represent England at Snowdon Race.

CHAMPIONSHIP POINTS AFTER 8 RACES. (these are unofficial)

Seniors:	Vets: (scores from 6 races)	Ladies:	Teens.
Symonds 202 (8 races)	Hall 107	Haworth 60	Keswick 65
Stuart 188 6	Peacock 79	Carson 37	Horwich 56
Ashworth 175 8	Nuttall 70	Wright 24	Kendal 40
Bland 174 6			Clayton 35
Livesey 172 6	Super Vets:	Juniors: (5 races)	DPFR 23
Broxap 152 6	Brass 96	Willis 101	Rochdale 22
Maitland 142 5	Thackery 91	Dermott 94	CFRA 21
Moore 141 7	Barrass 84	Devine 66	PennineFR 19
Brindle 129 7		Richardson 62	(after 6 races)
Tuson 92 7		Barker 61	

AGM PROPOSALS

1. "Following the advice of the AAA's tax consultants, it is proposed that the constitution should be altered so that in the event of the dissolution of the Association the funds are distributed among the membership".
At present the Association could be liable for tax on all its income. If however our constitution were changed as proposed above then the Association would fall within the "mutual trading" provisions of the Income and Corporation Taxes Act 1970, whereby any surplus income over expenditure would be regarded as an over-provision and will therefore not be liable for tax. Committee agreed at their meeting of 3rd February, 1985 to refer the matter for consideration at the AGM.
2. "That an insurance policy for the personal insurance of each individual member be adopted and that a maximum annual charge of 50 pence per member be raised by increasing the membership fee of the Association according".

Over the last year the Committee has been investigating the question of insuring members whilst training and racing. Various quotes have been obtained and for the 50 pence proposed above, every individual member would be insured at all times whilst out running, whether on the fells, roads or any other surface. Should a member be unfortunate enough to suffer personal injury then the benefits available would be a maximum lump sum of £5,000 in respect of death, loss of limbs, sight etc and £50 per week (in excess of 7 days) for temporary disability. Committee agreed at their meeting of 3rd February 1985 to refer the matter to the AGM for its consideration.

Please try to make it to this AGM. Many key posts are to be filled. Chairman, Editor, Treasurer and fixture secretary.

Nominations must be sent to Jon Broxap by October 1st. Clubs affiliated to the FRA can nominate a representative to the AGM who has two votes on behalf of the club. The name of the rep. and deputy must be sent to Jon Broxap by October 1st.

AGM and DINNER

Saturday 12th October.

after the Langdale race.

the last championship race of the season..

The AGM will be held at 4 o' clock In Chapel Stile
village hall.

The annual dinner dance and presentation will be at

The Waterhead Hotel in Ambleside. Tickets: £7 per head.
TIME : 8.00pm

Tickets will be available from all committee members

or from Jon Broxap by post: 34, Burneside Road ,Kendal.

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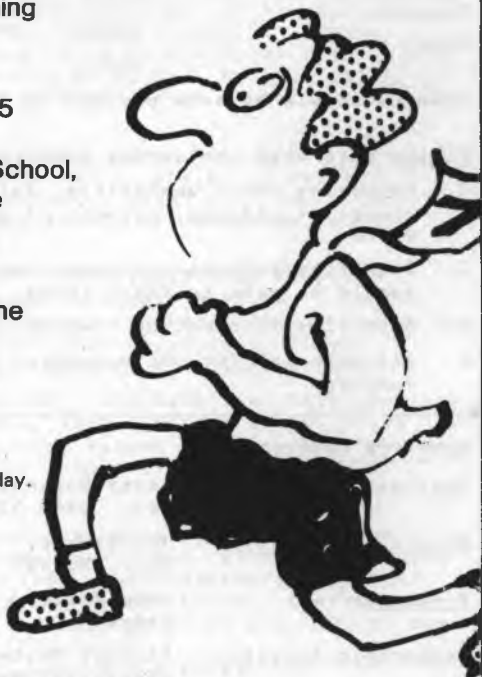
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Please fill in all the details on the form below and send it with your subscription to: Membership Secretary,
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3, Elmwood Grove,
Horbury,
Wakefield WF4 5JH. Please mark your envelope 'FRA'

Surname Mr/Mrs/Ms Christian name(s).....
House name/No Street
District Town
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Subscription £3.00
Donation Signature
Total ----- Date

Cheques should be made payable to 'The Fell Runners' Association'.

Please note when contacting members of the Committee: quote FRA number

1. Enquiring about membership, failure to receive magazine/calendar, change of address, payment of subscription should be sent to Richard White
2. Enquiries/information about the British Fell Running Championships should be sent to Kevin Shand.
3. Enquiries/information concerning races should go to Dave Moulding.
4. All material for the magazine, including advertising, goes to Hugh Symonds.

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COMMITTEE MEMBERS John Gibbison, Tony Hulme, Andy Styan, Nigel Fisher,
John Blair-Fish and Robin Morris (SHRA)

- N SAT. JUN 29. WRAY - CATON MOOR FELL RACE. 6m/1000' from Wray, 3.10p.m. (beginners 3p.m.). Route marked/obvious. £1 ind, teams free, to P. Edge, Sandstones, Hornby Road, Wray, Lancaster. Limited entry on day. Over 17. May be junior race.
- o Sat. Jul 13. SAUNDERS LAKELAND MOUNTAIN MARATHON. 5 classes: 20m-50m O-type event in Lakes with overnight camp. £12 team of 2 official form obtainable from Barbara Turner, Spring Hill Cottages, Snowhill, Broadway, Worcs. Closes May 31st. No late entries. (over 21. Limited entry.
- n Sat. Jul 13. THURLSTONE CHASE. 4m/400' from Thurlstone Sports Field, 3.15p.m. Records: m - 21.05, W. Domoney, 1984; f - 23.01, C Haigh, 1984. Marked course. £1.25 ind, teams free, to G. Morrison, 8 Balmoral Close, Thurlstone, Nr. Sheffield S30 6RT, £2 on day. Over 17. Also races for 8yrs upwards from 1.45 p.m., 50p.
- N Sun. Jul 21. PEAK FOREST FELL RACE. 6m/600' from Peak Forest Methodist Hall, 11 a.m. Marked course. £1 ind on day only. Details: P. Denver, Waterside Cottage, Peak Forest, Buxton, SK17 8EN. (Tel: 0298 2451).
- AS Sat. Aug 17. MOEL Y GEST RACE. 3m/1200' from Industrial Estate, Criccieth Road, Porthmadog, 11 a.m. Records: m - 27.47, M. Jones, 1984; f - 43.32, J. Robertson, 1984. Marked course. £1.50 ind, teams free, on official form by Aug 10 to D. Ellis, 90 High Street, Porthmadog, Gwynedd (Tel. 0766 2024), or on day. Over 16, Also juniors, all ages 7 - 16, 2m road race at Junior School, 9.30 a.m. 50p. Carnival.
- N Sat Sep 7. JACK BLOOR'S RACE. 7½m/1300', venue Ilkley Moor, probably 3 p.m. Local knowledge may be useful. £2 on day only. Details: P & R. Jones, 3 Hopwood Close, Horsforth, Leeds LS18 5AL (Tel. 0532 588796). Over 17. Also juniors 14/17, £1. Proceeds to Outdoor Education.
- N Sun. Oct 6. TAVERN TRAIL. 14m/3500' from Kinmel Arms Tavern, Llandyrnog (6m N of Ruthin), 12 noon. Records; m-95.36, T Davies, 1980; f-2 hrs. 8.08. B Hogg, 1980. Local knowledge. £1.50 ind on day only. Details: D. Jones, Ruthin Craft Centre, Ruthin, Clwyd. Sponsored runners only eligible for prizes. Also junior races.
- CS Sun. Oct 27. GALE FELL RACE. 4½m/1200' from Gale Inn, Littleborough, 11.30 a.m. Record: 23.52, A. Holden, 1969. Obvious route. £1.50 ind to T.H. Smyth, 14 Calderbrook Terrace, Barnes Meadows, Littleborough. Rochdale, Lancs. £2 on day. Over 17. Limit 250.
- 1986
- BL Sun. Feb 16. ROACHES RACE. (Note altered date). 18m/4300' from Meerbrook, Nr. Leek. 11 a.m. Records: m - 2 hrs. 27.44, J. Kershaw 1984; f - 3 hrs. 5.01, V Brindle, 1985. Route marked/obvious. £1 ind, teams free, to H.R. Shercliff, 12 Merton Street, Cambridge. £1.50 on day. Over 16. Also U/16 5m/1000' at 11.05 a.m. 50p on day.

All the above events will be held under F.R.A Rules.

Plans are being made for an international mountain racing weekend in Italy on 21st and 22nd of September. There should be races for teams of four Ladies, Juniors, Seniors for a medium race and seniors for a short race.



*Meet Glen, the
marathon collie*

THE TAIL END.

Answer to page 28's quiz.

Derrick Jewell sent the verse in, but it was said by Winston Churchill about "the great game of war" in 1897 when he was 23 years old after the Boer War.



MORE AMAZING



FEETS

* Bingley Harriers have recently broken the Pennine Way relay record by just seven minutes.

* Tony Cresswell's dog Glen completed the Bob Graham Round this summer.

It is time for me to hand over to a new editor. So far Danny Hughes and John Reade have shown interest in the post. The choice will be made at this October's AGM. I will be helping the next editor take over so please continue to send me material for the Winter copy.

Please send articles, adverts, photos, race reports, race results, letters, rumours, etc. to:-

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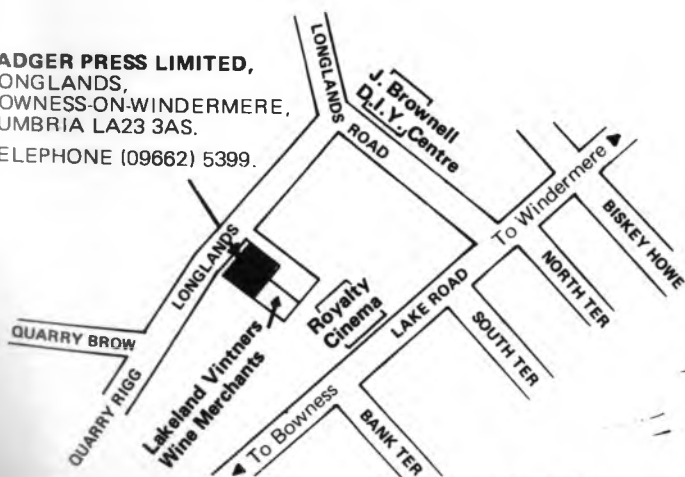
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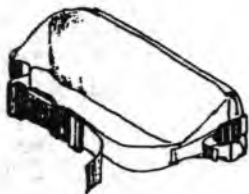
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