



## Land Access and Environmental Considerations.

The FRA is committed to ensuring the impact of fell racing and running on our environment is minimal. Leave no trace.

### ECOLOGY:

It is advisable to include an ecological assessment as part of your event plan. This is advantageous to have when approaching landowners or others, showing any potential damage to land and steps we have taken to minimise this.

Investigate and familiarise yourself with your run or race route:

**Habitat** such as SSSI or nesting bird areas.

**Fauna** such as grassland, rare plants, peat, moss.

**Area**, check the map for features such rocky outcrops or dense forest

**Stakeholders**, do you traverse land owned by Forestry Commission United Utilities, National Trust or private landowners.

It may be that you will need to re route your run or race route due to above.

The FRA team are working with a number of bodies such as Natural England, National Trust, United Utilities and Forestry Commission to try and minimise the cost to RO's and establish national and local agreements to ease access issues. The team is also working with an expert to come up with "Ecological" guidelines for RO's.

### ENVIRONMENT:

With a particular focus on FRA licensed races, four key points are listed below, these are also relevant for runs out in the fells too, whether individual member, a club group or a coaching session.

1. The FRA is a non commercial organisation, any race surplus is donated, for example to SRT.
2. Use local suppliers where possible.
3. Waste management, recycle your rubbish, pack in and pack out, minimise single use plastics.
4. Travel, car share, aim for a full vehicle, cycle or use local transport where possible.

We believe it is not for the FRA to advise on your personal "green" credentials but you may want to ponder on areas such as diet or recycling your running gear including clothing and shoes. There is a host of information out there for you to digest.

The FRA team are currently working on "Access and Environment" guidelines to assist RO's in event planning and execution.

Whether you are a RO or an individual member, please contact the Environment and Access Officer if you need support on dealing with any issues raised above or if have any useful relevant experience to feedback.

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